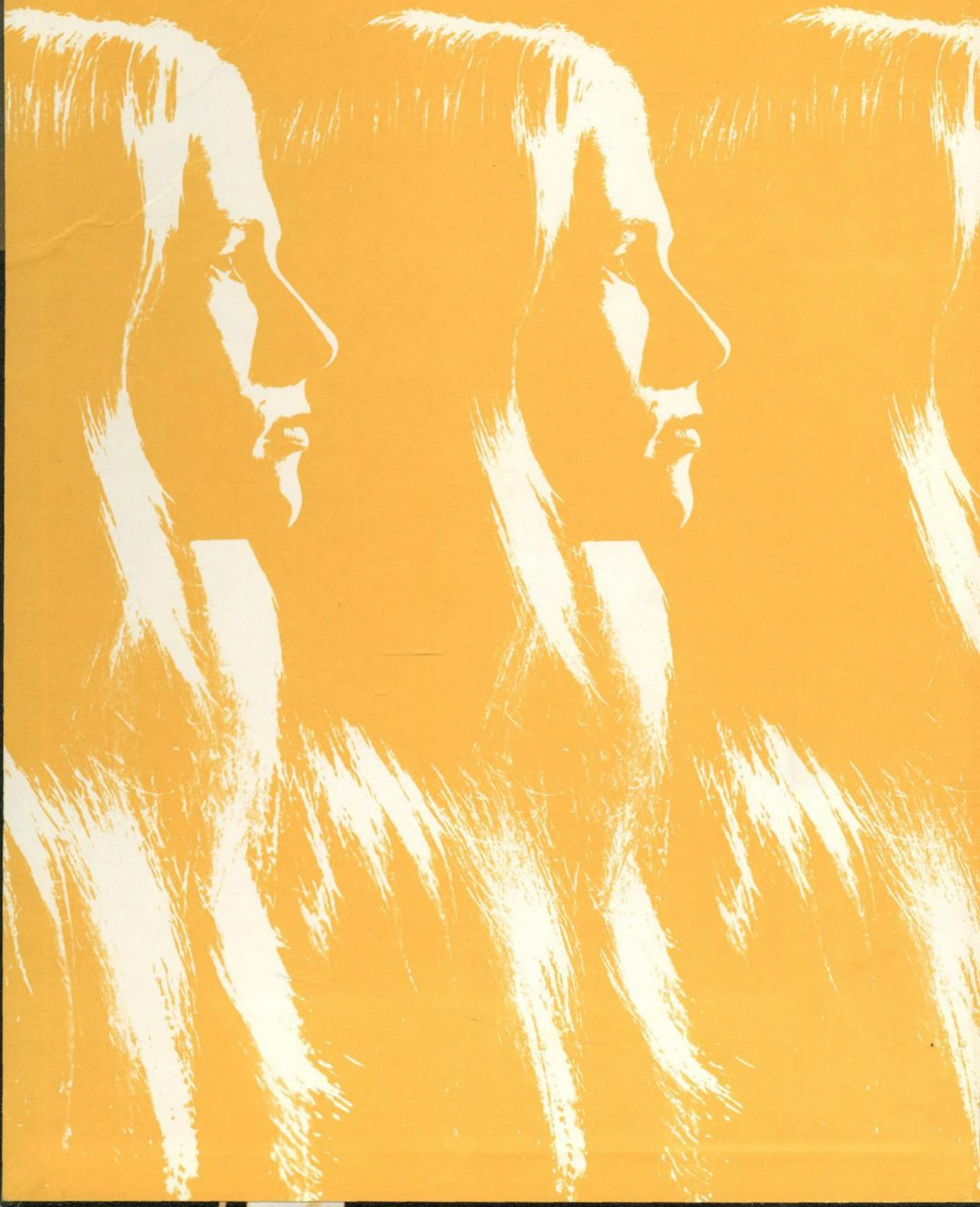
1974

ANCHOR AWEIGH

AWAKENING



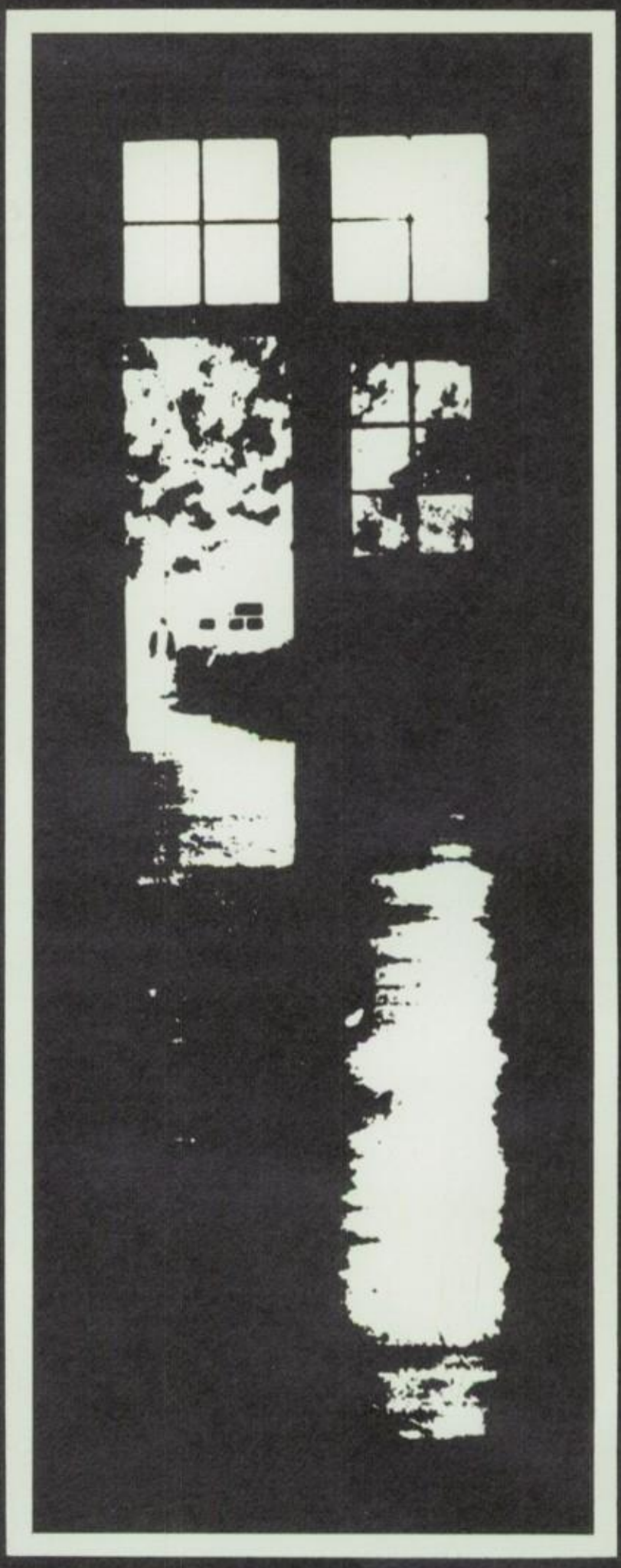


AWAKENING
the sophomore class
pre-Winter Vacation
events
girls' sports
sophomore boys' sports

AWAKE
the junior class
student activities
spirit groups
junior varsity sports

AWAKENED
the senior class
winter and spring events
varsity sports
faculty
advertising
index

anchors aweigh 1974
san leandro high school
san leandro, california
pischel yearbooks, publ.
kee coleman, photographer

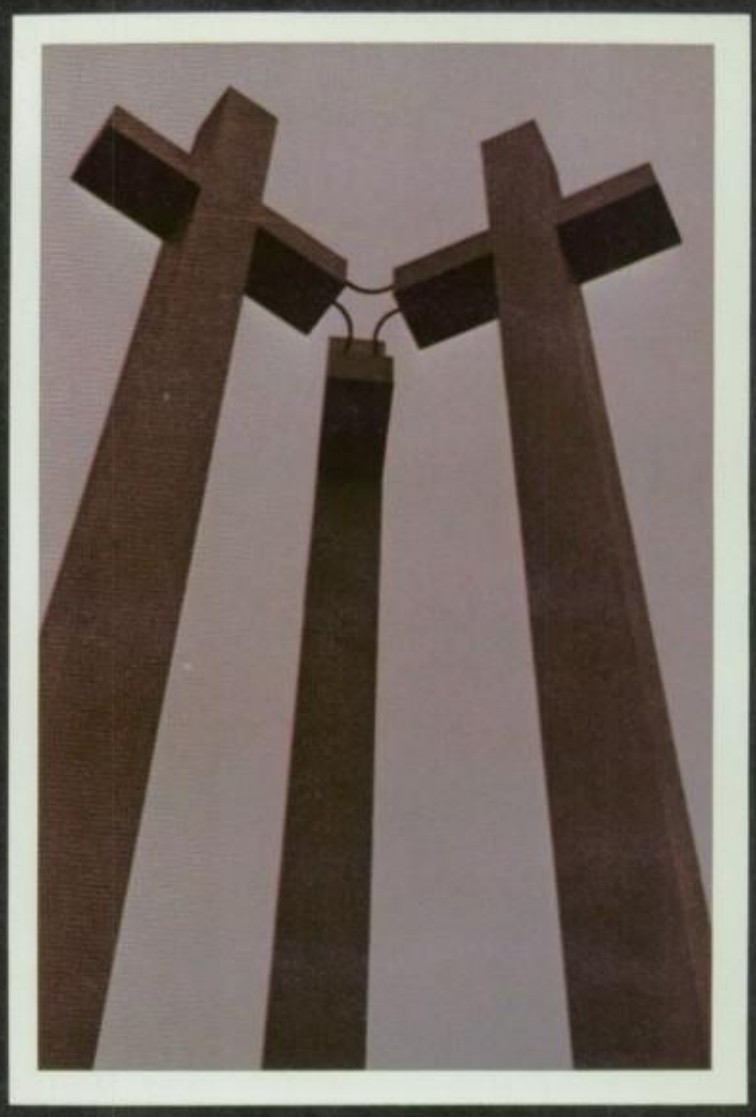


AWAKENING

**the light shining from the open door
illuminates the path you will choose
and drapes shadows
over events of the past.**





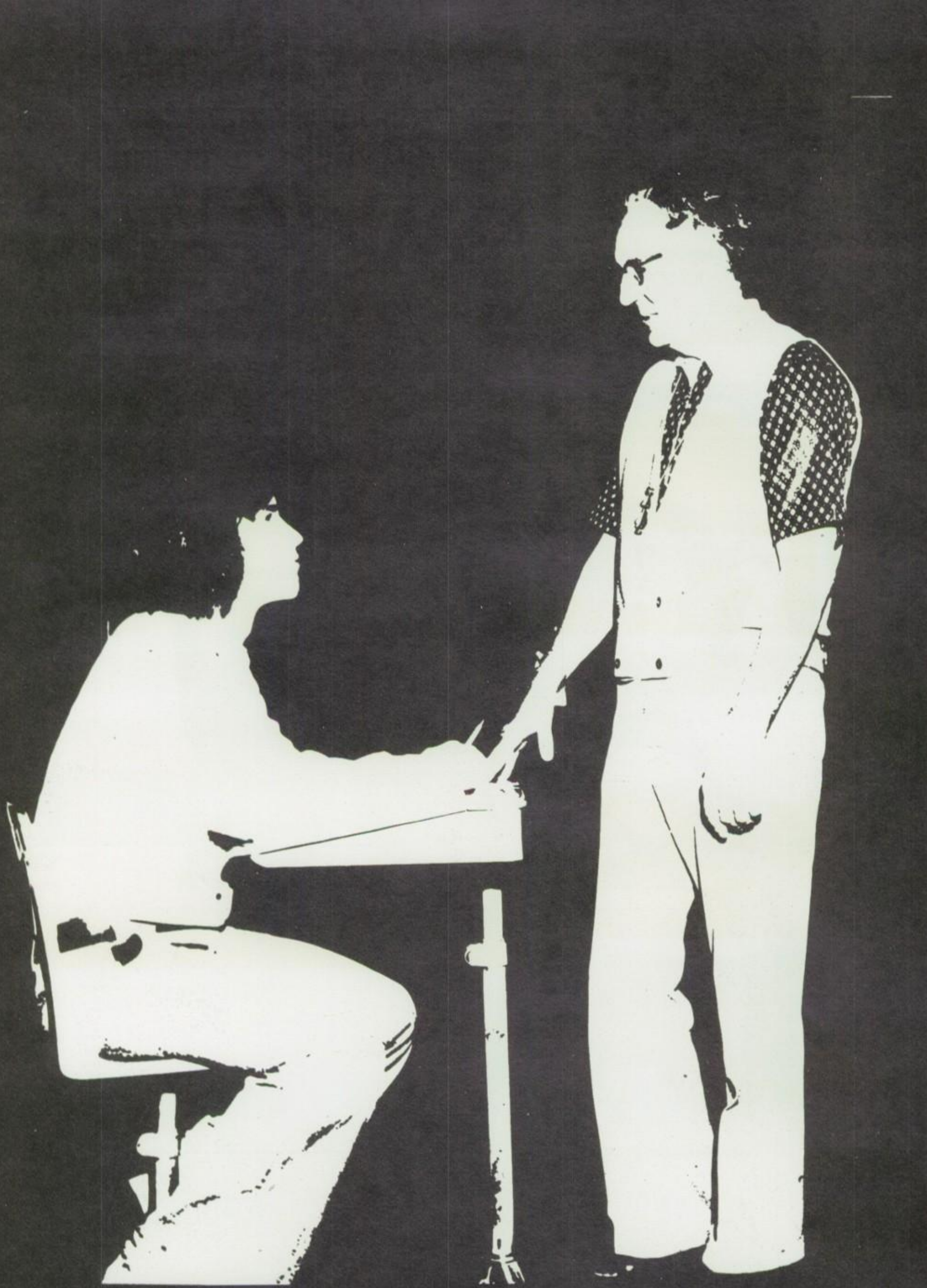






AWAKENING

the realization
that the world you have put together
must be adapted
in order to build your future.




2
3
4

AWAKENING

as friends are alternately
trustworthy and deceitful
you realize
the future's course
will not be
without adversity







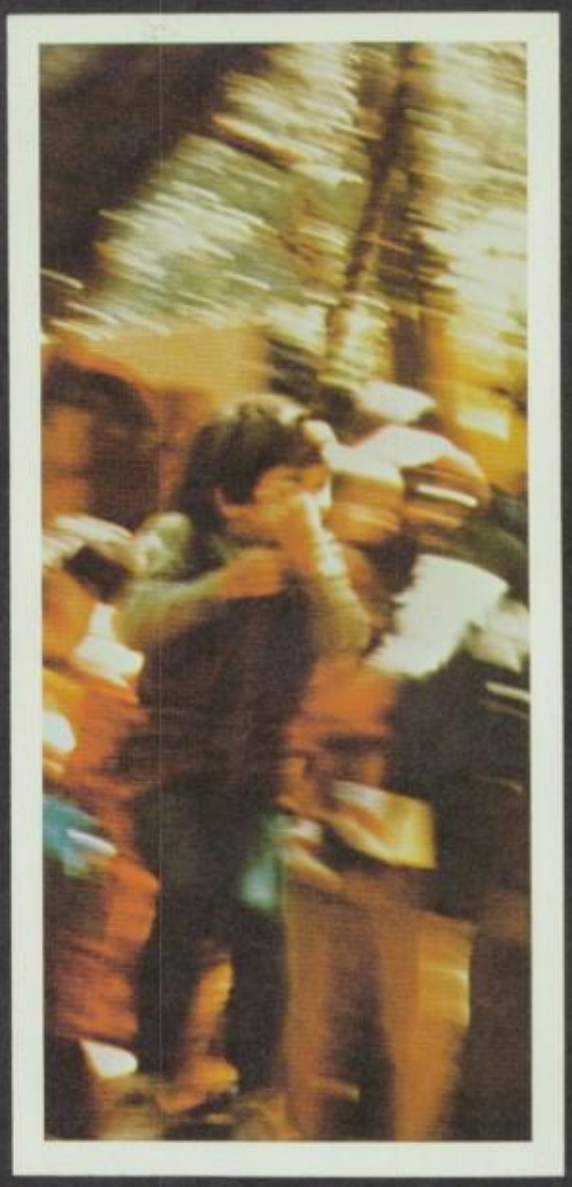




AWAKENING

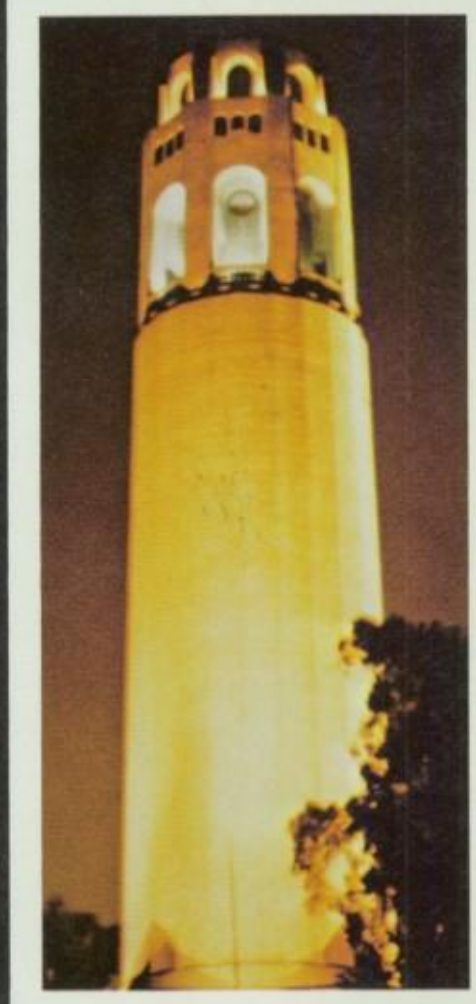
the ability to decide
on your ambitions
and the perseverance
to be true
to your aspirations












JUNIORS







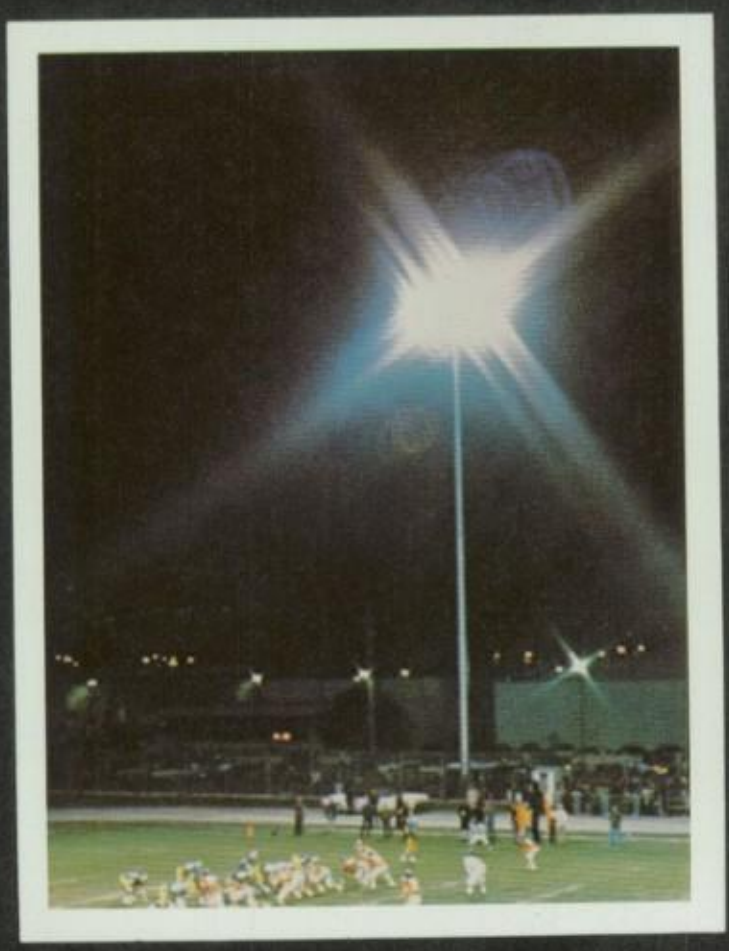


AWAKENING

the search to find and cultivate the qualities you admire in others.









AWAKENING

satisfying
that ever-present need
to contribute your part
to the changing world



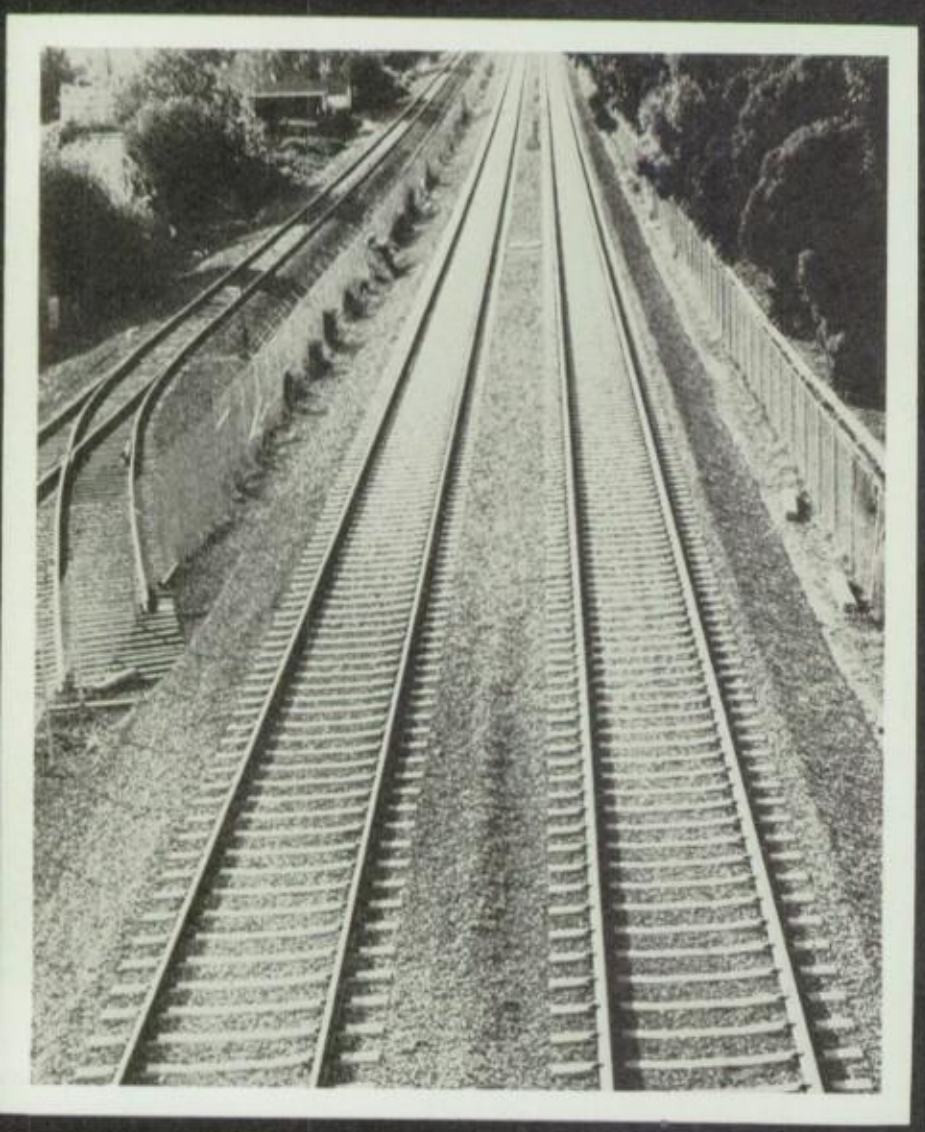


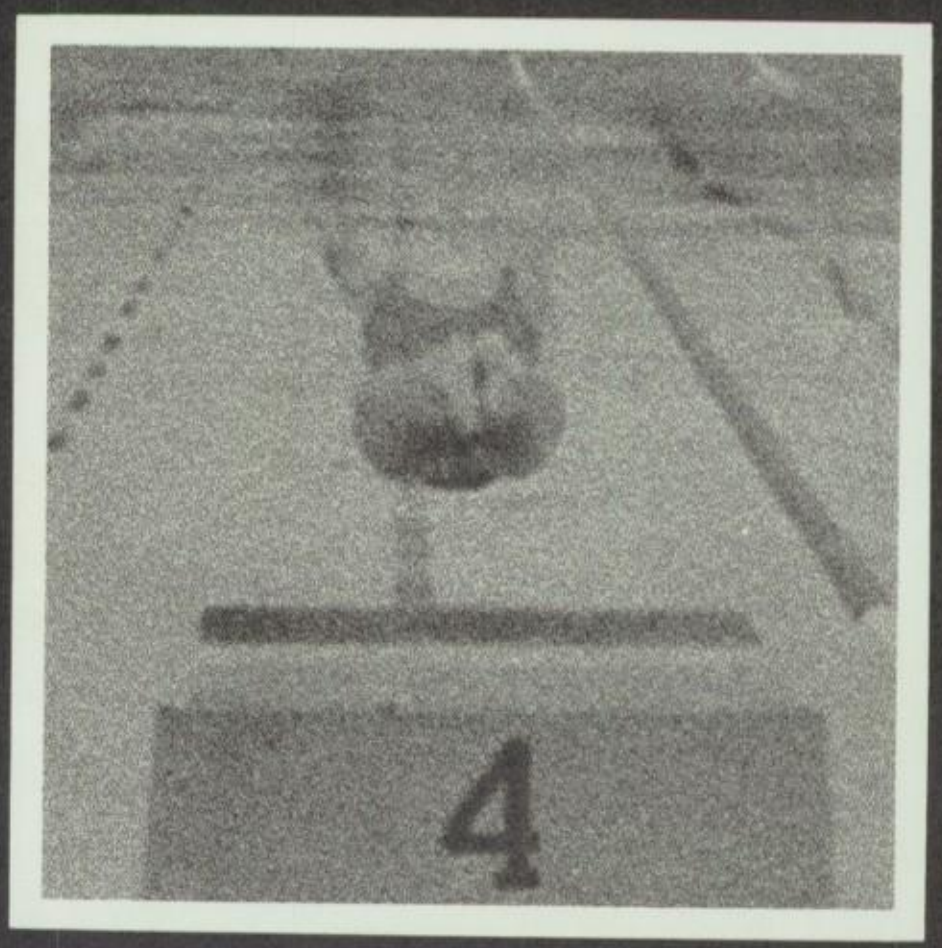




AWAKENING

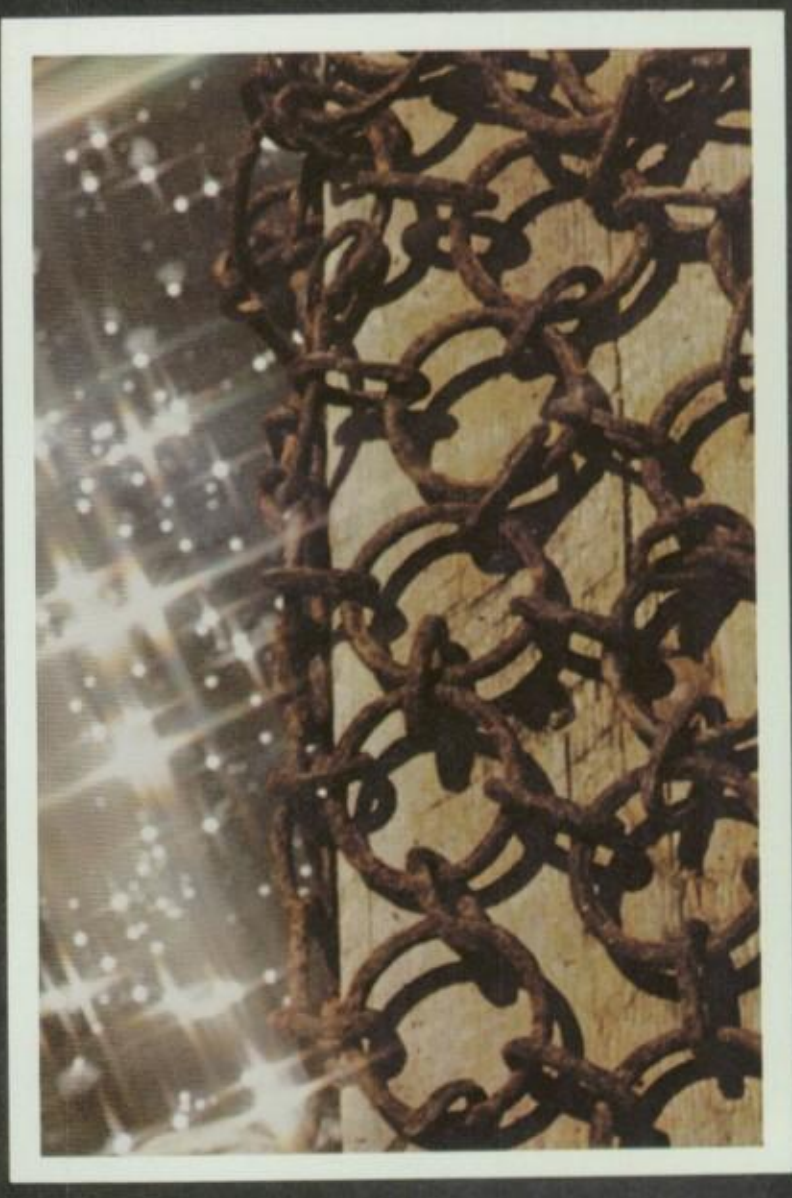
understanding that
your days are limited
limited only
to your horizons











Special thanks for lead-in photos to:

Kee Coleman Studios
Dave Brown
Roger Mak
Steve Marcelino
Ruth Goldhor
Denise Healy



AWAKENING

taking the first few faltering steps
out of the past into the future
finding the confidence
to continue on your way



AWAKENING

In the beginning... there is confusion, uncertainty, disenchantment and perplexity. There is turmoil and a maze of unventured experiences. Amid these new sensations, one must find a purpose to reach out to. A whole world is out there just waiting.

The morning, which is the most memorable season of the day, is the awakening hour. Then there is at least somnolence in us; and for an hour, at least, some part of us awakes which slumbers all the rest of the day and night. Little is to be expected of that day, if it can be called a day, to which we are not awakened by our Genius, but by the mechanical nudgings of some servitor, are not awakened by our newly acquired force and aspirations from within, accompanied by the undulations of celestial music, instead of factory bells, and a fragrance filling the air—to a higher life than we fell asleep from; and thus the darkness bears its fruit, and proves itself to be good, no less than the light. That man who does not believe that each day contains an earlier, more sacred, and auroral hour than he has yet profaned has despaired of life, and is pursuing a descending and darkening way. After a partial cessation of his sensuous life, the soul of man, or its organs rather, are reinvigorated each day, and his Genius tries again what noble life it can make. All memorable events, I should say, transpire in morning time and in a morning atmosphere. The Vedas say, All intelligence awakes with the morning.

—Henry David Thoreau, WALDEN

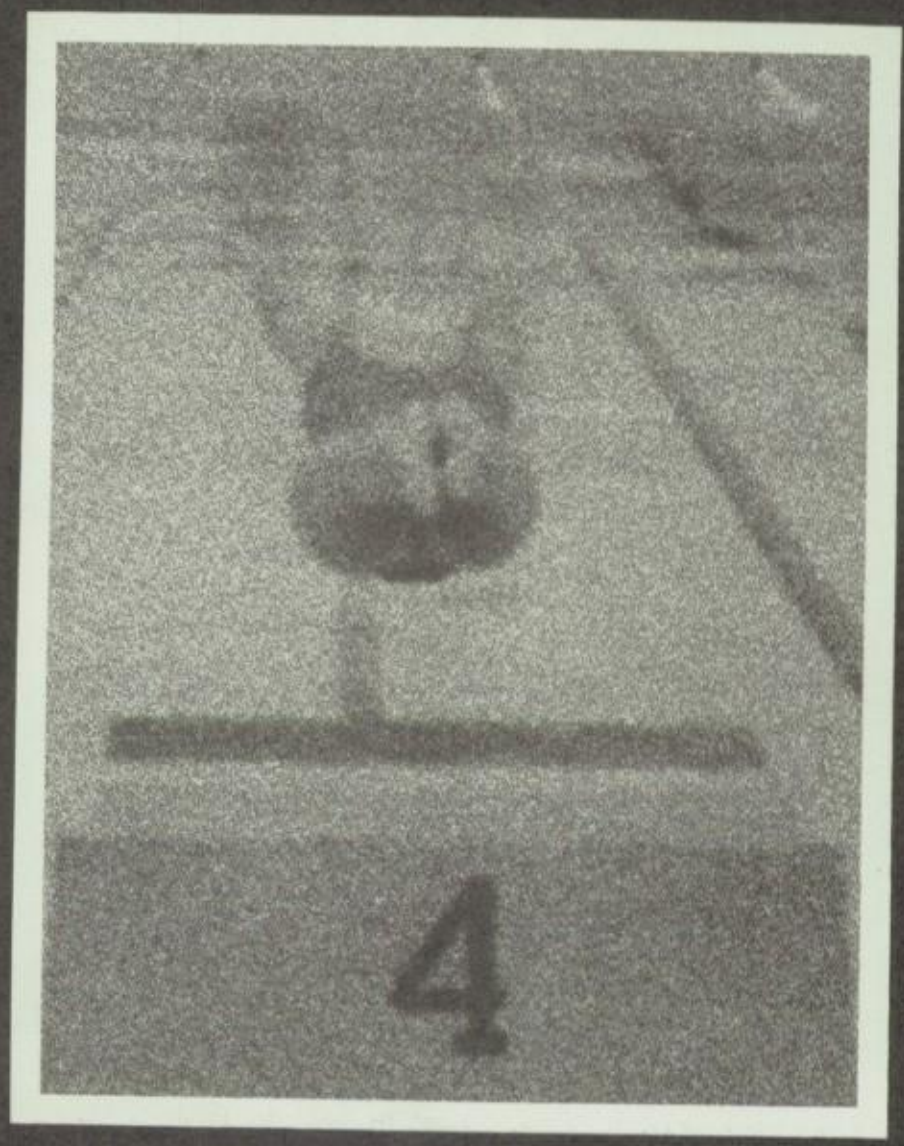




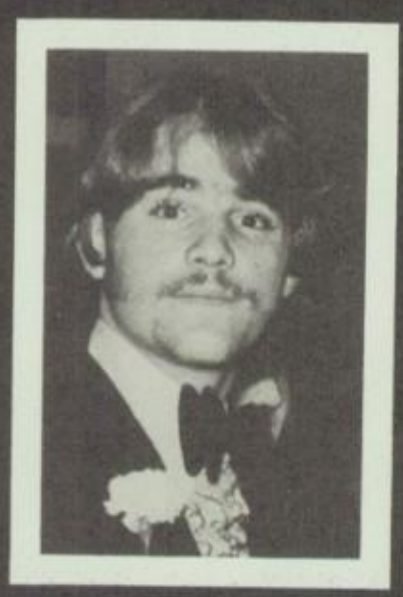






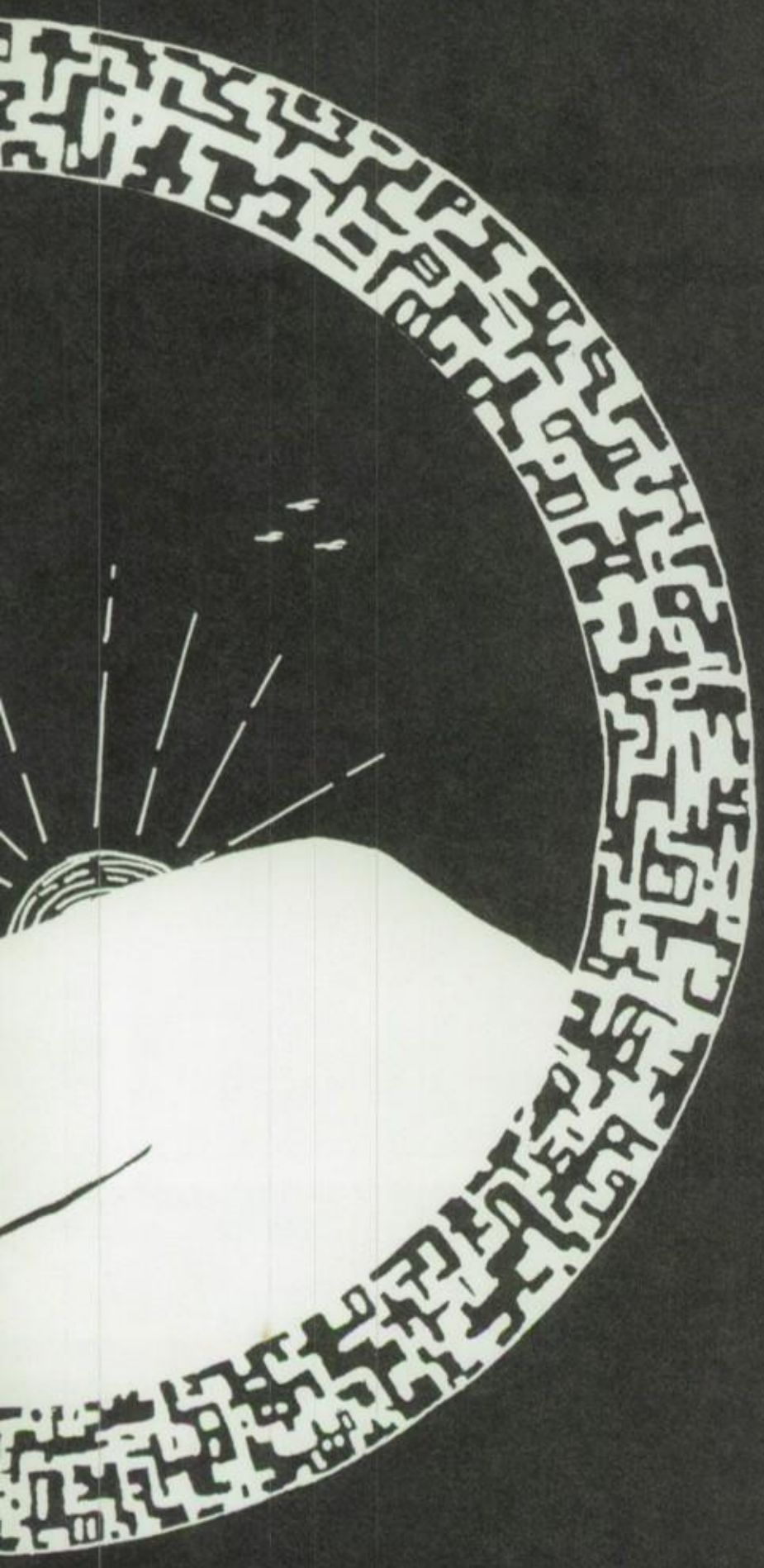












AWAKENING

The Sophomore Class . . . . . pp. 22—33
Sports Queen . . . . . pp. 34—35
Fall Semester Events . . . . . pp. 36—49
Music Groups . . . . . pp. 50—57
Girls Sports . . . . . pp. 58—65
Sophomore Sports . . . . . pp. 66—69

AWAKENING

In the beginning... there is confusion, uncertainty, disenchantment and perplexity. There is turmoil and a maze of unventured experiences. Amid these new sensations, one must find a purpose to reach out to. A whole world is out there just waiting.

Activity Counts!

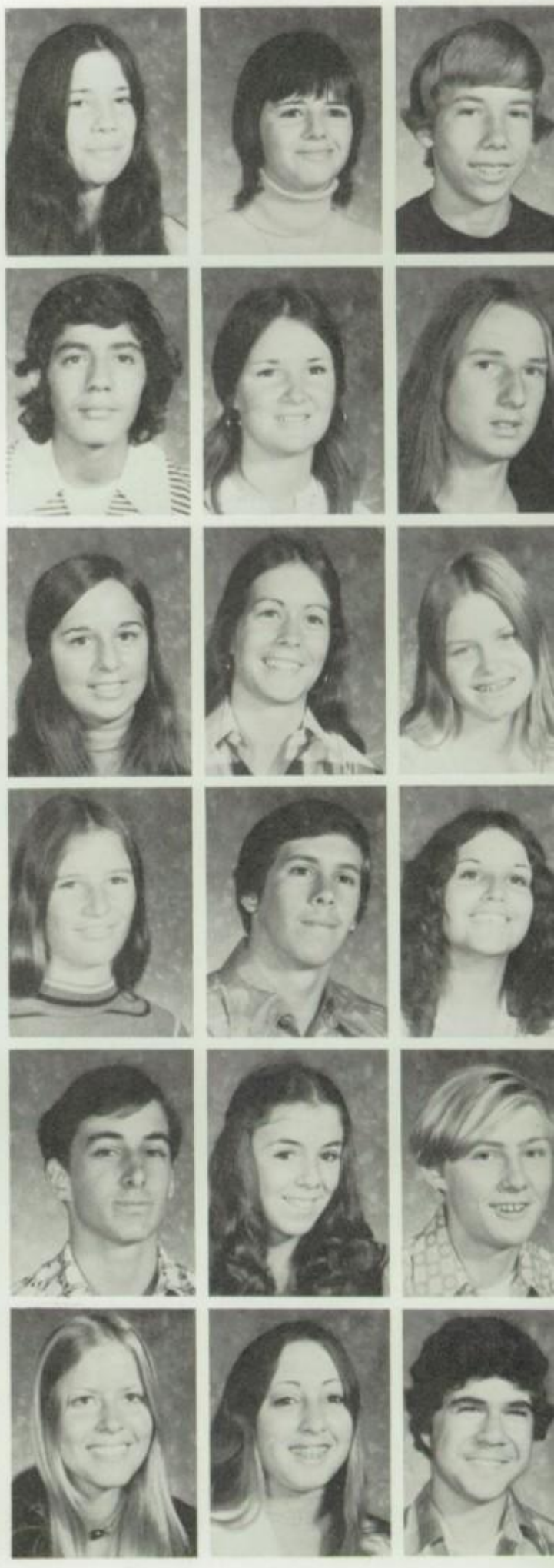
Overall Spirit Week was a lot of fun. It's a good idea of having a week set aside for promoting spirit but it is too bad that the students don't show that kind of spirit the rest of the year. I think the week could be improved by starting to plan for it earlier in the year. That way when school starts we can start perfecting it.

The things I disliked about Spirit Week was that not all students participated. Not all class board members showed up for the meetings, instead excusing themselves with football practice, tennis team, or cross country. I think if you are involved with a class office you owe it to the rest of the class to be there to help out.

Debbie Cherezian



1/The sophomores express their "Spirit of 76."



Kathy Abila
Joe Acosta
Kim Adams
Cindy Adkins
Stefen Alexander
Joanne Allen

Kathy Allen
Pam Allen
Sue Allphin
Michael Alvarez
Debbie Alves
Cynthia Amaral

Doug Anderson
Larry Anderson
Linda Anderson
Sharon Andrade
Michael Anthony
Andrew Aramburo



obert Arellano
ynthia Arena
heryl Artru
reg Atoigue
ichard Atthowe
omela Ballew

Debra Barnett
Doreen Basta
Karen Bauch
Vince Bedard
Steve Benasso
Mark Benshoof

Larry Benterou
Michelle Berntson
Diane Bertain
Nathan Bird
James Black
Leeoma Bloxham

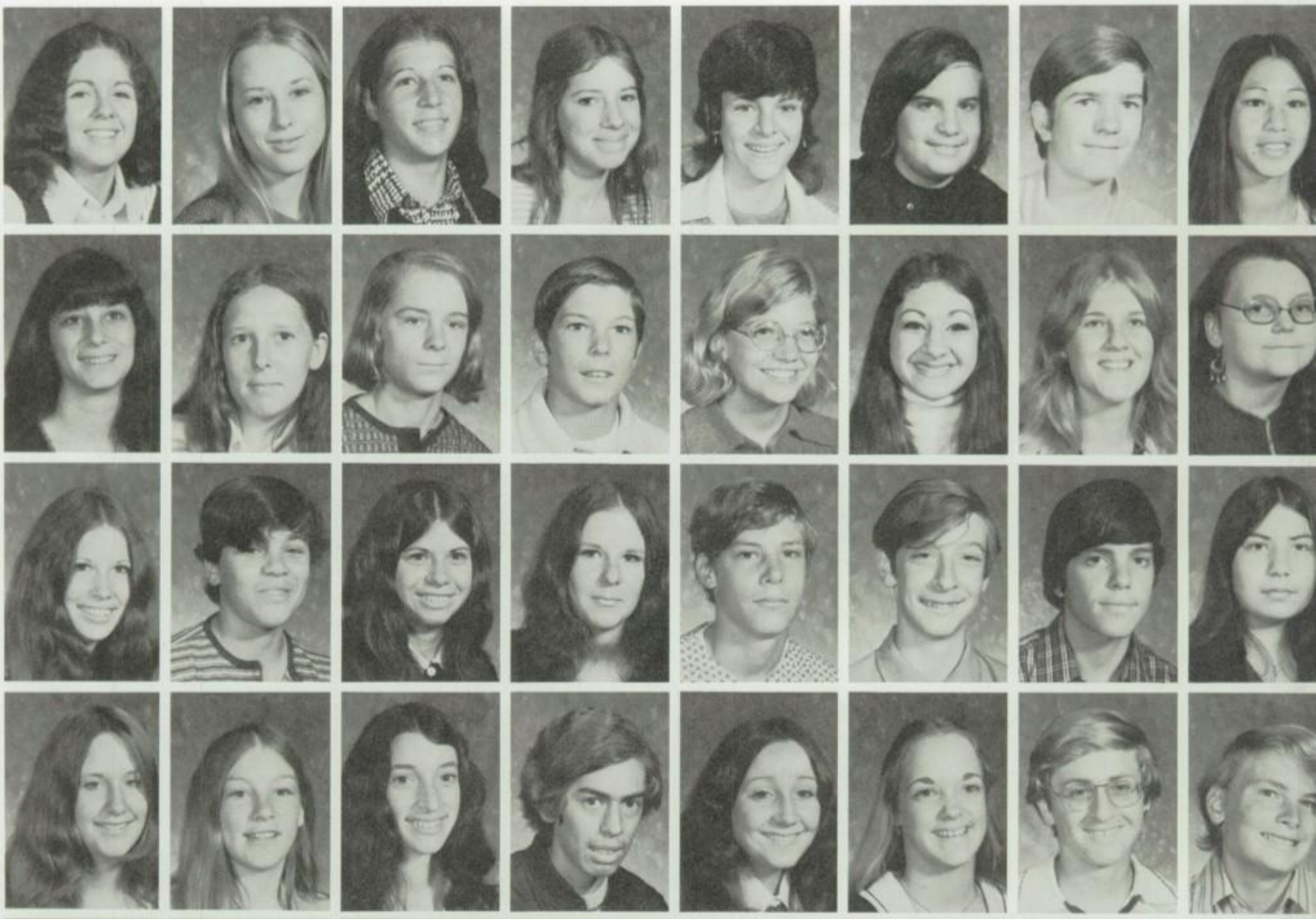
Julie Bodmer
Judi Bonne
Victoria Boyle
Steve Brandon
Susan Brantly
Joanne Breyer

Rebecca Brody
Margie Brogdon
Val Burrow
Jack Cahall
Matt Calderwood
Bruce Caldwell

Leslee Camacho
Lucille Camacho
Robert Campbell
Dorothy Campbell
Kim Caraveo
Brenda Carr

Paul Casavant
Kimberly Cataldo
Mike Chandler
Debbie Cherezian
Paul Christian
Catherine Clark

David Clark
John Cobb
Kevin Cogley
Neil Cohn
Carolyn Comella
Hazel Condensa



Connie Constance
Frances Costa
Susan Costa
Joyce Cowdin
Rebecca Curtis
Janet Dalke

Michelle Darcey
Maria DaSilva
Steve Davenport
Linda Davie
Mike Davis
Carol Dean

Susan DeCosta
Randy Demerse
Lori DeMotto
Janice Denegri
Dana Desonie
Kimberly DeVaul

Karen Diaz
Dave Dillon
Debbie Disney
Arthur Dominguez
Holly Donaldson
Rob Dressen

Julie Dunn
Pam Dyer
Ron Eastin
Annette Eggers
Rick Emerie
Matthew Eremko

Bill Espinola
Susan Esposito
Richard Essenwanger
Cynthia Evans
Randy Evans
Jeff Exline

Dave Farnsworth
Julie Feathers
Joey Feinstein
Carlos Ferreyra
Bernadette Fisher
Shelley Flanagan

Julie Fone
Darlene Ford
Lecia Foster
Donald Fowler
Denise Freitas
Sharlimar Friesen

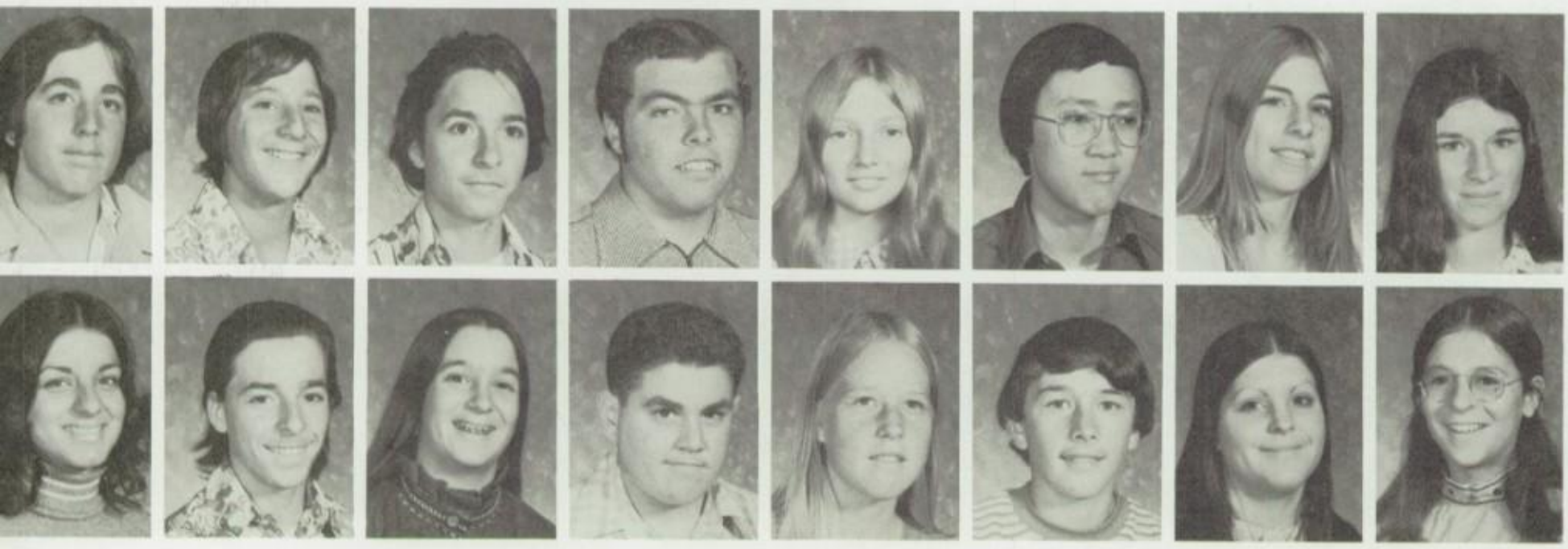


1/*The songgirls show the other classes what rhythm and beat they have.*

Fantasies

Sometimes fantasies are reminders of unfinished business. Sometimes they are my defense against taking action. Sometimes fantasies are an attempt on the part of my organism to make me more aware of some feeling I am neglecting. Sometimes they are the indirect means I use to criticize myself. Sometimes fantasies are my way of producing a wanted emotion. Sometimes they are my proposed goals. But fantasies are always fantasies, and no matter what the subject, I am fantasizing about myself.

Hugh Prather



rt Furtado
ynette Furtado

Rob Gallardo
Gary Galvan

Louis Galvan
Joell Garcia

Keith Garcia
Tony Garedakis

Barbara Garner
Kathy Gaustad

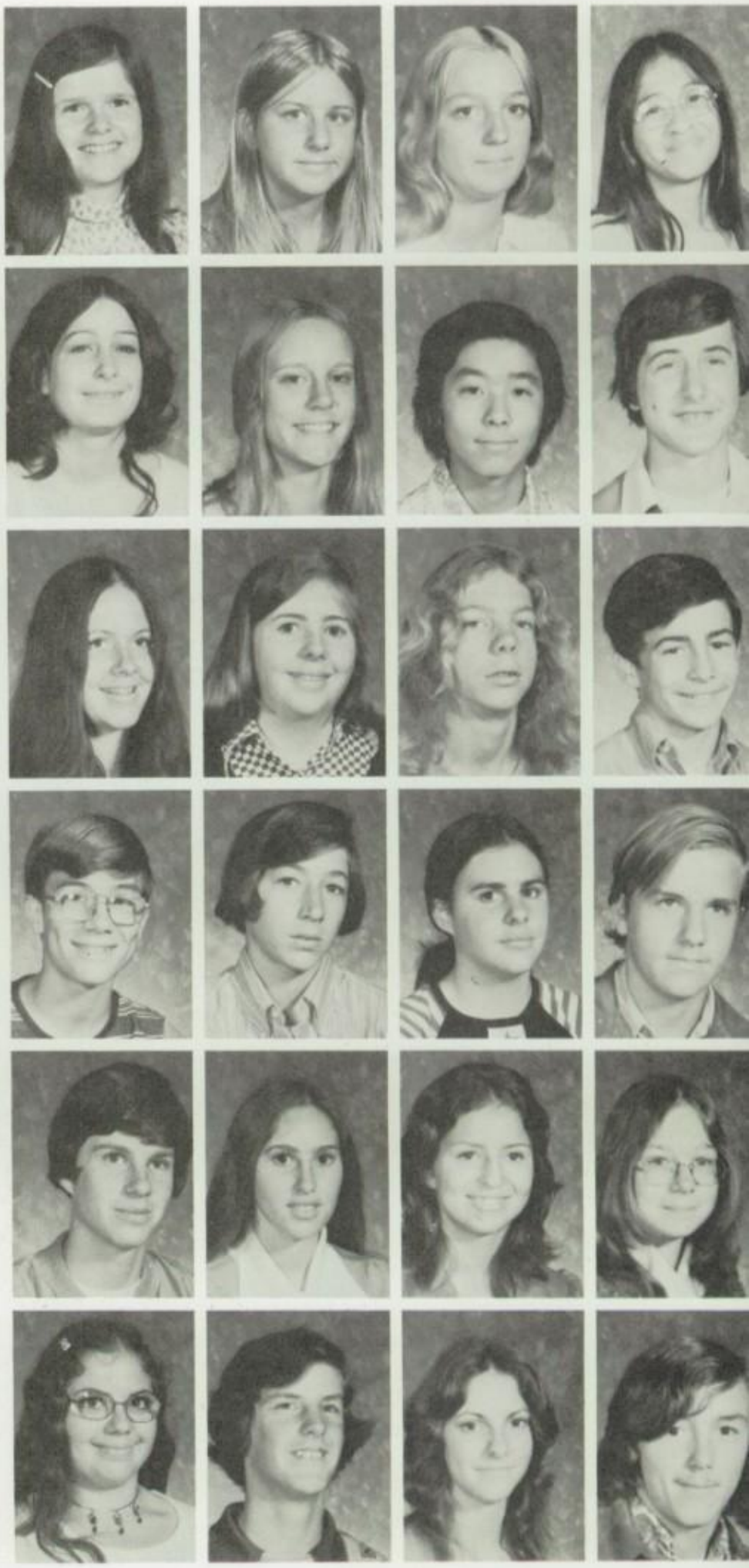
Harmon Gee
Steve Geisler

Julie Giddings
Cynthia Gilpin

Kathryn Glickman
Ruth Goldhor







Kathleen Gomes
Karen Goode
Diane Gordon
Nick Gotelli
Mark Gould
Maryann Granzzini

Diane Gresham
Christy Griffin
Doreen Griffin
Dave Grigsly
Brenda Hals
David Hann

Kathy Hansen
David Harada
Jim Harvey
Lynn Hays
Lori Heath
Val Henrie

Magdalena Hernand
Eric Herzer
Kevin Hewitt
Stan Hill
Elizabeth Hinders
Robert Hochstetter

Super Sophs Show Spirit

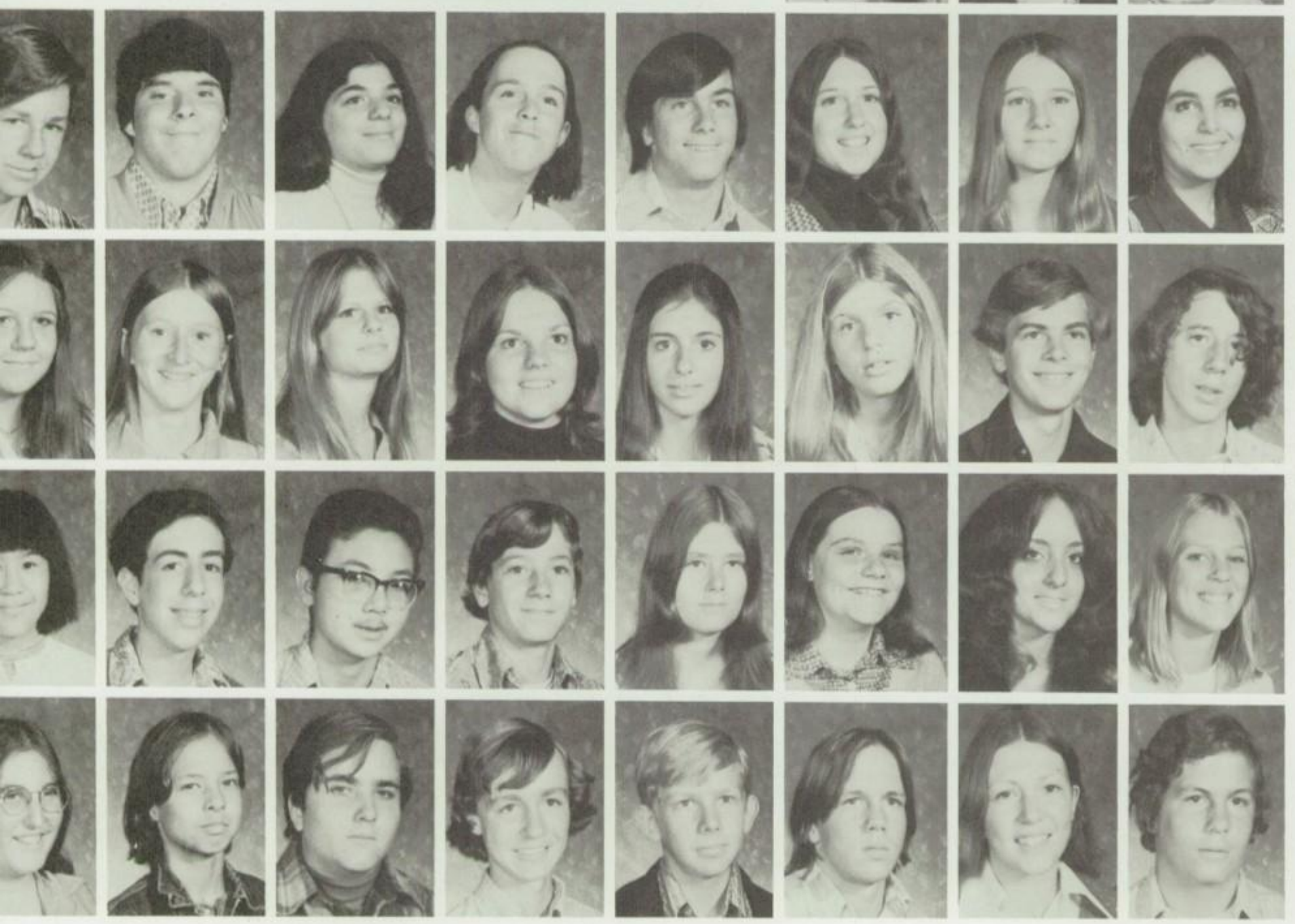
On Rally day, the sophomores showed so much spirit. They made the Gym jump with all their loud, spirited voices. The "Senior Slickers" came in with the winning spirit but the Sophomores gave them a good scare. When it came to the big sophomore game, the fighting sophomores beat Pacific by a big margin, 20 to 8. Even though the super sophomores lost the rally this year, they have hopes of winning it next year.

1/Sue Decosta looks on with enthusiasm.
2/Mark Winsten portrays a Senior Slicker.
3/Opposite Page: Y-e-l-l everybody Yell!









ael Hollis
y Holm
leen Hom
ne Housman

Brian Howard
Darlyn Hutchison
Samuel Jason
William Jazwinski

Gina Jeffrey
Carol Jensen
James Jensen
Joey Johnson

Kelly Johnson
Debbie Johnston
Greg Johnston
Richard Jones

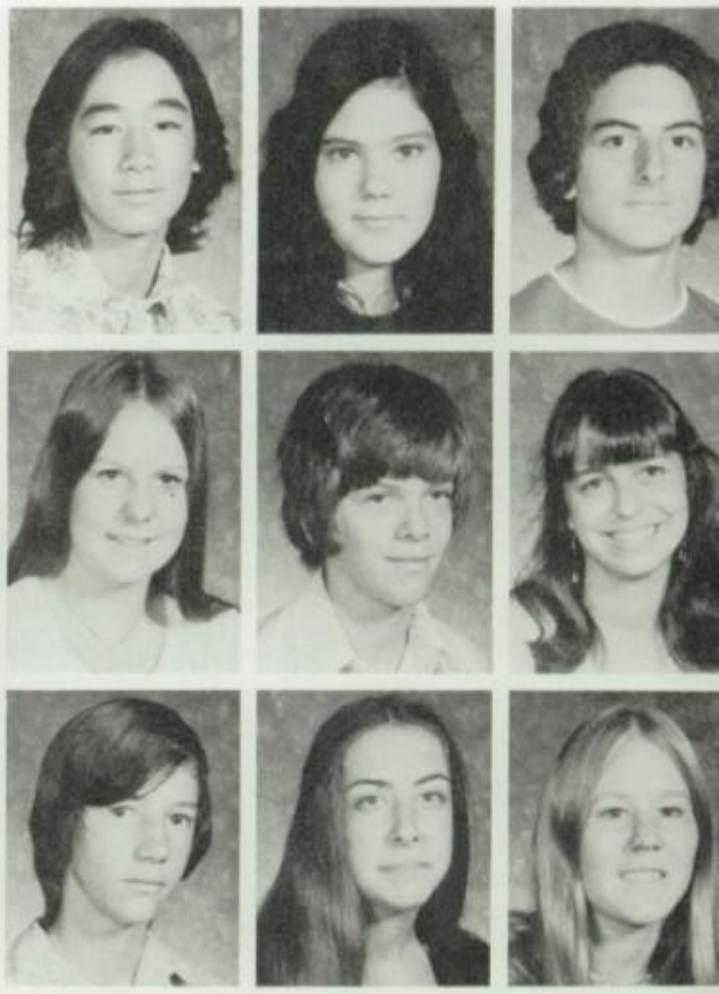
Jeff Jordeson
Jenni Jordeson
Patty Jorgensen
Mads Juul

Jarmo Kaksonen
Lisa Kappler
Laurie Keates
Marla Killough
Cheryl Kingsborough
David Kinsfather

Philip Kladko
Ross Kleinschmidt
Candi LaMere
Edward Langer
Colette LaMay
Susanne Lemke

Lisa Lerian
Gordon Levack
Patricia Lewis
Bob Lignell
Christy Livingston
Michael Loconte





1/Student and teacher do a Charleston in class.
2/Terry and Sandy demonstrate how to cook a Hawaiian pig.

Rodney Louie
Tamera Lovec
Darrel Lunge

Elaine Macklin
Wayne Madgett
Tera Madrigal

Steve Manos
Susan Marcelino
Kathy Martens

Sophs Have Begun

So far this year, some of the sophomores have had experience in a class of speech. These sophomores have made a total of about five speeches during the quarter. They have made many kinds of speeches including Demonstration and Career speeches. The students have demonstrated such things as how to make popcorn, how to make cookies, and how to make tomato jam. They have talked about becoming nurses, dentists, secretaries, and carpenters in their career speeches.

Sophomores also take other classes in their first year of high school such as Biology, P.E., and possibly Math. These classes are just the beginning for them. They have many more classes to look forward to and they have many decisions ahead of them. No matter what kind of decision they may make, each and every one will make it in the big outside world.



ve Martin
n May
n McClary
rsha McCormick
rrie McGrew
nifer McGue

Kelly McGuire
Julia McHugh
Gary McKinley
Dave McKissick
Andrew McMahon
William McNally

Mary Mejia
Janine Mentzel
Mary Lou Mesa
Cheryl Metzger
Debra Michael
Carol Mignone

Barbara Millard
Robert Miller
Terry Miller
Guy Mirisciotta
JoAnn Molina
Kenneth Moniz

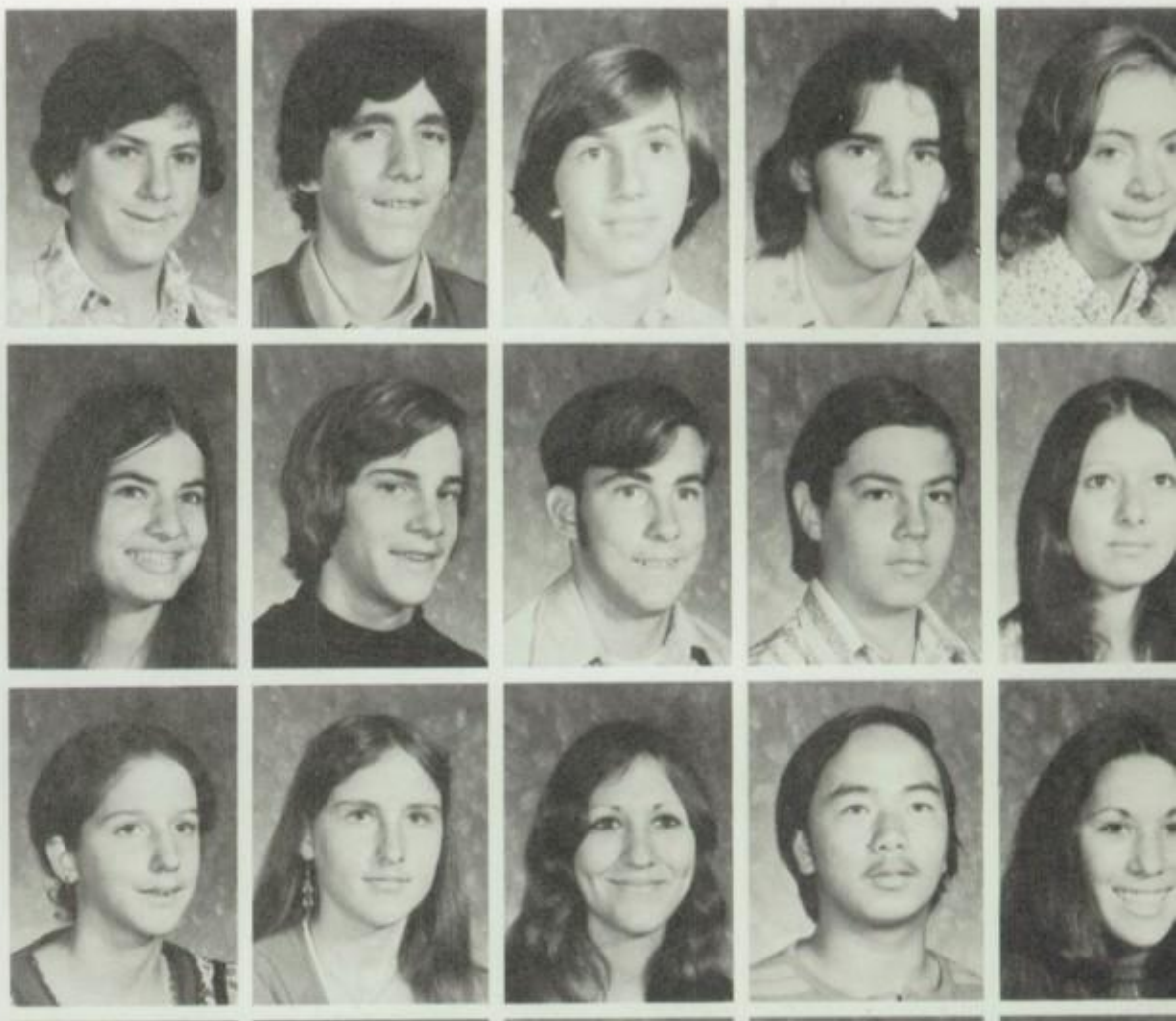
Ron Montero
Joan Morjig
Anthony Morroney
Russ Murawski
Cindy Munk
Patty Myers

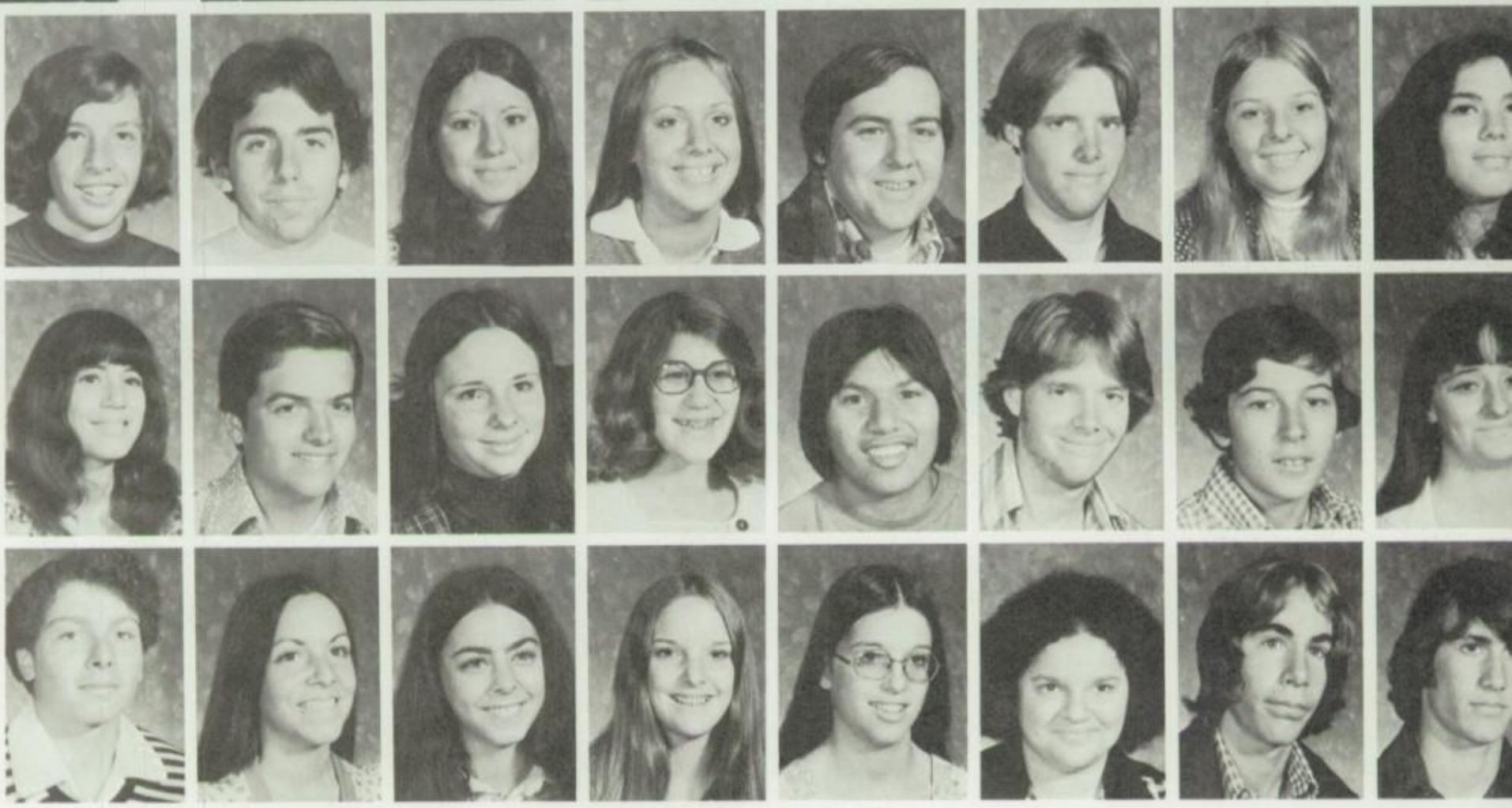
Cindi Nazer
Russell Neal
Judith Nelson
Deanna Netherland
Joyce Newell
Rick Newkirk

Terry Nicholson
Debbie Nyhof
Karen Olsson
Jose Ornelas
Nancy Orton
Joel Osias

Valorie Otterson
Suzanne O'Young
Robert Palassou
Chris Paranomos
Stephen Parker
Carol Parlin







Greg Pauline
Cindy Pavao
Dalton Paxman

Scot Pebelier
Chris Perry
Kathy Perry

Karen Peters
Sally Peterson
Jean Phillips

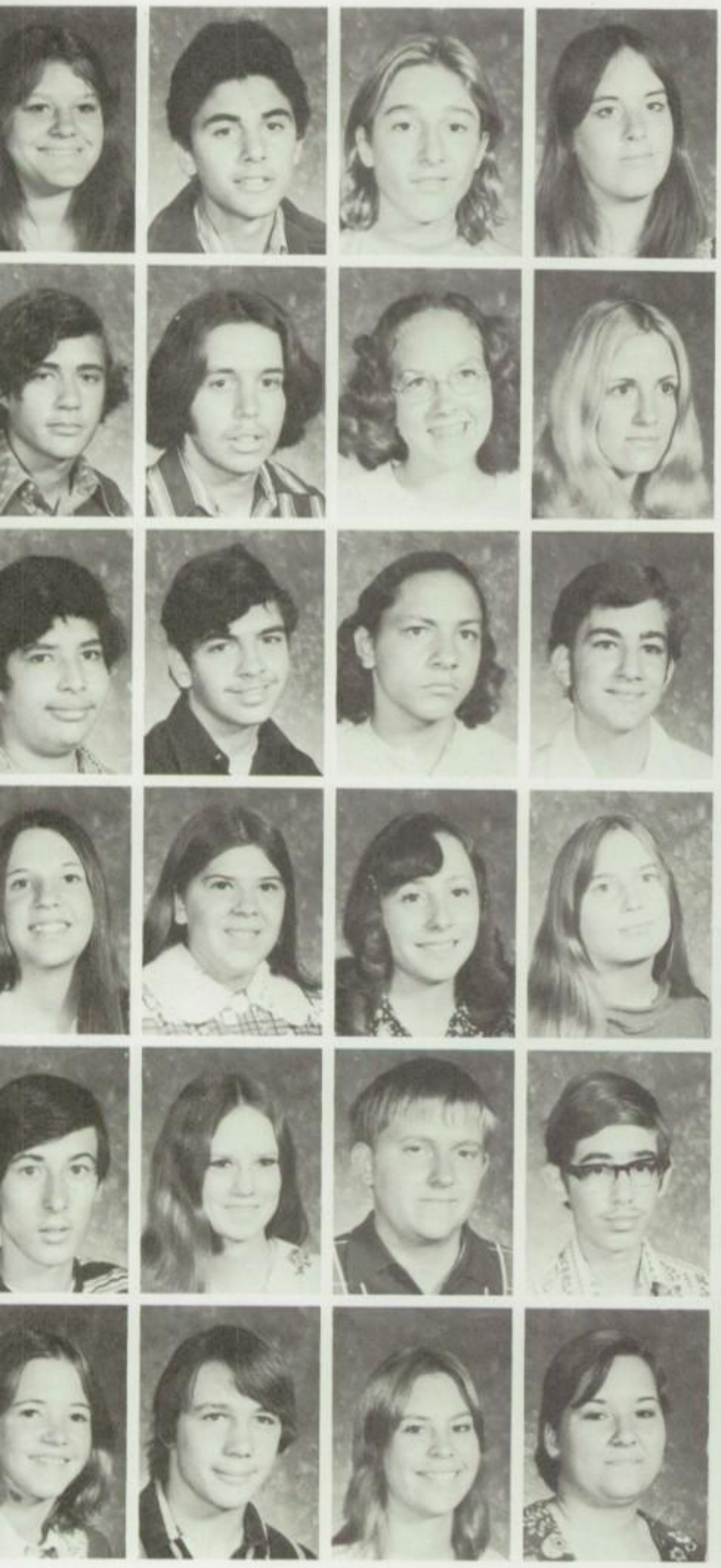
Ronald Phillips
Lisa Piazza
Vicky Pierce
Geri Plunkett
Jamie Pope
Melinda Pribyl

Everette Quadros
Peter Raab
Antonina Radownitschenko
Robert Rake
Authur Ramirez
Debbie Randall

Jeff Randall
Richard Rathbun
Ella Reals
Joseph Reilly
Matt Reilly
Pam Reyes

Don Rhodes
Scott Richards
Jose Ringor
Dona Robbers
Jeff Robinson
Ernest Rodgers

Janet Rodrigues
Luann Rodriguez
Alisa Rogers
Cynthia Rojas
Nina Rose
Tom Rosefield



aren Ross
ike Rouleau
ntonio Ruiz
bbie Rust
homas Ryan
aron Sandeen

Armando Sandoval
Barney Santos
Michael Santos
Barbara Sardella
Barbara Sax
Jim Schmidt

Rik Schrammel
Diane Scott
Clyde Senna
Lee Ann Serratore
Howard Severson
Janine Sharpe

Linda Shaw
Sandy Siemens
Cary Silberman
Cheri Silva
Raymond Silva
Joyce Simpson

Sophomores Start Year Right

This year's Fall Sophomore government consisted of President, Dave Dillon, Vice President, Shelley Flanagan, and Secretary, Debbie Cherezian. These three officers along with the help of the members at large, started the sophomores on their first fund raising projects. The first substantial amount raised was the $197.00 profit from the Homecoming Dance. All together the sophomores raised $207.00. These officers did a fine job for the sophomore class this fall.





1/Debbie Cherezian was secretary of the sophomore class this fall.
2/Dave Dillon, president of the fall sophomore class.
3/The fall sophomore class board.

Thoughts

If there be righteousness in the heart, there
will be beauty in the character.
If there be beauty in the character, there will
be harmony in the home.
If there be harmony in the home, there will
be order in the nation.
If there be order in the nation, there will
be peace in the world.

Confucius

To secure the positive, creative evolution of life on the planet, catch hold of the silence that falls so gently after the laughter, after the tears, plants the endless moment on a field of soft grass, listen for tomorrow.

Michael Bridge



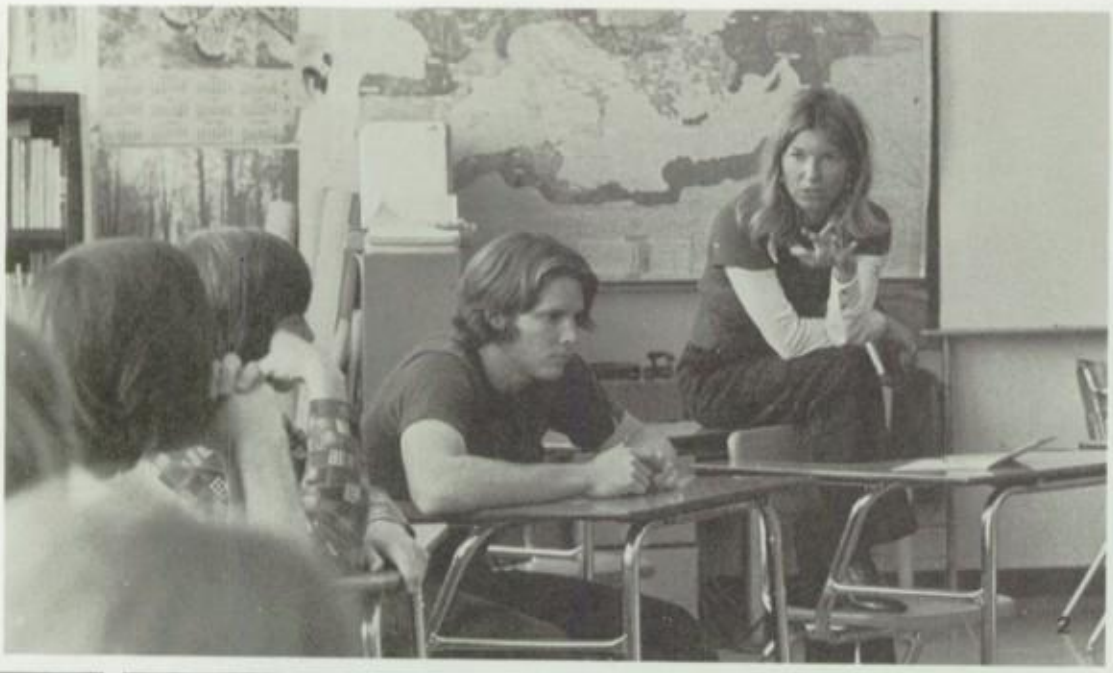
1/Student sets-up projector to show home film.
2/Opposite page: Miss Kirkpatrick coaches her sophomore students in speech.

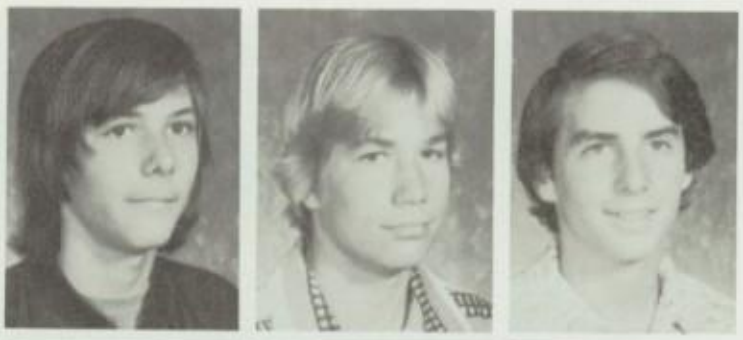


Kathy Sims
Mary Slater
Danette Smith
Don Smith
Kathleen Smith
Melody Smith

Paul Solanki
Margaret Sombo
Larry Sonnenfelt
Patrick Sotelo
Julie St. Clair
Kelli Stevens

Jeanne Stewart
Linda Story
Nancy Strike
John Stuchlik
Sharon Swartz
Claudia Sylvester









eorge Taft
ike Taylor
wn Theisen
oger Thomas

Richard Thompson
Ricky Tsuno
Geri Tuin
Laura Vallianos

Bob Vance
Donna Vargas
James Vasconcellos
Vicki Vidler

Annette Vieira
Helena Vogelzang
Gayle Walker
Kathryn Walker

Cathy Wall
Linda Warwick
Terri Watts
Richard Webb

Rick Weiss
Brian Welch
Felicia Welke
Eric White
Brice Wightman
Jeri Wilkins

Randy Will
Theresa Williams
Michael Wilson
Steven Wilson
Karen Winding
Kenneth Winslow

Mark Winsten
Tula Young
Marilou Zajec
Ronald Zilligen
Ralph Zunker
Ruben Bernardo

Francie Dean - Sports Queen Of 1974



The most important aspect of being Sports Queen is the fact that I'm representing the student body and the athletes, so they always have someone cheering for them.

Francie Dean



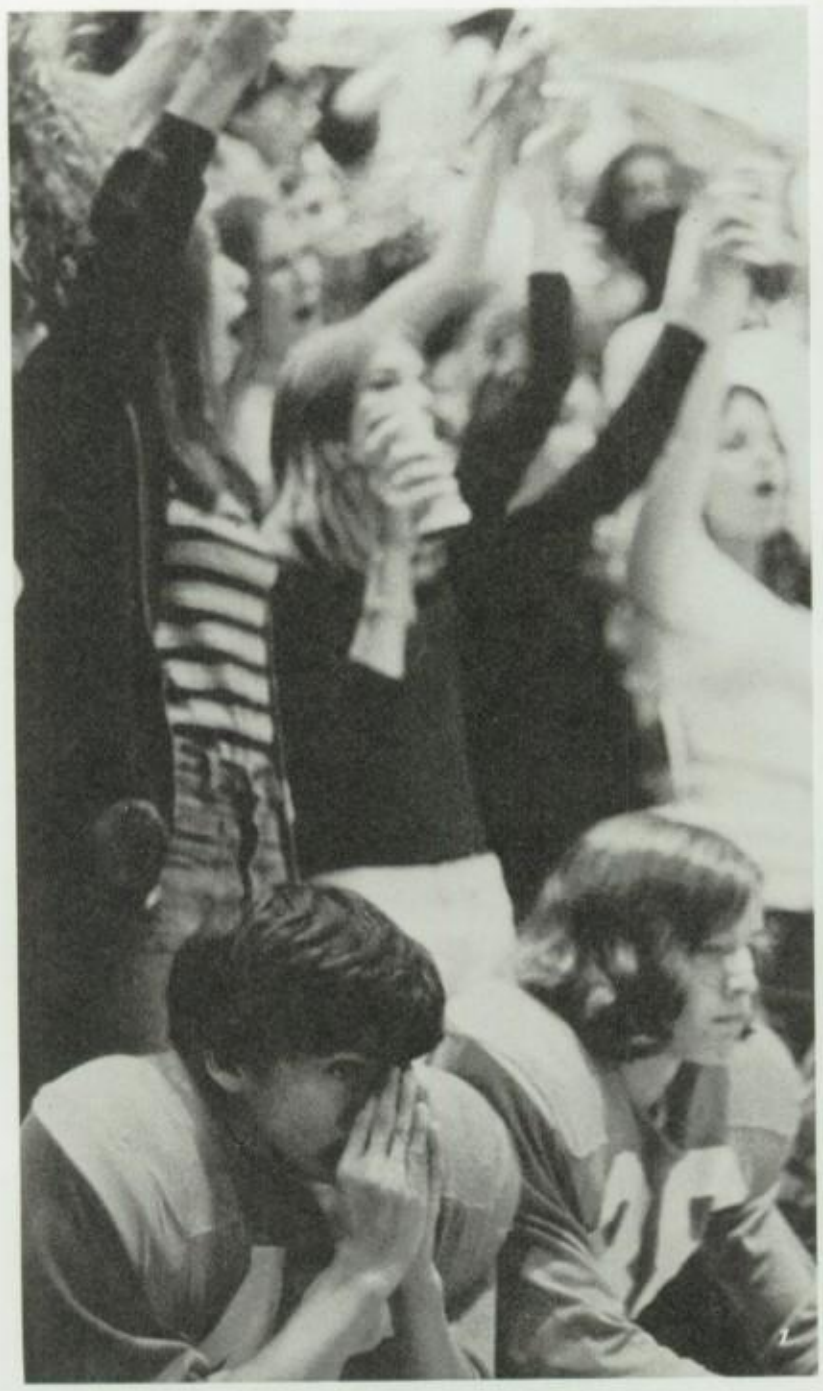
1/Barbara Hidalgo
2/Doreen Byrd







3/Marilyn Ramahlo
4/Debbie King











1/Two different worlds.
2/Diana Franks puts a little extra into the cheer.
3/Shake that Pom-Pom, Kathy Dyvorsky.
4/Before cheering for the Pirates, Alisa Seeman supports her class.

"This is the most spirit I've seen in eight years."

Ben Shorum Head Football Coach





This year's Spirit Week had lots of fun activities for everyone to participate in. During lunch there were tug of wars where each class had a chance to compete against each other. There were also slave auctions in which people were auctioned off. During the day of "Sound of Silence" boys in hope of being the Spirit Week Flirt, attempted to persuade the girls to talk in order to get their tags.

Throughout the week, spirit and sportsmanship were demonstrated by all the classes. At the rally on Friday all the classes combined to cheer for the Pirates. Careful thought was put into the class cheers, songs, and skits. Each class displayed a lot of spirit and talent. During the Homecoming Dance it was announced that the class of 74 had again taken the honors as the winner of one of the best Spirit Weeks SLHS has seen.





1/Shelly Flanagan shows her excitement.
2/Senior Slickers show who's boss.
3/Seniors rock out.











1/Right-on-Pirates-Right-on
2/Sophomores spirit is Sky High
3/Football Fabian and the Gang
4/M.C. Dave Dillon







Participation

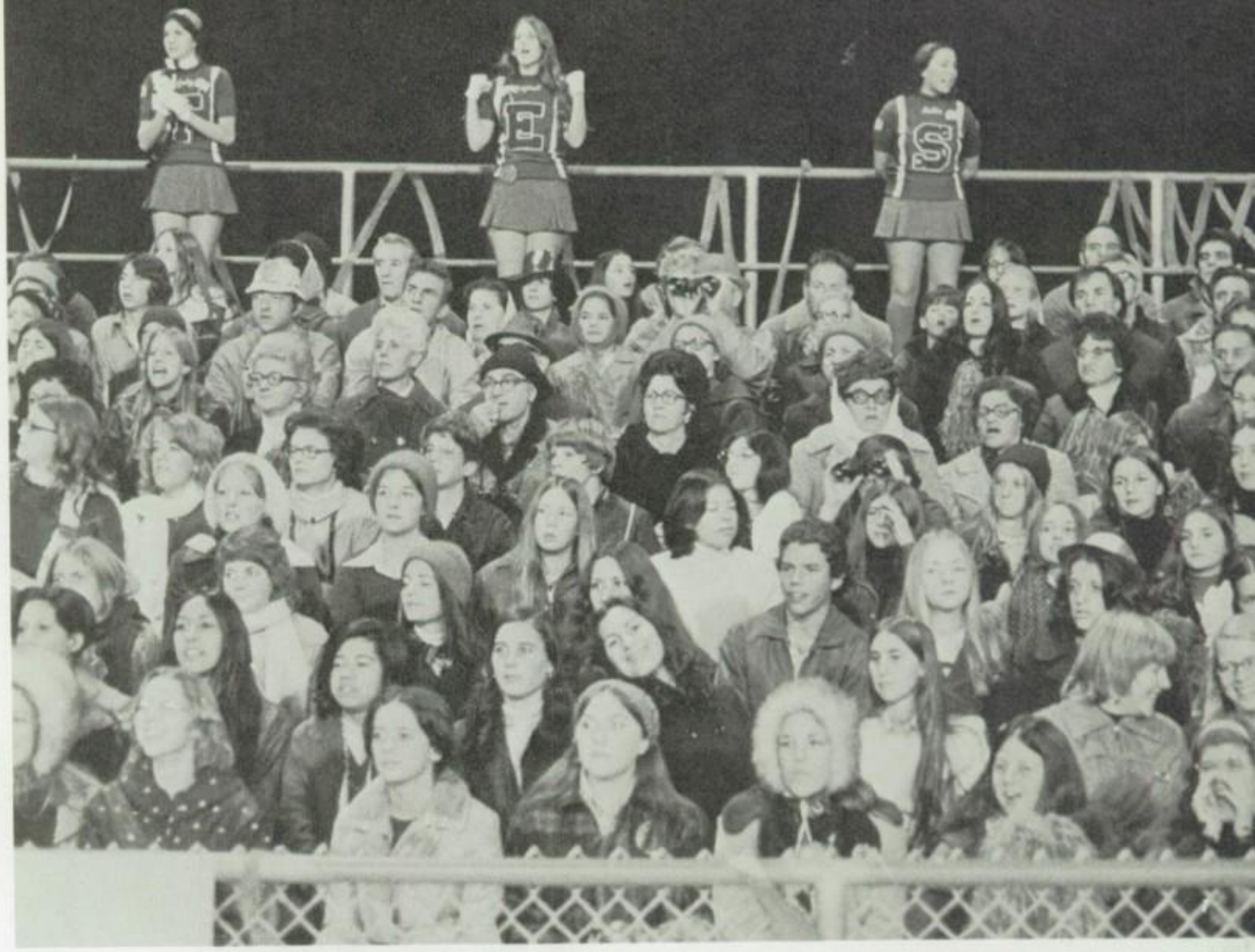
Donna Vargas-Sophomore
I thought Spirit Week was really good. I thought that everybody had a lot of spirit.

Eunice Kananen-Junior
Since it was the first week I was here, I thought Spirit Week was a trip.

Lee Ann Franco-Senior
This year I got more into it because I was a senior. And I liked the way we dressed.

We all had a great time this year during Spirit Week. There was a lot of competition between each class. The class of '74 won again, as they have in the past two years.

1/Get it on . . . Songirls
2/Bluebeards set sail.
3/Sherry Pickens and Kathy Breyer are rocking round the school.







1/The crowd at a very serious moment.
2/Bob Roark relaxes on the bench.
3/Pirates ready for third quarter.







High on spirit, the varsity football team clashed with the Pacific Vikings on November 3, a cold gray night. The overwhelming spirit of the crowd, reverberated through the stands as the Pirates scored our first T.D. Although Big Red put up a good defense, the Vikings broke through to score the winning T.D., to win the game at 19-13.

The Big Game was played on the Cecil Burrell Field which was dedicated earlier that evening.

Pirates Spectators' Enthusiasm Never Dims

1/And the band plays on.
2/The crowd cheers on.
3/Tony, did you lose something?















1/Aggravain doesn't like the idea of Dauntless getting married.
2/Winnefred shows her strength.
3/Winnefred asks "Who's the lucky man?"
4/Winnefred is mistaken for a maid.
5/Winnefred is thinking hard about an answer.
6/Winnefred is really "quite shy."
7/Winnefred studies for the test with Dauntless.







/The Minstrel, Greg Castro, sings the story to the udience.
/Court Jester, Chuck McAllister, pulls another prank.
/Ron Hammond, King, is devastated by his wife's rades.

Fall Musical a New Concept in Drama-Music

Trying out, getting a part, learning lines, costumes, that tune that keeps running over and over in my mind, the smell of grease paint, lights, late rehearsals, painting sets the day of performance, overtures, applause, being a maid, an actress, a peasant, a judge, a psychiatrist and a director, the loving people and the fun—each a part of what has been a memorable high school experience for me. As someone once told me, the success of a performance can only be decided by the performer and this with his heart. I thank all of those people in and out of drama for helping me to rejoice in the beauty of this performance-life.

—Karletta Moniz

Cast

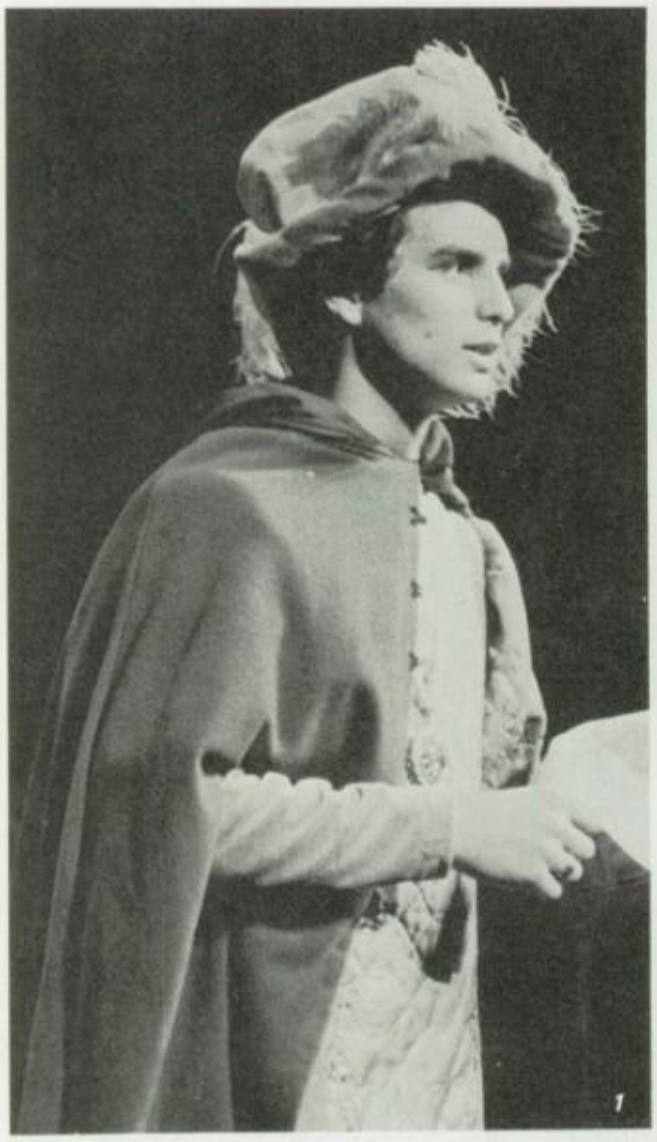
CAST

WINNIFRED	Maggie Lerian
DAUNTLESS	Mariano DiMarco
QUEEN	Lorri Knowlton
KING	Ron Hammond
LADY LARKIN	Diana Riley
SIR HARRY	Mark Winsten
MINSTREL	Greg Castro
WIZARD	Dave Scott
JESTER	Chuck McAllister
PRINCESS NO. 12	Elizabeth Jenike
SIR STUDLEY	Peter Forni
SIR LUCE	Martin Maisler
THE NIGHTINGALE	Elizabeth Jenike

KNIGHTS and LADIES

Karen	Bauch
Tammy	Bettis
Cathy	Fay
Greg	Fernandez
Julie	Fone
Mary	Humphries
Karen	Isham
Ed	Langer
Patti	Lyles
Sue	McKissick
Clark	McNally
Barbara	Millard
Bruce	Rheinholds
Donna	Robbers
John	Titus
Richard	Webb

1/Sir Harry comes in with good news.
2/Lori Knowlton and Dave Scott discuss the test for the princess.
3/Prince Dauntless' princess fails at the test.
4/Karen Isham ponders on who will be the next princess.


1


2


3


4





1/Lady Larken holds Princess Winnefred's wet rags.
2/Diana Reilly and Mark Winsten gaze anxiously at Princess Winnefred.
3/Greg Castro and Chuck McCallister are astonished at what the king told them.



Once Upon A Mattress

Many moons ago in a far off place
Lived a handsome prince with a gloomy face;
For he did not have a bride.
Oh, he sighed "alas" and he pined "alas,"
But alas, the prince couldn't find a lass
Who would suit his mother's pride.

For a Princess is a delicate thing,
Delicate and dainty as a dragonfly's wing.
You can recognize a lady by her elegant air,
But a genuine princess is exceedingly rare.

On a stormy night, to the castle door
Came the lass the prince had been waiting for.
"I'm a princess lost," quoth she.
But the queen was cool and remained aloof,
And she said, "Perhaps, but we'll need some proof.
I'll prepare a test and see."

"I will test her thus," the old Queen said.
"I'll place twenty downy mattresses upon her bed,
And beneath those twenty mattresses, I'll place
one tiny pea,
If that pea disturbs her slumber, then
a true princess is she."

Now the bed was soft and extremely tall,
But the dainty lass didn't sleep at all,
And she told them so next day.
Said the Queen, "My dear, if you felt that pea,
Then we've proof enough of your royalty.
Let the wedding music play."

For a princess is a delicate thing,
Delicate and dainty as a dragonfly's wing.
You can recognize a lady by her elegant air.
But a genuine princess is exceedingly rare.







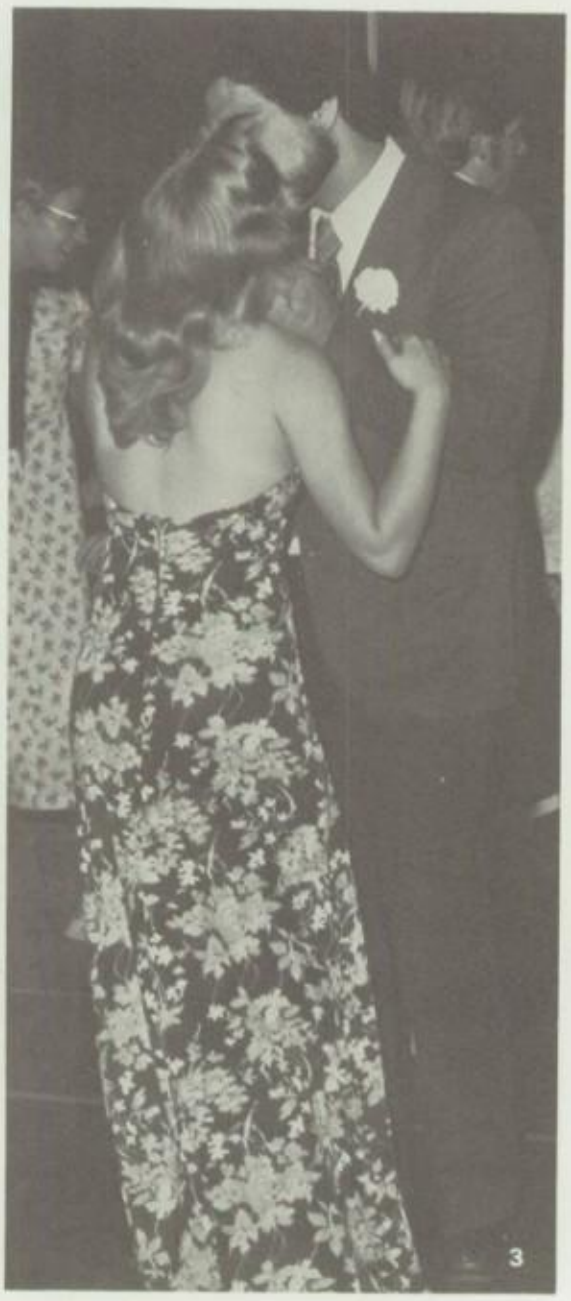


1/Don Brennan and Michelle Morley talk.
2/Paul Kurtzweil and Sue McKissick stare deeply into each others eyes.
3/John Waterman and Carol Fehn pose by the Christmas tree.
4/Teri McCollum and date decide whether to dance or not.
5/John Celes and date discuss something funny with Gary Preston and Janet Hargrove.









Christmas And G.A.B. Dances Draw Big Attendance

Two of the most popular dances of the year at S.L.H.S. are the G.A.B. and the Christmas Ball sponsored by the Student Body. This year's G.A.B. (girl ask boy) dance attracted many people and gave girls a chanca to take on what usually is the male's role. The theme of the dance was "Sugar and Spice and Everything Nice." This year's Christmas Ball was also well attended. Its theme was appropriately, "Suddenly It's Winter," the decorations fitting in with the Christmas season. Both dances were very successful and enjoyed by most who went.

1/Home Brew starts the night off playing a familiar song.
2/Tim Dillon and Carolyn Comella sit this dance out.
3/Eva Lindberg and date enjoy their dance together.

Students Communicate

Student leaders from throughout California congregated at San Leandro High November 29th, to participate in the Second Annual Region VI Fall Conference, sponsored by the California Association of Student Councils.

The conference opened with the keynote address of Assemblyman William Lockyer. Mr. Lockyer spoke and answered questions concerning all facets of the political system in relationship to education.

The 135 student officers from throughout Alameda County met in small discussion groups, dealing with such topics as student evaluation of teachers, school board reps. and open campus.

The conference was concluded by Dr. June Thompson, who mesmerized the group with her views, suggestions and experiences with student government. It was a fitting conclusion to a conference, which greatly enhanced CASC's status in the Region, and left the students eager for more.

















1/Charlie Gilcrest, Region VI President, Introduces the speakers.
2/Debbie Omick adds some spice to her life.
3/A small discussion group exchanges ideas.
4/William Lockyer, opening speaker, finds himself facing skeptical student leaders.
5/Gay Grego and Debbie Botelho look for the answer.
6/Craig Bettencourt contradicts William Lockyer as Barbara Brantley looks on.







1/Members of the Swing Choir proudly represent their school in this Bay-Area-Wide presentation.
2/Greg Castro and Patti Lyles joined in a duet version of Gordon Lightfoot's "In the Early Morning Rain."
3/Kelly Ng, piano, Greg Fields, drums, and Bill Manuel, accompanied the choir for "White Christmas."

Swing Choir Appears In "Young Sounds of Christmas"

This year, Mr. Daugherty's Swing Choir auditioned and was accepted by KGO-TV to appear on "The Young Sound of Christmas," a Channel Seven special. Mr. Daugherty organized a group of twenty vocalists and the five Swing Choir musicians for the show, which was broadcast Friday, December 21 at 8:00 p.m. The Swing Choir performed two songs, Gordon Lightfoot's "Early Morning Rain," featuring soloists Patty Lyles and Greg Castro, and "White Christmas" by Irving Berlin. The program was hosted by Lorne Greene and included students from Bay Area elementary and high schools.



1/Karen Isham (foreground) and Donna Robbers, Lois Kurtzweil, Jody Campbell, and Bonnie Cheney joined in the chorus in "White Christmas."
2/KGO's camera pans the male singers, catching the backs of the girls' hairdo's.





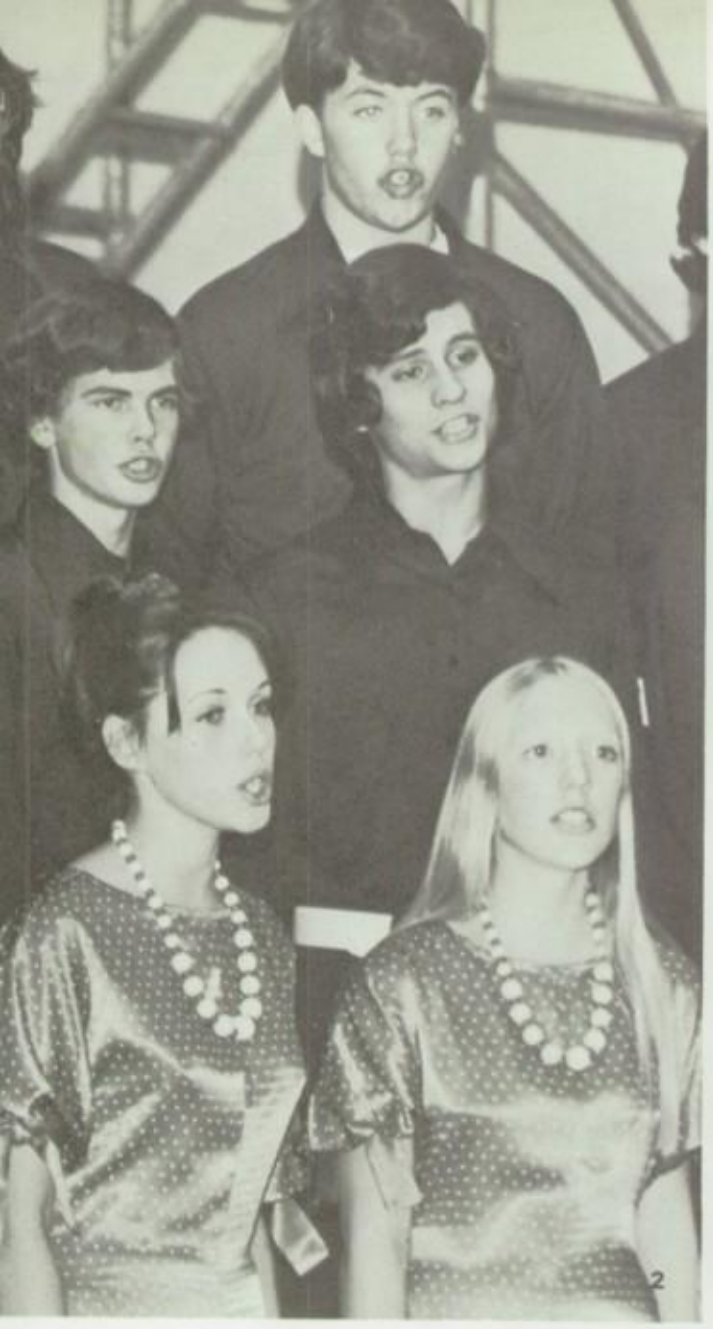
1/Concert Band/fifth row, left; Mr. Rolle, Gregg Field, Lois Kurtzweil, Marcella Piscitello, Randy Evans, Steve Rosefield, Brice Wightman, Dan Nelson, Martin Maisler, John Crimmons, Brian Welch, Dave Scott, Bill Manuel, Brian Cain; fourth row, left; Kell Schmidt, Rich Essenwanger, Mike Wilson, Peter Raab, Marilyn Van De Star, Janet Owens, Jim Schmidt, Dan Wiley, Ron Phillips, Tom Rosefield, Doug Freedmen, Greg Smith, Rick Foster, Larry Theisen, Jeff Randall, Steve Wilson, Steve Brandon, Paul Kurtzweil; third row, left; Matt Eremko, Leslie Pittman, Jeff Siou, Lynne Tierney, Janice Morton, Dan Maisler, Jeff Jordeson, Tia Tague, Laurie Lewis, Jeff Smith, Larry McDonald, Ed Langer, Rich Rathbun, Pat Sotel, Rich Marquez; second row, left; Steve Parker, Joe Feinstein, Marianne Ruegsegger, John Carlson, Judy Berg, Pete Tuttle, Sue Correia, Diane Scott, Nancy Darvo, Julie Feathers, Maggie Hernandez, Lisa Kapler; first row, left; Jennie Jordeson, Jeri Wilkins, Cathy Wall, Patty Zajec, Becky Brody, Kim Vieira, Sue Barry, Marcia Stanfield.
2/The Concert Choir performs for the Winter Concert.
3/Greg Castro, Mark Winston, Chuck McAllister and Mariano DeMarco perform with the Choir.
4/Mr. Dougherty leads the Concert Choir.
5/Nancy Darvo and Julie Feathers brighten up the Winter Concert.
6/The Camera concentrates on Sandy Siemes.
7/Concert Choir/fourth row, left; Dave Scott, Brice Wightman, Richard Webb, Greg Fernandez, Keith Rogers, Fred Fleming, Greg Castro, John Titus, Andrew McMahon, Clark McNally, Chuck McAllister, Bill Fordyce, Mark Winston, Ed Langer, Bruce Reinholds, John Lipka, Brian Welch, Linda Shaw, Carol Da Valle; third row, left; Patty Lyles, Cathy Reneburg, Laurice Pena, Laurie Keates, Denise Davidson, Jody Campbell, Valerie Henrie, Diane Wren, Cathy Fay, Julie Boamer, Vicki Adams, Mary Humphries, Debbie Ponte, Donna Robbers, Margie Brogdon, Anna Blasingame, Barbara Millard, Lisa Lerian; second row, left; Liz Dianda, Leslie Pittman, Chris Rafael, Karen Bauch, Sue Barry, Bonnie Cheney, Carol Davies, Lori Knowlton, Karen Robinson, Sue McKissick, Karen Isham, Cheryl Kingborough, Anna Redman; first row, left; Joyce Cowdin, Beth Hottman, Sue Espisito, Debbie Johnston, Diane Riley, Tammy Bettis, Diane Swartz, Kelly Ng (at piano).

At Winter Concert Music Groups Give Talented Performance





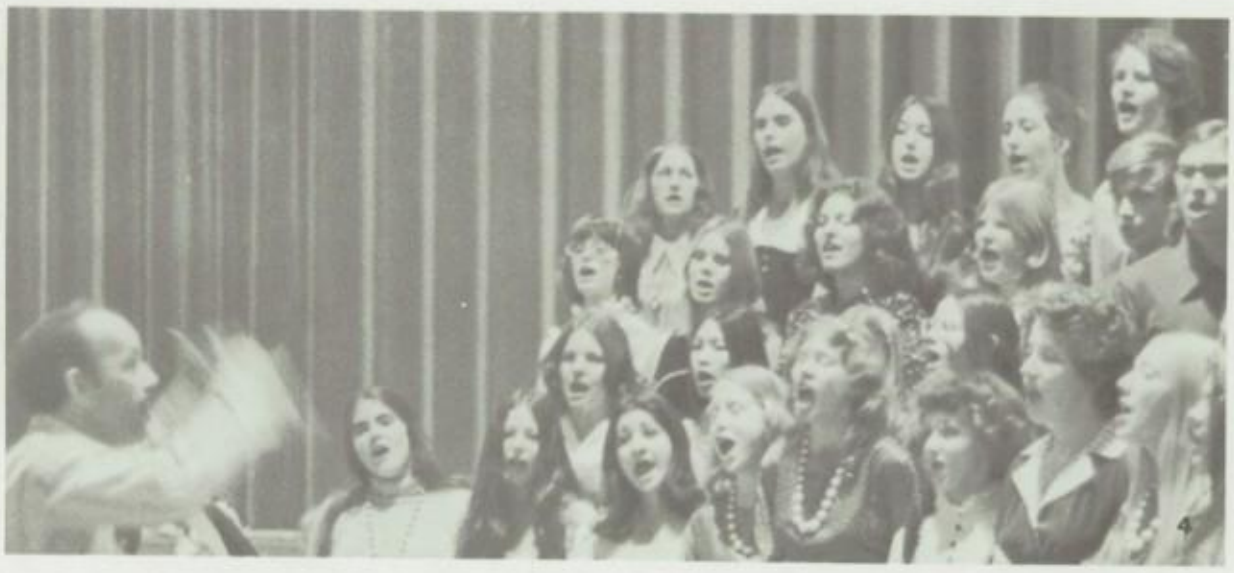
Sounds





On December 19, Concert Choir and Concert Band put on a Winter Concert. Attended by parents and friends of the participating students, the concert provided an hour of good music and lots of talent.

San Leandro High's Concert Choir is a combination of three groups, Swing Choir, Notables, and Choir. The instrumental counterpart is the Concert Band which consists of Jazz Lab, Marching Band and Stage Band. The Orchestra was also a performing group at the Winter Concert.









PIANO

Softly, in the dusk, a woman is singing
to me;
Taking me back down the vista of years,
till I see
A child sitting under the piano, in the
boom of the tingling strings,
And pressing the small, poised feet of
a mother who smiles as she sings.

In spite of myself, the insidious mastery
of song
Betrays me back, till the heart of me
weeps to belong
To the old Sunday evenings at home,
with winter outside
And hymns in the cozy parlour, the
tinkling piano our guide.

So now it is vain for the singer to burst
into clamour
With the great black piano appassionato.
The Glamour
Of childish days is upon me, my manhood
is cast
Down in the flood of remembrance,
I weep like a child for the past.

-D.H. Lawrence-





1/Swing Choir/top, left; Dave Scott, Fred Fleming, Rich Webb, Keith Rogers, Greg Castro, Greg Fernandez, John Titus, Chuck McAllister, Mariano De Marco, Bill Fordyce, Mark Winston; bottom, left; Karen Bauch, Lori Knowlton, Jody Campbell, Patty Lyles, Sue McKissick, Barbara Millard, Anna Redmen, Karen Isham, Bonnie Cheney, Lois Kurtzweil, Mary Humphries, Donna Robbers, Anna Blasingame.
2/Patty Lyles and Greg Castro sing "Early Morning Rain".
3/Stage Band-third row, left; Geri Plunkett, Dan Nelson, Martin Maisler, Hugh Plankenhorn, John Lipka, Tia Tague, Laurie Lewis, Jeff Jordeson, Mr. Rolle; second row, left; Jeff Siou, Steve Rosefield, Dave Scott, Steve Wilson, Larry Theisen; first row, left; Peter Raab, Pat Sotelo, Rich Rathbun, Rich Marquez, Dan Maisler, Matt Eremko, John Dalcino (at piano).
4/Jeff Randall, Steve Wilson and Steve Brandon, hard at work.
5/Orchestra/fourth row, left; Mr. Rolle, Terry Williams, Jean Phillips, Jeff Smith, Anna Blasingame, Jeri Jordeson, Geri Plunkett; third row, left; Mary Slater, Lois Kurtzweil, Alisa Rogers, Karen Ross, Jill Fong, Loretta Yon, Michelle Berntson; second row, left; Teri McCollum, Kathy Pope, Vicki Vidler, Janine Mentzel, Susanne Lemcke, Julia Munoz, Kathy Yamashita, Mary Kokinos (at piano); first row left; Marcella Piscitello, Kathy Hall, Jamie Pope, Ruth Goldhor.
6/Lois Kurtzweil and Julia Munoz play with the Orchestra at the Winter Concert.





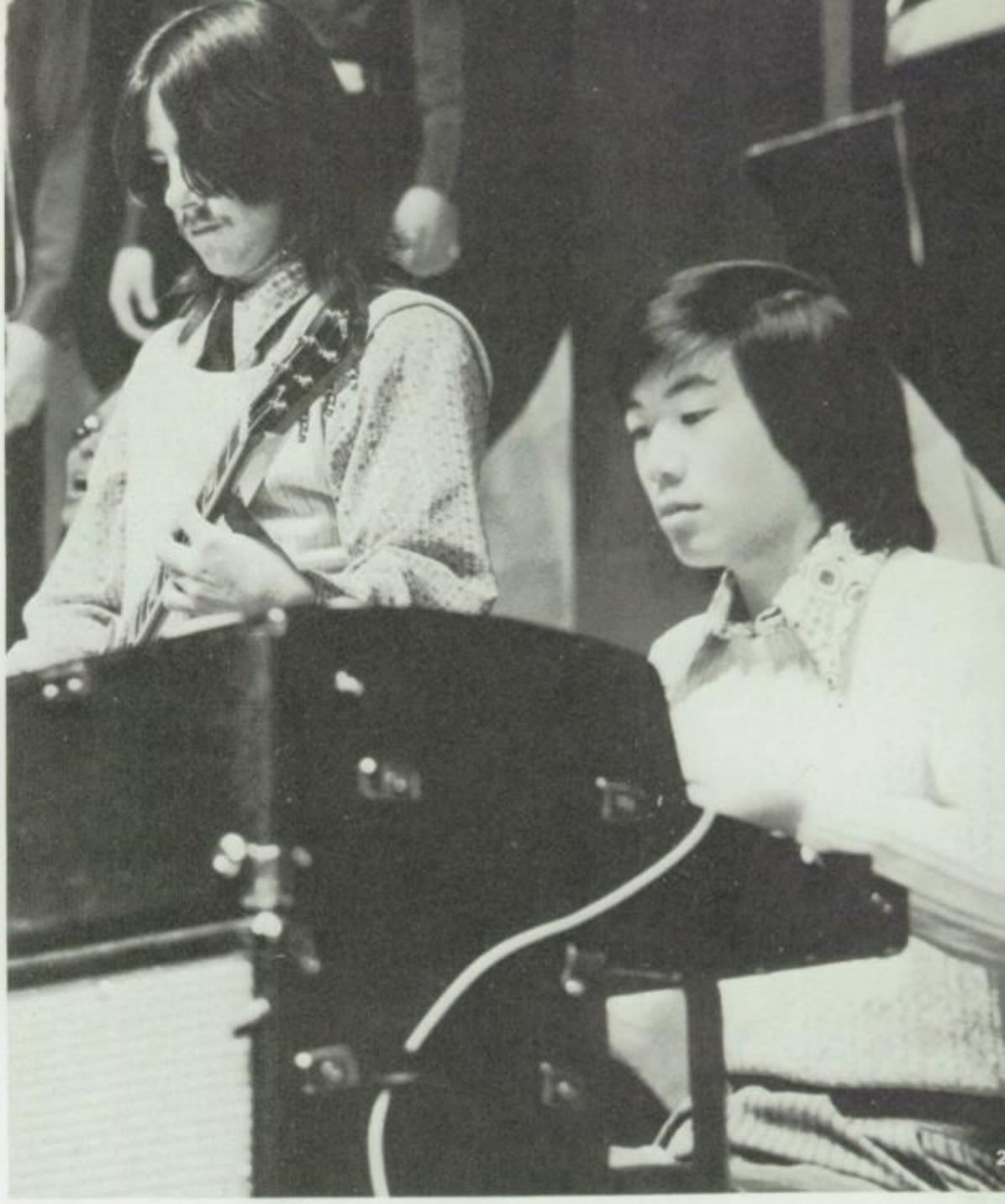




On Hearing a Symphony of Beethoven

Sweet sounds, oh, beautiful music, do not cease!
Reject me not into the world again.
With you alone is excellence and peace,
Mankind made plausible, his purpose plain.
Enchanted in your air benign and shrewd,
With limbs a-sprawl and empty faces pale,
The spiteful and the stingy and the rude
Sleep like the scullions in the fairy-tale.
This moment is the best the world can give:
The tranquil blossom on the tortured stem.
Reject me not, sweet sounds; oh, let me live,
Till Doom espy my towers and scatter them,
A city spell-bound under the aging sun.
Music my rampart, and my only one.
-Edna St. Vincent Millay-













1/Gregg Fields hits the cans.
2/Kelly Ng and John Nyman concentrate on their music.
3/Notables/top, left; Karen Bauch, Lori Knowlton, Sue McKissick, Karen Isham, Tammy Bettis, Diane Riley, Mary Humphries, Lois Kurtzweil, Patty Lyles, Karen Robinson; bottom, left; Brice Wightman, Brian Welch, Andrew McMahon, Ed Langer, Bruce Reinholds, Chuck McAllister, Greg Castro.
4/Jazz Lab Band/third row, left; John Nyman, Bill Manuel, John Dalcino, Tom Rosefield, Greg Smith, Rick Foster, Ron Phillips; second row, left; Gregg Field, Doug Freedman, Jeff Randall, Steve Brandon, Paul Kurtzweil, Brian Cain, Mr. Rolle; first row, left; Larry McDonald, Joe Feinstein, Jeff Smith, Pete Tuttle, Steve Parker.
5/Brian Welch accompanies the Concert Choir.
6/The Choir performs during the Winter Concert.

Perfection

The 1973 girl's tennis team is perfect, again. 1973 was their second year in the Hayward Area Athletic League, and the second year they have captured its championship title. With Canyon in a very close second place position, Mrs. Collin's players needed an undefeated season to win it all. Because of depth, and the presence of stars Evelia Herrera and Holly Donaldson, the tennis team did win all of their games, and doing so, they also edged out Canyon High for the championship for the second consecutive year. The team defeated nine schools this year which includes scores: Canyon 3-2, Castro Valley 3-2, Hayward 3-2, Marina 5-0, Mt. Eden 3-2, Pacific 3-2, San Lorenzo 5-0, Sunset 5-0, and Tennyson 4-1. Being S.L.H.S.'s first undefeated team in quite a long time, the following girls are worthy of high praise: Seniors Cindy Fowler, Kathy Anderson, Marianne Ruegsegger, Carol Davies, Evelia Herrera, and Karen Donaldson; Juniors Barbara Vidales, Lynne Tierney, and Kim Cope; Sophomores Holly Donaldson, Joyce Newell, Kelli Stevens, Claudia Sylvester, Shelley Flanagan, and Annette Vieira. These girls really made it happen.



1

1/Karen Donaldson serves for match point.

2/The 1973-74 Championship Girl's Tennis Team: Bottom row (l. to r.), Cindy Fowler, Joyce Newell, Kelli Stevens. Middle row (l. to r.), Kathy Anderson, Holly Donaldson, Marianne Ruegsegger, Carol Davies, and Barbara Vidales. Top row (l. to r.), Lynne Tierney, Evelia Herrera, Claudia Sylvester, Shelley Flanagan, Annette Vieira, Karen Donaldson, and Kim Cope.



2



1

1/Kelli Stevens returns a crucial serve.
2/Claudia Sylvester reaches low for the ball.
3/Sophomore Holly Donaldson concentrates on her serve.



2



3

Swimmer Blues

1973 was not a very good year for the Girl's Swimming team. Two top swimmers, Kathy Reed and Judy Perry, were injured during the season. Kathy, who is also co-captain with Annette Miller, had won every race before she was sidelined. Fortunately, swimmers Barbara Millard, Dona Robbers, Sharon Sandeen, and Jenny Snyder padded some of the "A" team "blues". Both Patti Myers, and Marla Killough added strength to the "B" team. Watch out for the girls next year, and hope they stay healthy.



1



2

1/Is Annette Miller heading for a belly flop?
3/On your mark, get set . . . splash.

Swim Team 1973
Bottom row (l. to r.)
Jane Willis
Ruth Goldhor
Kim Cataldo
Lynn Hayes
Annette Miller
Cheryl Foster
Middle row (l. to r.)
Linda Keates
Marla Killough
Judy Perry
Teri McCollum
Jenny Snyder
Laurie McGrue
Kim Odell
Kathy Reed
Top row (l. to r.)
Dona Robbers
Cindy Irwin
Charlene Uhler
Eileen Doyle
Lying down
Mrs. DePace



3



1



2



3

1/Unidentified flying object.
2/Kathy Reed must be testing the gun, or it's a very slow start.
3/Diving in the rain.

Beamers, Vaulters

This year, gymnastics played a more important role in the S.L.H.S. Girl's Sports Program. The interest in the girls was great. Many girls showed up to participate and compete on the team. The team voted Wanda Correia as their captain for the 1973-74 season. This is Wanda's first year at S.L.H.S.; last year she attended Hayward High, where she also competed in gymnastics, and received numerous awards. Also starring on this year's team were Doreen Cooper, Carolyn Comella, Bonnie Hibl, and Kathy Econome. The year's big area meet was held at S.L.H.S. Our gymnasts hosted five other schools from the Hayward Area League, and also provided tough competition. There will be many returners next year; therefore, the future gymnastic seasons look promising.







1/Carolyn Comella views an upside-down world.
2/Val Francisco performs on the uneven parallel bars.
3/Bonnie Hibl watches her step and balance, as she glides across the balance beam.







1/The 1973 Gymnastics Team, Bottom row (l. to r.), Carol Barrett, Kelli Stevens, Sue Brantley, Doreen Cooper, Bonnie Hibl, Jamie Pope, Felicia Welke, and Wanda Correira. Top row, (l. to r.), Kathy Econome, Vicki Pierce (standing), Debbie Wasson, Val Francisco, Carolyn Comella, Sue St. Laurent, Kathy Tandi, Maggie Hernandez, Paula Valencia (standing), and Val Henrie (standing).
2/Doreen Cooper gracefully practices on the beam.
3/Kelli Stevens vaults high over the long horse.

Sharp Bumpers

Regardless of inexperience, the 1973 Girl's Volleyball team recorded a five-win and four-loss season. The spikers seemed to improve throughout the year. Sophomore Cindy Arena, junior Sally DeSoto, and senior Carol Bertain performed brilliantly, and added a touch of stardom to each game. The team won games against Arroyo, Marina, Castro Valley, San Lorenzo, and Pacific, but they lost to Sunset, Tennyson, Hayward, and Mt. Eden. Nevertheless, their new uniforms always made them look sharp, even when they were losing.

1/Laurice Pena executes a one leg slam.
2/The 1973 Girl's Volleyball Team, Bottom row (l. to r.), Julia Munoz, Cindy Arena, Carol Bertain, Diane Bertain, Tammi Loveck, Sally DeSoto, Laurice Pena, and Evelia Herrera. Top row (l. to r.), Francie Dean, Dawn Kaluea, Kathy Reneberg, Karen Donaldson, Sue DeCosta, Claudia Sylvester, Annette Vieira, Jean Phillips, Janet Rodriquez, Shelly Flanagan, and Bernadette Fischer.













1/Sue DeCosta captured in serving form.
2/Carol Bertain and Laurice Pena gleefully cheer the team on to victory.
3/A volleyer bumps the ball from her kneeling position.
4/Cindy Arena couldn't quite block the spike.

Sophs Triumph

Though stripped of many of their star players throughout the season, the Sophomores managed to defeat all their opponents except two. The two defeats by Berkeley, and the meager two point loss to Kennedy were the only blemishes on the team's six victory record. Coaches Munoz and Hager really deserve a lot of credit for putting together a team from the players they had, and doing a more than respectable job. But, the credit does not stop here. All the players should be recognized for their will and determination to learn, and for using what experience they had to carry them through the season. Individual players who came in to start after five of the team's leaders were moved up to J.V.'s, did a remarkably fine job. A tremendous effort was put forth this season by the Sophs, and the results proved it was worth it.



1



2



Bottom row (l. to r.)
Matt Reilly
Rick Newkirk
Dave Difloo
Carlos Ferreyra
Rob Gallardo
Darrel Lunge
Kevin Hewitt
Larry Benterou
Jose Ringor
Joe Reilly

Middle row (l. to r.)
Richard Atthowe
Dalton Paxman
Greg Pauline
Brian Howard
Bob Vance
Randy Will
Robert Hochstetter
Steve Manos
Mike Alvarez
Art Dominguez
Barney Santos

Top row (l. to r.)
Chris Reynolds
Don Fowler
Greg Atoigue
Rob Dressen
Mike Loconte
Art Furtado
Keith Garcia
Don Decker
Steve Martin
Tom Rosefield
Art Ramirez





1/Outstanding sophomore Barney Santos angles in on the Alameda ball carrier.
2/With the ball tucked deep under his arm, Ron Montero sweeps wide.
3/A contented and calm moment for Coach Munoz.
4/Coach Hager in a flustered moment.
5/Again, Jim Schmidt hits the hole quickly.
6/Steve Manos in a foot race for the paydirt.
7/"Bubba" is no problem for Marty Marroney in the pass protection of Ron Montero.







The Season		
Sophomores 14	vs.	Berkeley. 20
Sophomores 12	vs.	Logan. 0
Sophomores 25	vs.	Harry Ells 6
Sophomores 26	vs.	Kennedy. 28
Sophomores 25	vs.	Richmond. 6
Sophomores 18	vs.	Alameda. 0
Sophomores 28	vs.	Encinal 14
Sophomores 20	vs.	Pacific 8
Sophomores 6	vs.	Berkeley. 32

Rookie Dribblers

Hard work and success is the only way to describe the 1973-74 Sophomore basketball season. Their 8-4 league record was the best posted by all three Pirate teams. They lost to Berkeley twice, El Cerrito and Kennedy. Joey Feinstein, Jeff Randall, Jim Schmidt, Steve Benasso, and Steve Geisler all did great jobs throughout the whole season. Strong performances coming off the bench by Ron Montero, Art Dominguez, Greg Pauline, and Greg Johnson helped tremendously when needed. Special recognition should go to both new coaches, Mr. Ventura and Mr. Dunche, for coming to the team knowing no one, and making the players winners and tough competitors. The players should have a very successful Junior Varsity year.

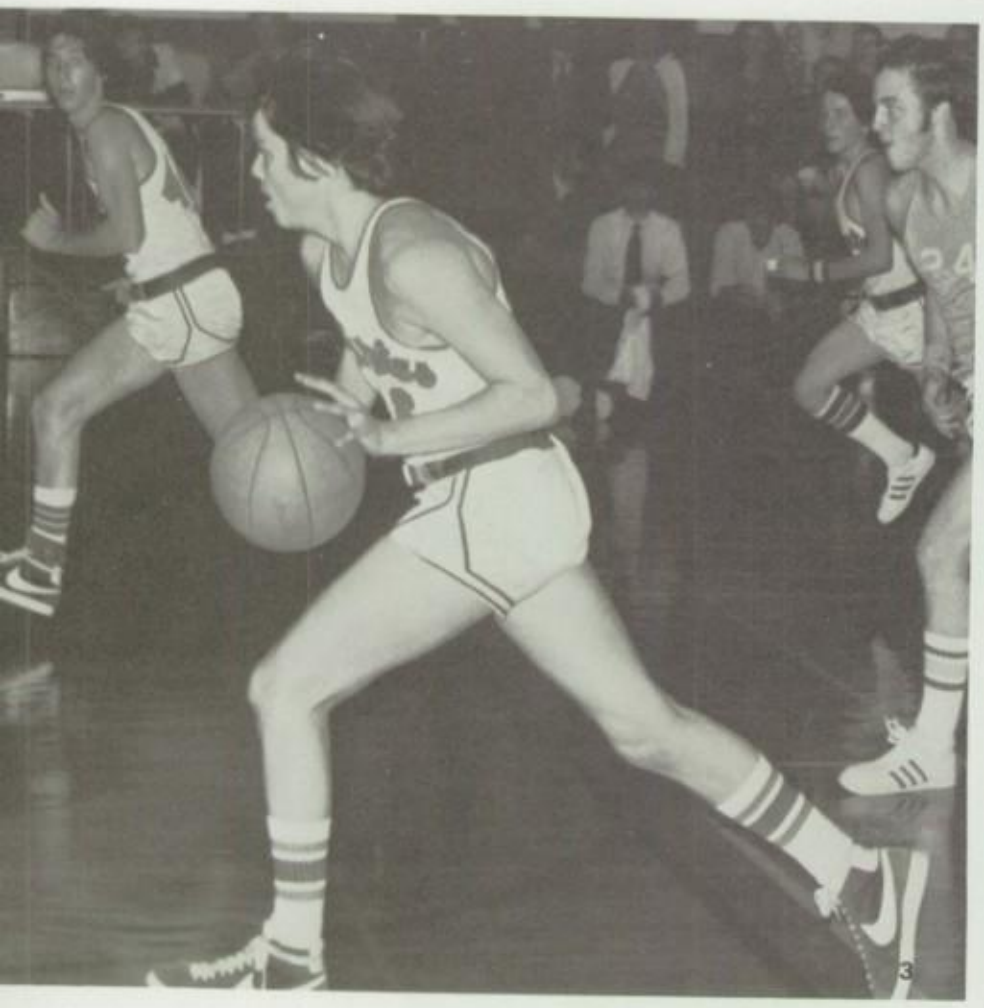
1/Joey Feinstein gracefully loops up the easy lay-in.
2/The 1973-74 Sophomore Basketball Team: (l. to r.), Ron Montero, Art Dominguez, Joey Feinstein, Jim Schmidt, Greg Pauline, John Titus, Steve Benasso, Jeff Robinson, Jeff Randall, Armando Sandoval, Larry Sonnefelt, Greg Johnson, Jeff Exline, Steve Geisler, Ron Phillips, and Rob Gallardo. Front (l. to r.), Coach Dunche, Coach Ventura, and Scott Richards.
3/The sophomore fast break.
4/An erect Jim Schmidt soars for a bucket.
5/Center Jeff Randall struggles for the tip-off.
6/As time titters away, Steve Benasso anxiously releases the ball.



1



2







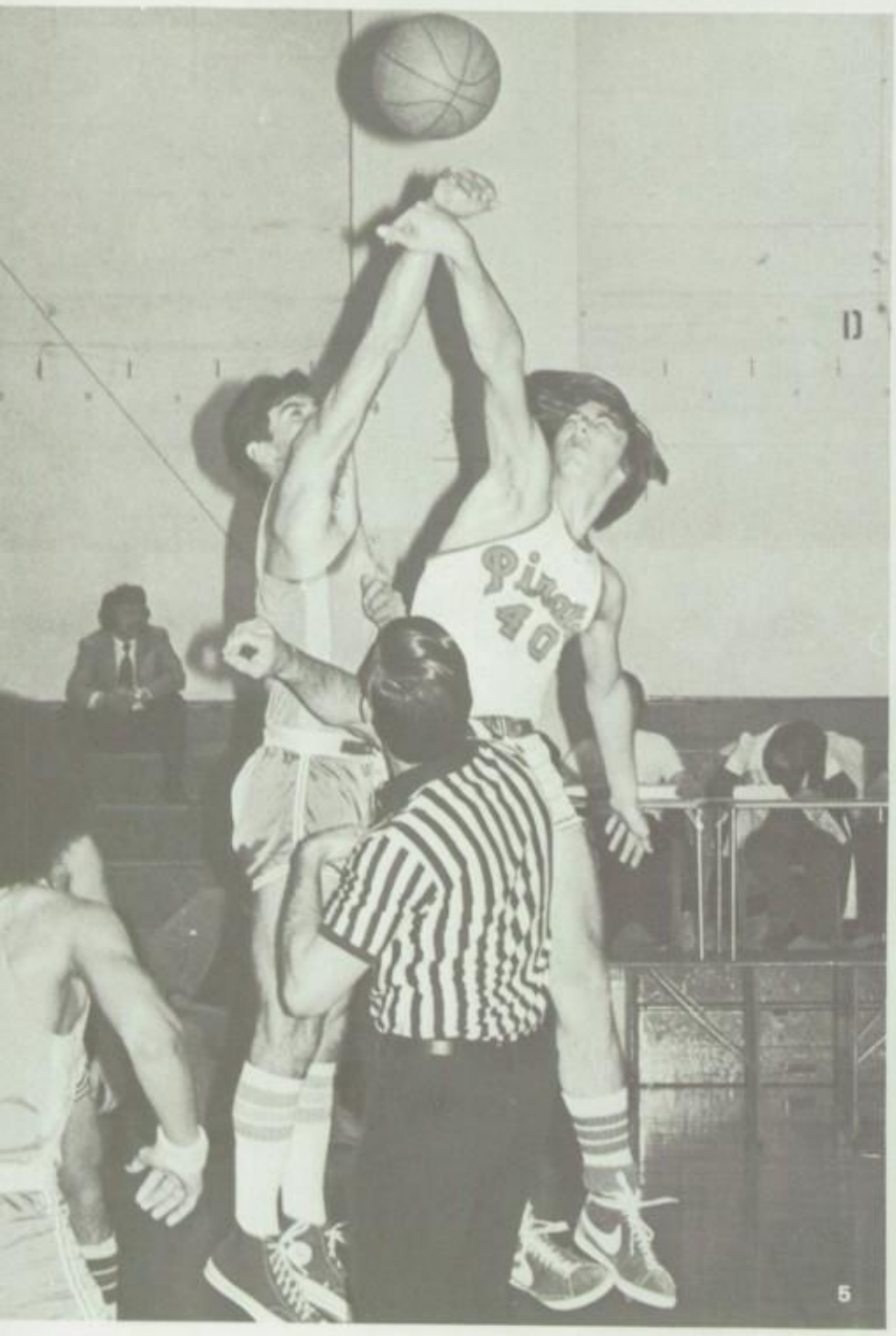


KE AWAKE A

Seeing and hearing come naturally. But much more than that is needed. Instead of just seeing one must perceive and instead of just hearing one must listen. This is awareness— the essence of humanity. It is acceptance of what is and the anticipation of change. Whatever life holds— be it good or bad — is relevant.




31


40


24

KE AWAKE A

Seeing and hearing come naturally. But much more than that is needed. Instead of just seeing one must perceive and instead of just hearing one must listen. This is awareness— the essence of humanity. It is acceptance of what is and the anticipation of change. Whatever life holds— be it good or bad — is relevant.



To him whose elastic and vigorous thought keeps pace with the sun, the day is a perpetual morning. It matters not what the clocks say or the attitudes and labors of men. Morning is when I am awake and there is a dawn in me. Moral reform is the effort to throw off sleep. Why is it that men give so poor an account of their day if they have not been slumbering? They are not such poor calculators. If they had not been overcome with drowsiness, they would have performed something. The millions are awake enough for physical labor; but only one in a million is awake enough for effective intellectual exertion, only one in a hundred millions to a poetic or divine life. To be awake is to be alive.

—Henry David Thoreau, WALDEN





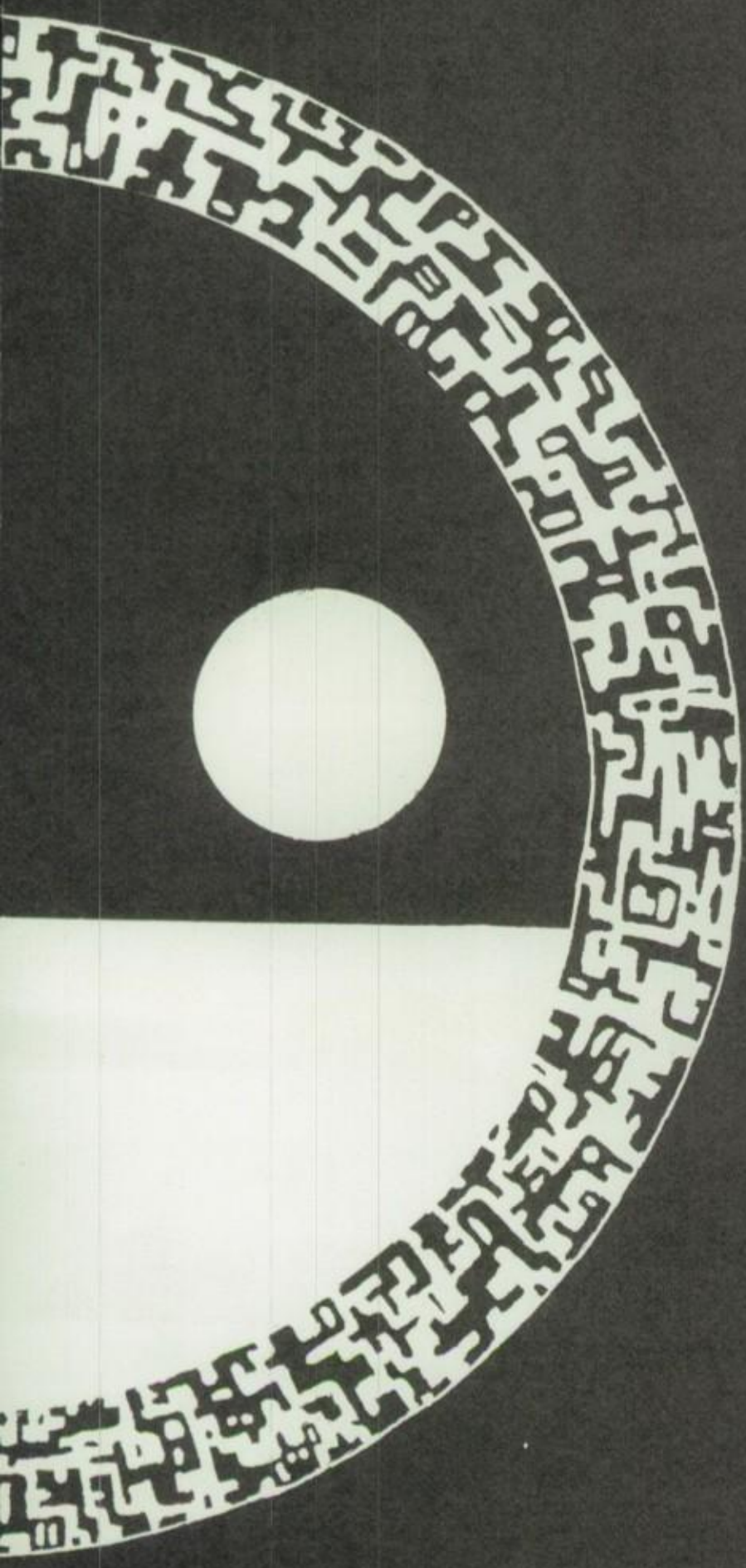



Juniors 5









AWAKE

The Junior Class . . . . . pp. 76—89
Student Body Government . . . . . pp. 90—93
Student Activities . . . . . pp. 94—105
Spirit Groups . . . . . pp. 106—111
Junior Varsity Sports . . . . . pp. 112—121

KE AWAKE A

Seeing and hearing come naturally. But much more than that is needed. Instead of just seeing one must perceive and instead of just hearing one must listen. This is awareness— the essence of humanity. It is acceptance of what is and the anticipation of change. Whatever life holds— be it good or bad — is relevant.

1/Pat Pastrana-a prisoner of a Viking Ship?
2/Soph ship founders on attempting rescue.
3/Big "J" much in evidence.







An Incredible Event

This year's Spirit Week was an incredible event. The whole week's atmosphere was much more exciting than last year; all classes seemed more united. The only thing that went wrong in the beginning was lack of information for the Sophomore Class. But they improved tremendously and made a much bigger impression at the Friday rally than last year's Sophomore Class. All of the class themes were colorful and lively, which added to all the fun. If one thing could be improved it should be less hostile competition between classes. Spirit Week is for unity not just individuality.

Mariano Di Marco

Vicki Adams
Bill Ahlers





Keren Albertson
Norma Alexander





Arion Alston
Karen Anderson





Mike Anderson
Jay Anema





Tammy Arbini
Denny Archaleta





Gary Arellano
Aldo Argiro





Gary Arthur
Bob Atthowe







Mike Aubry
Tricia Avanzino
Matt Axworthy
Sharon Banke
John Barr
Carol Barrett
Carol Basterrechea



Bruce Bauer
Missy Bauman
Bob Beaman
Jean Beasley
Margie Bedard
Armando Benavides
Judy Berg



Mitch Bernardini
Ray Bettencourt
Shareen Bettencourt
Sue Bettencourt
Tammy Bettis
Jim Bickford
Matt Billings



Raquel Birch
Allan Birtwell
Dick Blevins
John Bodmer
April Boelk
Mike Bogdanos
Sandy Bollini



Jeff Borges
Caron Bottai
Rebecca Bowen
Debbie Bowers
Gordon Branch
Barbara Brennan
Peter Bretz



Ron Brewer
Barbara Brown
Debi Brown
Mariann Brown
Patricia Brown
Claudia Brugman
Karl Brugman



Mark Brusco
Bill Buchanan
Yvonne Buckingham
Lisa Buckman
Rosemary Bukala
Vicki Burum
Scott Cagle

1/Junior Songgirls await rescue from Mighty Bluebeards.
2/Juniors fight their way to safety.
3/Loose Lips Sink Ships.
4/Teri waves a bottle of "spirit."

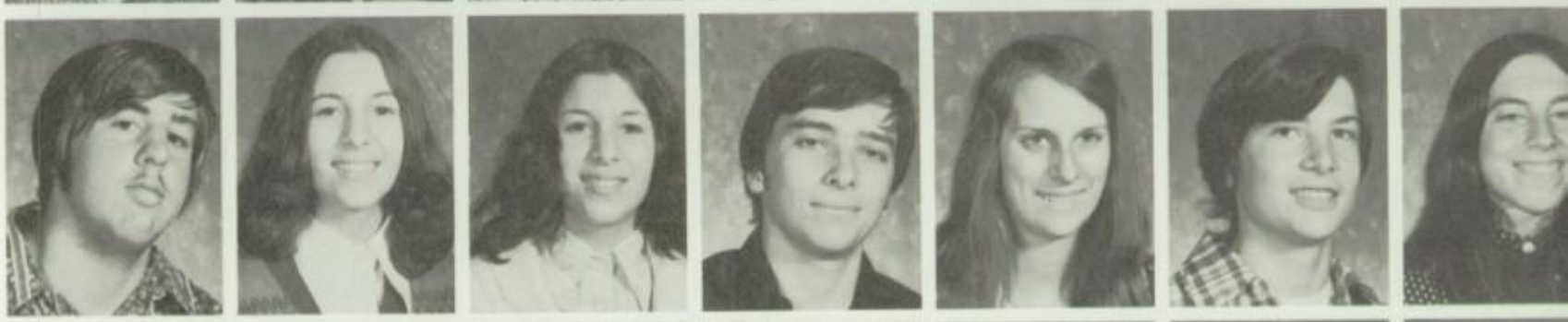




Brian Cain
Denise Calderon
Judy Callaghan
Maryann Callow
Dave Calvao
Paula Camp
Jody Campbell



Charles Cantando
Debbie Cantor
Michelle Cantor
Steve Carbonaro
Patty Cardoza
Chuck Carlson
Jan Carpaneto



Ron Cascarejo
Belen Castro
Patty Castro
Karen Chambers
Jeanette Charlton
Cindy Chimento
Karen Christensen



Bill Coakley
Linda Collier
Anne Cooper
Doreen Cooper
Kimberly Cope
Debbie Cordoza
Susan Correia

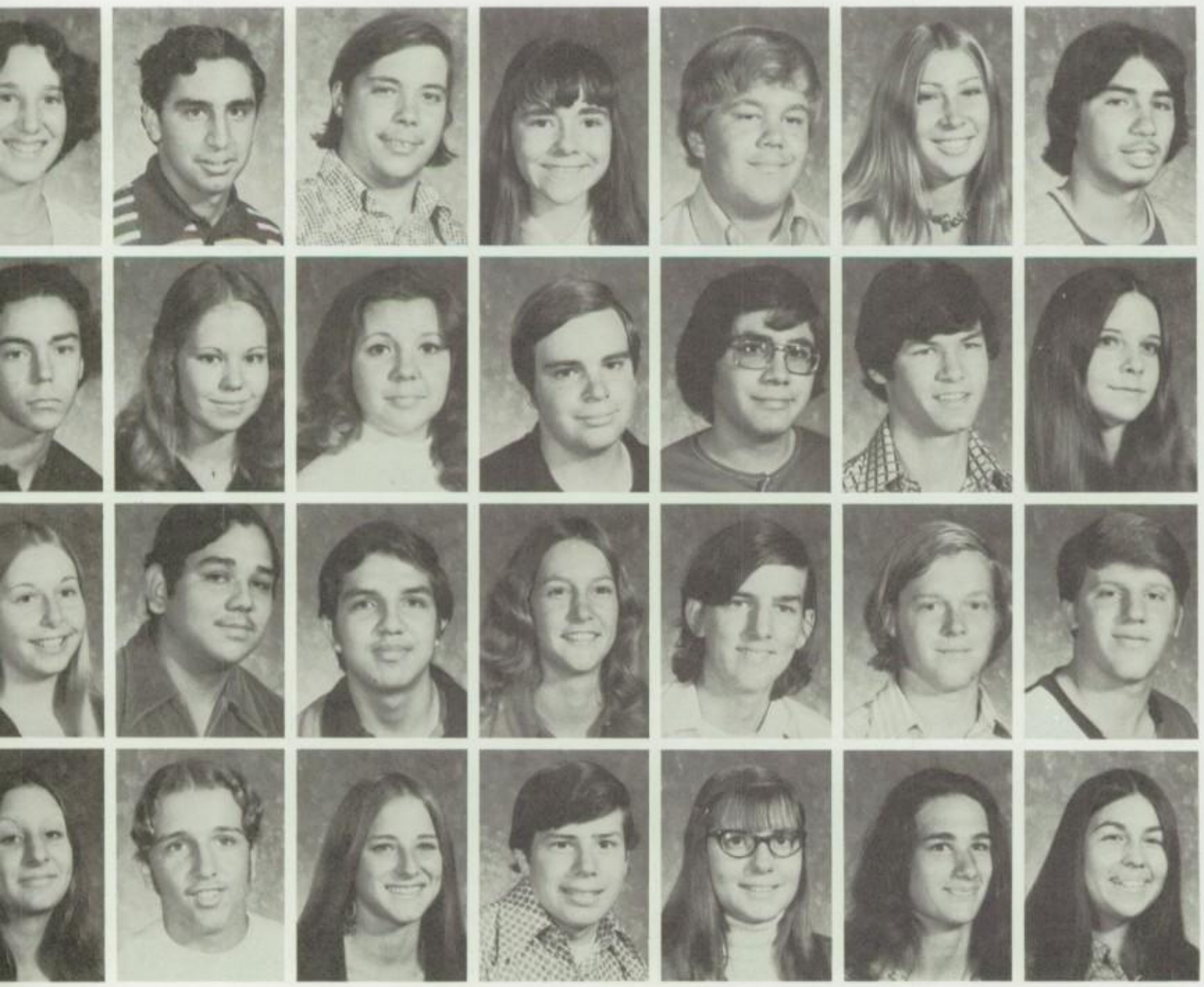


Bluebeards Recover Treasure





The Mighty Juniors of 75 showed their school spirit at their second spirit week rally. This year the Bluebeards showed their talent in a fantastic skit. Protecting the treasure the Junior Songgirls found themselves outnumbered. The Seniors jitterbugged themselves to complete oblivion and arrived with no idea what they had set out for. Then the inexperienced Sophs of 76 sunk off-shore and were stranded. This left the true blue, Junior Bluebeards to save the day. Everyone ended up happy, as the class of 75 showed its pride and rescued the others.



Wanda Correia
Ernest Correo
Gary Costello
Sandy Coulter
John Crimmins
Angie Cucchiara
Mike Cuevas

Rick Cunha
Sharon Curley
Brenda Curry
Doug Dahl
John Dalcino
David Dalton
Diane Danielson

Nancy Darvo
Adrian Davalos
Peter Davalos
Rhonda Davidson
Jeff Day
Dave De Carie
Paul Davis

Marilyn Decker
Dave De Francis
Teri De Marco
Dave De Motto
Laura Dennis
Denise De Sa
Sally De Soto

Karen Diaz
Sharon Dicker
Mariano Di Marco
Suzanne Dockery
Eileen Doyle
Charlene Drago
Vicki Drumeller
Jamie Drummond
Roland Dunn

Debbie Durham
Kathy Econome
Carol Edwards
Maureen Edwards
Mark Efigenio
Peter Eliopoulos
Dave Elliott
Steve Enos
Jeff Farmer

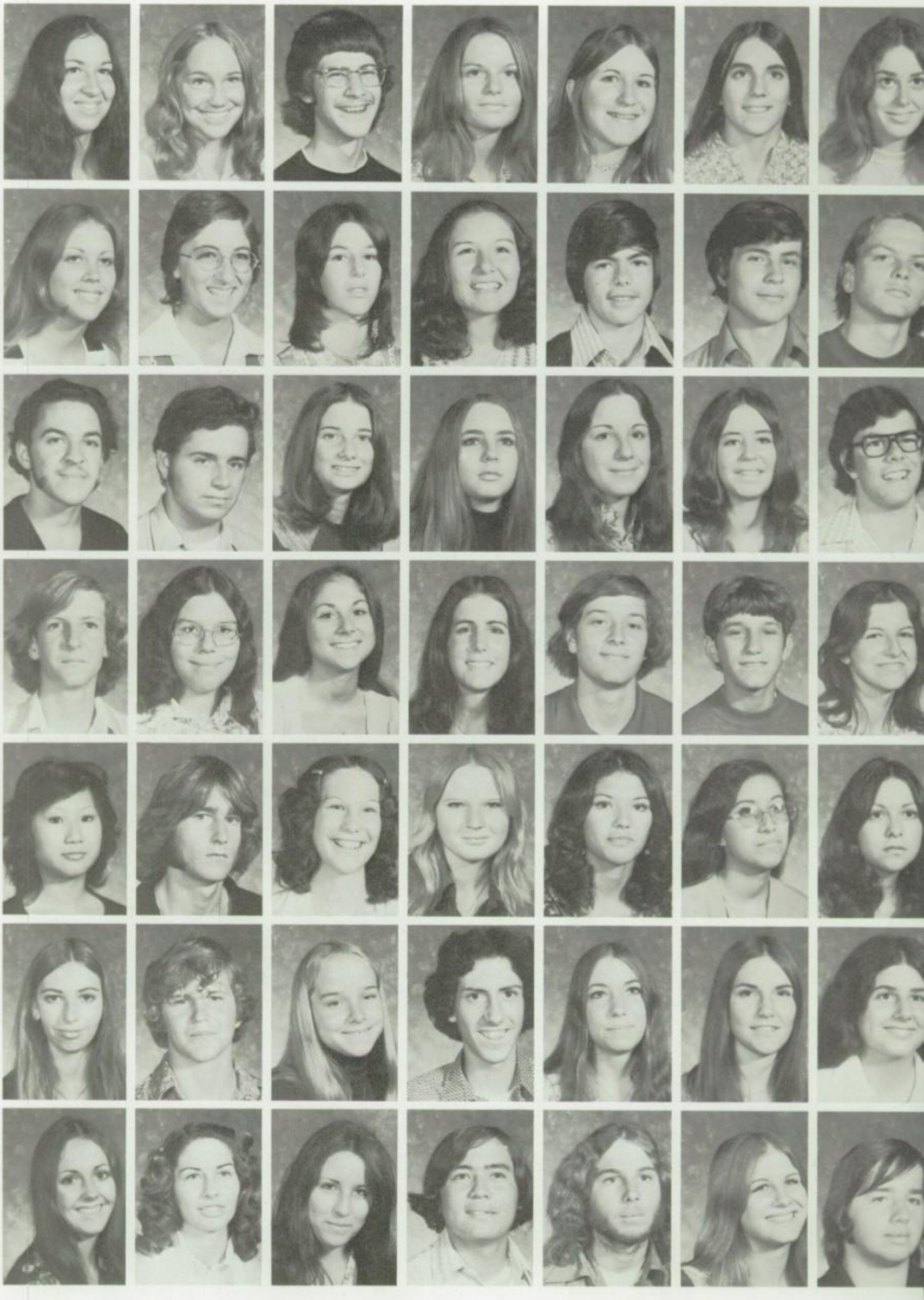
Tim Farrell
John Fazzio
Carol Fehn
Cheryl Fernelius
Karen Ferreira
Janice Flint
Anthony Foderaro
Jill Fong
Cheryl Foster

Rick Foster
Sherry Foster
Val Francisco
Diana Franks
Carl Frazier
Steve Freitas
Kathy Friesen
Laura Garcia
Glenn Gebhardt

Angela Gee
John Geis
Suzanne Genzano
Kristi Gibson
Michelle Gomez
Roseann Gomez
Debbie Gonzales
Randy Good
Patty Graves

Gail Gulino
Dan Hakala
Kathy Hall
Ron Hammond
Christy Hamrick
Lori Hanson
Cathy Hartmann
Kathy Heininge
Joann Hesseltine

Bonnie Hibl
Abbie Hill
Lucinda Hoblit
Mike Hodges
Derrick Hooven
Barbara Hottman
Linden Howe
Mary Humphries
Cindy Irwin













75's Got Pride

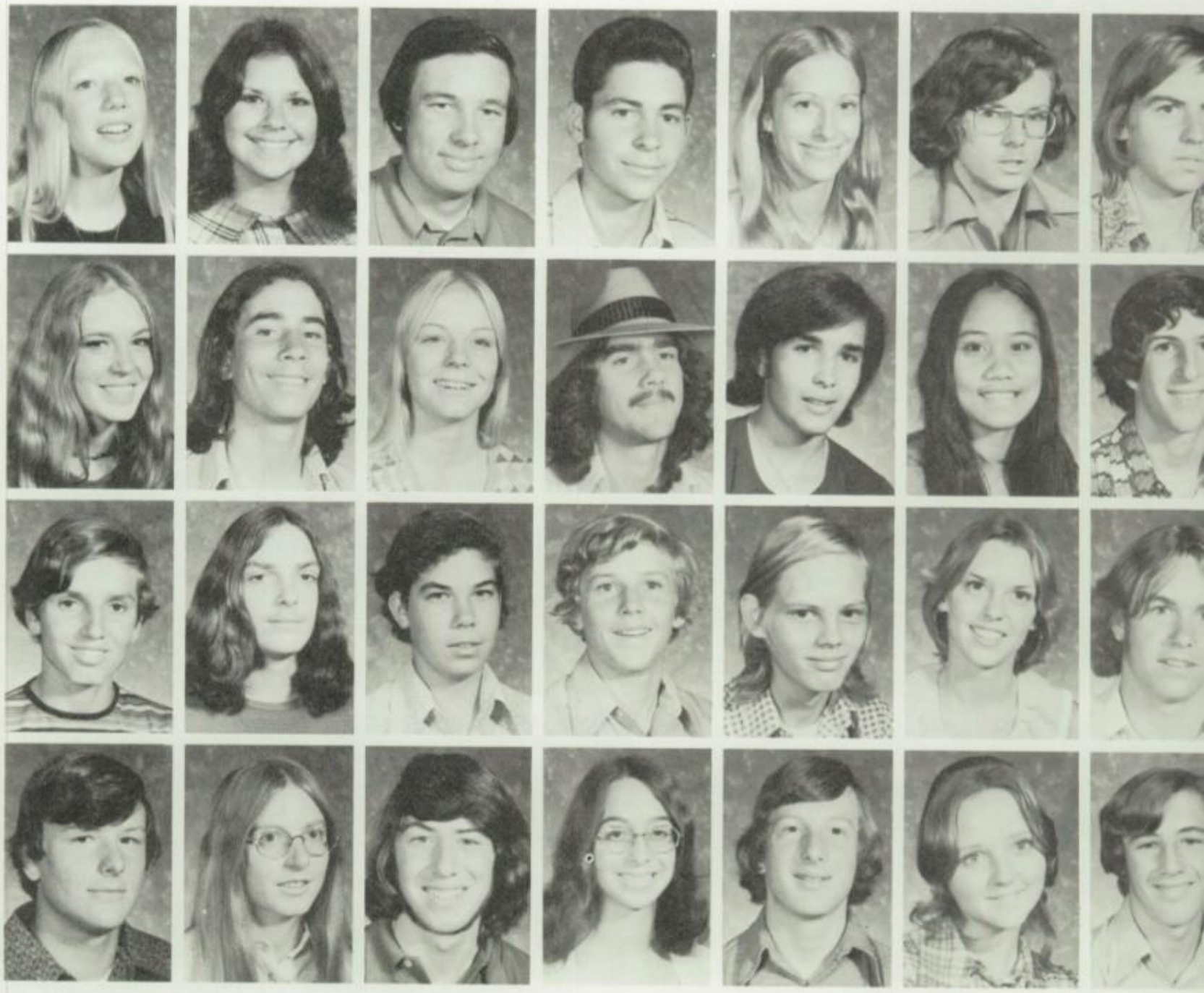
During Spirit Week Rally the Junior Bluebeards showed their spirit. They always remembered to applaud the other skits and classes. Marianne Meck (above, 1) amid a flurry of pompons, Cindy Chimento (2) pointing the way to victory, Vicki Burum (3) a determined look, and Bonnie Hibl and Pat Pastrana (4) leading a class yell.

Karen Isham
Lynn Iturbide
Dave Jamison
Mike Jeffery
Donna Jeffrey
John Jensen
Kyle Jetmore

Karen Johnson
Mitch Johnson
Cindy Johnston
Aaron Judd
Larry Jurado
Dawn Kaula
Dennis Karp

Bill Kaufmann
John Keever
Don Kezar
Bill King
Mike King
Debbie Kmieciak
Greg Knight

Mark Knight
Karen Knox
Bob Koch
Mary Kokinos
Paul Kurtzweil
Val Kysella
Dennis LaBarbera



The students of S.L.H.S. have always been a creative bunch of kids. They convey this impression in many ways. Some juniors who are "doing their own thing" are John Dalcino (1) concentrating on a hard piece of music; Mark Brusco (2) showing a girl how to make a vase; Mary Kokinos (3) taking instructions from Miss Sims; and Mike Cuevas (4) showing off a ring he made.







Pam Lam
Roxanne Lameira
Dave Lane
Randy LaRocoa
Bonnie Laubscher
Craig Ledo
Gary Ledsinger



Rick Lopes
Jeff Luccnini
Laura Lunardi
Patti Lyles
Corinne Machado
Sherrill Madrigal
Dan Maisler



Jeff Mann
Steve Marcelino
Cherie Marcum
Vicki Marlin
Richard Marquez
Susan Martens
David Martinelli



Glen Martinez
Kris Mattoon
Robert Mattsson
Alan Mayer
Teri McCollum
Sharon McColm
Larry McDonald

The Unexamined Life is Not Worth Living - Socrates





I think I could turn and live with animals, they are so placid and self-contain'd; I stand and look at them long and long. They do not sweat and whine about their condition; They do not lie awake in the dark and weep for their sins; They do not make me sick discussing their duty to God.

Walt Whitman

Clark McNally
Mariane Meck
Grant Medeiros
Mike Medeiros
Leo Meier
Tom Mendoza
Steve Mills
Victor Milton
John Moore

Stacey Moore
Richard Moore
Deena Morando
Terri Morley
Hank Morris
Joe Morrison
Dave Munoz
Julia Munoz
Aileen Murphy

John Murphy
Jody Narron
Dan Nelson
Kim Odell
Linda Oman
Laurie Onstad
Linda Osborne
Jan Owens
Dan Padfield

Larry Paquette
Pat Pastrana
Chris Paulsen
Kim Perkins
Judy Perry
Mike Perry
Mitch Perry
Kim Peters
Jean Phillips

Karen Pickett
Delilah Pierce
Lisa Pierce
Mary Pierce
Jim Pimentel
Lisa Pimentel
Marcella Piscitello
Steve Pitcher
Hugh Plankenhorn

Peter Polce
Lora Pond
Kathy Pope
Thomas Pope
Bruce Pridemore
Cindy Quintana
Ken Raburn
Sue Rasmussen
Rich Reed

Mark Regas
Bruce Reinholds
Cathy Reneberg
Janet Richardson
Sue Riis
Raegan Roach
Bob Roark
Kimo Roberts
Cathy Roberts









Curriculum Offers Creativity and Challenge

San Leandro High School can offer a student a variety of subjects to choose from. Each student is given the chance to express his field of interest. Michelle Gomez (1) laughs her way into the craft room; Stacey Moore (2) applies herself to the new Math; (3) Nancy Darvo takes another dictation test.

Lynn Roberts
Dave Robertson
Kathy Robinson



Wendy Robinson
Ray Rocha
Dave Rodriquez



Adrienne Rogers
Angie Rojas
Steve Rosefield

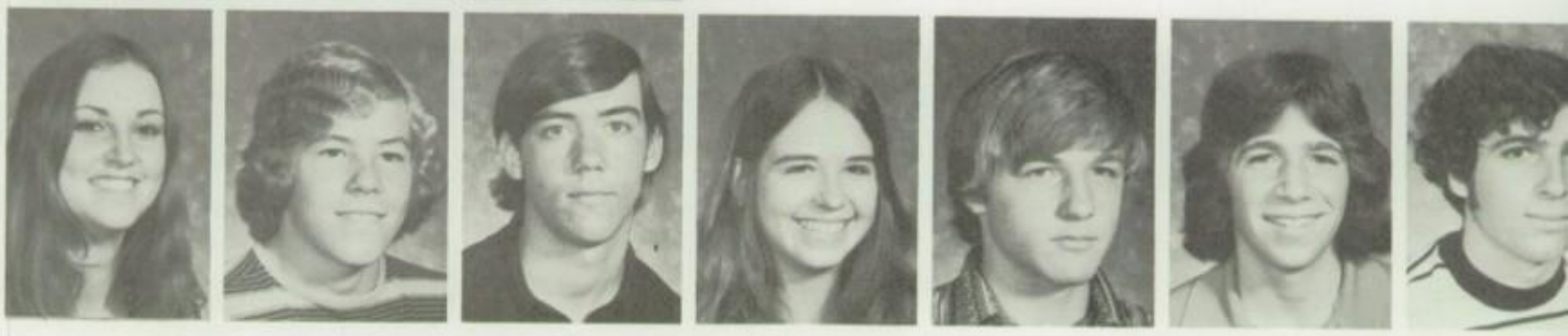


Robin Ruiz
Terry Ruiz
Virginia Ruiz





Gail Ryan
Mike Sandeen
Mike Sanders
Monica Schimmels
Kell Schmidt
Kurt Schneiber
Harold Schoenfeld



Jo Schreiber
Steve Serafini
Ramona Sewald
Bob Sheridan
Bill Shields
Kathy Sifuentes
Jeanne Silva

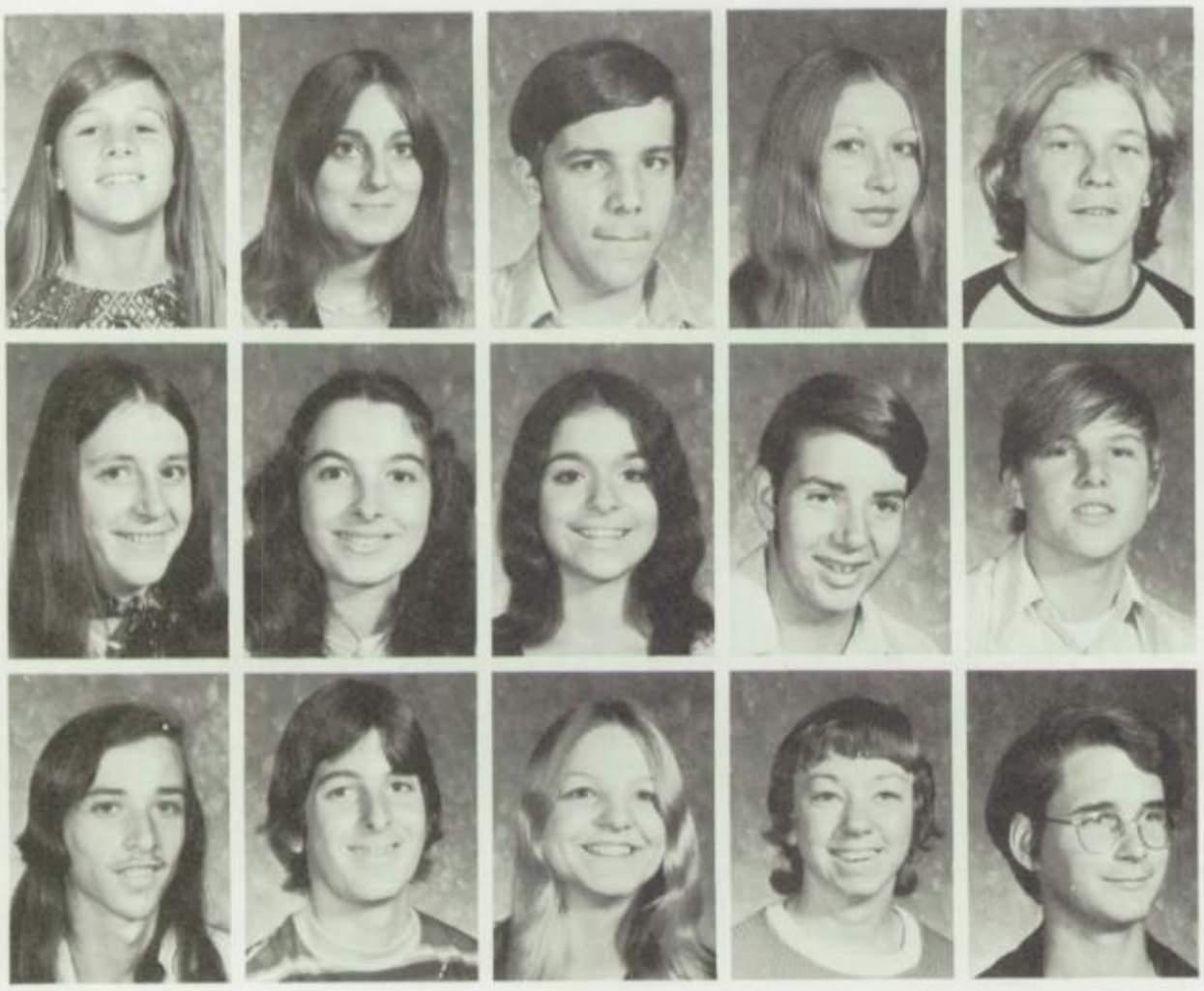


Wendy Silva
Katie Simonian
Paul Simpson
Jeff Siou
Eric Slettevold
Belle Smith
Michelle Smith





The Fall And Spring Class Board. (top row, l. to r.), Karl Brugman, Maureen Edwards, Anne Cooper, Dan Baxter, Marcella Piscatello, Mariano Di Marco, Terri McCollum, April Boelk, Kathy Yamashita, Ramona Sewald. (second row, l. to r.), Michelle Vital, Nancy Darvo, Mary Pierce, Barbara Brown, Janet Richardson, Loretta Yon, Claudia Brugman. (third row, l. to r.), Judy Perry, Bonnie Hibl, Pat Pastrana, Lynn Tierney, Kris Mattoon, Rob Wildrick, Leo Meier. (bottom row, l. to r.), Patti Castro, Denise Galderon, Sharon Dicker, Doreen Cooper, Lynn Roberts, Kathy Hall.



Diane Snavely
Jenny Snyder
Mike Soares

Tammy Soito
Georgeanna Sorba
John Sorba

Glen Souza
Linda Souza
Sue Stein

Carla Stevens
Mike Stewart
Sue St. Laurent

Kent Stompro
George Strosina
DeWayne Stuart

The Curse of Exhaustion

Sometimes, exhausted with toil and endeavor, I wish I could sleep for ever and ever; but then this reflection my longing allays: I shall be doing it one of these days.

Margaret Swart





Russell Switzer



Robin Taff
Tia Tague
Kathy Tandi

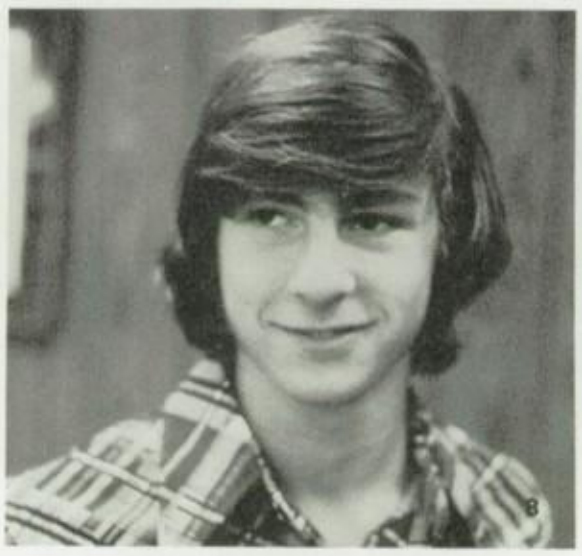








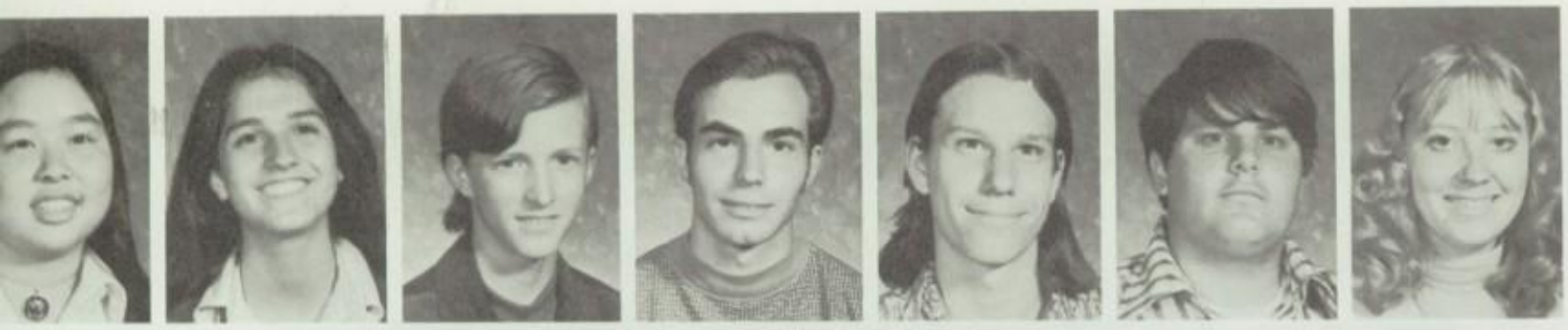
2/Fall officers, April Boelk, Vice President, Kathy Hall, President, Marcella Piscatello, Secretary, Lynn Roberts, Treasurer.
7/Terri McCollum, Spring Vice President.
8/Marc Whitman, Spring President.



Juniors Anticipate a Productive Year

The Junior class has really gone all out to raise money for our treasury. During sidewalk days this summer they had a bake and ice cream sale. After school opened they had a stationery sale which was a fantastic success. December 15th refreshments were sold during the gymnastics meet by the board members. A picture corner was sponsored during the Christmas Ball by the juniors. A carnation sale was also held. Kathy Hall has really done a lot to help our class raise money. The Junior class really deserves a congratulations on the work they've done.

Marieann Brown



Dawn Taniguchi
Laura Tavernier
Ron Taylor
Tony Tedeschi
Larry Theisen
Glenn Thomas
Gloria Thomsen



Lynn Tierney
Greg Tillson
Richard Toibe
Alan Travers
Diego Tribuiani
Dale Turner
Pete Tuttle



Charlene Uhler
Paula Valencia
Marilyn Van De Star
John Vargas
Bob Venzor
Barbara Vidales
Michelle Vital



Patti Vittoria
Vince Vittoria
Rene Viviani
Jill Walker
Tina Walker
Greg Walkup
Terry Walsh



Greg Ward
Steve Ward
Ken Weese
Carol Welch
George Wendelbo
Ellen Whalen
Marc Whitman



Kelley White
Robbie Wildrick
Dan Wiley
Tim Wilks
Jim Williams
Jane Willis
Carol Wilson



Helen Wolfe
Jim Wolfe
Debbie Woodrome
Doreen Worthington
Laura Wright
Elaine Young
John Zunino



The 1974 Legislature shows different moods as the meeting progresses.

An Active Legislature Means Success in Student Goverment

Keeping Open Campus permanently open was the main concern for this year's Legislature. The strong link between representative and homeroom was one of the reasons Open Campus has worked so well. Above all, keeping the student informed and genuine interest in important issues was this year's Legislature's strongest point.

Sometimes Student Government is more frustrating than rewarding, but the most important thing to remember is that in order to succeed, you have to keep trying.

John Acosta
Speaker of the Legislature





1/Brenda Carr waits for the vote to be taken.
2/Art Rameriez brings up a very important point.
3/Greg Hunt shows off his jacket.
4/Whats wrong now Charlie.
5/Mr. Williams, Principal, regards the proceedings solemnly.
6/Rich Avila gives his point of view.
7/John Acosta speaks to the Legislature.
8/"I'll vote for that", Brad Dressan.



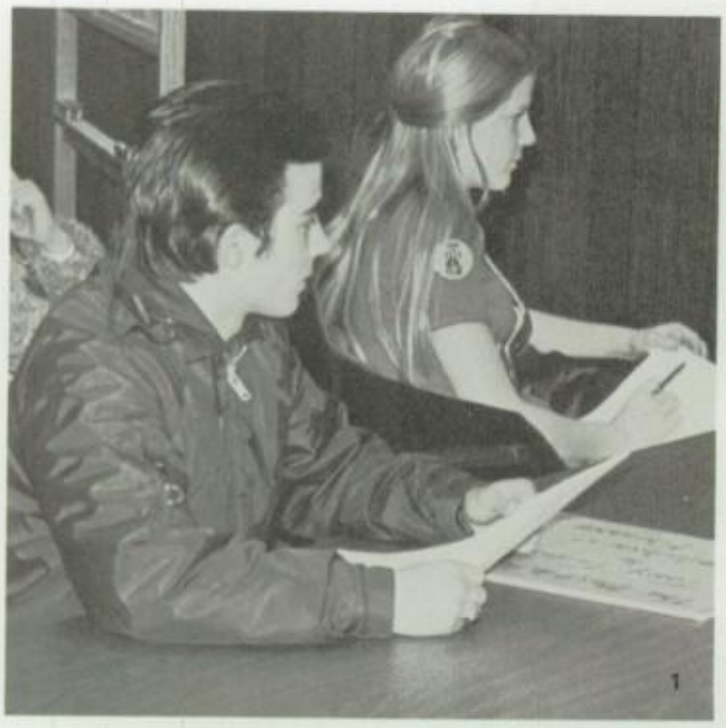






















1/Tony concentrates on the words of the speaker.
2/Debbie Omick and Craig Bettencourt greet visitors in the Student Center.
3/Fall Executive Board; back, left; Debbie Omick, Kathy Reed, Charlie Gilcrest, Dan Thayer, Craig Bettencourt, Janet Richardson, John Acosta; front, left; Bob Wildrick, Terry Nakashima, Pam McGrath, Mrs. Talley.
4/Craig Bettencourt conducts a meeting.
5/Charlie Gilcrest gives some poor soul the evil eye.
6/Spring Executive Board; top, left; Greg Hunt, Barbara Brown, Cathy Anderson, John Acosta, Rich Reed, Jack Jason, Toni Tedeshi; bottom, left; Pam McGrath, Janet Richardson, Craig Bettencourt.

Involvement in Student Government Helped Achieve Major Goals



Because of the great involvement in both the legislative and executive branches, Student Government has achieved some of its major goals, including Open Campus. Hopefully, the under graduates in future years will be able to retain this and other privileges.

For those people who were in any way involved with Student Government, I'm sure your memories will always be happy.

Debbie Omick
Executive Board Fall
Vice-President



1/Top, left: Greg Castro, Steve Waite, Ralph Brotherson, Mitch Perry, Keith Mordoff, Kelly Ng, Greg Fernandez, Donny Fowler; middle, left: Rick Damiani, John Acosta, Don Brennan, Tony Lagorio, Jim Pimentel, Dave Gray; bottom, left: Marc De Coulode, Skeeter Rivas, Ed Olivero, Jeff Mackey, Keith Rogers, Craig Bettencourt.
2/Ed Olivero, I Club President.
3/Cindy Fowler, S Club President.
4/S Club Officers; Jill Thomas, Sarah Simonian, Barbara Hidalgo, Patty Walters, Barbara Brown, Janet Richardson, Cindy Fowler.
5/I Club Officers; Jeff Mackey, Tony Lagorio, Don Brennan, Kelly Ng, Ed Olivero.
6/Top, left: Lynn Roberts, Mary Pierce, Sarah Simonian, Janet Hargrove, Di Tomatis, Alisa Rogers; middle, left: Kathy Dvorsky, Alisa Seeman, Cindy Fowler, Debbie Omick, Connie Van Leiden, Barbara Brown, Diana Franks, Carol Davies; bottom, left: Pam McGrath, Jill Thomas, Barbara Hidalgo, Patty Walters, Linda Wiebe, Janet Richardson, Debbie Hollis, (not shown) Sue Geise.









S and I Clubs Contribute

Contrary to the number of people shown in these pictures few members actively participated in S and I Club activities this year. Plans for Christmas caroling at Oak Knoll Hospital produced a lot of cookies, some fantastic brownies, but inspired only six members to participate.

The Snedigar Cottage outing turned out exceptionally well this year. The group rented a bus and was able to take twenty kids on a trip to San Francisco. We visited Steinhart Aquarium and Museum. After lunch everyone went off in their own direction. Lots of people listened to the music in the park while watching a juggling act. Someone started throwing a football, it ended up in the water and had to be rescued by one of the kids. At 2:30 we all got back on the bus and drove to another park. This park had a Merry-Go Round, swings and some very interesting people. Everyone had a good day. One little girl said the other kids would be very sorry they didn't go.

Planned for the remainder of the year are tree planting in the Sierras, a beach clean-up and possibly a 50's dance. S Club members are also very active in the community. They have collected money for the Blind, Muscular Dystrophy and the Heart Fund. At various times of the year S club helps serve at dinners and sells tickets to community functions.



Publications Classes Visit Sunset Magazine and Stanford's Communications Center

Publications classes enjoyed a special field trip this year. The 28th of February more than 50 students crowded into a bus. Our first stop was at Sunset Magazine in Palo Alto. The staff of the magazine takes pride in the appearance of the grounds and the buildings. When we walked into the lobby we got the impression that we were in a California Mission. We were assigned to a guide and began our tour. She led us to the newest addition of the building. As we listened to her talk about the history of Sunset Magazine we were able to look out over the grounds. The gardens are arranged so that by walking on the path you can "travel" along the Pacific Coast, from Mexico to Canada. After the tour ended yearbook and Cargo members were able to have their pictures taken wherever they desired.









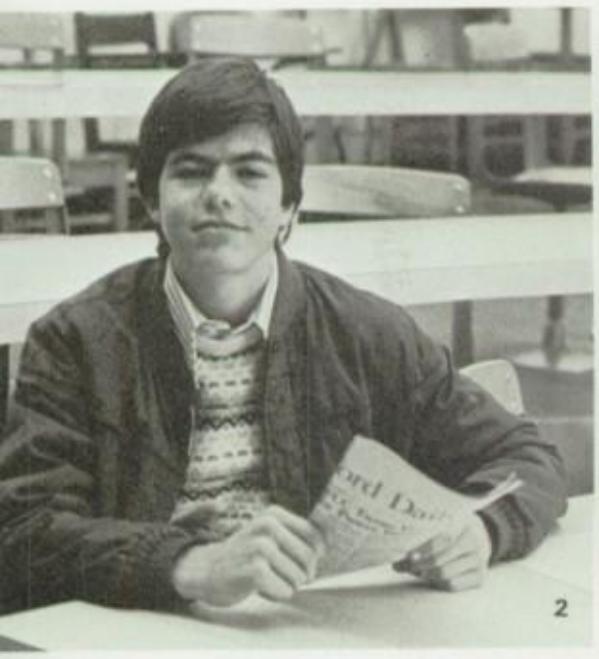


1/Page Editor and Reporter Julie Anderson smiles for a picture.
2/Lisa Piozza, Page Editor and Reporter doesn't seem to want her picture taken.
3/Dennis Karp seen through the eye of the TV camera.
4/Nick Gotelli, Reporter, shows his dimples.
5/Rich Taeke, Page Editor, poses for a picture.
6/Gina Jeffrey, Typist has her picture taken just before the rain starts.
7/Becky Curtis, Reporter and Page Editor, gives her best smile for the picture.













1/Brian Cain, Artist, picked his favorite spot for this picture.
2/Reporter Mark Efigenio stares defiantly into the camera.
3/The inner courtyard at Sunset Magazine. Many Cargo staff members had their pictures taken here.
4/Jo Schreiber, typist, glances up into the trees.





Yearbook Staff members visited Sunset mainly to see how the magazine was put together. We were all surprised when we were told that it is printed in Chicago. Although we didn't see that process, we did learn a lot about what goes into the magazine. And what effect the publishers want the magazine to achieve. Achieving the desired effect is important in a yearbook, also. Sunset is a straight forward-how to do it-magazine. A yearbook is a more entertaining book.

The main objective this year was to be creative in the presentation of the pictures and copy. More importance was put on copy than in the past. You can't make a yearbook without pictures or without copy which "completes the picture". Pam McGrath, Clubs Editor.





Complimentary Copy and Pictures Achieve the Desired Effect















1/Carolyn George (Editor) contemplates the past year.
2/Debbie Bowers (Faculty) laughs for the photographer. 3/Paula Camp (Special Events) poses for a picture.
4/Linda Osborne (Sophomores) smiles for the picture.
5/Steve Marcelino (Photographer) finds himself on the other side of the camera.
6/Diane Ross (Copy Editor) tries to concentrate on the speaker.
7/Kelly McGuire eyes the camera or the photographer?).
8/Candy Neusome (Seniors) and Jamie Drummond work on the index.
9/Cheryl Artru (Faculty) and Carol Barrett listen to the speaker.
10/Junior Staff: (l to r); Joyce Newell, Kelly McGuire, Carol Barrett, Jeff Exline, Carol Dean.

Staff Members Learned About Many Different Types of Communications













1/Jamie Drummond (Juniors) stops along the "Pacific Coastline" at her favorite spot.
2/During the bus ride Lynette Furtado finds something funny.
3/Carol Dean gives up avoiding the photographer and just smiles.
4/Jeff Borges (Sports Co-Editor) does his homework while waiting for the bell.
5/Pam McGrath (Clubs Editor) discovers the photographer while picking a flower.
6/Business Manager, Diana Franks works on the Advertising Section.
7/Laura Tavernier (Photographer), "Thanks a lot Steve".
8/Junior Staff gather for a picture; (l to r); Kathy Perry, Lori Demotto, Annette Viera, Lynette Furtado, Karen Winding.
9/An announcer and Mrs. Grove (Advisor) direct their attention to the TV camera.
10/Mitch Perry (Sports Editor) Another Burt Reynolds?















From Sunset Magazine we traveled to Stanford. We were allowed an hour for lunch, (Which actually worked out to about 20 minutes). As we walked across campus to get to the Cafeteria, we were constantly threatened with rain and bombarded with sand filled air. The walk back was much easier because the wind was going our way. At Stanford's Communications Center we learned about the different literary groups on campus. Particularly the daily newspaper and the TV Station. At the station an announcer played back a tape of a newscast which had been unrehearsed and had a few choice errors in it. By the time we left Stanford it had finally begun to rain. Most everyone was quiet during the ride home-there was a lot of reminiscing to do.



1







6



7

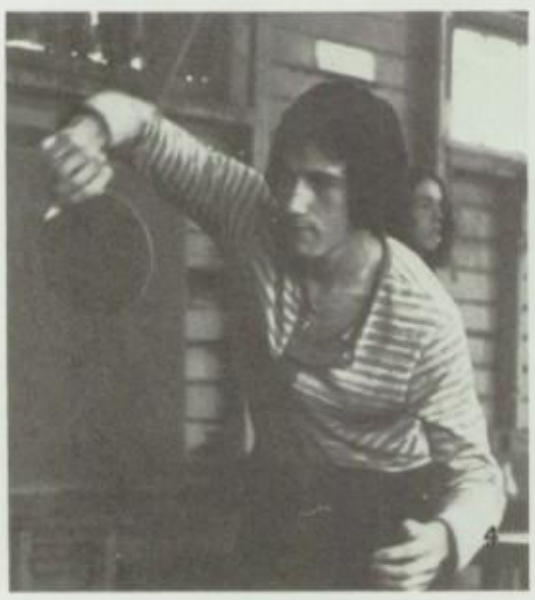
Longer Lunch Gives Members More Time to Participate in Clubs



Concilium was full of activities this year, these four clubs were just a part of all the action. One of the most successful events was a 50's band. Everyone enjoyed them, especially the Seniors who used the 50's as their theme during Spirit Week.

Mr. Ausmus kept room 109 open during every break for any chess club members who wanted to play a quick game of chess. The Ping Pong Club was very active this year. Everyone was able to play during lunch after noon time activities began. This made more people interested in the club. Both the film and photography clubs covered Spirit Week and for the first time it was filmed in motion.











1/Leo Meier sees his next move.
2/Film Club gathers for a picture. (left to right): Marilee Cox, Stephanie Vlasak, Mr. Stern, Tula Young, Diana Riley, Rich Web.
3/Ping Pong Club Officers: Paul Simpeson, Kim DeVaul, Dan Thayer.
4/Dale Turner shows his form.
5/Sue Hutchinson returns the serve.
6/The Chess Club members concentrate on their games.
7/Gorden Levack tries to be comfortable while he plays.
8/Dan Thayer concentrates on returning the ball.
9/The Photography Club poses for a shot. (left to right): Rick Emery, Roger Mack, Dan Thayer, Steve Marcelino, Mr. Dann.

San Leandro Youth Theater Performs for the Community

1/Mama (Maureen Edwards) warns her daughter Raja (Ruth Goldhor) about the impending Nazi invasion of Prague. (Photo by Jon Campbell).
2/Maryanne Gomes looks on as Irena Synkova (Susan Rockwell) watches for the SS Men, protecting her wards. (Photo by Jon Campbell) (cont.)













3/Papa (Russ Gebhardt) discusses with son Pavel (John Lauper) the financial burden laid upon the family. (Photo by Jon Campbell).
4/Honza (Mariano Di Marco) and Raja share a moment together. (Photo by Steve Goldhor)
5/Children of Terezin. left to right: Maryanne Gomes, Diane Ross, Dana Desonie, Jacque Fernandez, Elizabeth Jenike) (Photo by Steve Goldhor)
6/Honza and Raja walk through the fields back to the barracks. (Photo by Steve Goldhor)
7/Cast of SL Youth Theatre's "I never saw another Butterfly" poses briefly for a group picture. (Photo by Jon Campbell).
8/Prisoners of Terizin Concentration Camp, all children, pick wildflowers during an unguarded moment, (left to right: Elizabeth Jenike, Maryanne Gomes, Ruth Goldhor) (Photo by Steve Goldhor)





This summer San Leandro Youth Theatre presented two productions: "I Never Saw Another Butterfly", an historical account of the treatment of the Jews under Adolf Hitler's Third Reich, was presented July 26th, 27th, and 28th at the San Leandro Veterans Memorial Building, and "The Sorcerer's Apprentice", a children's musical fantasy, was presented at the San Leandro Community Library Lecture Hall September 14th and 15th. Profits from the former went to the Alameda County Association for the Mentally Retarded.

Performers were predominately S.L.H.S. students and alumni. The productions were directed by Rick Simas, asst. directed by Ellen Campbell, with Julia Mc Hugh as Stage Manager and Laura Dennis as Prop and Costume mistress.—Rick Simas


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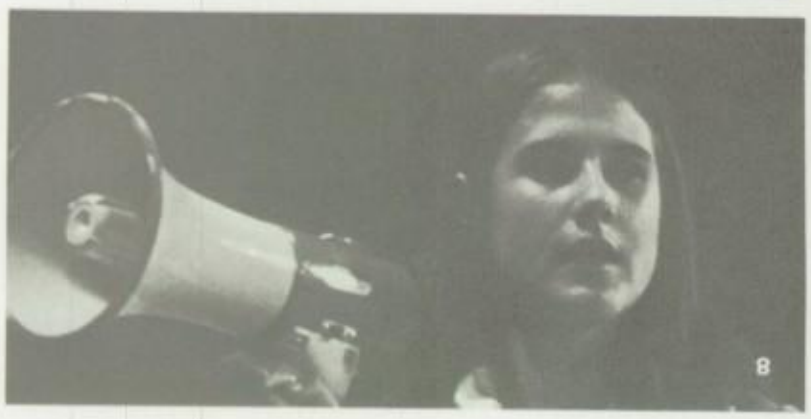

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1/Doreen Cooper shows her approval.
2/Alisa Seeman shows her dimples.
3/Connie and Patty seem pleased.
4/"Come on!" says Karen Robinson.
5/"Yeeeeeeaaaaah!"
6/"Oh!" (Patty Walters)
7/The Rally Squad does "Horse" during a football game.
8/Sarah Simonia (Pirate) concentrates on the game.
9/Cat Hartman finishes the cheer.
10/Here's hoping (Val Francisco).

"Friends We'll Always Be"

Words cannot express the joy I've experienced with our 73-74 cheerleading squad. One of the greatest joys was having six unique individuals unite into one fabulous spirited squad. Our squad is one of the best to ever come out of S.L.H.S. The thrills of winning the second place at Omega will never be equalled. At camp we were victorious also, winning a spirit stick and a Superior trophy for which 110 squads competed and which only seven schools received. I can't express how proud I was. All that practicing, criticism, and hard work was worth it. I want to thank each of you for the support, enthusiasm, and dedication you have brought to the squad.

Karen brought great understanding, sentimentality and structure to our group. Doreen contributed great finales of flips and flops. Val gave tremendous support to our teams and great ideas for new cheers. Cat, your enthusiasm and brainstorms come at just the right time. Alisa, your determination, dedication, and smiles inspired and united us. I am proud to be part of this great squad. I feel we truly worked, laughed, cried, and cheered TOGETHER. We especially loved cheering for such fantastic athletes. Their thoughtfulness and appreciation were our great reward.

Love, Patty



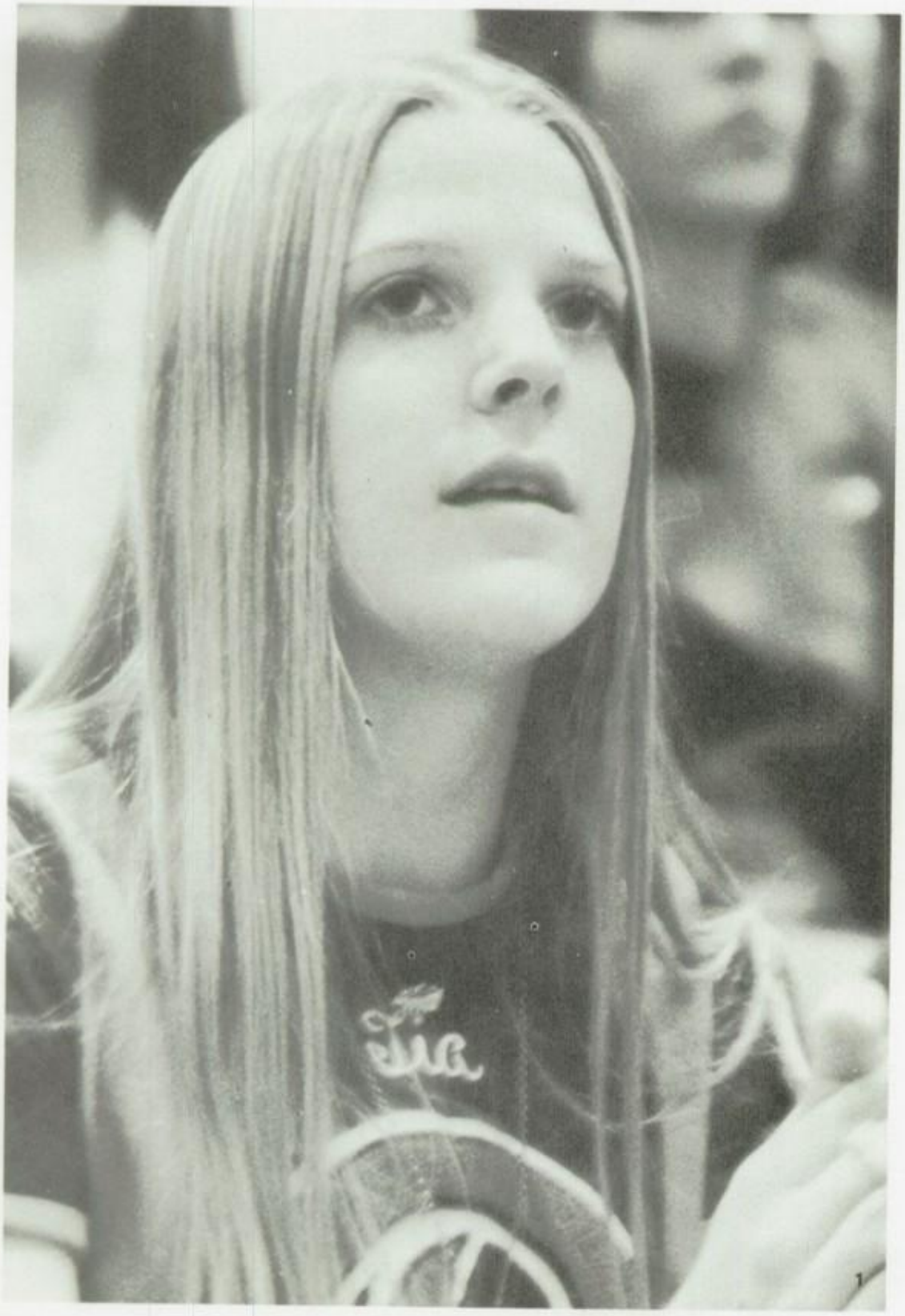
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Left, Right, Left-Right-Left

To the great hand cuties: Thanks for all of the memories. We had many happy ones. Camp for one was one of the weirdest experiences I ever had, Tia and her dog, Jody with her guitar, and Melba writing letters by bathroom light. The curfew and rules didn't stop us since we were up until midnight almost every night and what about the guys we took through the dorm? Yes, camp was a lot of fun. As the year progressed we learned a lot about each other. Margaret was our comedian, always keeping us laughing, Terry the worrier was always around to help, Diana, very dedicated and a bit of a comedian herself, and Marrianne who, which we learned, has a powerful punch when she is upset.

Everything considered it has been the happiest year of my life. Good luck to all of you.

Love, Diana (Di) Head Lettergirl





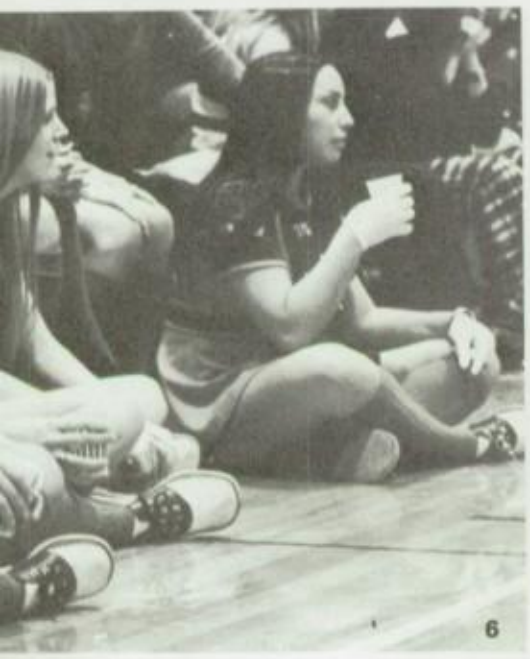
















1/Tia Tague watches the action.
2/Marianne Kaksonen glances at the scoreboard.
3/Diana Tomatis reacts to a good play.
4/Melba Ellis smiles for the camera.
5/Diana Franks is jubilant.
6/The girls study the songgirl routine.
7/"Go!" (Margaret Swartz).
8/Terry Zunino looks down court.
9/Jody Campbell tries to keep warm.















1/Linda Wiebe just before a basketball game.
2/Missy Bauman, a moment of solitude.
3/Go, Go, Go, Go, Go . . .
4/"Oh, No!" (Sue McGee)
5/Jill Thomas performs at halt time.
6/Jeanne Silva (football only) prepares to begin a cheer.
7/Linda and Connie Van Lieden watch the action.

Songgirls Perform With Spirit, Grace, and Energy

It's hard to leave such a big portion of my high school years behind. I think I speak for all the girls on the Rally Squad when I say that if a person were not a songgirl, lettergirl, Pirate, or cheerleader, what would she do? So much time and effort go into the job it's hard to imagine doing anything else. But it's all worth it. Now I can look back and see just how much the girls and I have grown from constantly working with each other. I feel it has been the most beneficial part of my high school years. Not only have we all had a taste of responsibility, we've made a lot of new friends. I think all of us have learned a very important part our education. Without understanding, cooperation, and compromise, little can be accomplished.

Someday I hope the 1973-1974 Songgirl Squad will get together again and reminisce about this very special year. I know we would have a few laughs about the wierd things we did, not only at camp, but during the whole year. The one thing, however, that I hope we all realize is that not only were we a terrific squad together, but we learned a little bit of what life is all about—getting along with people.

—Linda Wiebe, Head Songgirl



Corinne Machado's white gloves and collar make her very easy to distinguish at the night football games.

SCORES

S.L. Junior Varsity	42	vs.	Castro Valley 6
S.L. Junior Varsity	6	vs.	El Cerrito 12
S.L. Junior Varsity	0	vs.	Harry Ells 38
S.L. Junior Varsity	6	vs.	Kennedy 0
S.L. Junior Varsity	0	vs.	Richmond 28
S.L. Junior Varsity	12	vs.	Alameda 24
S.L. Junior Varsity	14	vs.	Encinal 12
S.L. Junior Varsity	28	vs.	Pacific 6
S.L. Junior Varsity	32	vs.	Berkeley 6







Team Picture (l. to r.)
Bottom row
Chuck Cantando
Terry Ruiz
Mark Regas
Ron Montero
Dave DeFrancis
Ernie Correo
Rene Viviani
Bob Murray
Harold Schoenfeld
Mike Perry
Paul Davis
George Wendelbo
Rick Cunha



What an Ending

A strong finish at the end of the season was definitely the highlight of the Junior Varsity year. In the last two games, both Berkeley and cross-town rival Pacific were handed untimely and disastrous defeats by the inconsistent Pirates. The J.V.'s scored 28 or more points against each of the losing opponents, and held their respective, unfortunate offenses to less than 7 points. This dramatic outcome of a not-so productive season, fairly describes the type of team Coach Hidalgo handled this year. The team's play varied as much as the weather. One week they would look very good and enthusiastic, but the next week they would look absolutely pathetic. Nevertheless, this on and off, weekly change finally ended barely above the .500 mark; thus proving the J.V.'s to be a better than average football team. Like all better than average teams the Junior Varsity carried better than average players. Greg Knight, Jim Schmidt, and Kent Stompro provided a well balanced running attack. After a little adjustment, Quarterback Ron Montero was doing an exceptional job as signal caller. Lineman Paul Davis, Bob Roark, Chris Reynolds, and Art Ramirez exploded their needed power for the protection of the running backs. At wide receiver, Chris Paulson made spectacular catches which proved his hands were made of more than just flesh and bones. Linebacker Barney Santos and Defensive Back Rick Cunha each added strength to the defense at important times. The outlook on next year's season is hopeful. The J.V.'s will be ready.





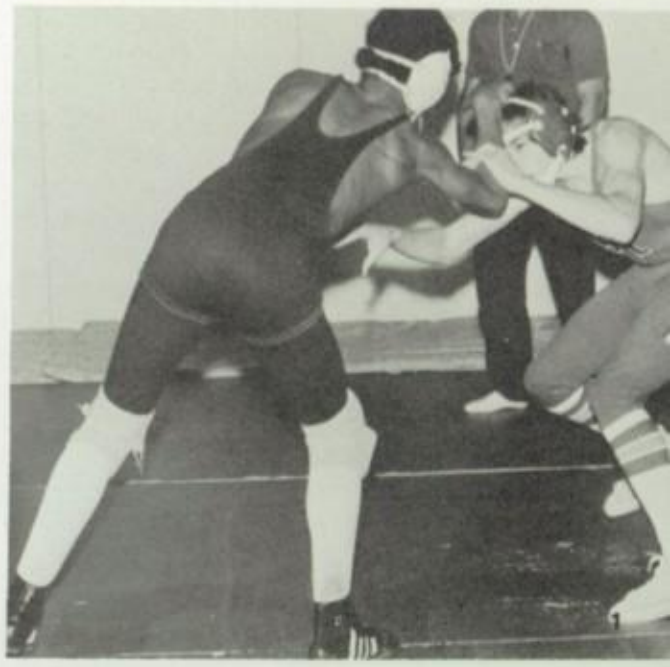
Team Picture (l. to r.)

Middle row
Bob Atthowe
Dave Lane
Mike Sanders
Ross Yamamoto
Linden Howe
Dan Maisler
Matt Billings
Dave DeMotto
Mark Manos
Jim Gomes
Kent Stompro
Mike Cuevas
Dave Calvao
Mike Stewart
Steve Carbanaro
Dave Robertson

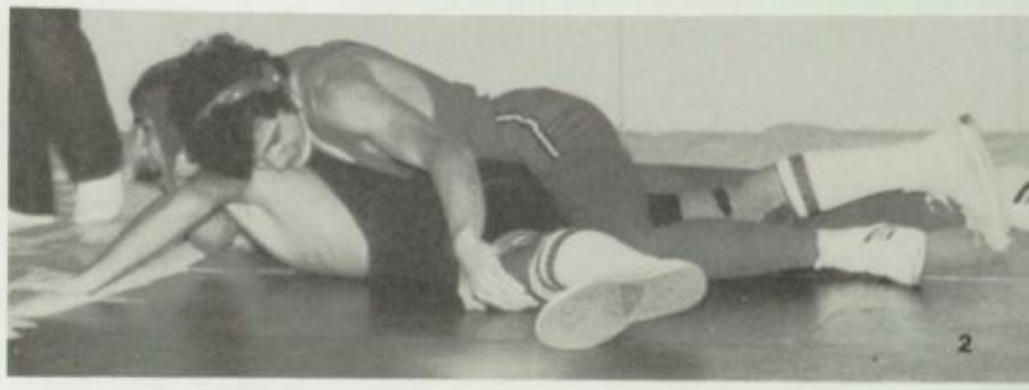
Top row
Steve Rosefield
Hugh Plankenhorn
Rick Lopes
Jay Miller
Dan Hakala
Fred Fleming
John Vargas
Chris Paulson
Dave Rodriquez
Jim Pimentel
Mitch Perry
James Bickford
Randy Good

1/Kent Stompro dodges between the hash marks.
2/The S.L.-El Cerrito "pit."
3/Jim Pimentel outraces the Spartan linebacker.
4/Clear sailing for Greg Knight.
5/Mike Cuevas totally sticks the Gaucho fullback.





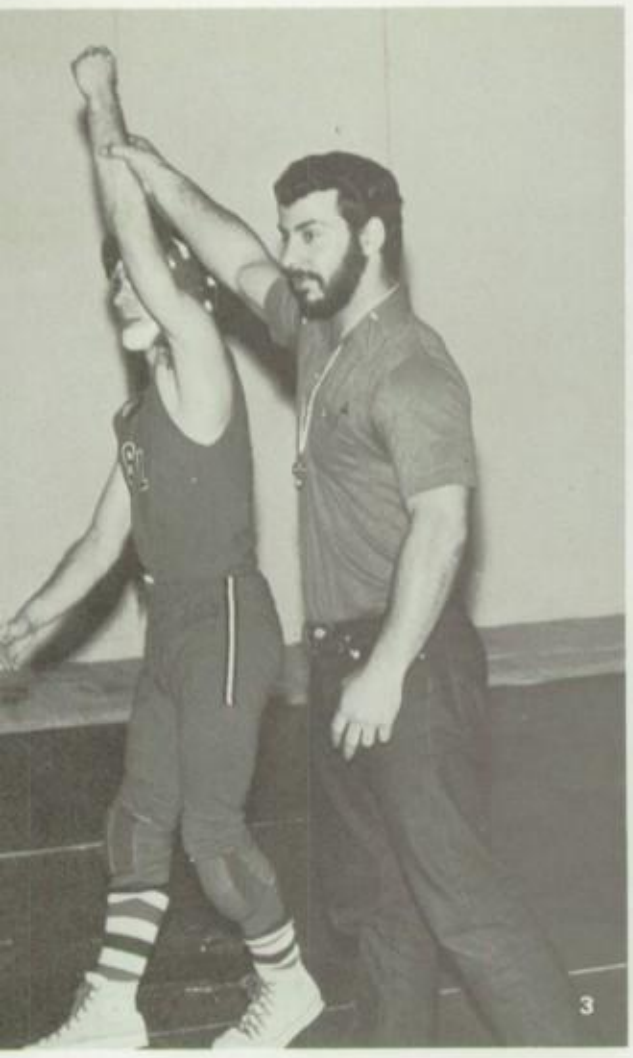
1/Rich Reed prepares for the right move.
2/Joel Osias' opponent seeks recovery.
3/The raised arm of victory for Tony Tedeschi.
4/Dave Farnsworth makes pretzels.



Impressive Mat Men

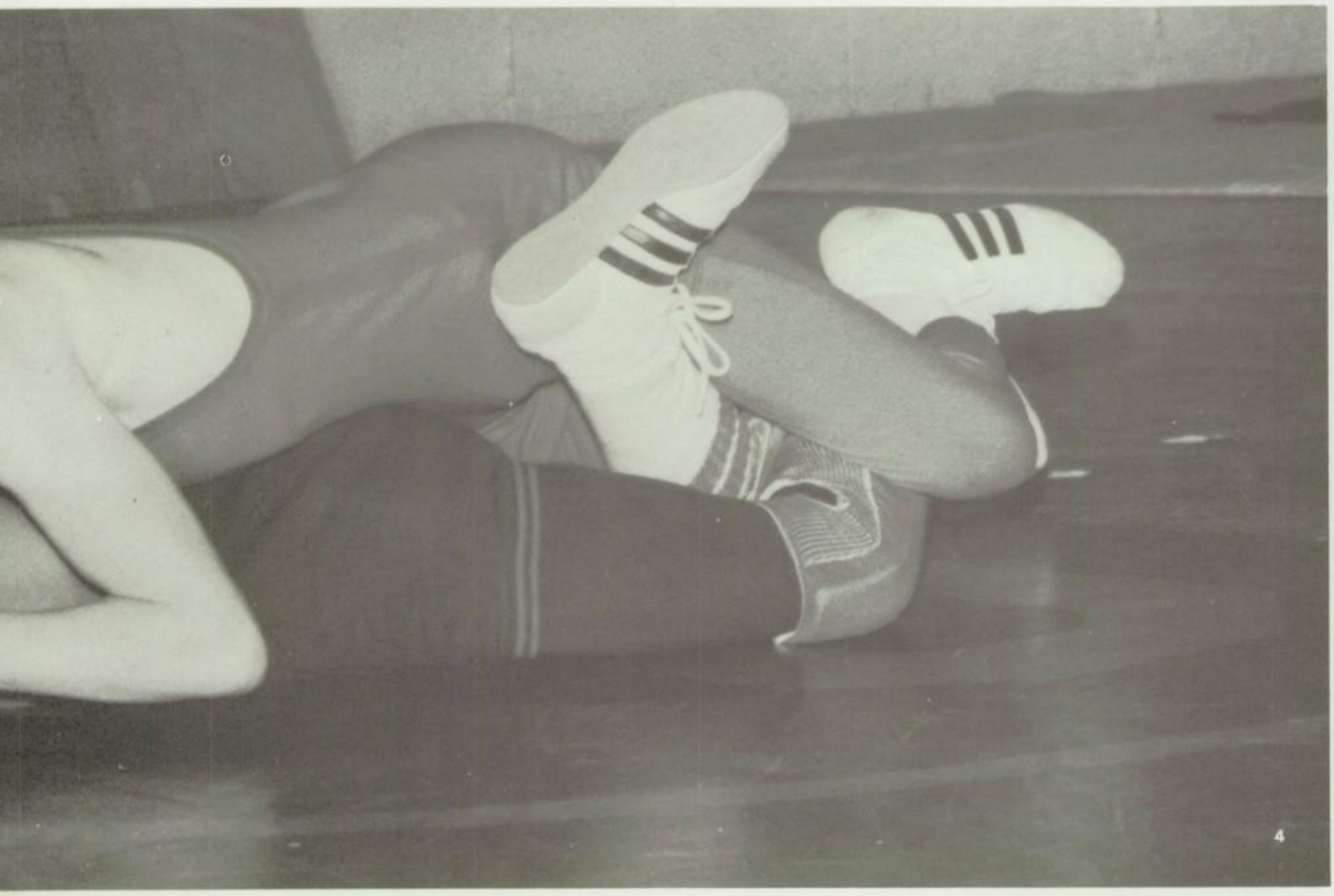
A young and inexperienced Junior Varsity Wrestling team composed mostly of sophomores pulled out a winning season of 8-5-1. Guided by Coach Miller, the team's sophomores came a long way by means of improvement throughout the season. Outstanding performers for the J.V.'s included both sophomores and juniors. Grapplers turning in fine seasons were Guy Mirisciotta, Joel Osias, Rich Reed, Dave Farnsworth, and Tony Tedeschi. Unfortunately, the team defaulted many matches during the season. The defaults could turn the score around completely, and many times they determined the winner of a meet. Without these defaults, the team surely had a chance for the championship.







The 1973-74 J.V. Wrestling Team: Top row (l. to r.), Nathan Bird, Guy Mirisciotta, Doug Dahl, Fred Fleming, Ron Eastin, Gary McKinley, and James Jensen. Middle row (l. to r.), Tom Ryan, Doug Anderson, Rich Reed, Dave Farnsworth, and Pete Raab. Bottom row (l. to r.), Neil Cohn, Bruce Caldwell, Tony Tedeschi, and Rodney Louie.



J.V.'s Fast Breaks Win Games

Coach Rich Soares is proud of his never-say-quit, fast moving Junior Varsity basketball team. What the team lacked in height, they certainly made up with hustle. Using their fast-break offense as their "number one" weapon, they turned the tables on teams which were tall and known for their speed. If the team did not win, they never gave up. Fine individual games were not common in any single player, for they were shared by starters Kell Schmidt, Chris Paulson, Kurt Schneiber, Jeff Mann, and Dick Blevins. The well developed bench squad was also responsible for some above average performances. Filling out the rest of the team were Mark Efigenio, Jay Miller, Mitch Perry, Kent Stompro, and Dave DeFrancis. Their 8-6 league record indicates a season of struggle. Nevertheless, brought together by a thoughtful coach, the team was proud and had fun.



The 1973-74 J.V. Basketball Team: Front row (l. to r.), Mitch Perry, Mark Efigenio, Kurt Schneiber, Kent Stompro, Dave DeFrancis, and Bob Atthowe. Back row (l. to r.), Chris Paulson, Kell Schmidt, Dick Blevins, Jeff Mann, Arion Alston, and Jay Miller.











1/The Bucs strip a losing Viking of the ball.
2/Chris Paulson launches for a jumper.
3/Bob Atthowe slides to the baseline.
4/Kell Schmidt sneaks in for the lay-up.
5/"Woodrow" Schneiber splits a Viking in two with his fake.

1/The 1974 Junior Varsity Baseball Team: Front row (l. to r.), Rick Newkirk, Dave Dillon, Jess Estrada, Kurt Armstrong, Ron Montero, Steve Manos, Larry Benterou, and Carlos Ferreyra. Back row (l. to r.), Coach Dunche, John Lathrop, Don Smith, Dave Munoz, Mitch Perry, Jim Pimentel, Dave Elliot, Greg Pauline, Jeff Robinson, Jim Schmidt, and Art Dominguez.
2/A quick pivot by Kurt Armstrong nails the runner at second base.
3/Jim Pimentel hits the cut-off man after a running catch.
4/Dave Munoz cuts off a base stealer.
5/A looonnnggg stretch by Dave Elliot.







Chance for a Championship

The 1974 Junior Varsity baseball team is out to make 1974 a fourth consecutive A.C.A.L. championship season. Although the team is short on returning veterans, the sophomores seem capable of filling the gaps. Coming back from last year's A.C.A.L. championship team are junior veterans: outfielders Jim Pimentel, Mitch Perry, and Jeff Mann; third baseman Kurt Armstrong, first baseman Dave Elliot, and Catcher Dave Munoz. These veterans, along with sophomores Rick Newkirk, Jim Schmidt, Ron Montero, and Art Dominguez bring to S.L.H.S. a chance for another notch on the championship belt, and surely an exciting season.





Tracksters Provide Stiff Competition

Led by Steve Freitas, Rene Viviani, and Larry McDonald in the pole vault, Mark Efigenio and Jay Miller in the high jump, and Tom Rosefield in the long and triple jumps, the Junior Varsity track team seems capable of having the best season in recent years. The field events are backed up by sprinters John Lauper, Greg Ward, Mike Medeiros, and Steve Enos, hurdlers Dave DeMotto, Ernie Correo, and John Vargas, middle distance men Clark McNally and Dan Padfield, and long distance runners Jeff Farmer, Bill Kaufmann, and Bruce Caldwell. With an experienced and predominantly junior team, the S.L.H.S. J.V.'s should provide stiff competition for the established powers of the A.C.A.L.





1



2



The 1974 J.V. Track Team: Front row (l. to r.), Clark McNally, Brian Howard, Bruce Caldwell, Ernie Correo, Jeff Farmer, Steve Freitas, Larry McDonald, Greg Ward, Mike Chandler, Diego Tribiani, Steve Enos, Pete Tuttle, and Brian Welch. Middle row (l. to r.) Don Decker, Dalton Paxman, Jose Ringor, Jim Vasconcellos, Clyde Sena, Dan Hakala, Bill Kaufmann, Chris Reynolds, Art Furtado, Mike Medeiros, Bob Murray, Rene Viviani, Don Fowler, and Gary Ledsinger. Back row (l. to r.), Keith Garcia, Everette Quadros, Glen Martinez, Dan Padfield, Mark Efigenio, Jay Miller, Tom Rosefield, Bill Buchanan, Greg Knight, and Dick Atthowe.







1/Chris Reynolds muscles the shot up into the air.
2/Coach Miller in bewilderment.
3/Marc Whitman catches up with the pack.
4/Greg Ward slows up after a grueling race.
5/Dennis Carp starts his conditioning.

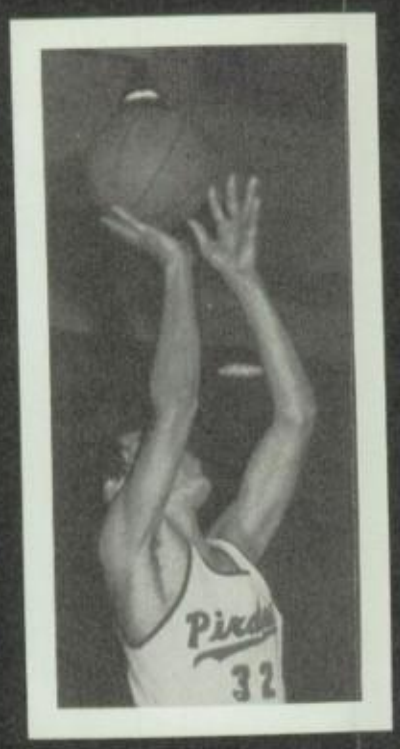
AWAKENED

As the light shines brighter and brighter illuminating the darkness, the mumblings turn to words, the blurred images become clear vision. There is a sense of completion, of wholeness yet awareness of doors opening further on. Is this finality or is it a beginning? Enriched with past successes, one welcomes new experiences, knowing that this is what the searching leads to.

We must learn to reawaken and keep ourselves awake, not by mechanical aids but by an infinite expectation of the dawn, which does not forsake us in our soundest sleep. I know of no more encouraging fact than the unquestionable ability of man to elevate his life by a conscious endeavor. It is something to be able to paint a particular picture, or to carve a statue, and so to make a few objects beautiful; but it is far more glorious to carve and paint the very atmosphere and medium through which we look, which morally we can do. To affect the quality of the day, that is the highest of arts. Every man is tasked to make his life, even in its details, worthy of the contemplation of his most elevated and critical hour. If we refused, or rather used up, such paltry information as we get, the oracles would distinctly inform us how this might be done.

—Henry David Thoreau, WALDEN



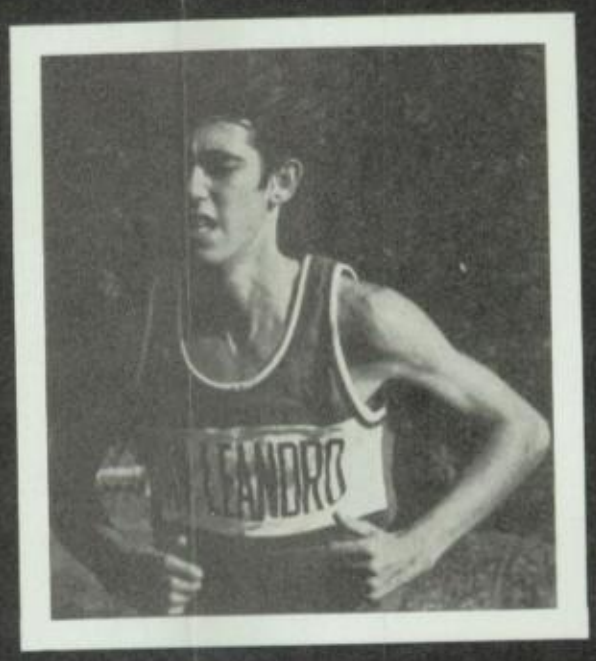

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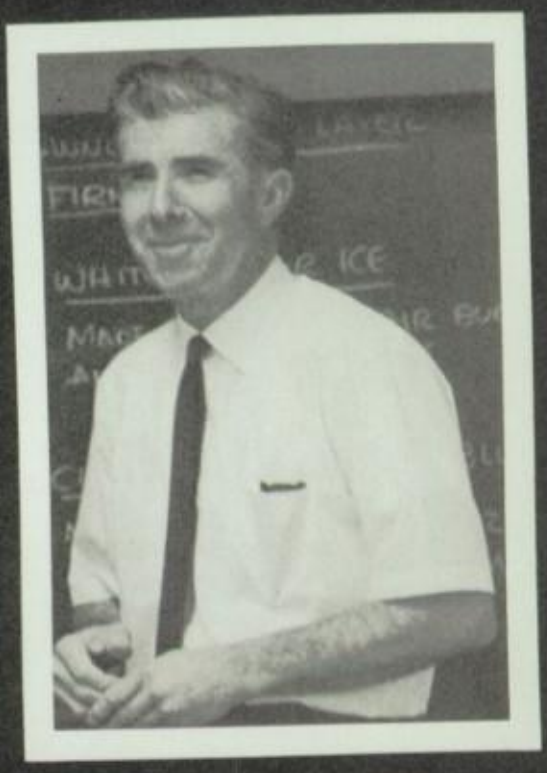


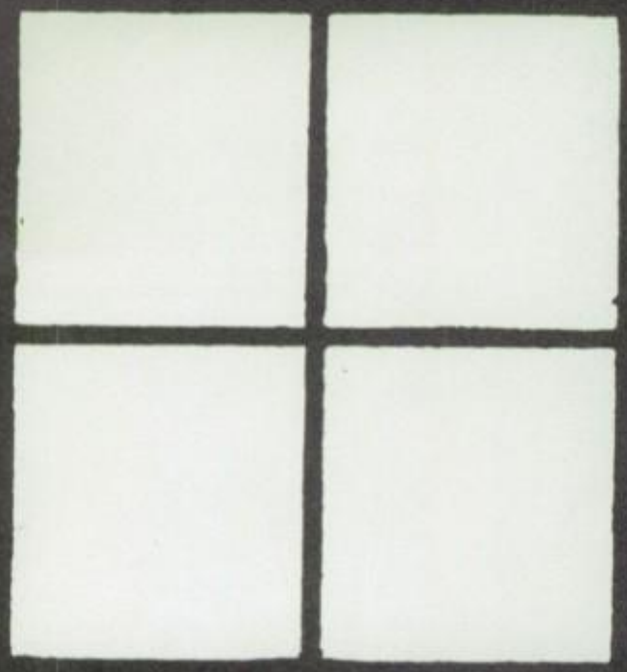


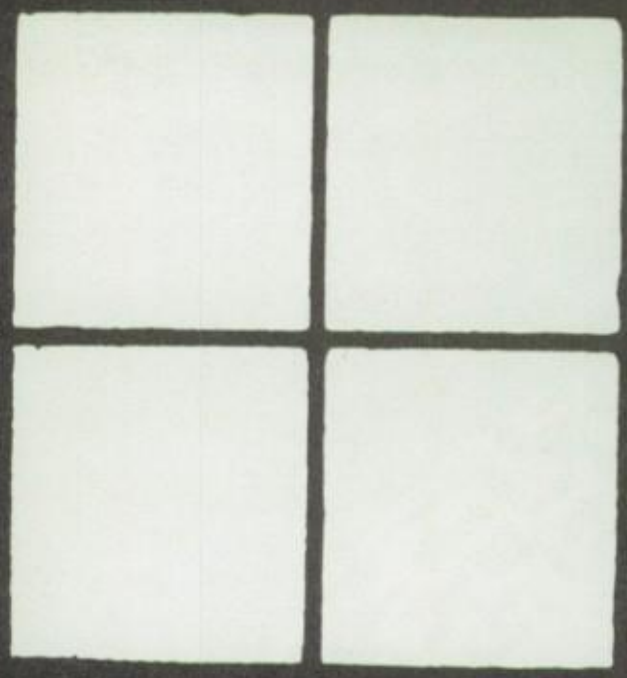


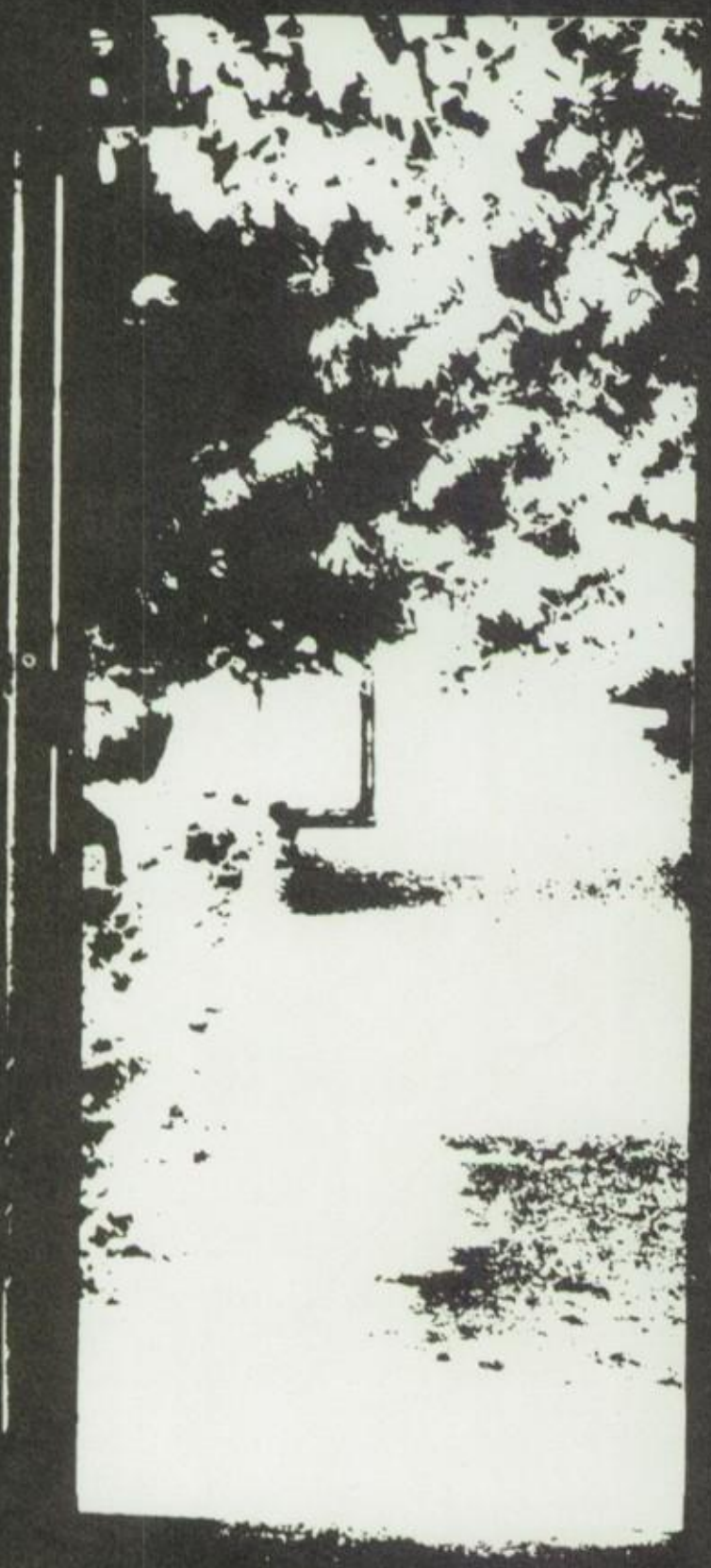


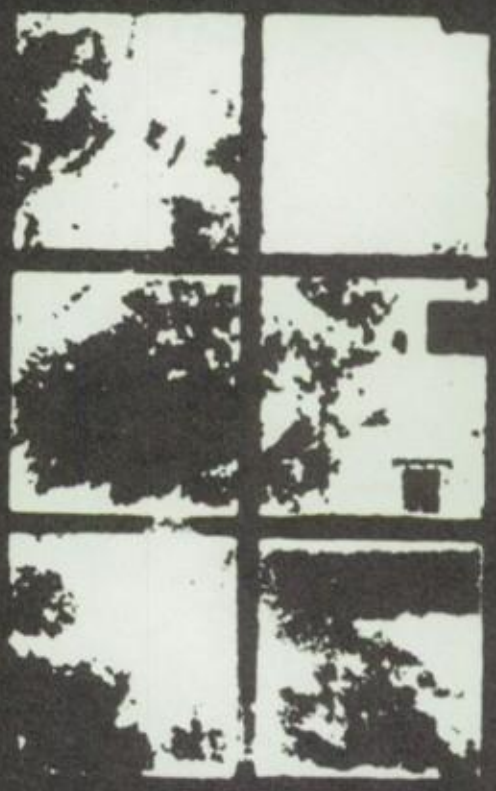


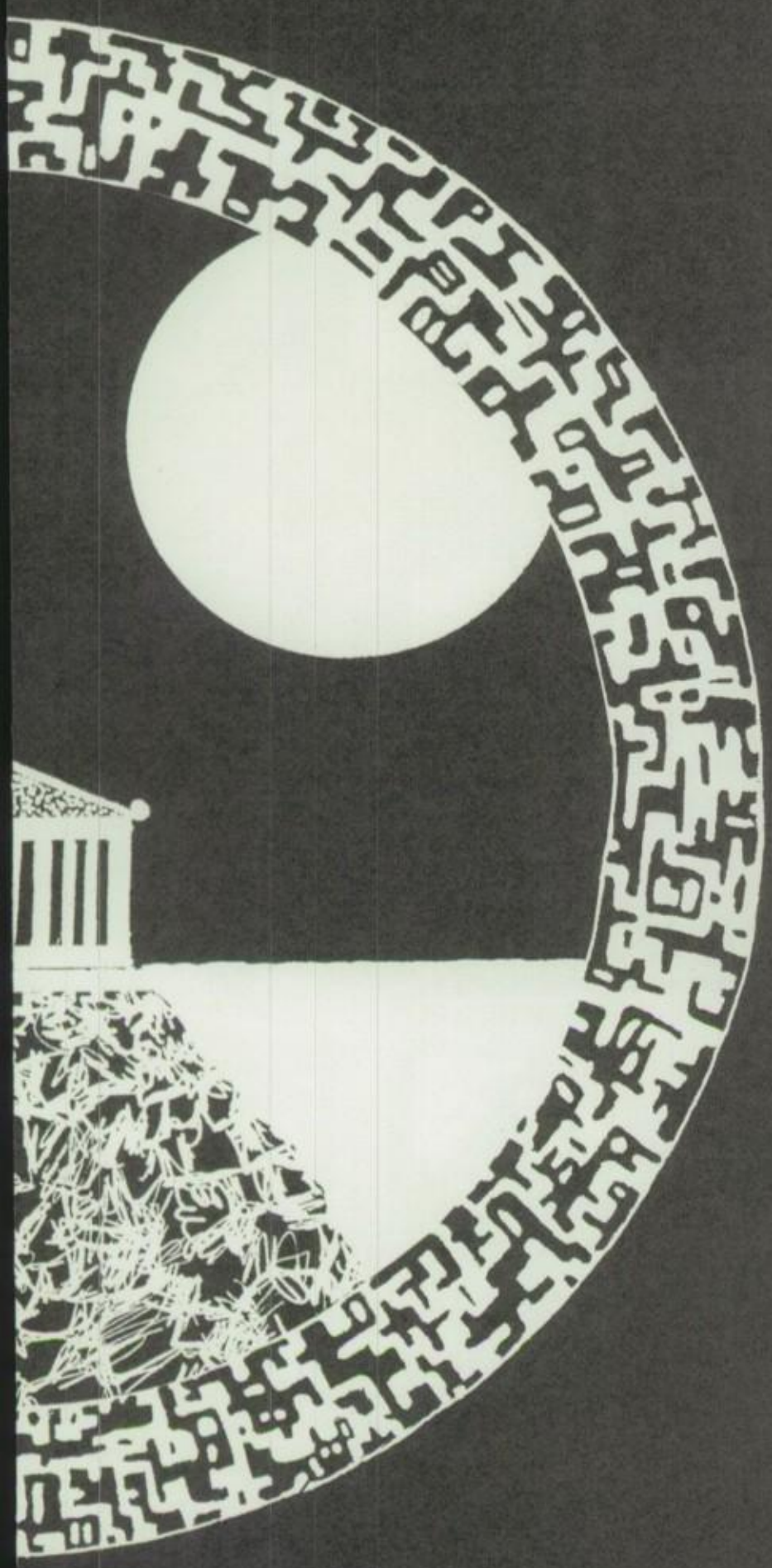












AWAKENED

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Faculty . . . . . pp. 212—231
Advertisements . . . . . pp. 232—242
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AWAKENED

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JOHN ABILA
SUE ABREU
JOHN ACOSTA
ED ADAMS

GARY ADAMS
JOANNE ADDIEGO
RICHARD ALARCON
JOANNE ALCALDE

AURELIA ALSTON
SERENA ALSTON
DAVID ALVES
THERESA ALVES

DEBRA AMBROSIO
CATHERINE ANDERSON
JULIE ANDERSON
DEBBIE AQUINO

PAT ARAGON
MARK ARELLANO
DELBERT AVELAR
RICHARD AVILA







Slickers

While the Sophomores were confused, and the Juniors were hopeful, the mighty Seniors were rock n' rolling to the sounds of the 50's. Girls bopped around in their red lipstick and nail polish, bobbie socks, saddle shoes, and long skirts. Slickers added to the scene with greased hair, shades, rolled up jeans, leather jackets, and cigarettes in their sleeves. Masses of red boogied all over the school that Thursday and brought back the memories of the fabulous fifties.

1/Seniors hold their banner high.
2/Preparing for the big rally.
3/Letter girls clap to the beat.

Setting the Clock Back 20 Years

74 has more. More what? Spirit! For the first time in the history of San Leandro High a class has captured Spirit Week three years in a row. Starting as Super Sophs then on to Blue Buccaneers we ended our stay here at ol' SL by setting the clocks back 20 years. With the entire class attired in 50's style garb, we managed to jitterbug our way on to another victory.

A senior

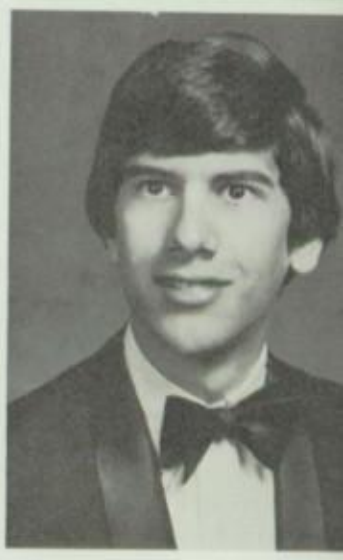












1/Greg Castro and Karletta Moniz in preparation for announcements.
2/Some Senior Slickers deliver the latest scoop.

JOYCE BAILEY
TINA BABTISTA
DONELLE BARNES
GARY BARRANTI































USANNE BARRY
GREG BATCHELDER
ACKIE BAUER
DAN BAXTER

JIM BECK
BETH BELZER

DALE BENJAMIN
JIM BENTEROU

CAROL BERTAIN
CRAIG BETTENCOURT

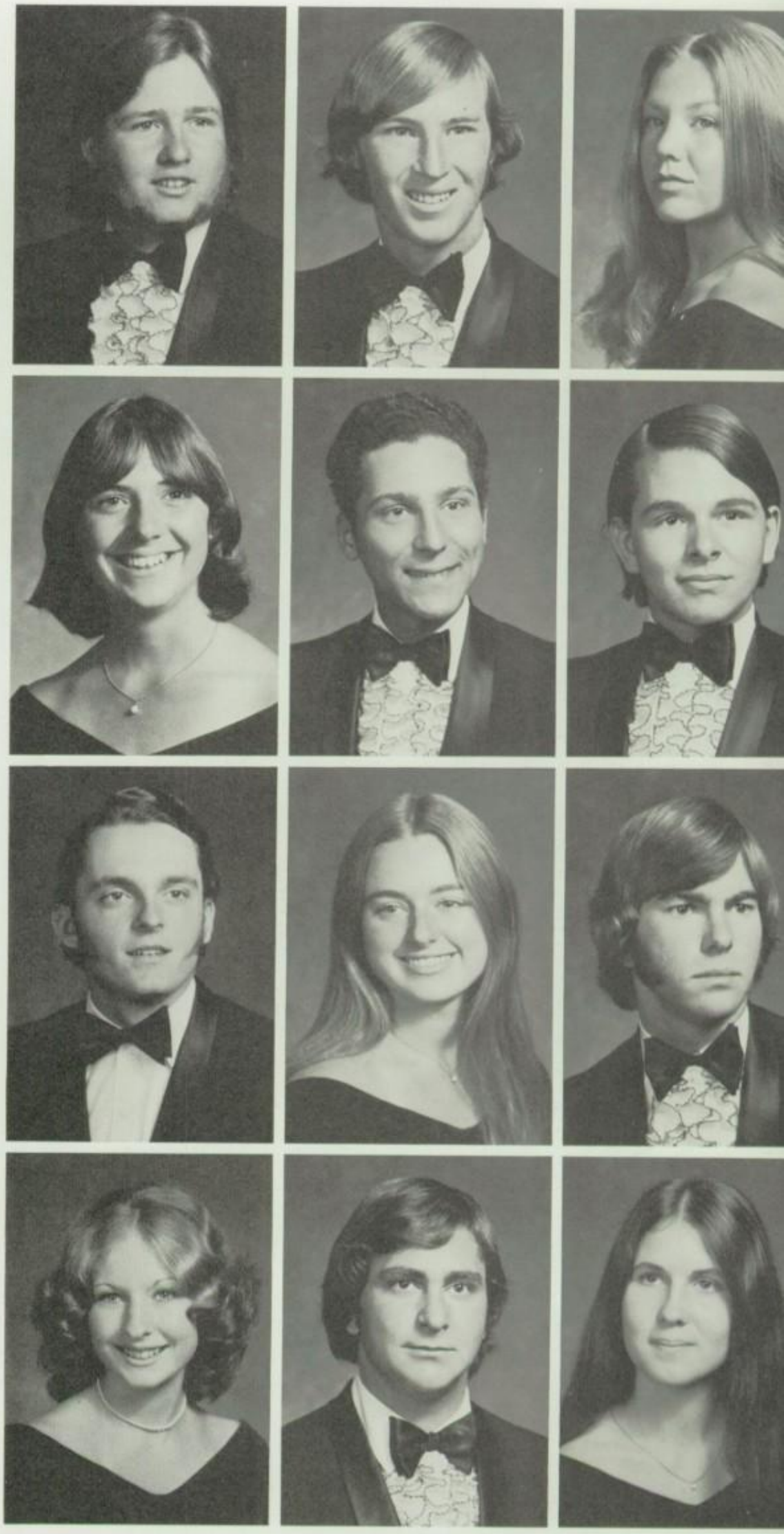
JOHN BLACK
ANNA BLASINGAME
KAREN BOIJE
DEBBIE BOTELHO

1/Senior song girls bob to the music of the Boogie Woogie Bugle Boy.

Listening Is

I can listen to someone without hearing him. Listening is fixing my attention only on the other person. Hearing requires that I listen inside me as I listen to him. Hearing is rhythm whereby I shuttle between his words and my experience. It includes hearing his entire posture: his eyes, his lips, the tilt of his head, the movement of his fingers. It includes hearing the tone of his voice and his silences. And hearing also includes attending to my reactions, such as the "sinking feeling" I get when the other person has stopped hearing me.

Hugh Prather



SHANE BRADLEY
BARBARA BRANTLEY
DON BRENNAN
CATHY BREYER

RALPH BROTHERSON
DAVE BROWN
JOANN BUSCH
TERRY BUSCO

DOREEN BYRD
BRAD CALDERON
KEVIN CAMP
ELLEN CAMPBELL













2



3

DAVID CANNIZZARO
ART CARLSEN
JOHN CARLSON
RICH CARLSON

1/The class joins in the dance.
2/Senior slickers show their colors.
3/The super seniors are #1.

Wish Upon a Star

"When you wish upon a star, your dream comes true." I can't begin to count the things I've wished for-many wishes become dim memories as one grows older. There have many unfulfilled hopes and broken dreams, but one learns to sweep them out of the way and keep wishing. Look at all there is to be grateful for-friends, family...life! The answered dreams are as beautiful as a wishing star.

Elizabeth Jenike













1/Shelly and Nancy demonstrate their song girl routine.
2/The class excitement builds.

LARRY CARROLL
ROBERT CARTER
RANDY CASHION
GREG CASTRO



DAN CAVINESS



JOHN CELES



PAM CHANDLER



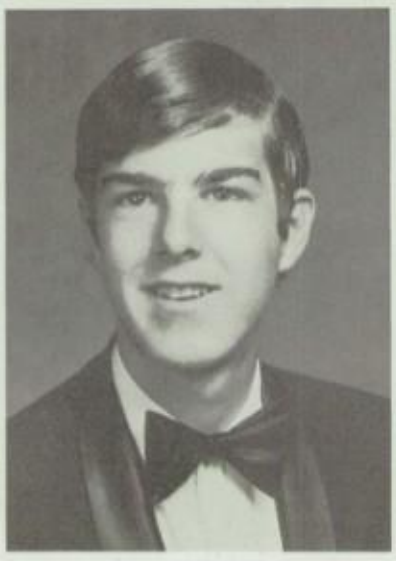
KEN CHAVEZ



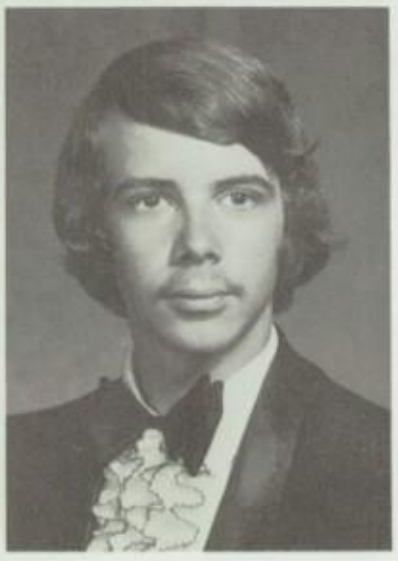
BONNIE CHENEY



YVONNE CHESS



NICK CHIMENTO

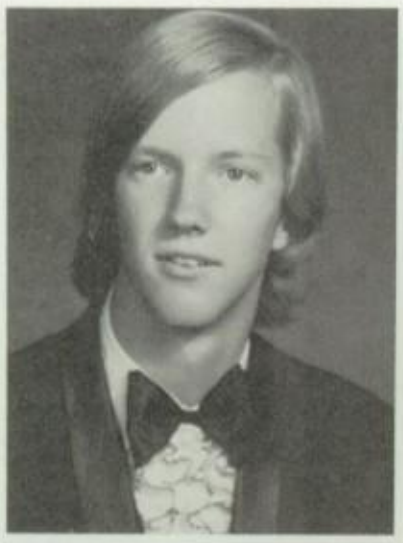


JOHN CHIVERS



1/Spirited seniors are attentive.

STEVE CHRISTENSEN
JOHN COATS
MARIANNE CORVELLO
JOLEN COSTA



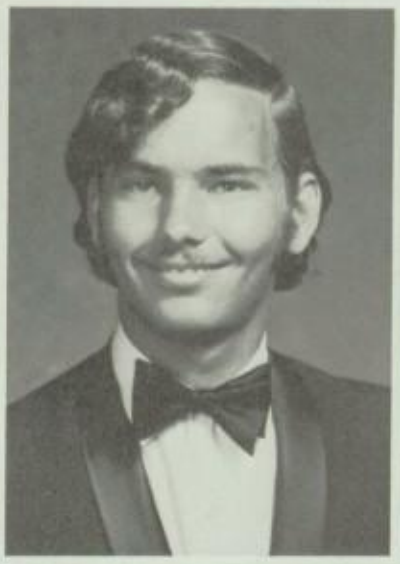






MARILEE COX
BILL CRAYNE
DEBBIE CROSS
ISABEL CRUZ









JANIS CULLEN
RICK DAMIANI
CAROL DAVIES
JOE DAVIS









BONNIE DAY
FRANCIE DEAN
MARC DECOULODE
CLAUDIA DEDOMENICO









The Slick Seniors

















Sincere Spirit

This year's Spirit Week went from one extreme to another, participation by the class of '74 went from extreme apathy to extreme enthusiasm. Thanks to the help of our class officers those not involved in their sophomore year, changed to sincere spirit in their final year.

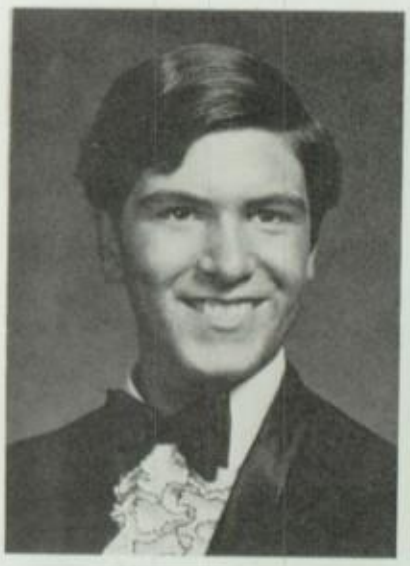
MIKE DEHERRERA
JOHN DELFINO
KAREN DEVAUL
LIZ DIANDA

MARGIE DICKER
GARY DILLARD

1/"Hey we're number one!"
2/"Let's go to the hop!"

















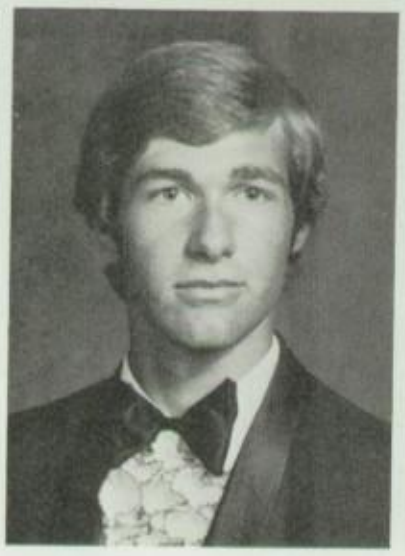


















TIM DILLON
FRANK DIPAOLA
DANA DOBBERPUHL

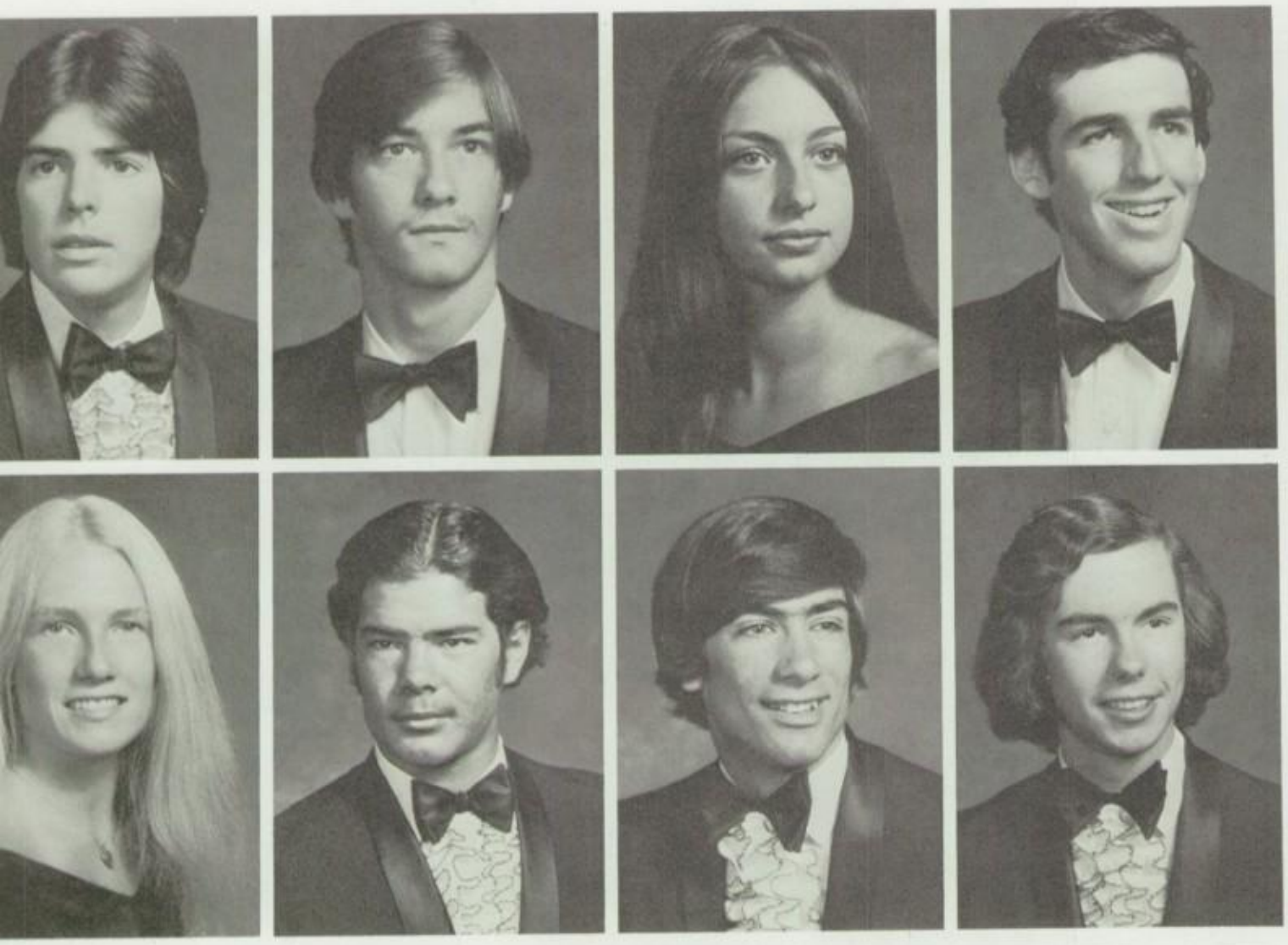
SANDI DOMINGUES
KAREN DONALDSON
BRAD DRESSEN

KATHY DUARTE
PAULETTE DUARTE
TONY DUARTE

JOHN DUEMLING
KATHY DVORSKY
JIM ECONOME

AUDREY EHLERT
TERRY ELDRIDGE
MELBA ELLIS
RAYMOND EMARD

1/Seniors gather for their grand entrance.





MIKE EMLEY
GLEN ERSPARMER
AURALINDA ESKELSON
DAVID FARIA

NANCY FEATHERS
GREG FERNANDEZ
MITCH FERNANDEZ
GREGG FIELD

The Memory of 3 Years' of Spirit Will Long Remain

1/Football Fabian demonstrates his super senior power.

Spirit Week at its Best

Well, I thought I had experienced everything at S.L.H.S., but I guess I was wrong. Being the class of 74's mascot for three years, and then topping it off by popping out of a football, is something you have to go through to believe. I would give anything, even my Bullwinkle watch, to be Super Sophomore, Blue Buccaneer, or Football Fabian, again. This year, Spirit Week was at its best. It really felt good being a part of it all. You know, except for June, Spirit Week is about the best part of the school year.

Jack Jason







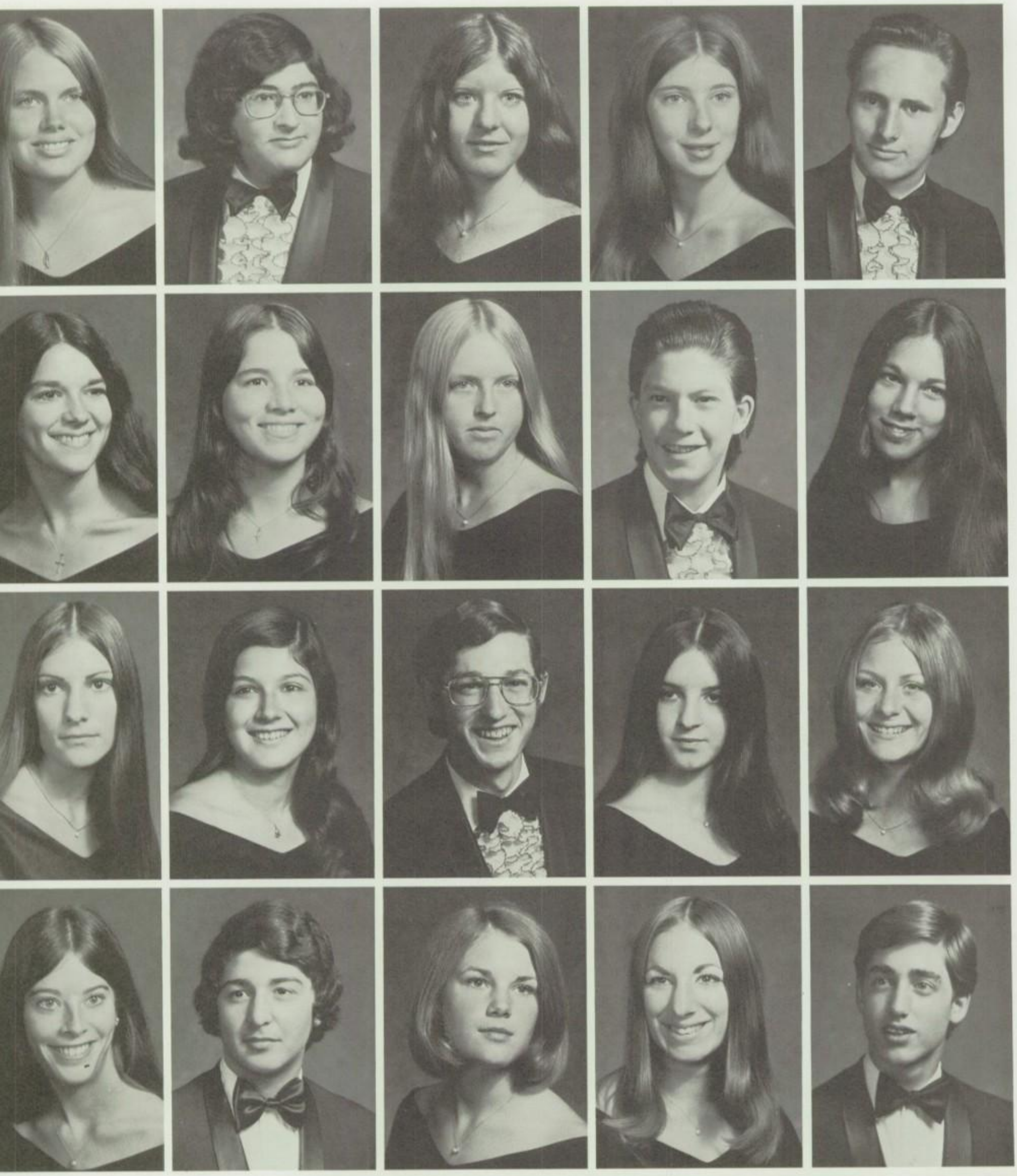






1/Football Fabian swings his partner.
2/Senior cheerleaders help lead their class to victory.

TOM FISCHER
JIM FONE
BILL FORDYCE
PETER FORNI



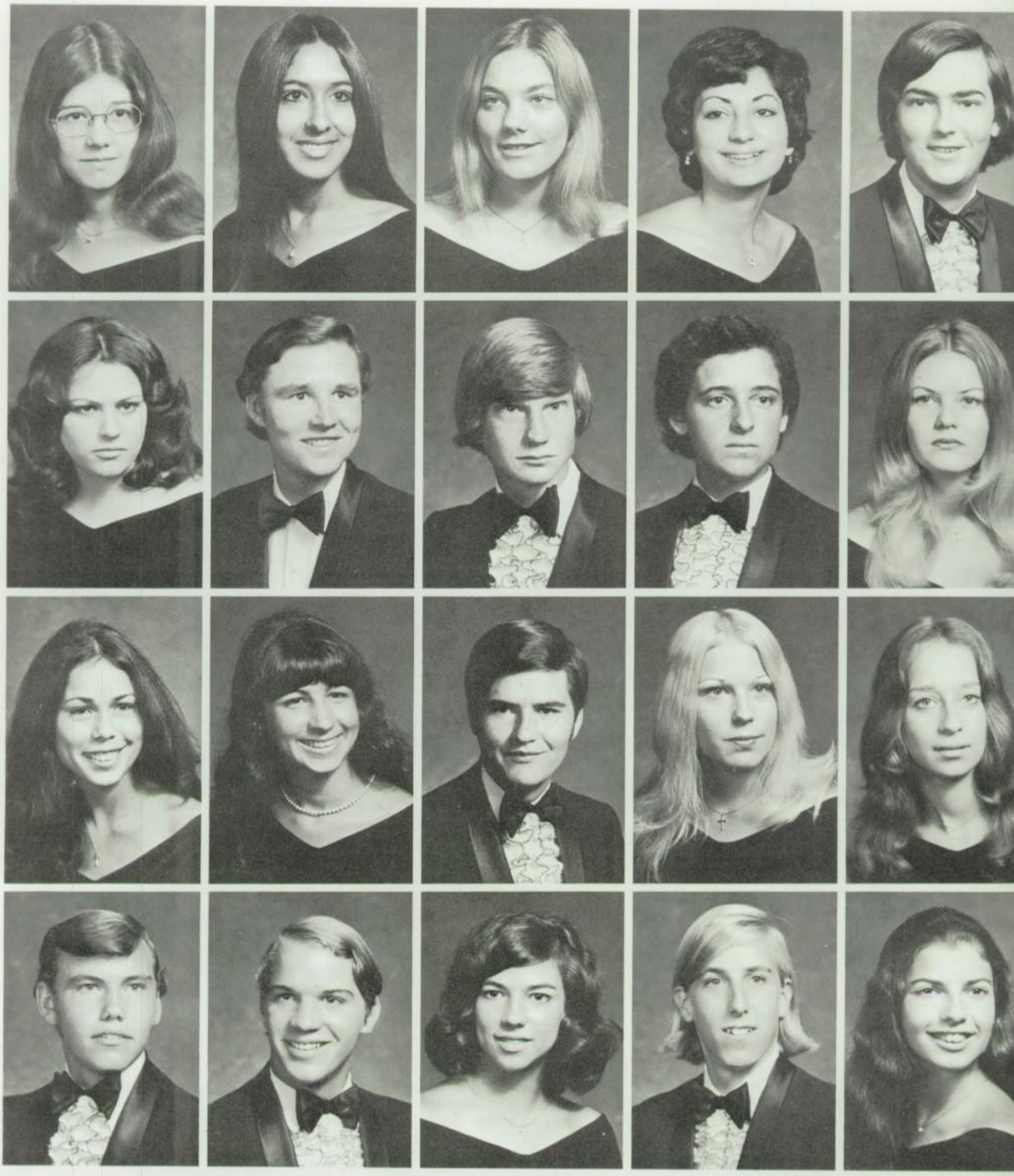
CINDY FOWLER
ROSEMARIE FRANCIS
LEE ANN FRANCO
LINDA FRAZIER

DOUG FREEDMAN
JOYCE FREITAS
CAROLYN GARCIA
HENRY GARCIA

LINDA GARCIA
PEGGY GARLIEPP
RUSSELL GEBHARDT
SUE GEISE

CAROLYN GEORGE
MARK GHIGLIONE
KAREN GIAMBRONE
MELODY GIDDINGS

CHARLES GILCREST
DEBBIE GIMENEZ
RENEE GLANTZ
GEORGE GOILING



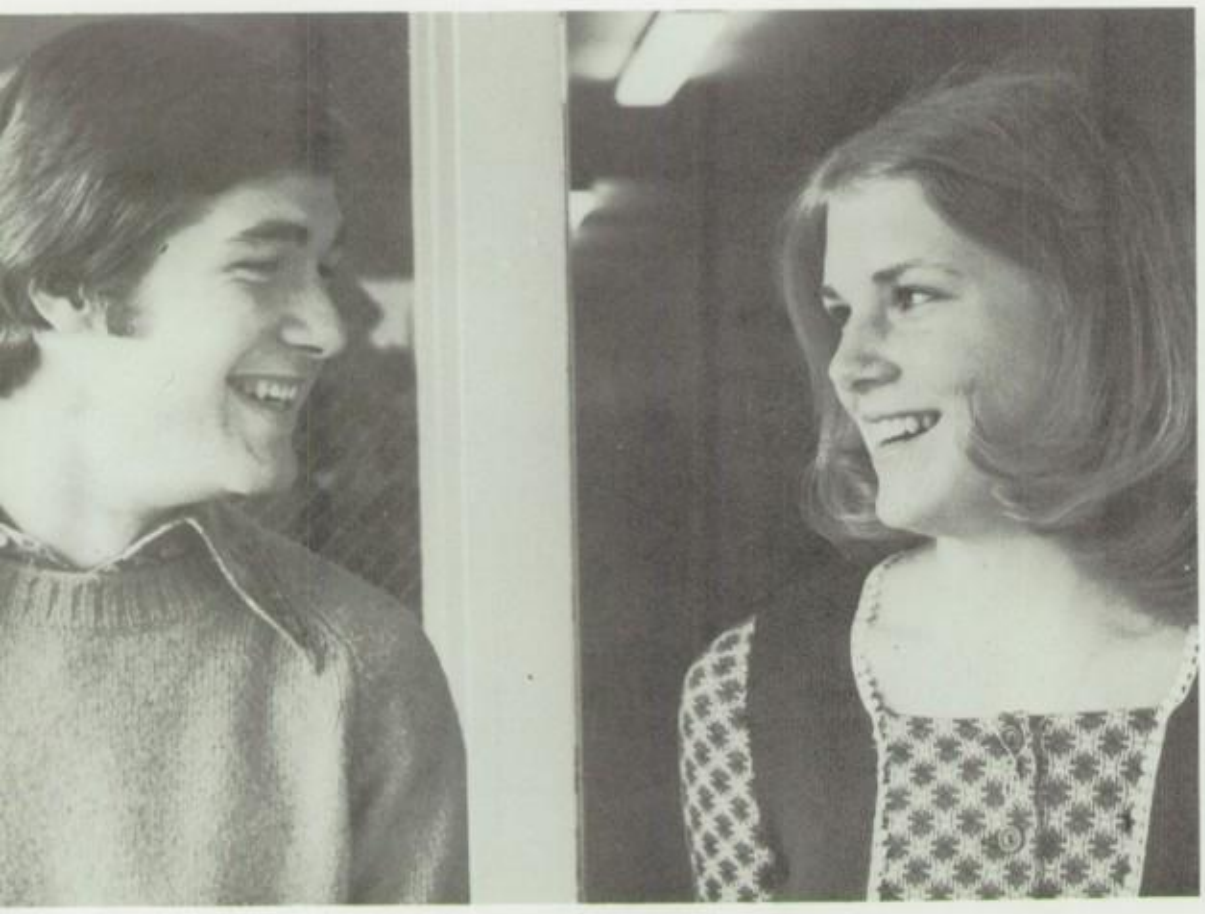
MARYANN GOMES
SUE GONSALVES
THERESA GONZALES
DOUGLAS GOOBY

JUDY GRANADA
DAVID GRAY
GAYE GREGO
WALTER GRESHAM

GAIL GRIEP
DANIEL GRIMES
FRANK GUERRA
DENISE GUERRERO

CATHY GUIGNOLUCCI
ROBERT GULARTE
JULI GULBRANSEN
GARY HALLBERG

RICHARD HAMMOND
SHERRI HANN
DENEEN HANSEN
JANET HARGROVE







1/Sue Geise and Brad Dressen; Prettiest and Handsomest.
2/Lori Knowlton and Jack Jason; Class Comedians.
3/Alisa Seeman and Dale Wagoner; Dimples.

Being Real

I think of the process of "being real" as the shuttle of my attention between a feeling and an appearance, between inside and acting-out. But "being real" does not mean that I am only allowed to shuttle between my behavior and my strongest feeling. My behavior can match whatever in me I wish it to match. "Being real" is simply being aware of what my actions do in fact match. To think that I must always behave in accord with what I feel most is self-reduction, whereas at any moment I am free to act on any dimly felt and long-neglected part of me: to be a ham, to be strong, to flirt, to cry, to be totally silly, to dance, to play peek-a-boo or stick out my tongue. And if this feels phony because it has been so long since I have responded to this in me, still it is not phony; it is me; I am doing it.

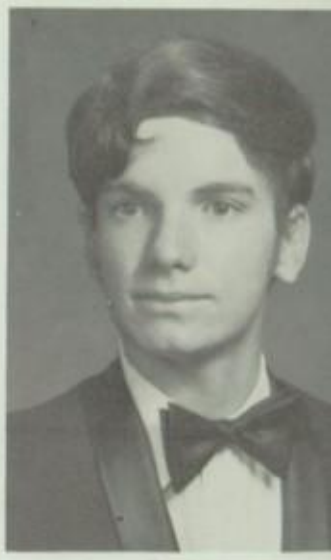
Hugh Prather

House of Tomorrow

You may give them your love
but not your thoughts,
For they have their own thoughts
You may house their bodies
but not their souls,
For their souls dwell in the
house of tomorrow, which
you cannot visit, not even
in your dreams.
You may strive to be like them,
but seek not to make them like
you.
Kahlil Gibran, THE PROPHET













1/Janet Hargrove and Ralph Brotherson; Class Scatterbrains.
2/Patty Walters and Ed Olivero; Most Spirited.

STEVE HARMON
KENT HASEL
JOHN HEGEDUS
JAMIE HENDRICKS















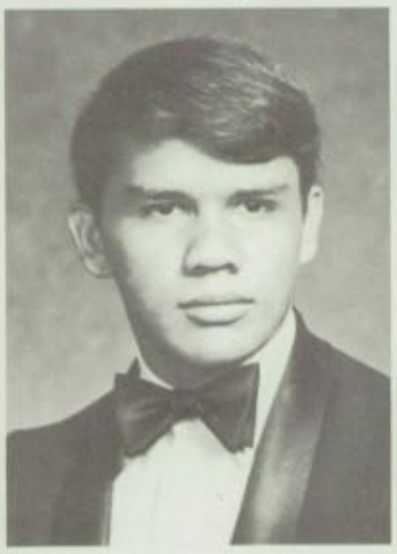


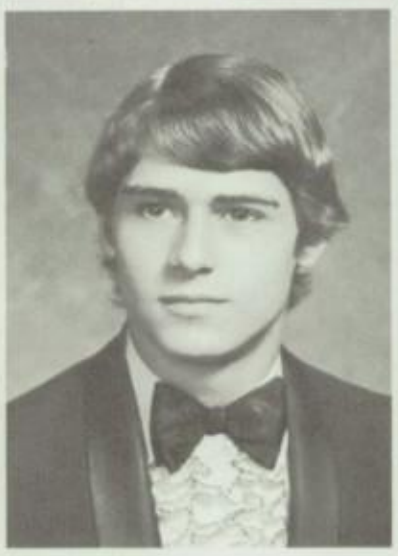














ROD HERMAN
ROJELIO HERNANDEZ
BARBARA HIDALGO
DEBBIE HOLLIS

ERIC HOLMGREN
BETH HOTTMAN

HAL HOWARD
PHILIP HOWARD

BILL HULSE
GREG HUNTE

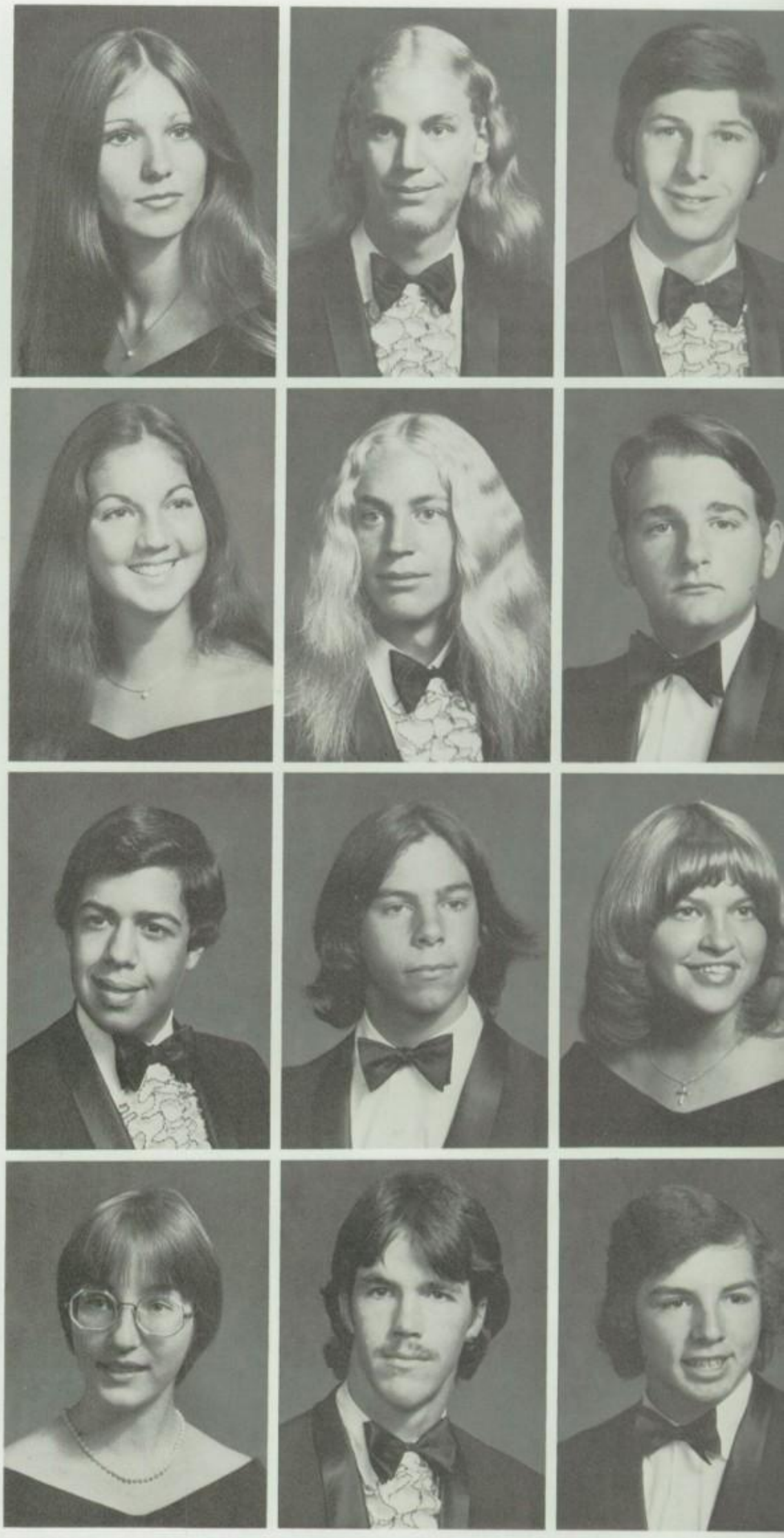
MARLEEN HUNTE
STEVE IGNATOW
SHERYL ISHAM
BONNIE JACOBS

1/Karletta Moniz and Jamie LaBarbera; Friendliest.

Ever-Changing Events

School
An ever-changing stream of events
A separate part of your life to be lived
Thoughts interchanging with ideas
Making acquaintances, leaving as friends
Conquering the turmoil of a constant learning process
Beginning with uncountable problems
Ending with a single solution
Knowing more about yourself
Yet not knowing all of it
In the end having everything you need
Graduation
Meeting the world face to face
Hoping to make it the first time
Each day a new beginning . . .

Joyce Bailey



JANICE JAMES
CECILIA JARMILLO
JACK JASON
ELIZABETH JENIKE

RANDY JENSEN
RICK JENSEN
JIM JOHNSON
RANDY JOHNSON

MIKE JOHNSTON
WILLIAM JOHNSTON
MARIANNE KAKSONE
ED KAUFMAN







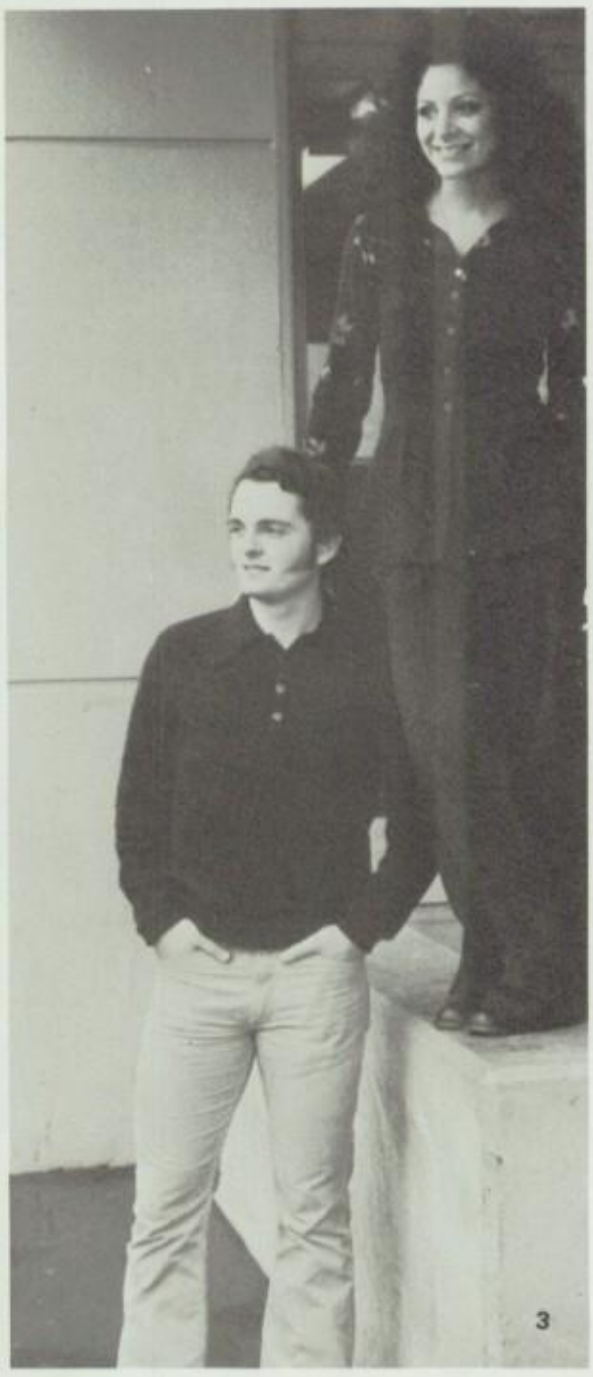




1



2



3

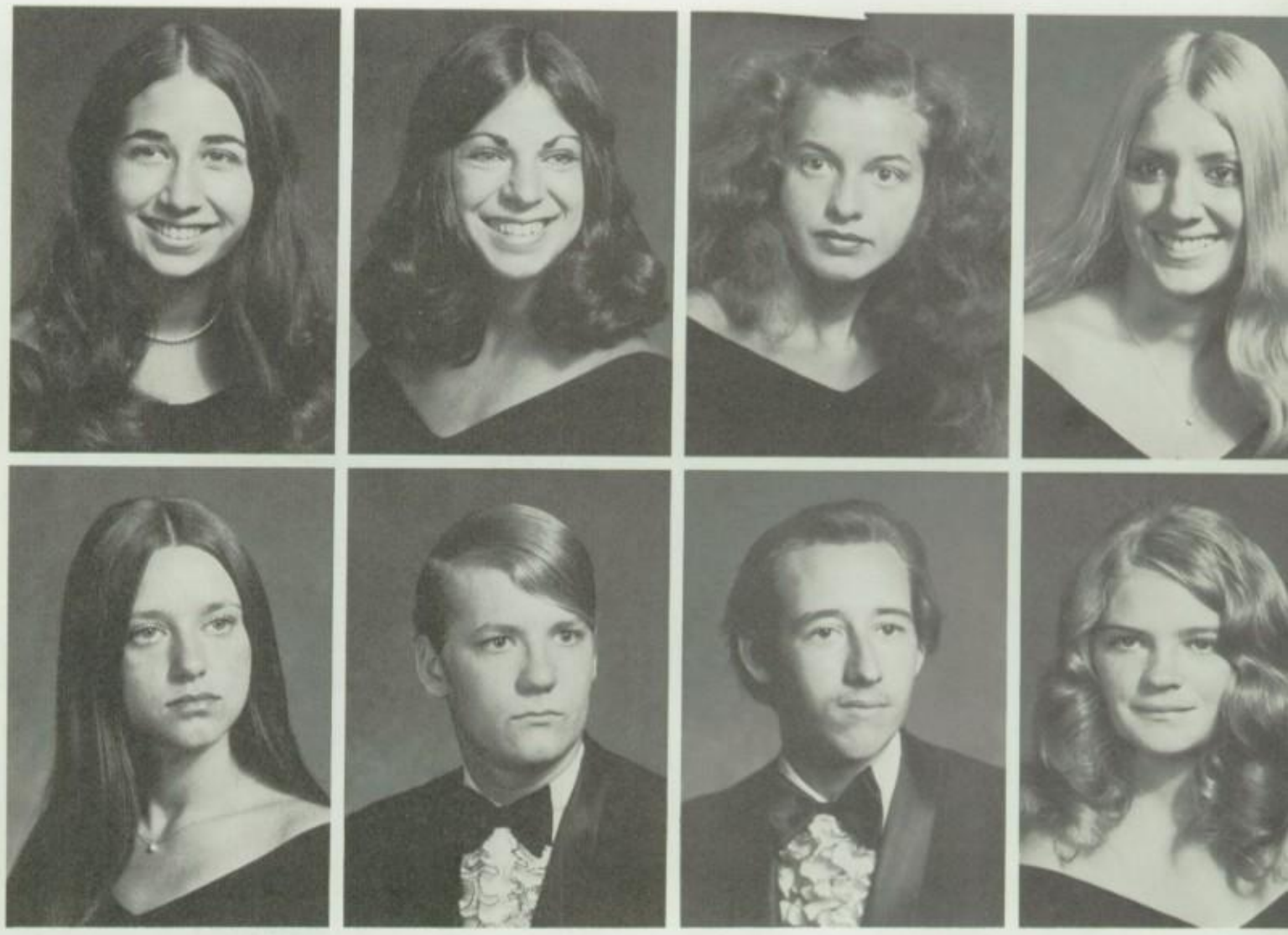
INDA KEATES
OM KELSEY
ONA KERR
LLAN KERSGARD

1/Marilyn Ramalho and Tony Lagorio; Prettiest eyes.
2/Connie Van Leiden and John Acosta; Typical Seniors.
3/Tina Baptista and Don Brennan; Best Figure and Physique.

DEBBIE KEZAR
LISA KILLOUGH
LISA KINBALD
DEBBIE KING

SANDY KING
JOHN KIRBY
BILL KLUTSCH
NANCY KNIGHT

Tomorrow Will Soon Be Now





1/Marianne Corvello and Wayne Cassani; Prettiest Smile.







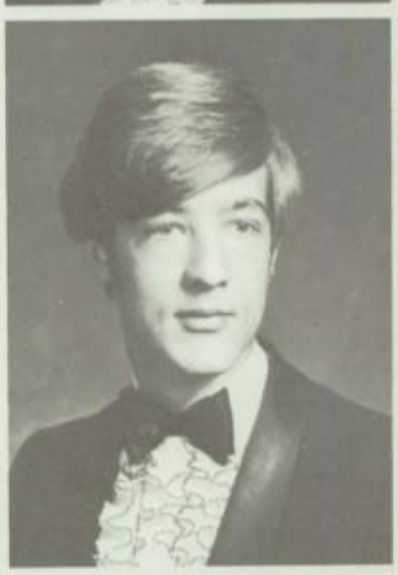




























LORRI KNOWLTON
WALTER KOHLER
SHELLY KRAL
LOIS KURTZWEIL

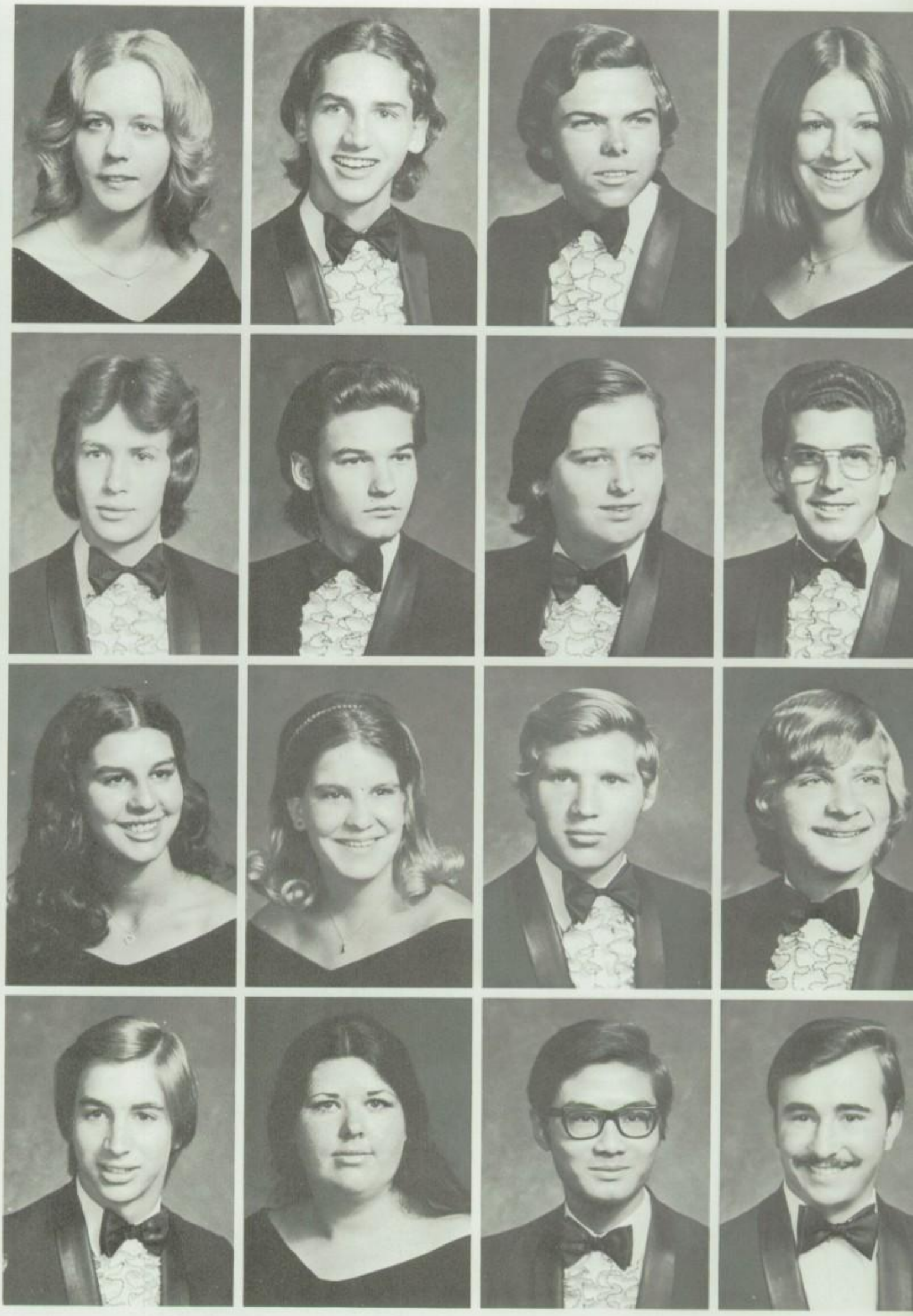
DEBBIE LACEY
TONY LAGORIO
CARL LANGBEHN
BYRON LAUBSCHER

JOHN LAUPER
JEFF LAYMENCE
PAM LEE
KATHY LELAND

MAGGIE LERIAN
DEBBIE LEWIS

KENNETH LEWIS
NICK LIMA

1/Sarah Simonian and Craig Bettencourt; Contributed the Most.



EVA LINDBERG
JOHN LIPKA
KAREN LONGACRE
PARKER LUCIANO

LORAN LUNGE
BRIAN LUNN
LAURA LUTJE
NANCY LYNCH

JEFF MACKEY
GARY MADGET
MARTIN MAISLER
ROGER MAK

LORI MALONE
GREG MANOS
BILL MANUEL
BARRY MARSHALL

















KIMBERLY MARTIN
JULIE MASSAGLIA
CHUCK MCCALLISTER
JEANNE MCCHESNEY

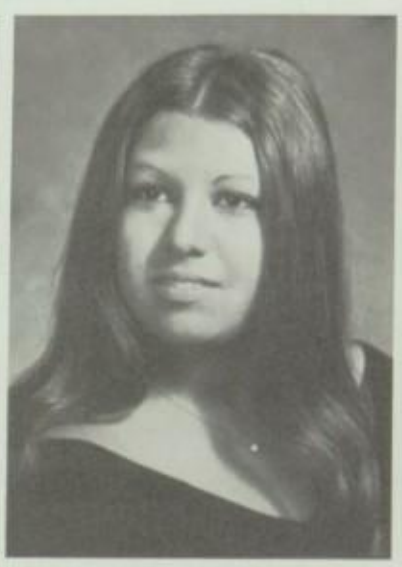
STAN MCCLAIN
TERRY MCCLINTOCK

1/Lori Malone; Most Freckles.
2/Ray Emard; Most Freckles.

Hold Your Thought On Something You Always Loved

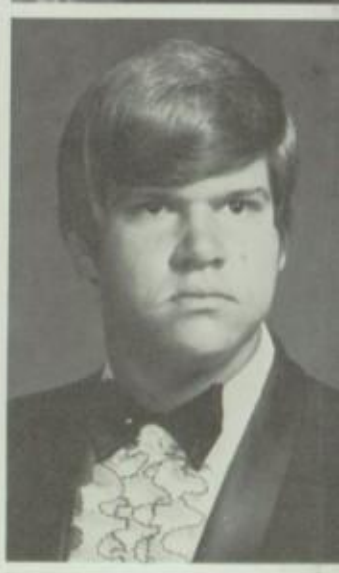


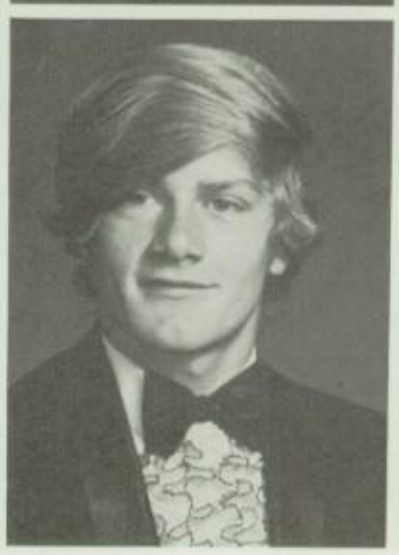










SUE MCGEE
PAM MCGRATH
DEBRA MCHUGH

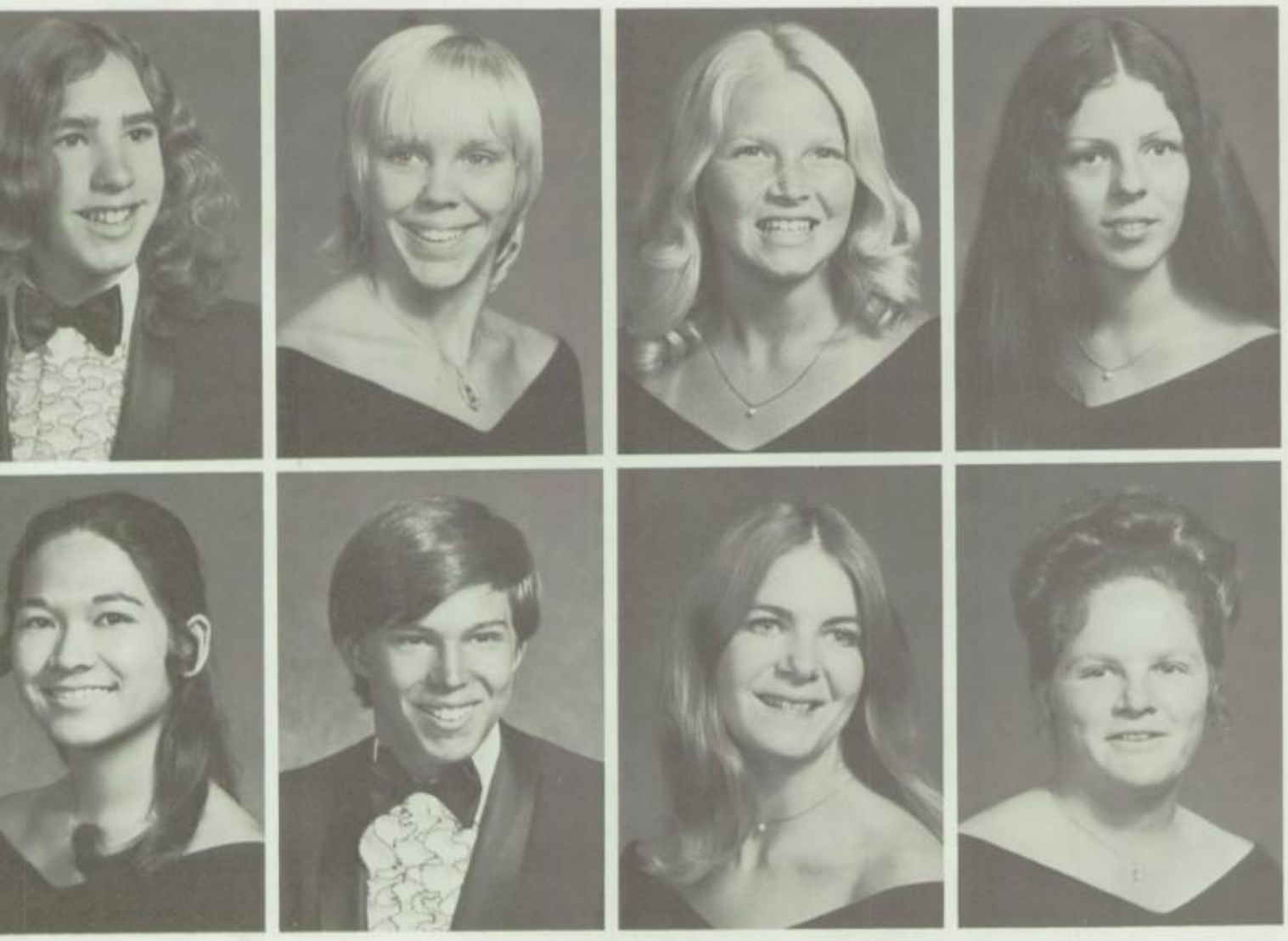
SUE MCKISSICK
JESSE MEJIA
VICKI MENARD

DIANNA MENDES
DEBBIE MENGE
RANDY MICHAEL

ANNETTE MILLER
KATHY MILTZ
KARLETTA MONIZ

STEPHANIE MONIZ
DEBBIE MOORE
DAVID MOORHEAD
KEITH MORDOFF

1/Gary Preston; Laziest. (Not pictured Gail Griep)





TOM MORENO
RENEE MOREY
MICHELE MORLEY
KATHLEEN MORRIS

TERRY NAKASHIMA
JOHN NELSON
LINDA NELSON
MICHELLE NELSON

Faces, Hopes, Dreams, Success

1/Beth Belzer and Mitch Fernandez; Flirt and Romeo.

Time Wasted

It's amazing to see all the time that is wasted in high school. Teachers expect the right things out of the students, but go about bringing these ideas and feelings in the worst way possible. Instead of teaching the students the subjects that they have been educated to teach, teachers spend most of classroom time trying to teach self-discipline and communication. Why should students offer anything in school since the teachers do all the "disciplining" and "communicating" for the students? Teachers may talk and preach all they want, but it's up to the student to learn on his own.

Gail Seymon

All the times that I've cried, keeping all the things I knew inside its hard, but its harder to ignore it. If they were right I'd agree but it's "them" they know not "me" now there's a way and I know that I have to go away.

How can I try to explain, cause when I do he turns away again. It's been the same, same old story. From the moment I could talk I was ordered to listen, now there's a way and I know that I have to go, away, I know I have to go.

Cat Stevens.













1/Senior Donell Barnes listens attentively.
2/Kathy Dvorsky and Kelly Ng; Best Dressed.

RICH NELSON
SHEREE NELSON
CANDY NEWSOM
KELLY NG

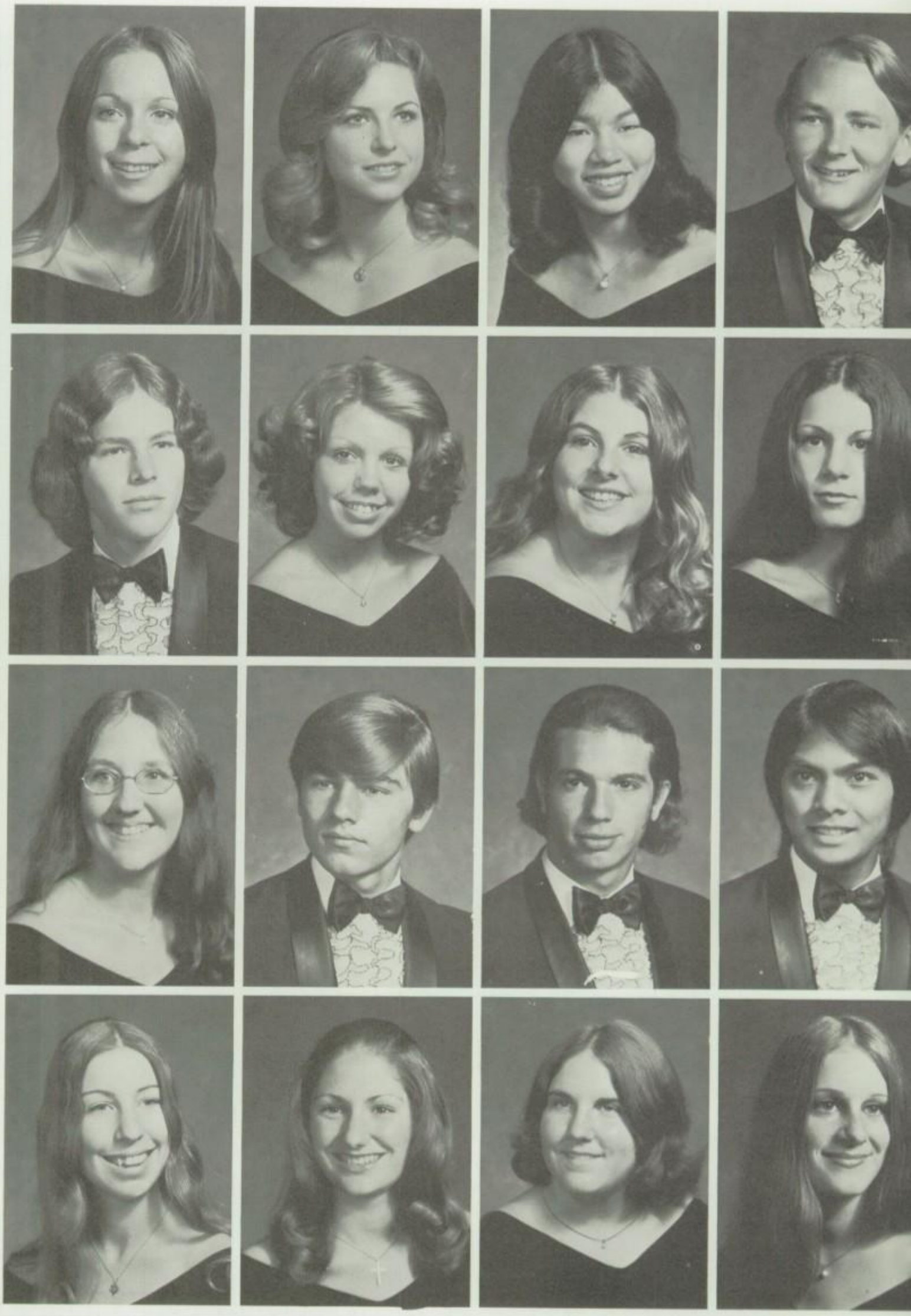
PHILLIP NIETH
NANCY NIOBE
KATHY NUNES
JOHN NYMANN

PAT OWENS
KATHY O'SHEA
DEBBIE OMICK
EDDIE OLIVERO

JOE PADILLA
PRISCILLA PAULTING
JANET PARDEE
ALISON PARKER

THERESA PARKER
RON PARKS
CHRIS PAULEY
BOB PAVAO

THAD PECK
SUSAN PEDIGO
TIM PERRY
LAURICE PENA



CINDY PERRY
PAUL PETERSON
NANCY PHIPPEN
SHERRY PICKENS

BELINDA PIERCE
VICKIE PIERCE
MIKE PISCITELLO
LESLIE PITMAN

LINDA POND
DEBBIE PONTE
GARY PRESTON
GEORGIANA PRIVETTE

JOHN PRUNTY
DENISE QUADROS
TONY QUINTONG
GINA RAAB













Human Life

"There is a "natural" period of uprootedness in human life: adolescence. Like a trapeze artist, the young person in the middle of vigorous emotion must let go of this safe hold on childhood and reach out for a firm grasp on adulthood, dependent for a breathless interval on his training, his luck, and the reliability of the "receiving and confirming adults."

Eric H. Erikson

STEVE RAFFO
RON RAGUSANO
MARILYN RAMALHO
JULIE RAMOS

BEV RANDALL
JANET RAUDENSKI

1/Pat Tompson and John Lauper; Nicest Laugh.
2/Debbie Wardle; Most Creative. (not pictured John Duemling)

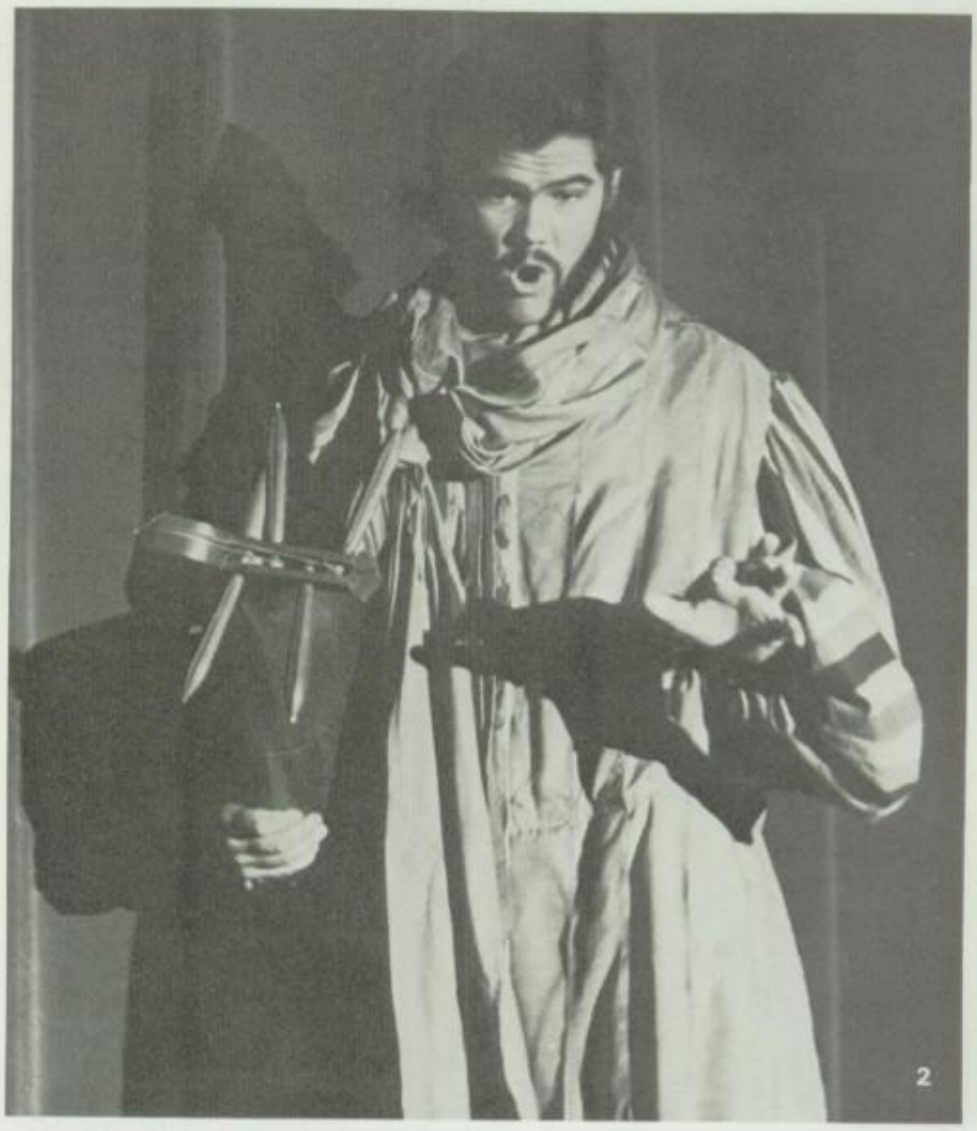
Shrouded Future

Each youth sustains within his breast a vague and infinite unrest. He goes about in still alarm, with shrouded future at his arm, with longings that can find no tongue. I see him thus, for I am young.









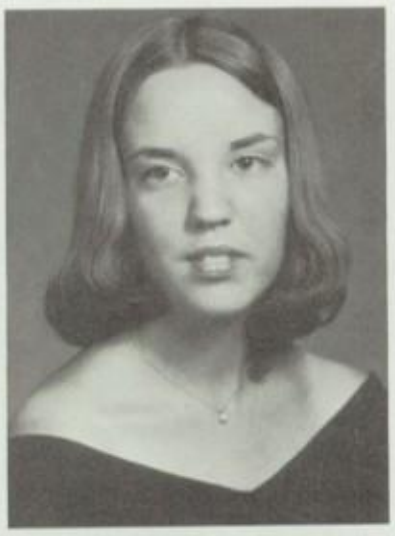


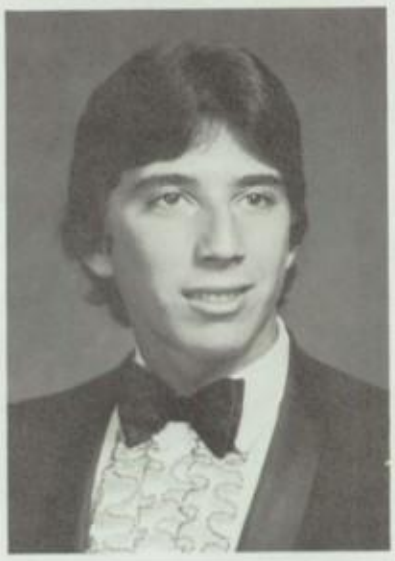


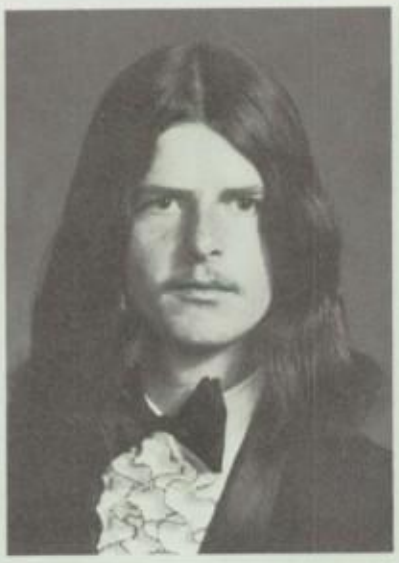
1/Maggie Lerian; Most Talented.
2/Greg Castro; Most Talented.

MARIANNE RAYMOND
CAROL REBERIEGO
ANNA REDMAN
KATHY REED














KEVIN REILLY
GARY RICHARDS
DIANA RILEY
AVELINO RINGOR

RAYMOND RIVAS
BARBARA RIVERA

MICK ROARK
KENNETH ROBBERS

KAREN ROBERTSON
KAREN ROBINSON

BEV ROEDDIGER
KEITH ROGERS
DIANE ROSS
RUTH ROWELL

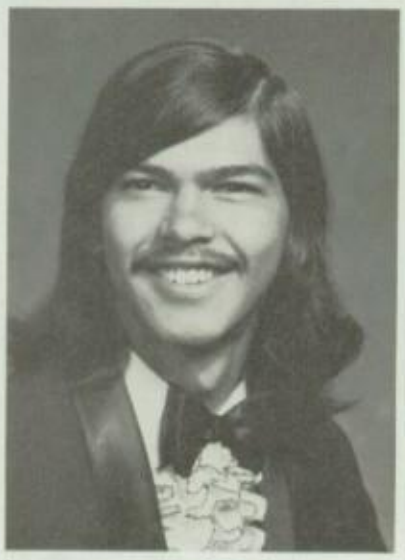
1/Shelly Kral and Tony Quintong; Prettiest Hair.













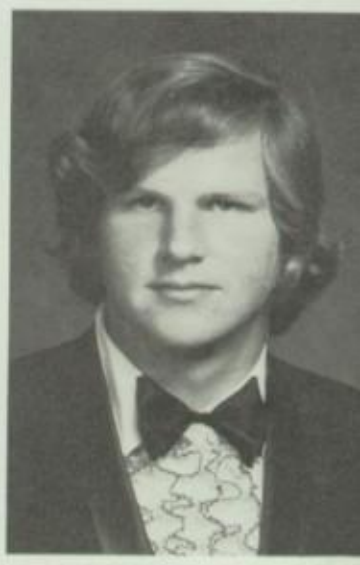








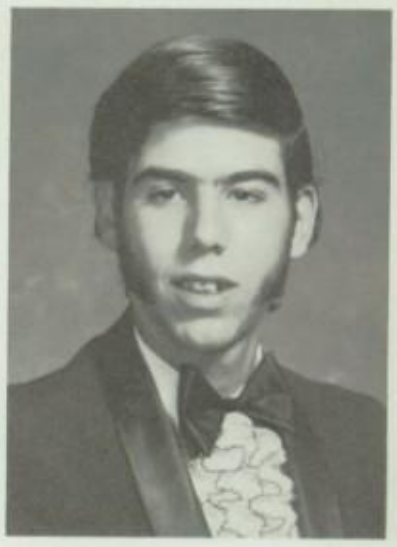








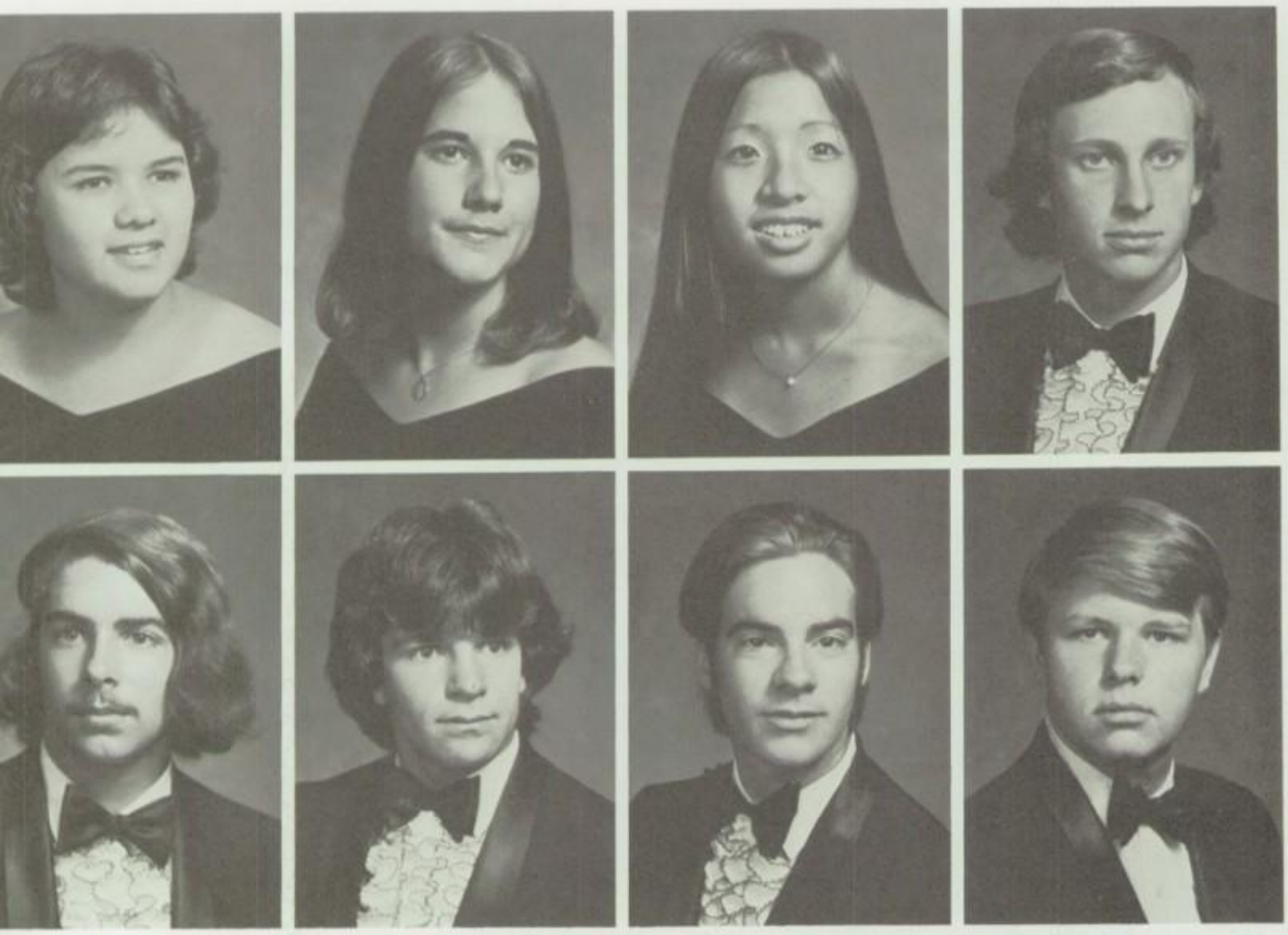






MARIANNE RUEGSEGGER
BECKY RUMBELL
CHUCK SALVADOR
JOHN SANTOS
ROSEMARY SANTOS
VINCE SANTOS
CLAY SCOTT
DARLEEN SCOTT
DAVID SCOTT
WENDY SCOTT
ALISA SEEMAN
ALAN SERRANO
GAIL SEYMON
JEAN SGABASSI
DAVE SHAW
SHERRI SHERFIELD

1/Barbara Hidalgo and Jeff Mackey: Cutest Couple.

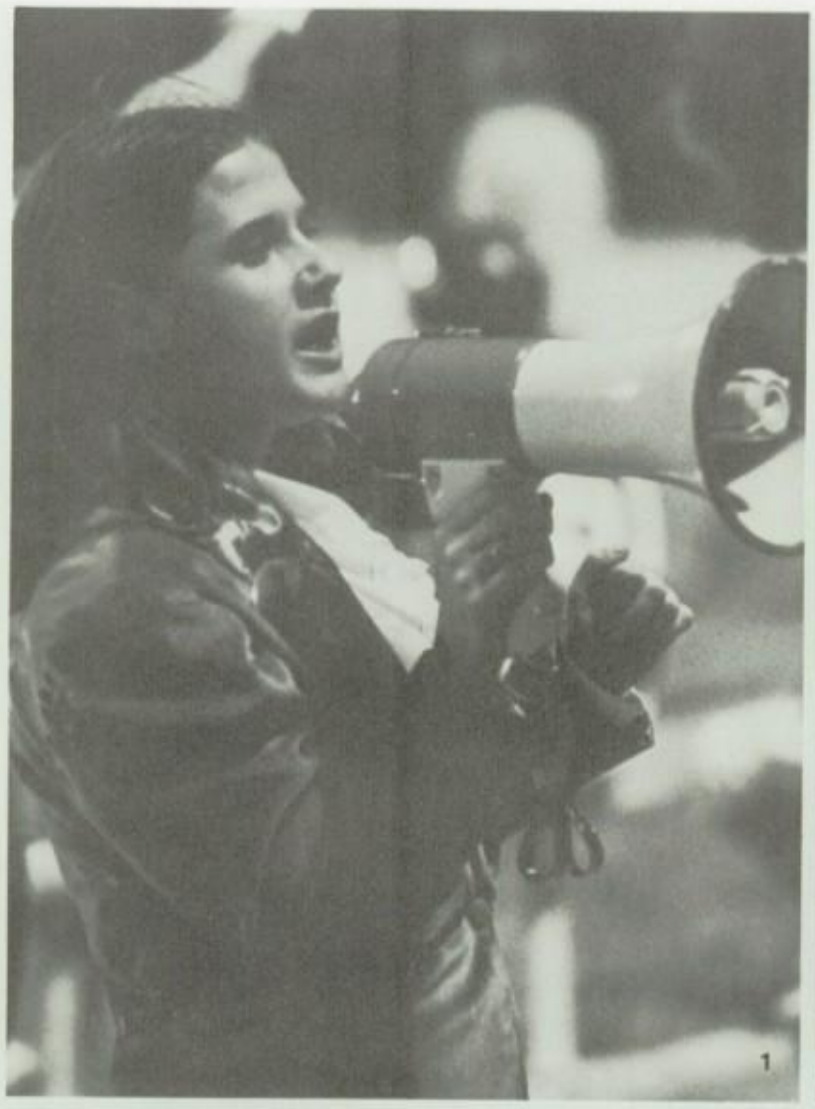


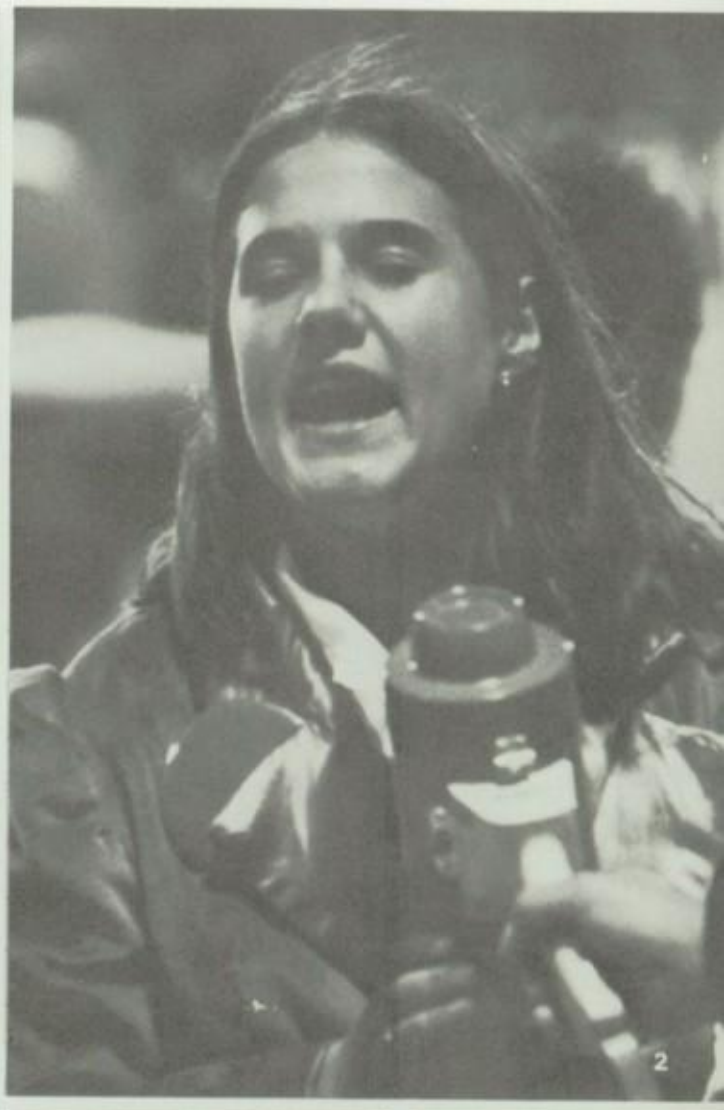
NORMA SILVA
SARAH SIMONIAN
KAREN SIOU
PETE SKOGLUND

GARY SMITH
GREGORY SMITH
GREGG SMITH
JEFF SMITH

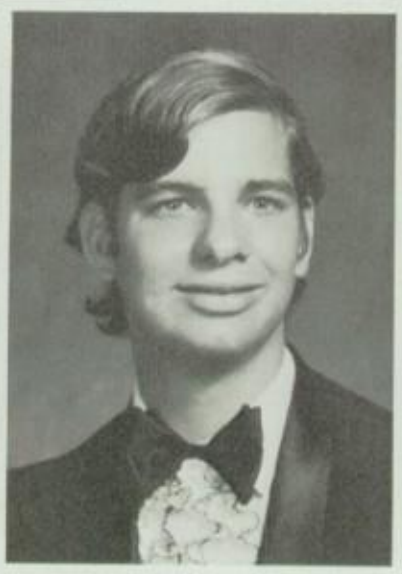
Reflect Upon the Good Things, the Good Times

1/Karen Donaldson and Dave Shaw; Most Athletic.



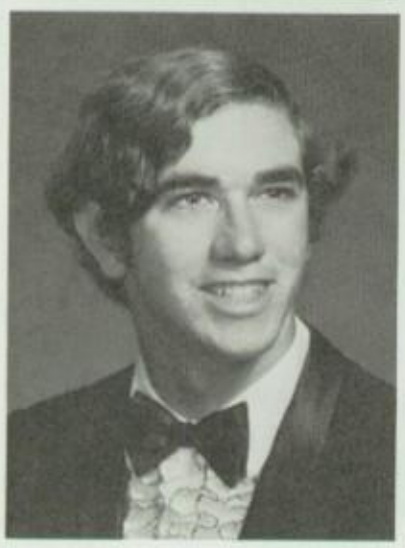
















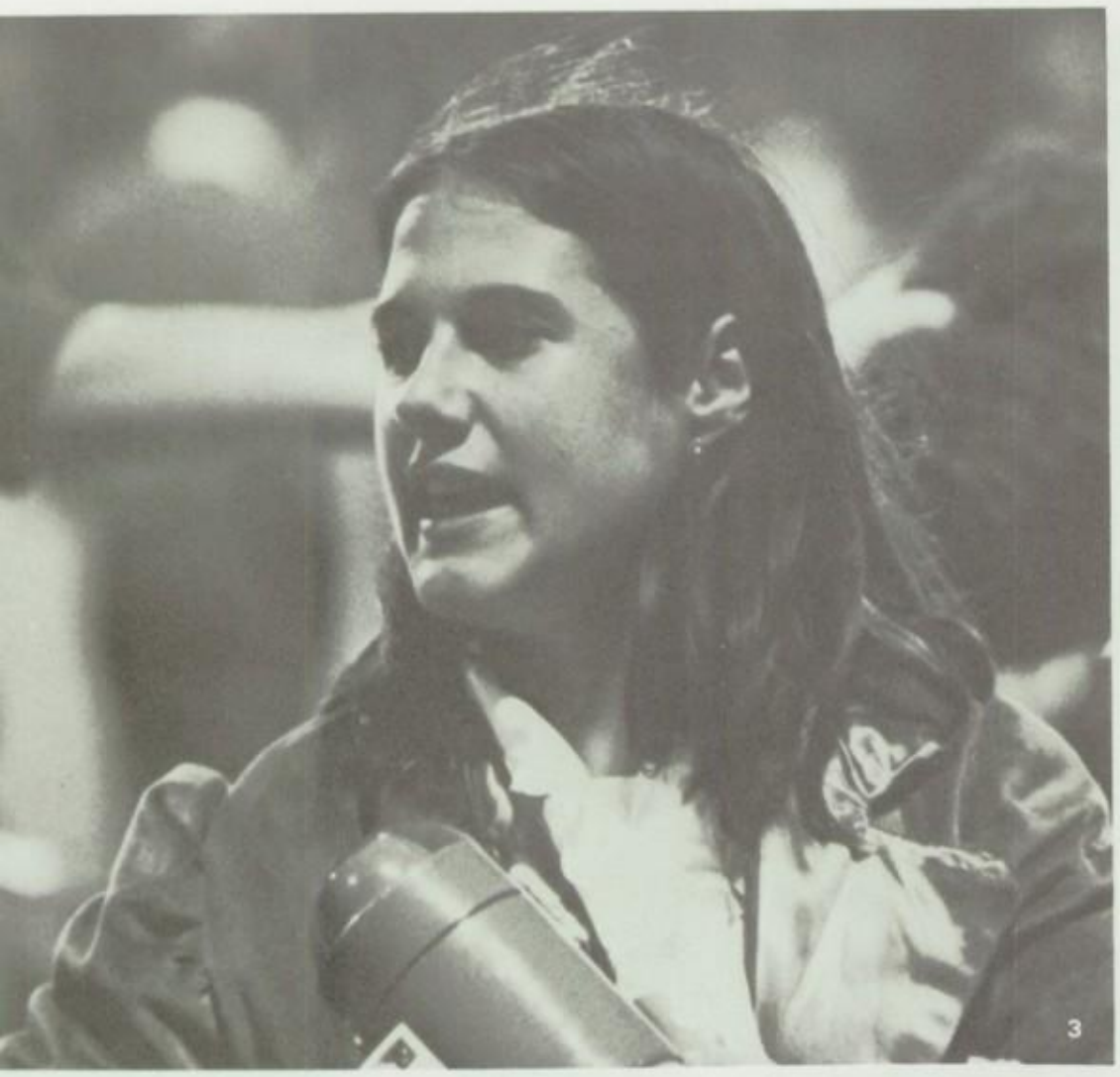


LINDA SMITH
TED SMITH

DAVE SONNENFELT
FRANK SOUSA

LISA SOUSA
GARY SOUZA

JIM SOUZA
KEN SPARACO



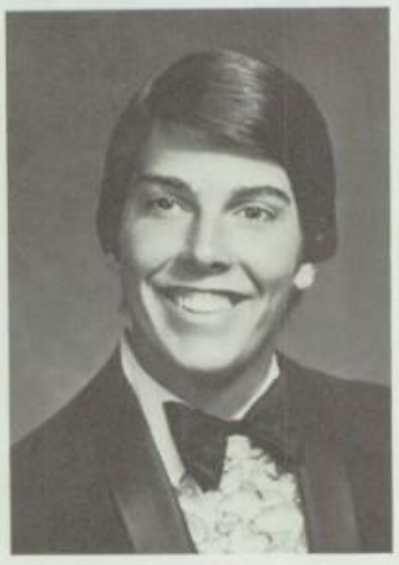












A Truly Special Person

Throughout her three years at San Leandro High, Sarah Simonian has gained the respect and support of many of her fellow students. She has enthusiastically represented the class of 1974 as President and also as a member of the Executive Board. In her senior year Sarah was able to show her spirit as our Pirate. Outside of school Sarah was an enthusiastic member and president of Gingko Branch of Children's Hospital. She also managed to fit a job into her busy schedule.

With all these activities and more, it's hard to believe that Sarah has had much time for school; somehow she has managed to participate in the Honors Program and has been able to maintain a good grade point average.

As pointed out by the senior poll the majority of seniors feel that Sarah has "contributed the most." Looking over her record it is obvious that few people can match the genuine spirit and conern for S.L.H.S. that Sarah has shown. We can honestly say that 1974 would not have been "a year to remember" without Sarah's support. Sarah is truly a special person.

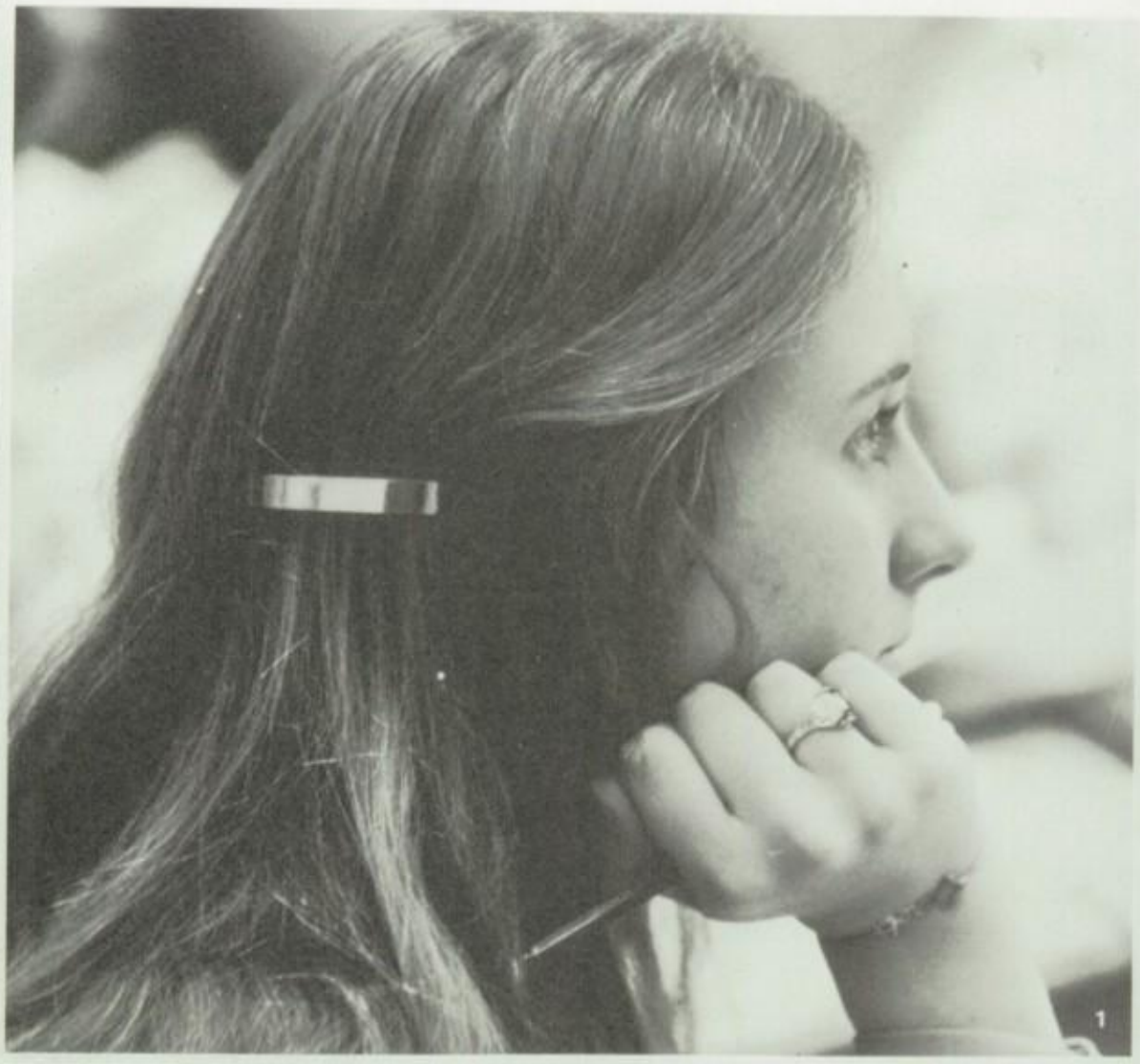
GARY SPENCER
RAYMOND STAFFORD

MARCIA STANFIELD
CAROL STATHER

STEVE ST.CLAIR
TOM ST.CLAIR

1-2-3/Sarah Simonian shows her spirit as Pirate.

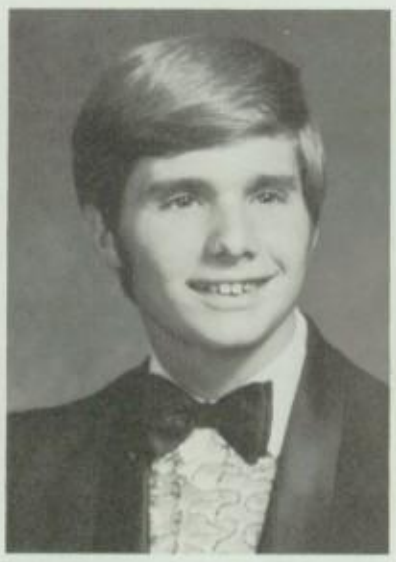
National Merit Honors























BILL STELTER
ROBERT STUCHLIK

TOM SUDQUIST
DIANE SWARTZ

NANCY SWENSON
JOANNE TAKASHIMA

KAZYO TANIGAWA
JAN TEMPLE
THERESA TERRY
DAN THAYER

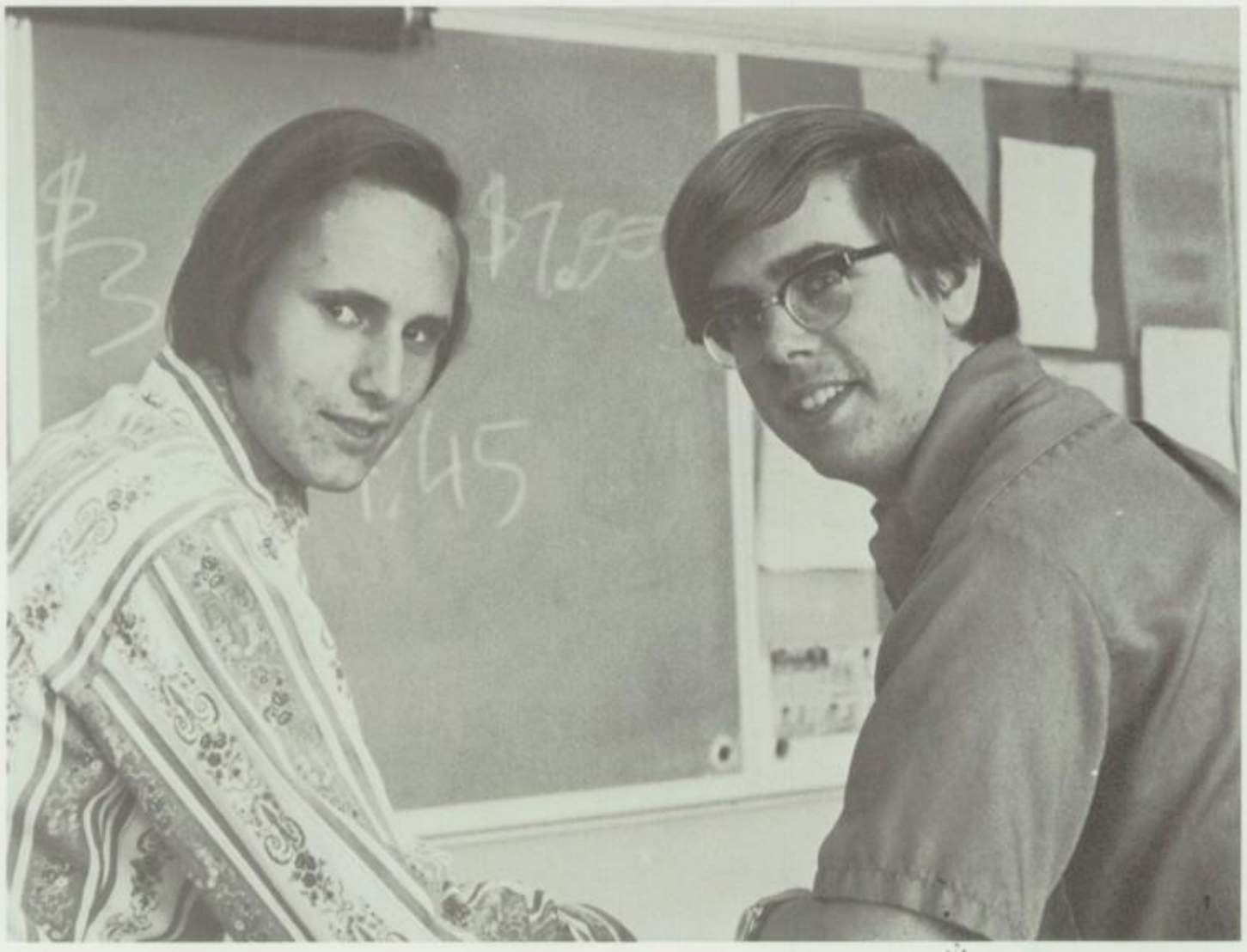
1/Carol Davies focuses her attention on the teacher.













2

JILL THOMAS
PAT THOMPSON
DEBBIE TILLISON
DIANA TOMATIS

1/Dale Benjamin and Charles Gilcrest, National Merit Semifinalists.
2/Aurelia and Serena Alston and Dean Wentworth, National Merit Letters of Commendation.

D.A.R. Homemakers and Good Citizen











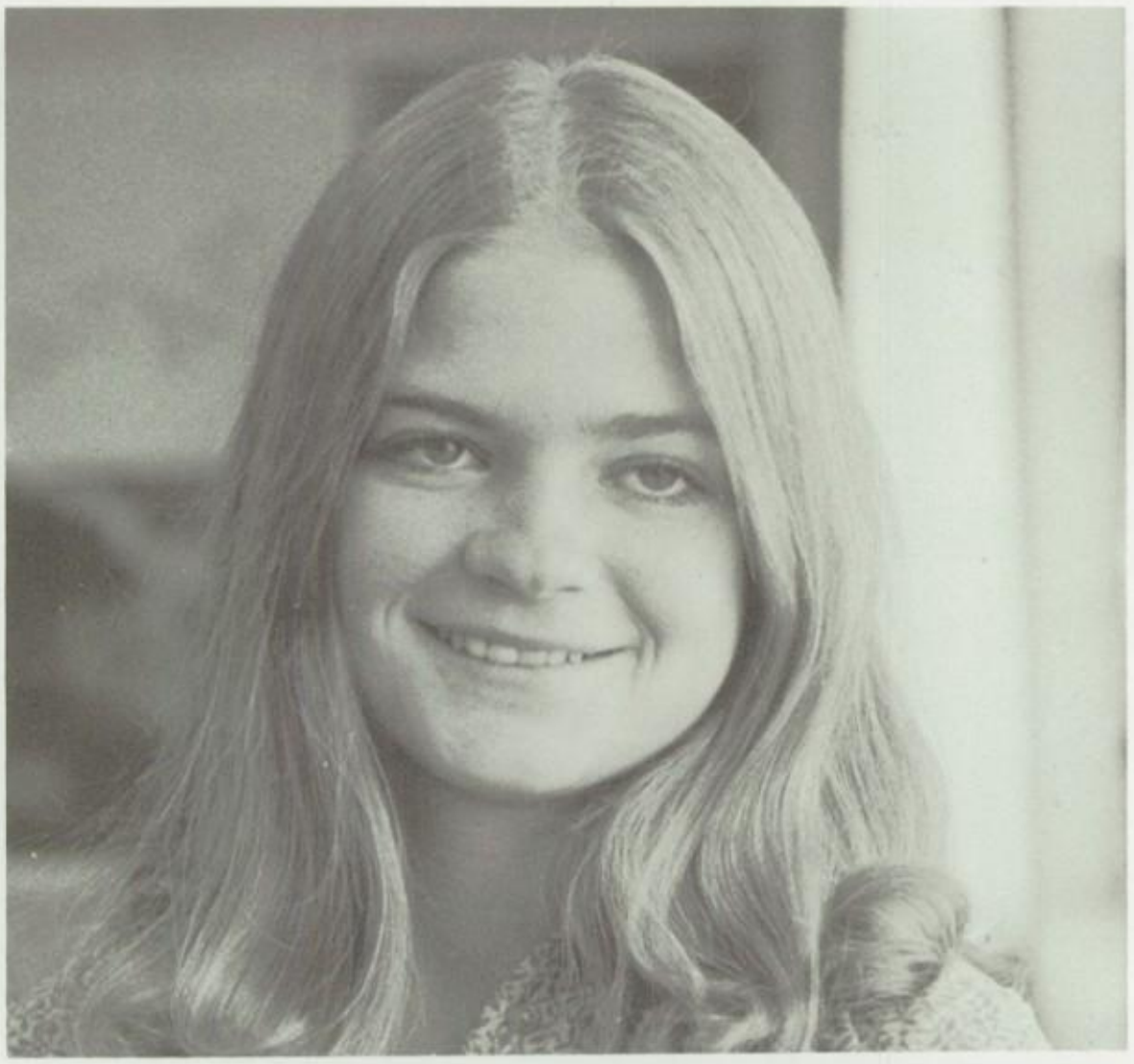


1/Cathy Breyer DAR Homemaking, sewing.
2/Karletta Moniz DAR Good Citizen.

ANGIE TROTTY
BILL TRUJILLO
DAVE TULEY
MIKE URBACH























BERNIE VALENCIA
MIKE VALENTINE
CARRIE VALENTINO
JOYCE VANCE

JACKIE VAN ECK
CONNIE VAN LEIDEN

CATHY VARGAS
ANNETTE VASCONCELLOS

VERNON VECCHIO
KIM VIEIRA

1/Nancy Knight DAR Homemaking, cooking.

Loumincavua

(or, possibilities for my father . . .)

It's a made word

It means

a great flapping cloud that rises
like a soft bird
or a flock of soft birds
that rise
out of a field like young rivers

It's for

the night
when it's dark
and all the golden animals
have wound down gold's road
to home

and you can't tell
what shapes there are here
moving about

K.C.





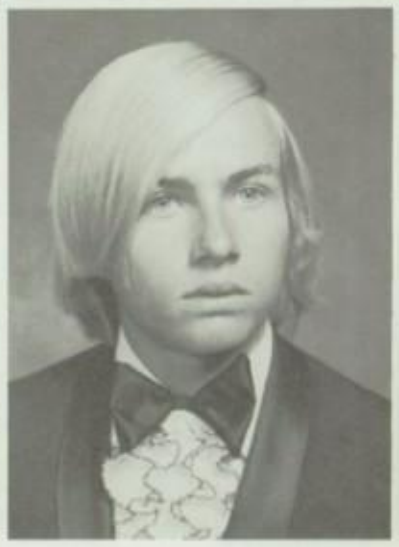














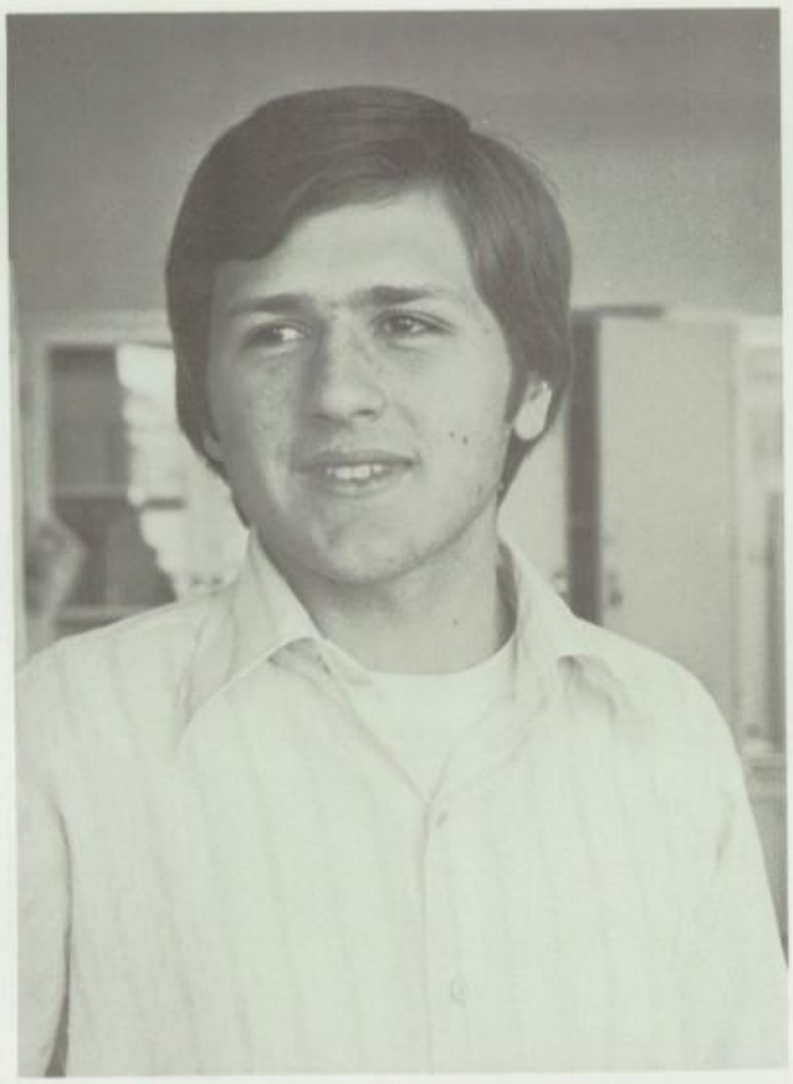
1/Steve Christensen, recipiant of the East Bay Engineers Award.

JOHN VILLA
KATIE VITALE

STEPHANIE VLASAK
ED WAGONER

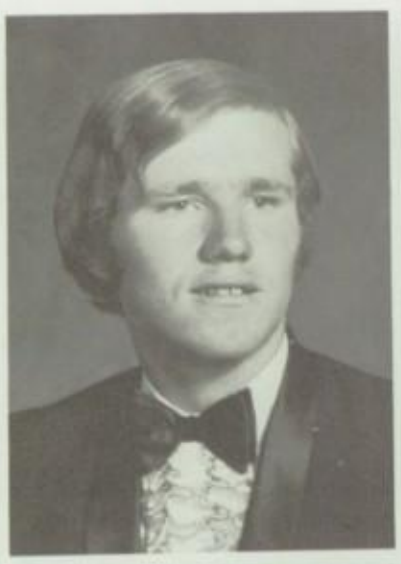
DALE WAGONER
STEVE WAITE
DEBBIE WALKER
TOM WALSH



















PATTY WALTERS
DEBBIE WALKER
DEBBIE WASSON
CINDY WEAVER

CLIFF WELCH
LORRI WENRICH

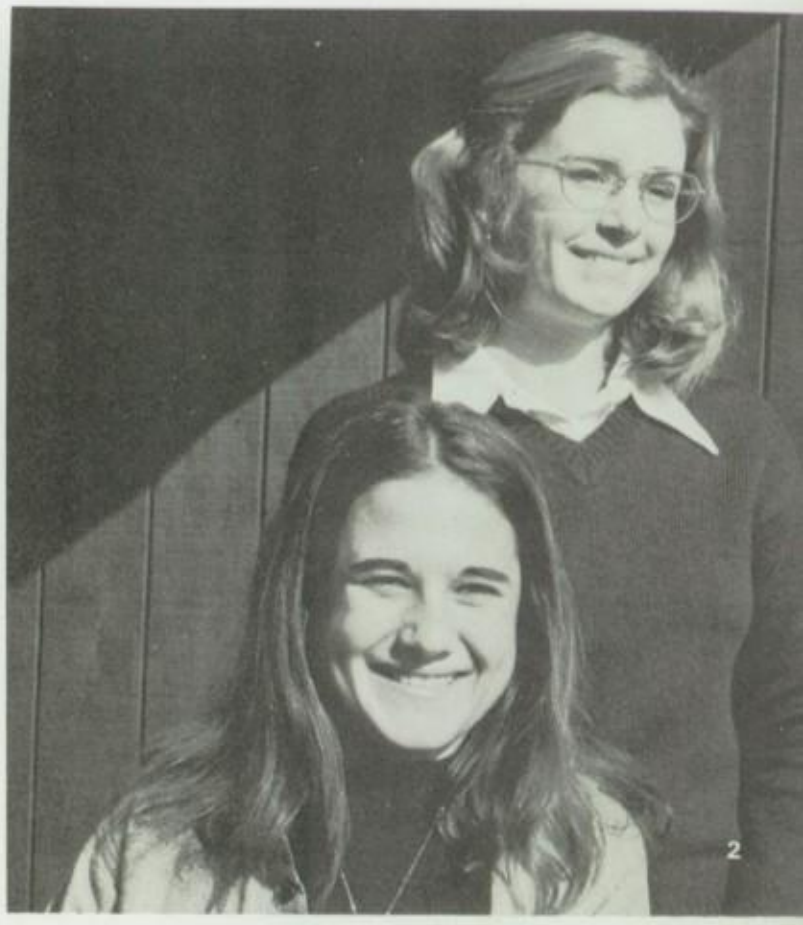
DEAN WENTWORTH
DEBBI WHITE

1/John Lauper, recipiant of a Gemco Award.

1/Karen Donaldson and Sarah Simonian Senior Class vice-president and president, Spring and Fall semesters.

2/Karen Robinson Senior Class secretary, Spring and Fall semesters.





Opposite Page: The Senior Class Officers and Class Board, Fall and Spring. Top Row, left to right: Kathy Breyer, Debbie Omick, Marcia Stanfield, Gaye Grego, Bill Trujillo, Keith Rogers, Gary Berranti Middle row, left to right: John Acosta, Patty Zajec, Diana Tomatis, Connie Van Leiden, Jill Thomas, Linda Weibe, Carol Davies Bottom row, left to right: Debbie Lacy, Serena Alston, Sarah Simonian, Elizabeth Jenike, Patty Walters, Barbara Hidalgo, Alisa Seymon Side, front to back: Aurelia Alston, Pam McGrath, Jack Jason, Joanne Acalde, Brad Winding

















Senior Class Officers

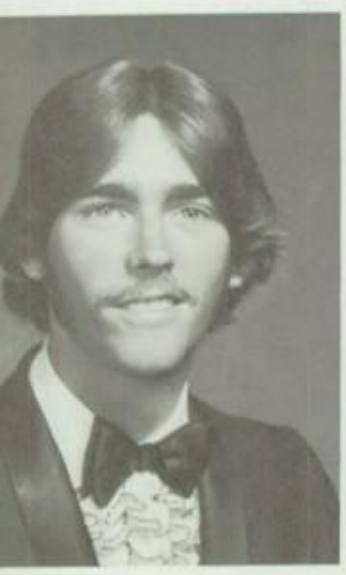
NANCY WHITE
PAUL WHITE

LINDA WIEBE
JANE WILCOX

DALE WILLIAMS
PAM WILLIAMS

DAVE WILSON
BRAD WINDING













DAVE WOLESLAGLE BRIAN WOOLLEY KATHY YAMAMOTO PATTY ZAJEC TERRY ZUNINO























1/"Evil Eyes"
2/Solo for third saxysphonist
3/Concert band begins.
4/Lead alto-sax, Jeff Smith, solos.

1/Mike Vax renders his album's lead song.
2/Solo for the third saxophonist.
3/Vax leads Jazz Lab Band.
4/Outstanding bonist Frank R. 'kicks butt'.

Mike Vax Stars at Symphonic Band Concert

Before going on tour, Mike Vax and his newly formed band performed here at SLHS. Our jazz lab and concert band also played Feb. 7 with Vax. Due to Mike Vax forgetting his music, the concert was delayed a half hour. Accompanying the concert band, the program began with Vax on his conn Trumpet. "A Trumpeter's Prayer" and "La Virgen de la Macarena" were then played. Jazz Lab followed with such selections as "Reunion at Newport," "Bass Fok Song", and "Backbone". Soloist included Jeff Smith, Bill Manuel, Greg Smith and Paul Kurtzweil. The Mike Vax band concluded the concert. One of the favorite songs performed was their version of "If", and "West Side Story" was the finale.

F.A.S.H.G.Y.F.M.D.A.D.

This year's Fifth Annual Sadie Hawkins Grab Your Fella Moonshine Dance After Dark was a smash. The dance was held March 1 from 8:30 to 11:30 in the gym and the featured band was Liberty. The hillbilly theme was carried over in the decorations with hay on the floor and a scarecrow looking on. The Rally Squad sponsored the dance to raise money to help pay for uniforms and camp.

1/Don't cha look cute, Rick?
2/The couples show smiling faces while dancing.
3/Greg Castro and date, pose pretty for their pictures of cutest couples.
4/Marilyn Decker grabs her fellow.
5/Who are you trying to hit Mitch?
6/Raggedy Ann and Andy observe the other couples dancing.
7/Abbey Hill and James Bickford join happily hand in hand in marriage.









2



3



4



6



7





2



6



7









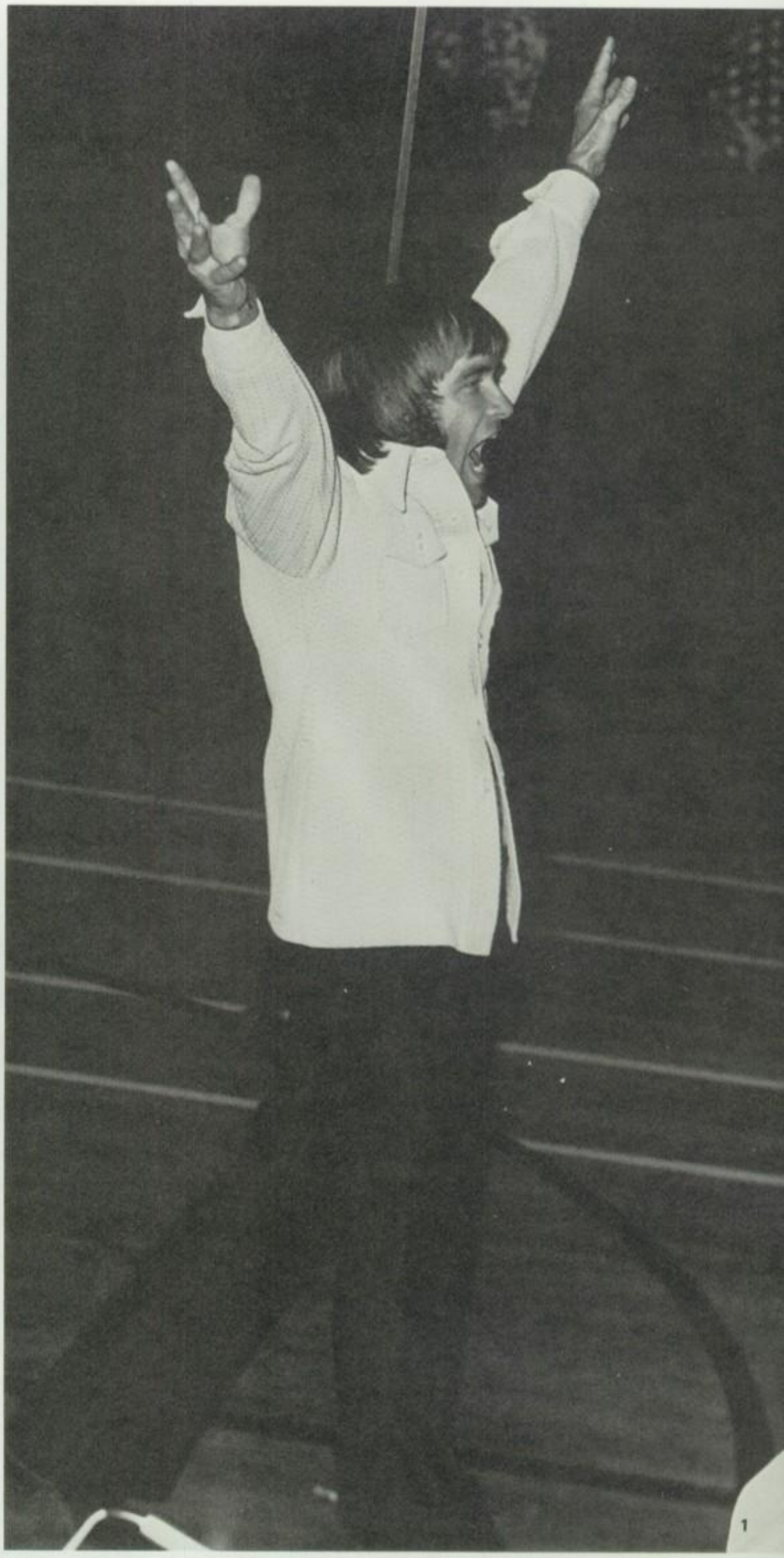
The Sadie Was a Smash

The theme Daisy Mae and Li'l Abner was carried out by
1/Patty Lyles and Barry Mendonca, Greg Castro and Maria Zedan, Anna Blasingame and Greg Anderson, Debbie Cherizian and Steve Martin who were voted as cutest couples. Among the other hillbilly couples were
2/Jeff Smith and Jean Phillipps
3/Cathy Allen and Jeff Delfino
4/Karl Brugman and Marianne Gomes
6/The group, Liberty provided the music for the F.A.G.Y.F.M.S.D.A.D.
5/and the drummer added the beat.
7/while Lisa Pierce "Danced to the Music."
8/Ya better watch out Tia, yer fella's gettin' mad.

Jazz Lab Succeeds at Jazz Festivals

On March 2, The San Leandro High School Jazz Lab Band placed first at the San Ramon Jazz Festival. The Stage Band also competed in the same division taking third place. The Jazz Band's lead drummer, Greg Field, received a special trophy for being outstanding percussionist of the bands performing that day.

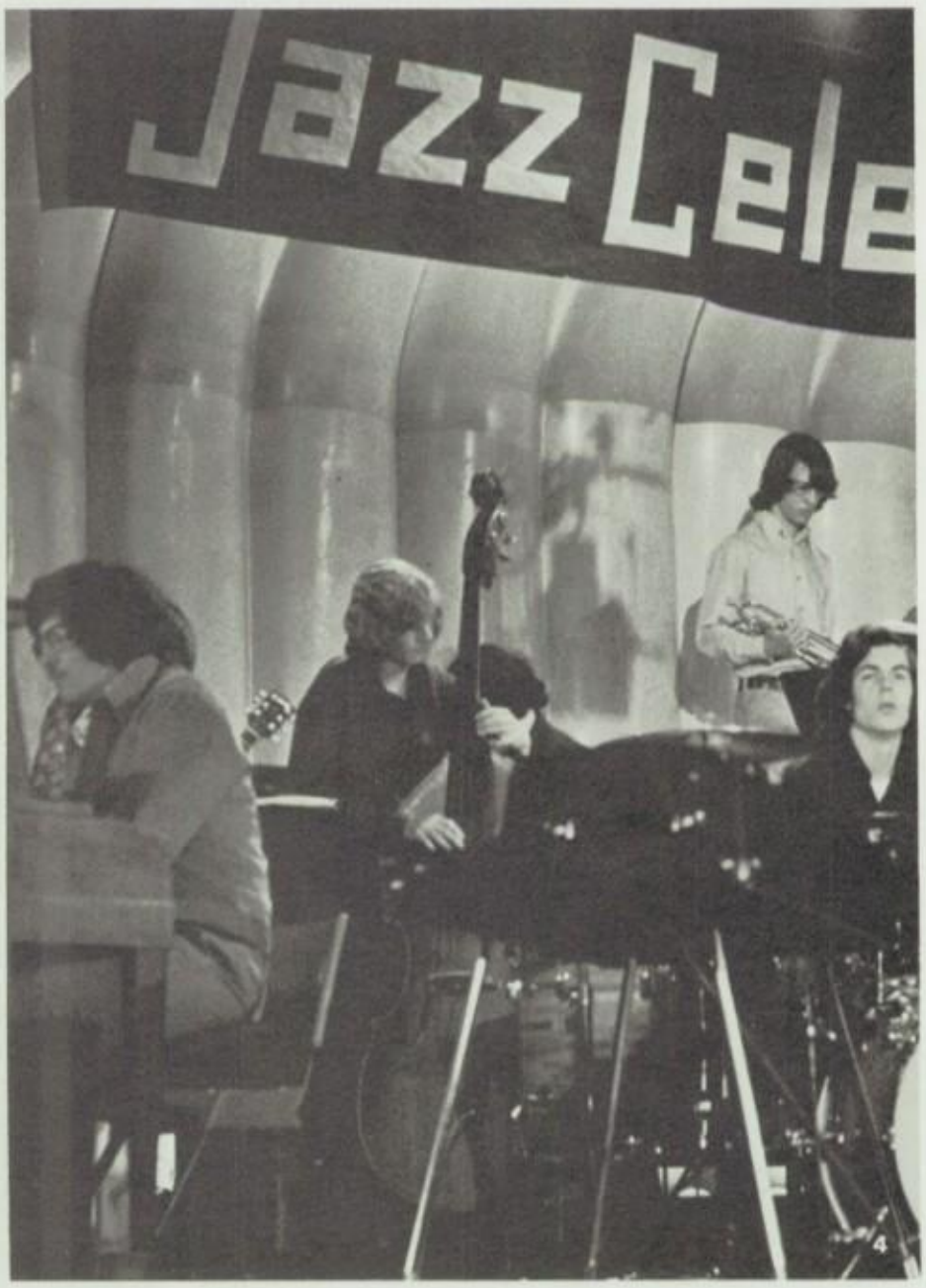
Under the direction of Vern Rolle, the Band won second place in the AAA division of the Reno Jazz Festival. They made several performances before the Reno competition. Saturday afternoon Jazz Lab won their division with three "excellent" ratings. That night, S.L.H.S. musicians competed for the Grand Sweepstakes, placing second. "Reunion at Newport", "Bass Folk Song", and "A Child is Born" were the songs the Jazz Lab Band played.






Jazz Celebratio


HOME
GUEST
Jazz Celebration


Jazz Cele



1/ Karen DeVaul accepts Emily's gift.
2/ Peter Bretz, Monsieur DeLaCroix, captures the girls with his charm.
3/ Steward, Billy Jazwinski, watches Cornelia in astonishment.
4/ Ship's purser surprises Emily.
5/ Cornelia delivers her soliloquy.
6/ Exhausted Cornelia contracts the measles.
7/ Otis Skinner disinfects bed with ill-concealed disgust.
8/ Emily studies her colloquial French.







Cast

(In order of Appearance)

Steward	Billy Jazwinski
Mrs. Skinner	Ellen Campbell
Cornelia Otis Skinner	Maureen Edwards
Otis Skinner	Richard Hammond
Emily Kimbrough	Julia McHugh
Purser	Rich Webb
Stewardess	Dana Desonie
Dick Winters	Mariane DiMarco
Admiral	Russ Gebhardt
Harriet St. John	Marilee Cox
Winifred Blaugh	Elizabeth Jenike
Leo McEvoy	Ron Hammond
Inspector	Lisa Piazza
Therese	Ruth Goldhor
Madame Elise	Karen DeVaul
Monsieur De La Croix	Peter Bretz
Window Cleaner	Jack Jason

Our Hearts were Young and Gay


1


2


3



Production Staff

Director	Ruth Talley
Costume Design and Wardrobe	Marilee Cox
Wardrobe Assistants	Margaret Cox
	Stephanie Vlasak
	Laura Dennis
Light Technicians	Steve Brandon
	Randy Evans
Sound Technicians	Dale Benjamin
	Diana Riley
	Brice Wightman
Stage Crew	Russ Gebhardt
	Diane Ross
	Joyce Cowdin
	Valerie Henrie
Coach	Alan Loebs
Program Design	Karletta Moniz
Poster Design	Jane Willis
Set Design	Joanne Alcalde
	Aurelia Alston
Make-up	Serena Alston
Set Construction	Mr. Hawkins and Stagecraft Class

The Play was a Great Success

On the nights of March 21, 22, and 23, much excitement was created by the opening of the Spring play, "Our Hearts Were Young and Gay." The story revolved around the adventures of two young girls on their first trip to Paris in the 1920's. The girls encountered various kinds of new experiences, among them bedbugs, boyfriends, measles and mishaps. It was a lot of fun being a part of the Spring drama production. I played the role of Cornelia Otis Skinner. It was a great experience to learn the expressions and mannerisms of the Jazz Age and to use them on the stage.

--Maureen Edwards





1/ Emily, Dick, and Leo encourage Cornelia to "play well" and avoid the medical inspection.
2/ Leo and Cornelia talk things over after a last night out together.











1/Cornelia is steadied by her friends.
2/The "admiral" shocks Cornelia.
3/Dick anxiously greets Cornelia's mother, played by Ellen Campbell.
4/The health inspector, Lisa Piazza, suspiciously eyes Cornelia.
5/Therese, played by Ruth Goldhor, cautions Emily and Cornelia about the exploding bath.



1



2



3



4

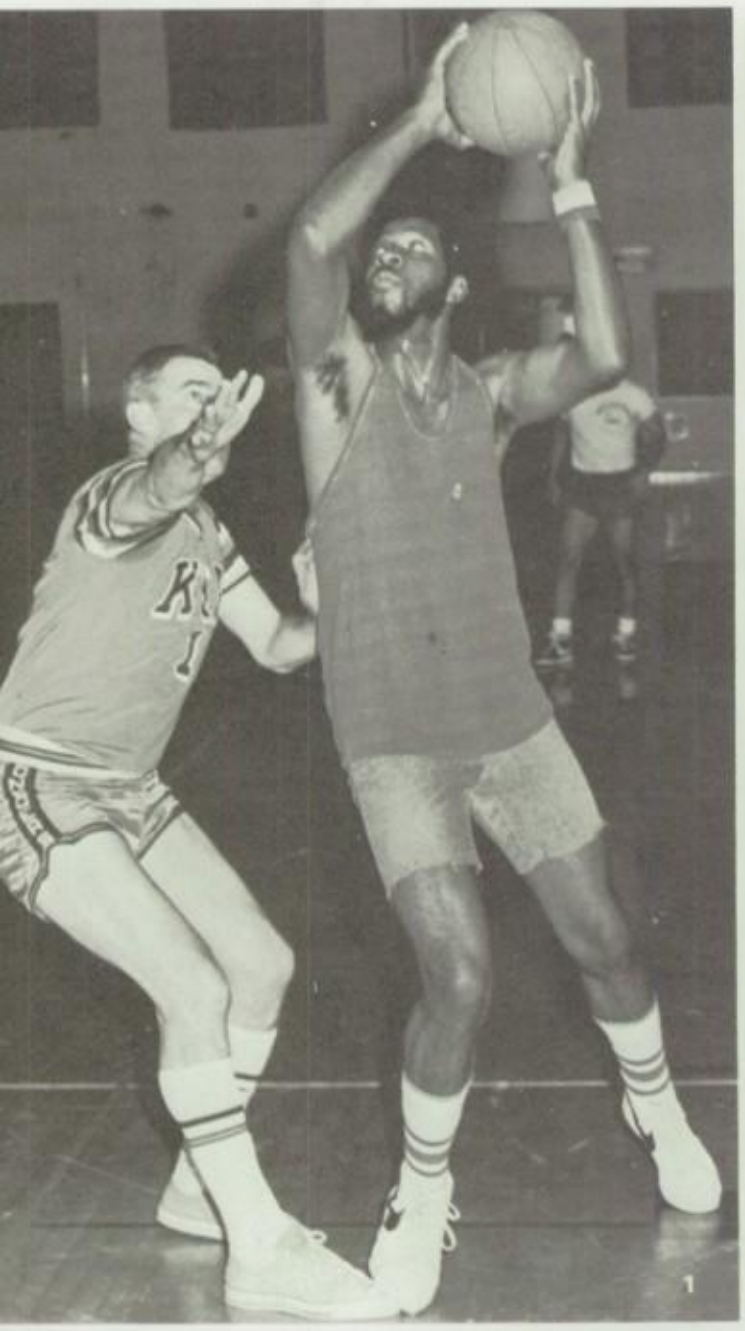


5



6

1/Come and get it.
2/Keith Mordoff shows off his unique form.
3/Connie Van Leiden shoots for two.
4/Take it away, KYA.
5/Get that ball, Kim, Get that ball.
6/Where did the ball go boys?







K.Y.A. Oneders Win Again

The KYA Oneders once again defeated the San Leandro High Faculty team.

Without any set plays the faculty played an exciting game leading the Oneders during the fourth quarter to a comforting 98-93 margin. With 1:30 left in the game, a technical was called on basketball coach, John Garcia, for an out of bounds violation. The Oneders went into their first overtime of the season, with a score of 98-98 at the end of the regulations game. With 15 seconds left Pruski made a free throw, ending the game at 101-100. John Garcia was high scorer with double figures. The pre-game entertainment was the Junior girls vs Senior girls without much heavy competition, the Senior girls won 35-15. The entire game was a complete team effort. This game was the first game of the season for the girls. Hopefully this win for the Seniors is an indication of more winning games to come.

1/Hey, Get off my foot!
2/You can make it if you try Connie.
3/This isn't a dance, this is a basketball game girls.

Students Bring Honor to S.L.H.S. through Various Talents in Homemaking, Sports, Math

Doreen Cooper, seen in pictures number 1 and 7, was named seventh all-around in her intermediate school class. Her performance was highlighted by a first place in the floor exercise event with a score of 91. Each contestant was required to compete in all four events: beam (shown on opposite page), uneven parallel bars (this page), vault, and floor exercises. Her coach feels that Doreen has the potential to be first in the state competition next year.

Last year, Bob Paveo, picture number 2, was voted most improved in track by his fellow athletes. He has this year lived up to the team's expectations of him, by qualifying for the Oakland Indoor Track Meet. He has broken the school's triple jump record, and is trying to break Mike Antone's long jump record. Hopefully, he will compete in the California State Track Meet at the end of the school year.

Laurie Keates has distinguished herself in shot put and discus competition for girls' Track and Field Events. She placed first in shot put and second in discus at the Tahoe Steppers Track Meet; she ranked second highest in California while throwing a six-pound shot put. Now she throws an eight pound. Since this is the first year that SLHS has had a girls' Track Team, such good beginnings, and especially the wealth of talent and dedication among returning Juniors and Sophomores, bodes well for 1975.


1


4







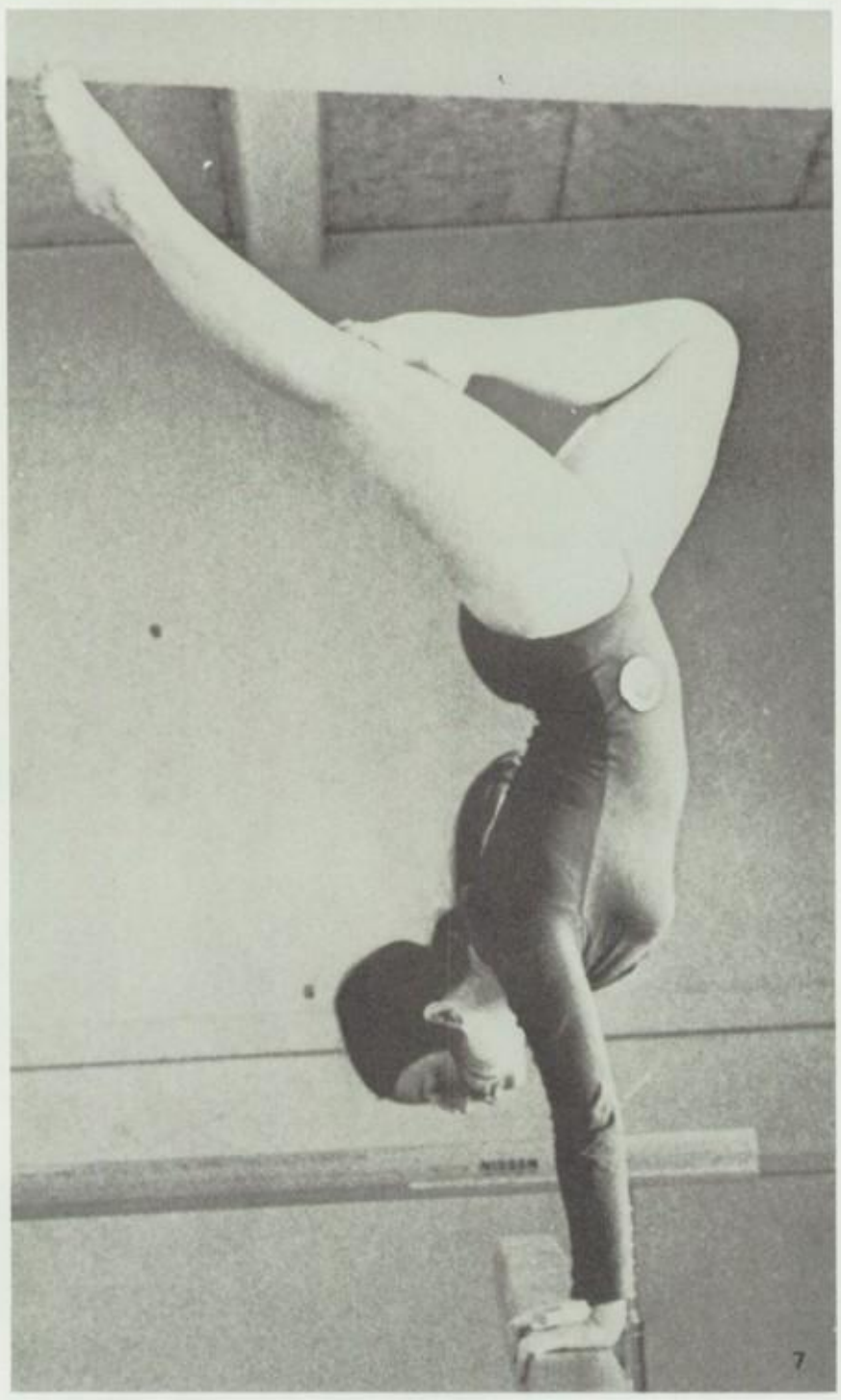
2



3



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7



6

The winner of San Leandro High's 1974 Betty Crocker Homemaker Award is senior Lois Kurtzweil, shown in picture 3. The multiple-choice test taken by all the entrants was concerned mainly with child care, cooking and sewing. Even though Lois's main interest is music, and she plans to become a music teacher after college, Lois plans to make use of her home economics talents as a housewife and mother.

Carolyn George and Cathy Breyer, seniors shown in picture 5, are first place winners of the D.A.R. Statewide Clothing Contest. The tailoring competition was divided into three categories: streetwear, schoolwear, and formal. Carolyn's pantsuit won first place in the streetwear category, whereas Cathy's won in the schoolwear department. This is the first time that any student from SLHS has entered this competition, and now we have two blue-ribbon winners!

Not to be outdone by homemakers and super-sports, the Math Department has come up with its own clutch of winners: Marcia Stanfield, Dan Baxter, Kellie Jones, and Janet Richardson, shown in picture 6. These four are SLHS top scorers in the Annual High School Mathematics Contest. If San Leandro's combined scores from these four students ranks high in comparison with other U.S. high schools, these students will compete in an Olympic-style math contest this summer.

Winning isn't Everything, But Wanting to Win is.

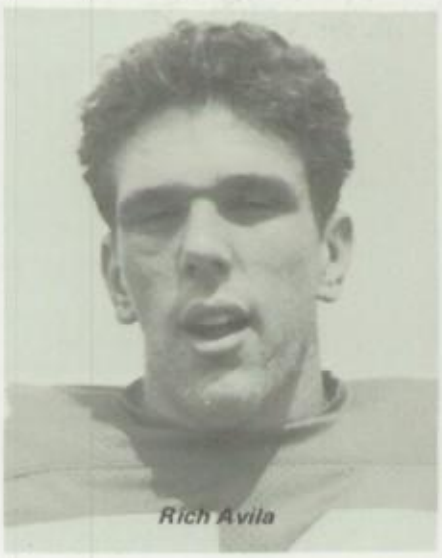
—Vince Lombardi

The 1973 Varsity Football Team had the will to win. Unfortunately, luck always seemed to turn against the Pirates. Because of inexperience, key injuries, and possible revenge motives from their opponents, the Pirates suffered a season of frustration. Losing never brought the team down; it only made them try that much harder. The team never quit or made excuses, but gave every game their all, regardless of the odds. In all fairness, the win-loss record is not the measure of the 73' Pirates — this team was 100% effort and spirit.

1/Play action in the backfield.
2/Coaches Hidalgo and Lamanuzzi discuss the problems facing them in the night's game.
3/Coach Shorum.
4/Coach Mietz shouts encouragement to the defense.
5/With a key block by Bob Atthowe, Marc DeCoulode breaks through for a big gain against Logan.
6/Dave Shaw climbs mountains of Spartans during the Pirates pre-season victory over Castro Valley.
7/Tony Lagorio's 101% effort.



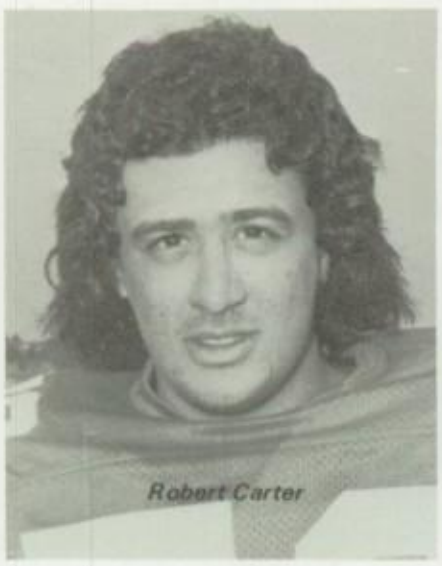


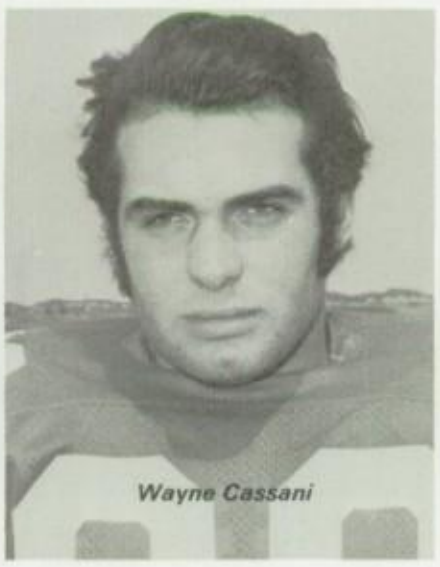

Rich Avila

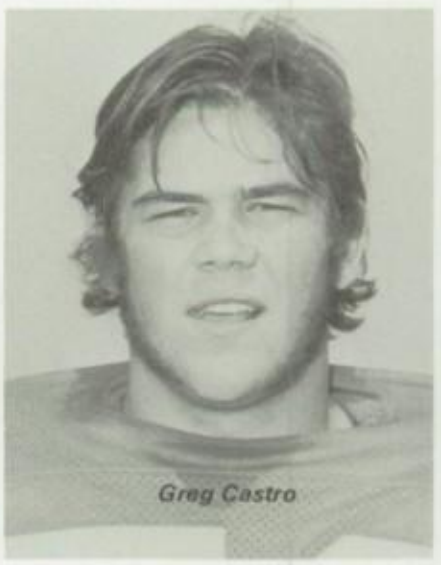

Martin Barajas


Don Brennan


Larry Carroll


Robert Carter


Wayne Cassani


Greg Castro


John Celes

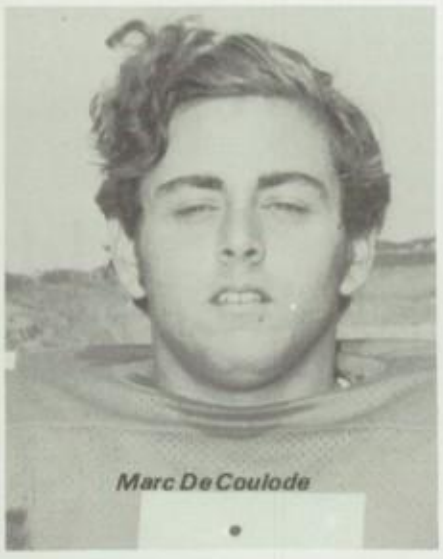

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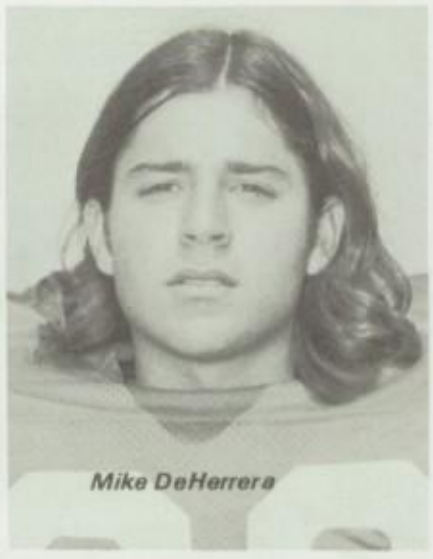



Rick Cordero


Rick Damiani


5


Marc DeCoulode


Mike DeHerrera



6



7

No Loss of Spirit

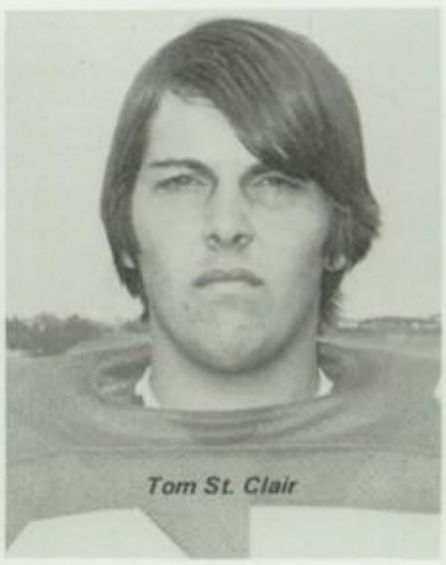
We had a small club, but I think everyone did very well. All the seniors did an outstanding job. It was a good season, but we had our problems because of the loss of some key players early in the year. Both Dave Shaw and Q.B. Don Brennan lost a lot of playing time. In Don's case, his injury sidelined him for the whole A.C.A.L. season. We then went with junior Jim Pimentel at quarterback. Under a lot of pressure, Jim did a very fine job. Spirit was never lost by the team this year. Every Monday everybody was really anxious and ready for the next game.

—Ben Shorum-Head Coach

Football awards for the 1973 season were presented as a part of the Spirit Day rally this year. Honors were as follows: M.V.P.-Dave Shaw, 100% player-Tony Lagorio, Inspirational-Marc DeCoulode, Improved-Greg Fernandez, Sportsmanship-Don Brennan, Outstanding Back-Ted Smith, Outstanding Lineman-Dave Shaw, and Outstanding Sophomore-Barney Santos. All league selections were: Dave Shaw-1st Team Offensive Tackle, Mitch Fernandez-Honorable Mention Wide Receiver, and junior Bob Atthowe-Honorable Mention Defensive Back.

1/A blanket of tacklers pin down the opposing runner.
2/Coach Hidalgo informs Jim Pimentel about the next play.
3/Greg Fernandez and Mark DeCoulode double team downfield.
4/Quarterback Don Brennan sets up towards the flag.
5/Bob Atthowe returns the kickoff for a touchdown against Alameda.

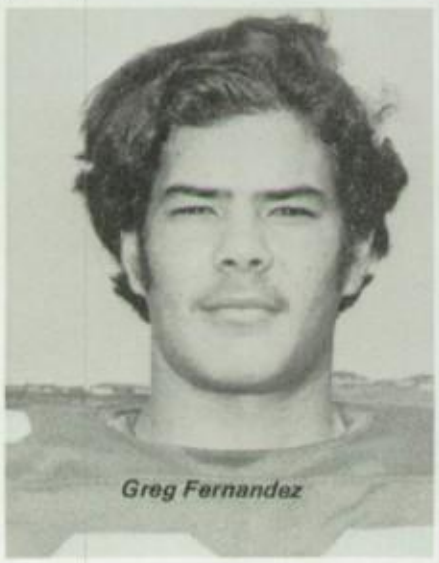




Tom St. Clair



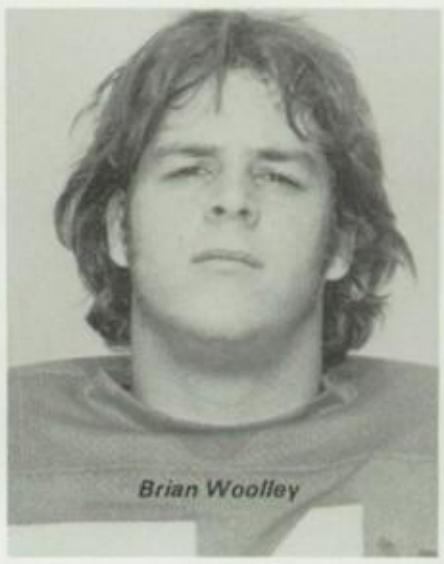
Bill Trujillo



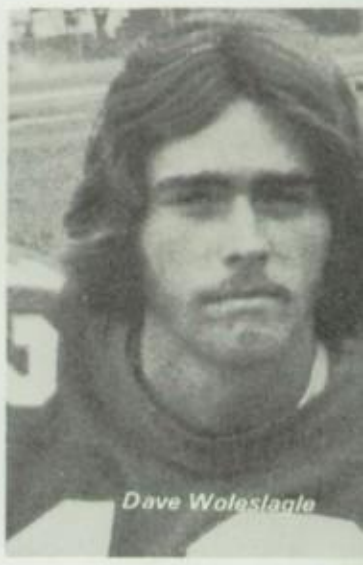
Greg Fernandez



Mitch Fernandez



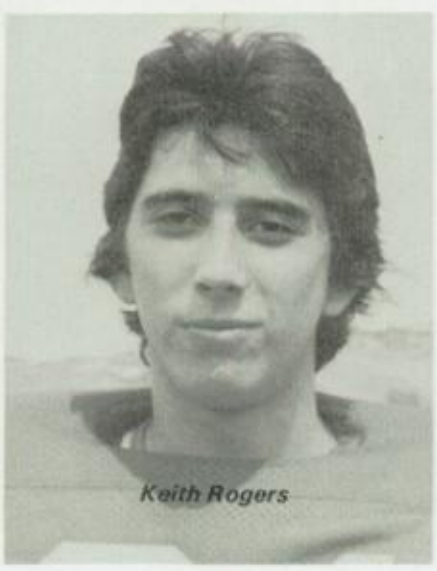
Brian Woolley



Dave Woleslagle



Hank Garcia

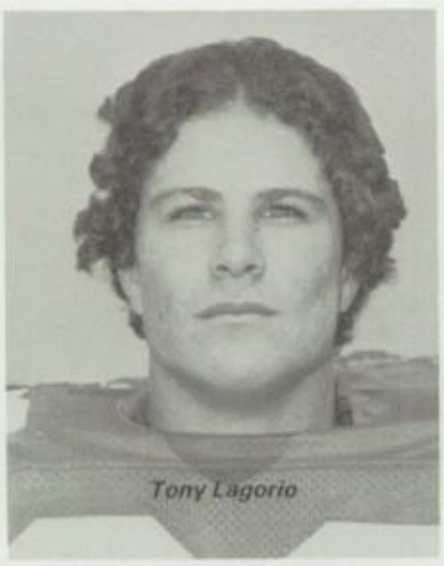


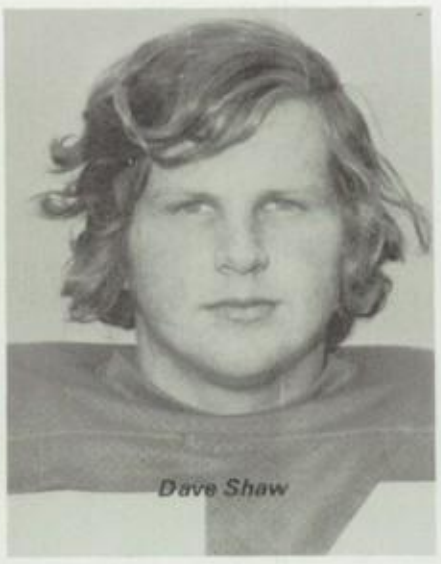
Keith Rogers

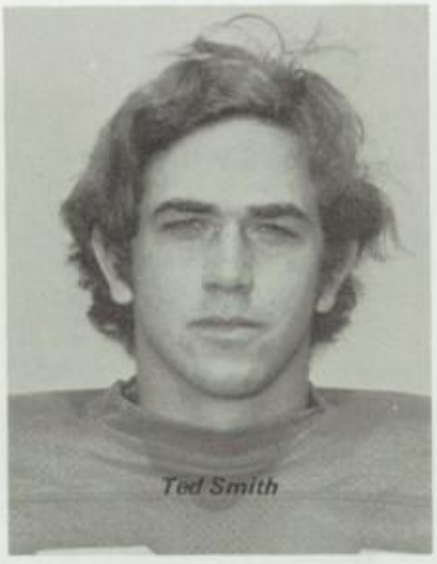




2


Tony Lagorio


Dave Shaw


Ted Smith



3





Bottom (l. to r.)
Jay Miller-27
Mitch Perry-43
Tom St. Clair-37
Mike DeHerrera-22
Mitch Fernandez-7
Marc DeCoulode-5
Hank Garcia-28
Larry Carroll-62
Dave Woleslagle-12

Middle row (l. to r.)
Martin Barajas-45
Ted Smith-84
Bill Trujillo-35
John Celes-81
Wayne Casani-68
Greg Castro-72
Greg Fernandez-99
Keith Rogers-61
Chuck Cantando-76
Bob Atthowe-25

Top row (l. to r.)
Bob Carter-73
Rich Cordero-25
Don Brennan-9
Tony Lagorio-33
Brian Woolley-71
Rick Damiani-55
Dave Shaw-74
Rich Avila-70
Hugh Plankenhorn-51

The Season

S.L.	22	vs.	Castro Valley 6
S.L.	8	vs.	Logan 0
S.L.	7	vs.	Harry Ells 24
S.L.	8	vs.	Kennedy 40
S.L.	8	vs.	Richmond 25
S.L.	14	vs.	Alameda 15
S.L.	22	vs.	Encinal 40
S.L.	13	vs.	Pacific 19
S.L.	7	vs.	Berkeley 42

Cindermen Star

The decline of the two men who were supposed to dominate the team, the unexpected emergence of future stars, and the final rise of the team as a cohesive unit: this is the saga of the 1973 Cross Country team. When the year began, it was generally conceded that John Coats and Charles Gilcrest would dominate the team, with Dan Nelson a fighting third. As the season progressed, Gilcrest remained the number one man, but Jeff Farmer, in reality a wrestler rather than a runner, and Steve Pitcher, a transfer from Irvington High, with a knack for getting lost, emerged to challenge for the lead. The team, spurred by these unexpected rivalries, scored upset victories over Arroyo, Kennedy, Ells, Berkeley, Richmond, O'Dowd, Sequoia, and Pinole Valley as Coats, Pitcher, Farmer, and Gilcrest traded victories. Concluding the season with the ACAL finals, the team was at an emotional and physical high. They ran as a unit, all finishing within two minutes of each other, and coming closer to qualifying for North Coast finals than any other Pirate team in recent history. It was a fitting end to a great season.

1/Charlie Gilcrest and boys play follow the leader.
2/Gilcrest, Farmer, and McDonald lead the way to another Cross Country victory.
3/Determination in John Coat's face.
4/Coach Miller glances at the starting line.
5/Eric Herzer drives to catch Bill Stelter.
6/Charlie Gilcrest loves the sight of the finish line.



1

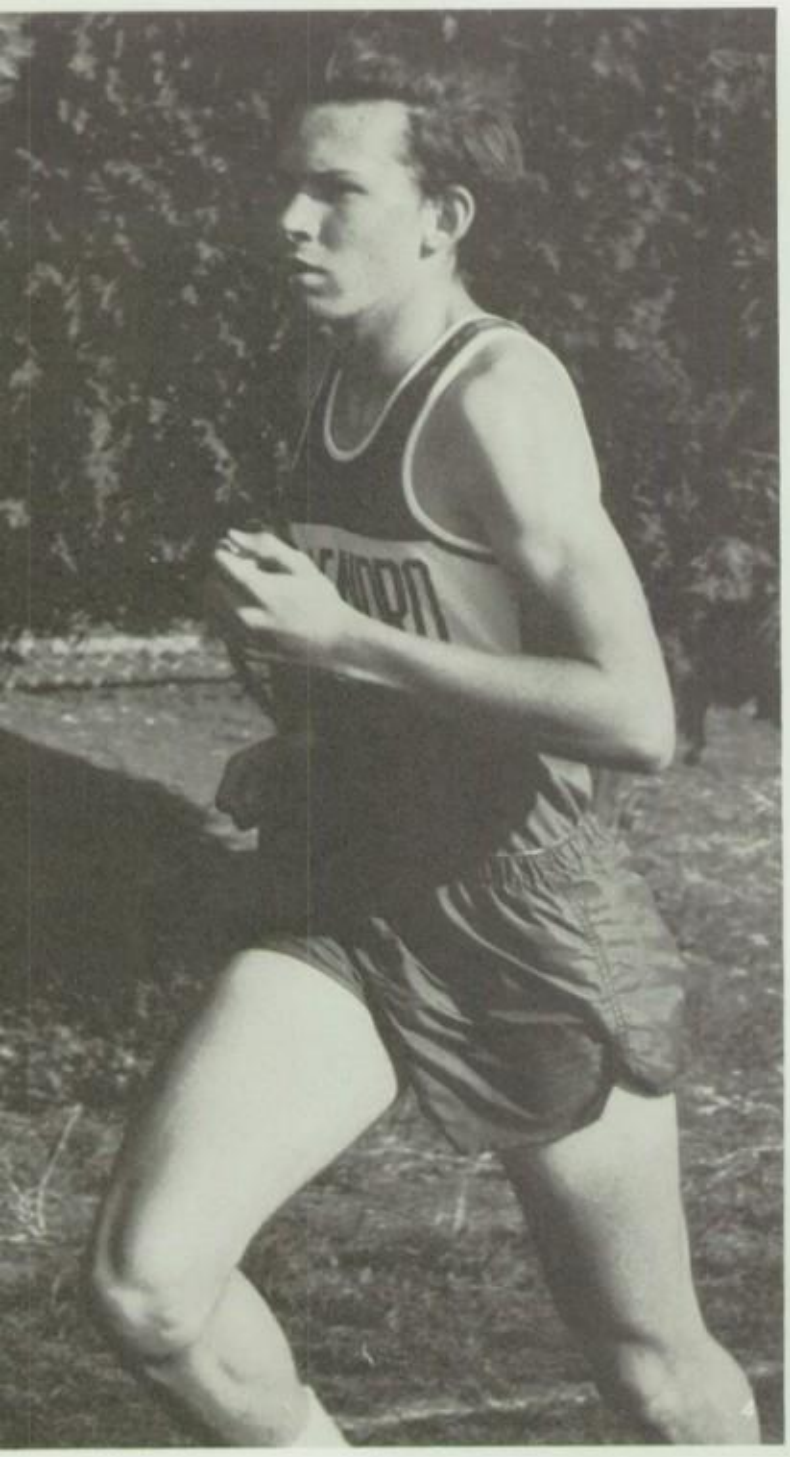


2



1973 Cross Country Team, (l. to r.), Rich Reed, Jeff Farmer, Bruce Caldwell, Steve Freitas, Ron Phillips, and Steve Pitcher. Middle row (l. to r.) Joe Morrison, Mike Chandler, Mike Sandeen, Joel Osias, Larry McDonald, Eric Herzer, Brian Welch, Diego Tribuani, Brice Wightman, Bill Stelter, and Clark McNally. Top row (l. to r.), Coach Miller, Marc Whitman, Jim Williams, Charlie Gilcrest, Dan Nelson, John Coats, Glen Martinez, Bill Kaufmann, Dan Patfield, Kent Hasel, and Doug Anderson.

3





5



6



7

True Dedication

With 14 runners vieing for 7 positions, competition for the J.V. team was at an all-time high. As a result, Juniors were running before school, on weekends, at lunch, or whenever time allowed. From this training emerged a team that would post the best J.V. record in the last seven years. Led by Steve Freitas, J.V. All-ACAL, and Rich Reed, who spent half the season on varsity, the champs of the future defeated all opposition in dual and tri-meets. At the finals, aided by strong efforts of Dan Padfield, Diego Tribuani, Mike Sandeen, Ed Kaufman, and Clark McNally, coupled with the superior talent of Rich and Steve, the J.V.'s finished second in league, losing only to Encinal, and proving conclusively that San Leandro will be a force to contend with next year.

Despite the lack of experience and the fact that at least one runner per meet would get lost on the course, the Sophomore Cross Country team, led by Doug Anderson, Joel Osias, Brice Wightman, Brian Welch, Eric Herzer, Mike Chandler, and Bruce Caldwell, finished third in south county, proving that a team could be great and also enjoy themselves.






6


5

1/Cross Country runners cool off during a race on a hot day.
2/Glen Martinez and Larry McDonald keep in stride during race at S.L.H.S.
3/The boys are off and running.
4/A happy crowd of Varsity runners. Where is Jeff?
5/Eric Herzer jogs across the misty outfield.
6/Charlie makes his move.
7/Diego Tribuani turns sharply around the corner.
8/A contented, wet Kent Hasel continues his soggy journey.


7


8

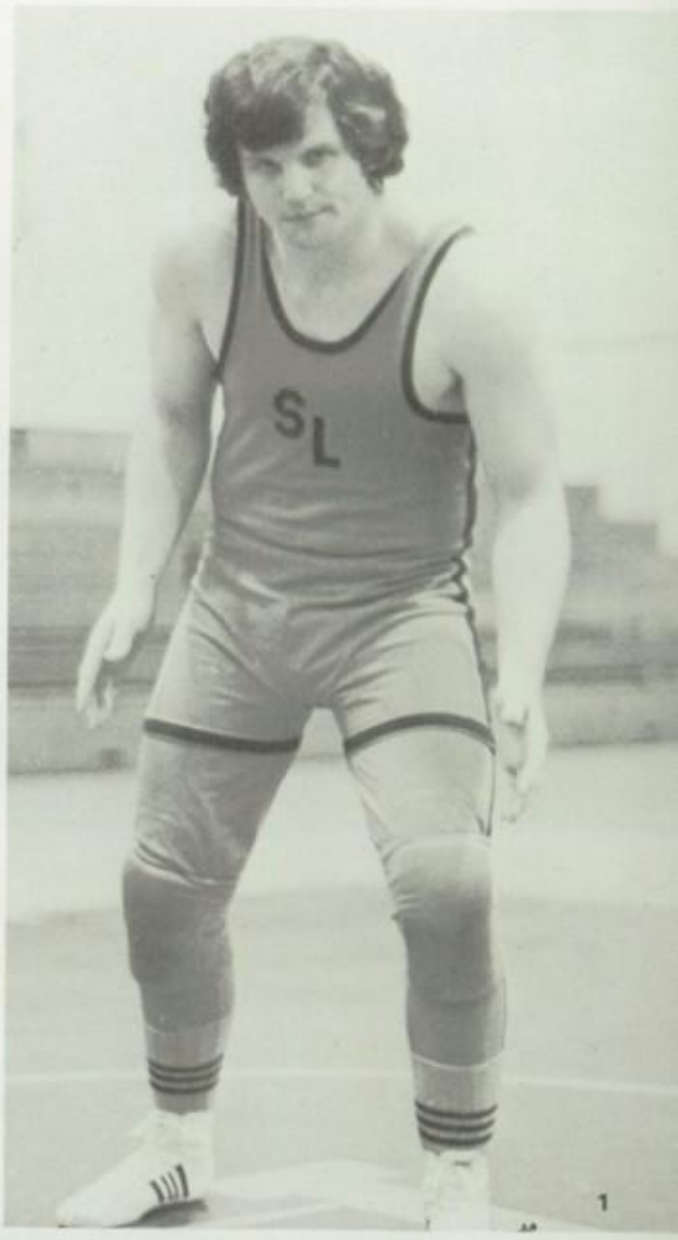
The Scrubini's

The Reserves, San Leandro's only undefeated team in dual or tri-meet competition, proved that winning can be fun. Self-appointed leaders Larry McDonald and Kent Hassel, called the Scrubini's, led the squad in tomato fights, short-cuts, and victories. Joe Morrison, Glen Martinez, Brice Whitman, and Bill Stelter continually challenged Larry and Kent for the team leadership. Spurred on by this friendly rivalry, the team rolled over all opposition, posting a 13-0 record in preseason and league meets. The team was sky-high for league finals, and responded with another tremendous victory. With four reserve team members returning next year, the tradition which enshrouded this year's team is sure to continue.

Climbing Mat Men

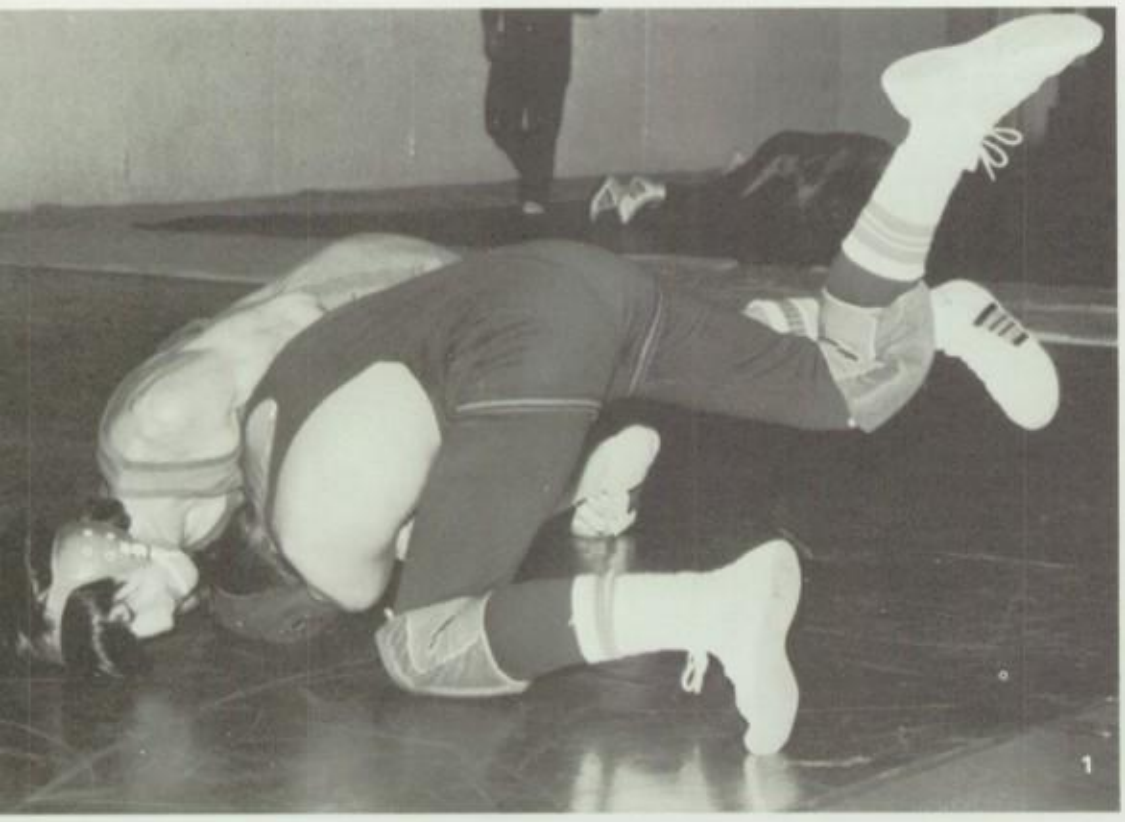
Wrestling seems to be climbing in popularity. The quality of this season's team had an influence on the student body this year. More than once, the Pirate side of the gym was filled with screaming, enthusiastic spectators. The team battled with pure desire, and proved such crowds were very helpful. As "one", the team deserves much credit. Their 8-6 tally is a far cry from a losing record, and close to being the league's best. Seniors Dave Shaw, Larry Carroll, Jim Fone, Tony Lagorio, Martin Maisler, and Ralph Brotherson turned in continuous super performances. Juniors Steve Freitas, Jeff Farmer, Paul Davis, Joe Morrison, and Dan Maisler kept the team going strong. As an end to the 1973-74 Varsity wrestling season, something historical occured. For the first time at San Leandro High, two wrestlers, Dave Shaw and Larry Carroll, advanced into the North Coast Finals.

1/Senior Dave Shaw
2/The 1973-74 Varsity Wrestling Team: (l. to r.), Coach Miller, Dan Maisler, Larry Carroll, Tony Lagorio, Paul Davis, Greg Fernandez, and Dave Shaw. Bottom row (l. to r.), Martin Maisler, Joel Osias, Joe Morrison, Jim Fone, Jeff Farmer, and Steve Freitas.



1


2











1/Jim Fone flips his opponent . . .
2/. . . and forces a pin.
3/The quick victory is concluded with warm congratulations.
4/Coach Miller.
5/Senior Jim Fone

Varsity Record (8-6)

WINS	LOSSES
James Logan	Newark
Skyline	Pacific Quad
Fremont	Harry Ells
Kennedy	Encinal
El Cerrito	DeAnza
Richmond	Pacific
Berkeley	Pinole Valley

Senior "Superstars"

The wrestling crowd was treated to several gifted and exciting senior wrestlers this season. These "superstars" wrestled consistently throughout the year in league competition and were frequent tournament winners. This season's top wrestler was heavyweight Dave Shaw. Shaw's 11-0 league record and 1st place victories in the Monte Vista Invitational, Livermore, and Pacific tournaments, and in the A.C.A.L., North Coast-Division I, and North Coast-Section I finals, and also his advancement into the State Championships describes him as a true physical and mental champion. Another medal winner is muscular Larry Carroll. Carroll was 10-1 in league competition and his tournament results are as follows: 3rd-Monte Vista, 2nd-Livermore, 1st A.C.A.L. Finals, 2nd-North Coast-Sec. I, and 6th-North Coast-Sec. I. Lightweight Jim Fone's 9-0-1 league record and second place finish in the A.C.A.L. Finals clearly establishes him as one of S.L.'s finest wrestlers ever. All-around athlete Tony Lagorio was also a fine grappler this season. Lagorio captured third place in the A.C.A.L. Finals, and held a respectable 4-2-1 record in league. The two final wrestlers, Martin Maisler and Ralph Brotherson, both had good seasons, as Maisler was 7-2 in league and Brotherson was 5-3. All of these seniors and also their under-graduate teammates were willing to try their hardest. They should be admired for their dedication to this strenuous sport.



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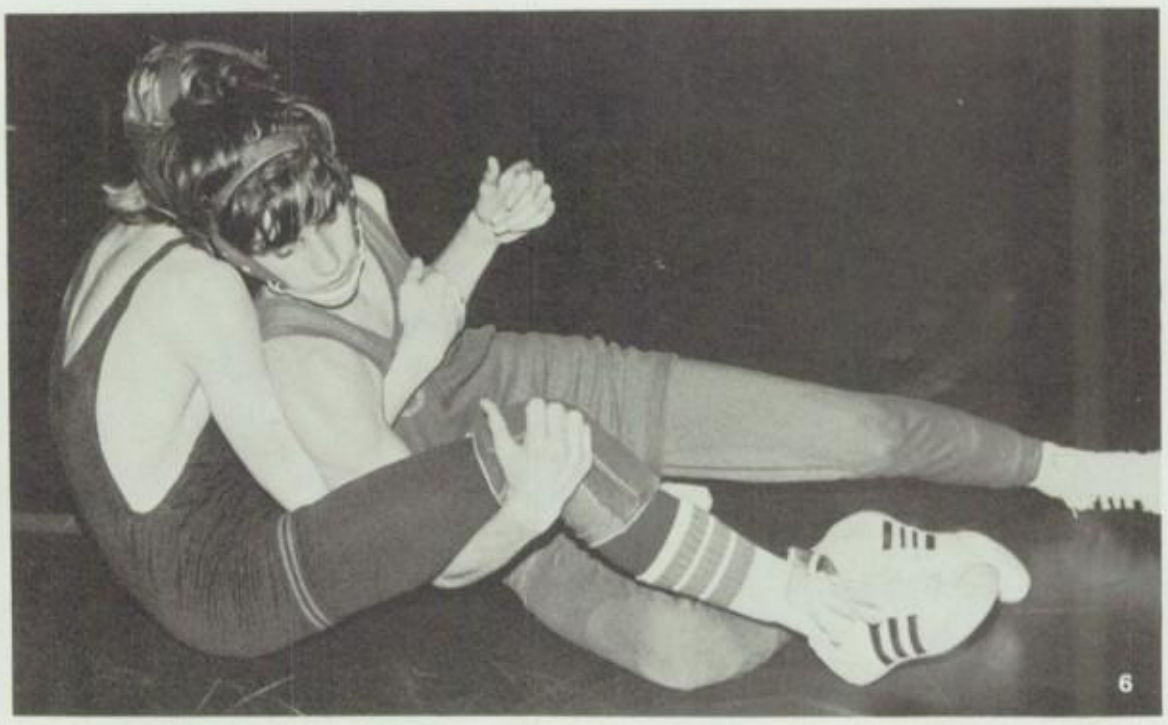


2









1/Senior Larry Carroll
2/The crowd mixes with wrestlers that wait and celebrate.
3/The 1973-74 Senior "Superstars": (l. to r.), Coach Miller, Jim Fone, Tony Lagorio, Larry Carroll, Dave Shaw, Martin Maisler, and Greg Fernandez.
4/Senior Martin Maisler
5/Senior Tony Lagorio
6/Steve Freitas wraps up a hopeless lightweight.

The Unexpected

Everything happened unexpectedly for the 1973-74 Varsity basketball team. The year started with two victories. One of these wins was against East Bakersfield, a team considered one of the best in the valley. After this victory, numerous mistakes and individual inconsistency plagued the Pirates. Our team lost the next five games in a row. At this point two possibilities faced the team. The players could have taken a negative attitude and driven themselves into more losses. This losing atmosphere might have also created discipline problems. Fortunately, our players took the challenge on the positive side, despite disappointments in their individual performances. We beat the next four out of five teams, and we also won the Consolation Championship in the O'Dowd Tournament. These victories boosted our confidence, and also hinted that we were ready for A.C.A.L. competition.

—Coach John Garcia

1/Ed Olivero scores crucial points.
2/Mordoff climbs high for the layup.
3/Acrobat Brennan scores on jumper.
4/Ted Smith defenses the 'Jacket.'





Jay Anema



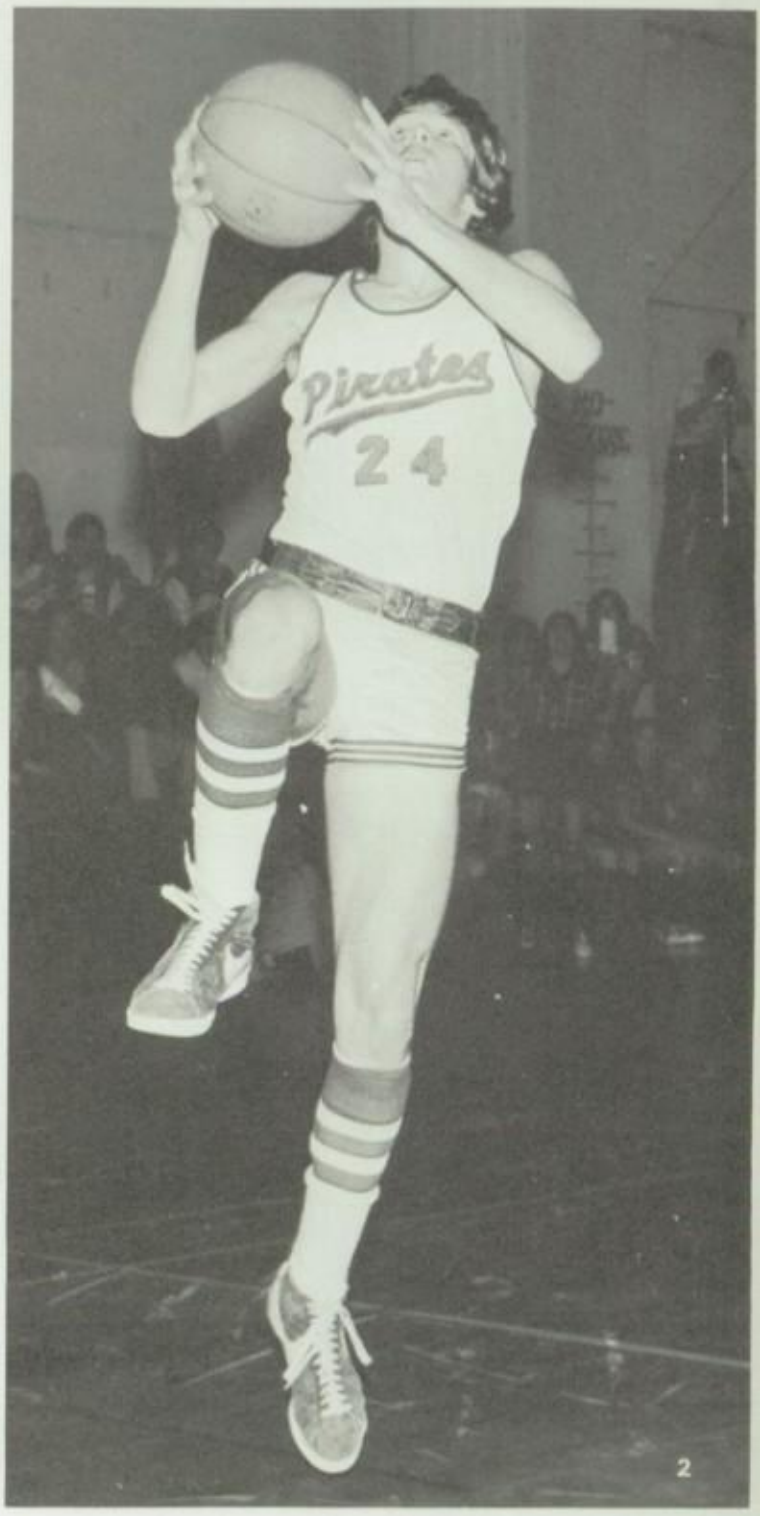
Don Brennan



Jeff Borges

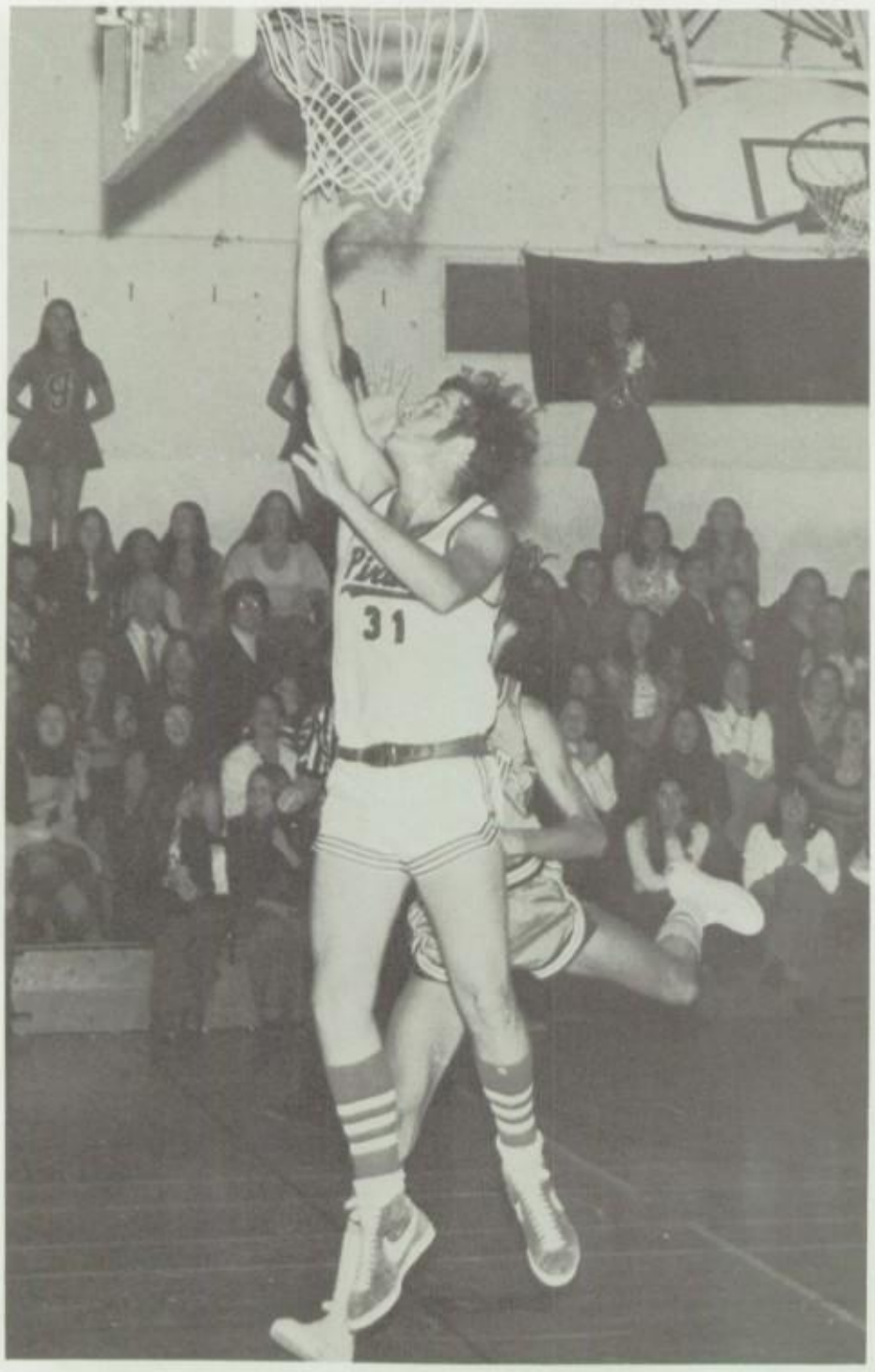


Dave Dalton





Rick Damiani





Dave Gray

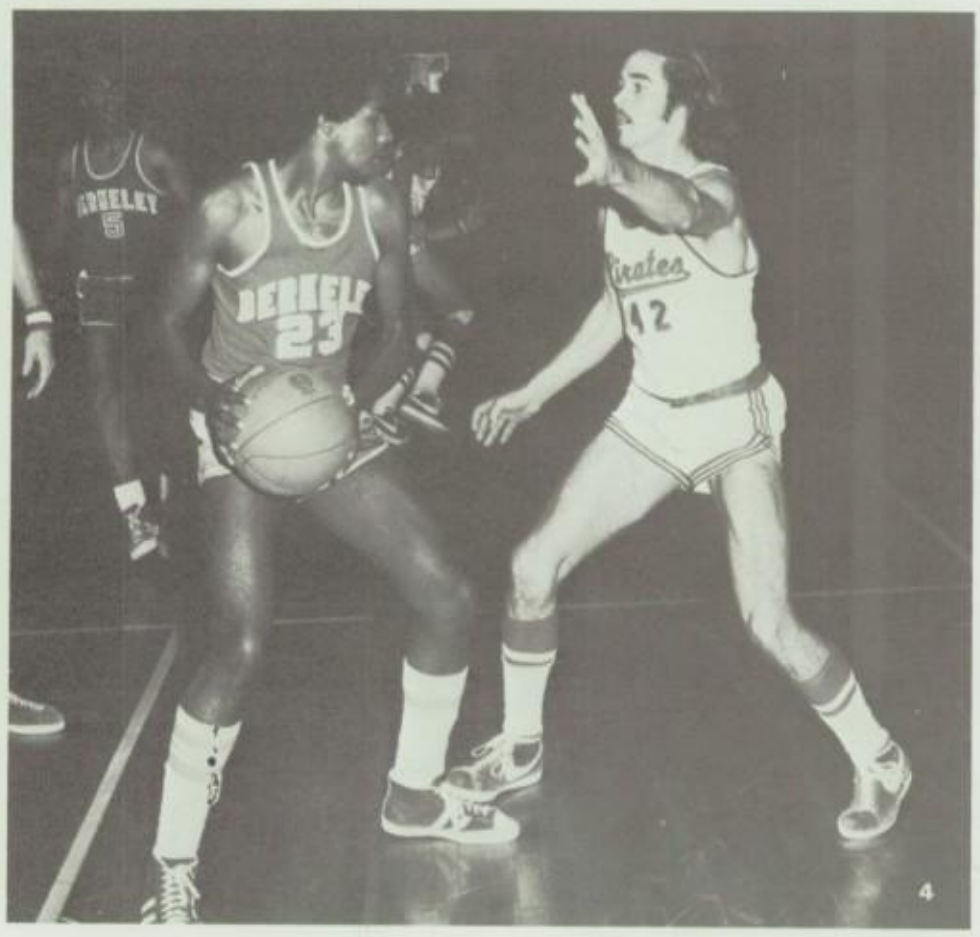


Greg Hunt



Jeff Mackey





Love For Competition

Our goal in league play is making the play-offs and then going to a post season tournament. With our kind of players, (all fifteen of them), this goal can possibly be reached. If it is not, you can bet that our players gave it everything they had. They love the competition.

—Coach John Garcia

San Leandro	*57*	*vs.*	*Encinal*	*52*
San Leandro	*48*	*vs.*	*Berkeley*	*78*
San Leandro	*61*	*vs.*	*Alameda*	*53*
San Leandro	*72*	*vs.*	*Pacific*	*62*
San Leandro	*51*	*vs.*	*El Cerrito*	*70*
San Leandro	*54*	*vs.*	*DeAnza*	*62*
San Leandro	*72*	*vs.*	*Harry Ells*	*78*
San Leandro	*63*	*vs.*	*Pinole V.*	*74*
San Leandro	*64*	*vs.*	*Kennedy*	*73*
San Leandro	*60*	*vs.*	*Richmond*	*61*
San Leandro	*68*	*vs.*	*Encinal*	*61*
San Leandro	*54*	*vs.*	*Berkeley*	*105*
San Leandro	*66*	*vs.*	*Alameda*	*41*
San Leandro	*60*	*vs.*	*Pacific*	*52*



1



2


Steve Mills


Keith Mordoff


Kelly Ng


Ed Olivero


Ted Smith


Steve Waite


Dale Wagoner

1/Dave Gray seizes the ball in anger.
2/A high flying Jet can't stop big Jay Anema.
3/The 1973-74 Varsity Team, Front row (l. to r.), Ted Smith, Jay Anema, Steve Waite, Dave Dalton, Greg Hunt, and Dave Gray. Back row (l. to r.), Coach Garcia, Jeff Mackey, Don Brennan, Ed Olivero, Keith Mordoff, Kelly Ng, Jeff Borges, Dale Wagoner, Rick Damiani, Steve Mills, and Mgr. Art Carlson.
4/Steve Mill's stop catches a Berkeley player off balance.
5/Dave Dalton climbs the boards for the rebound.


3


4


5

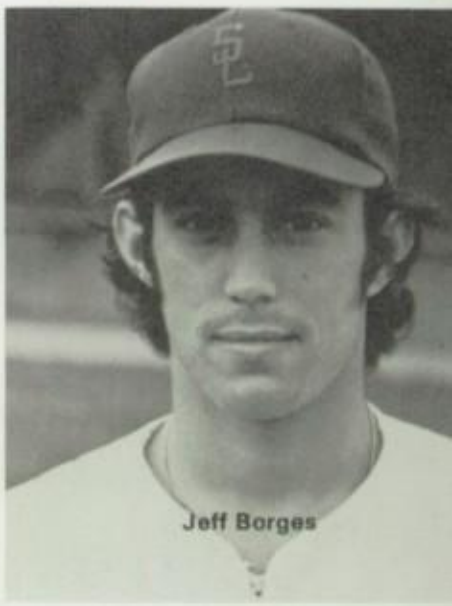
Return of . . .

. . . the Champs

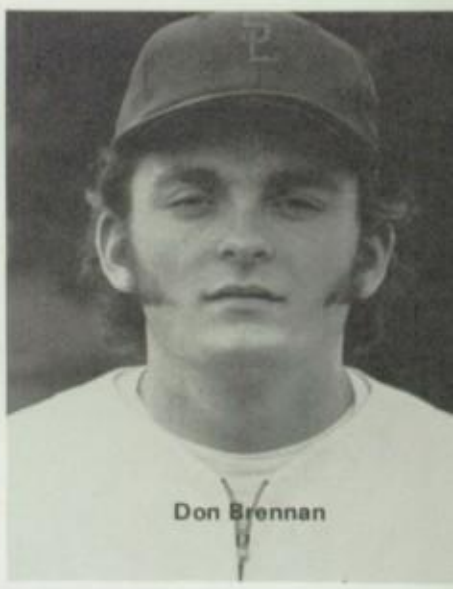
The 1974 Varsity baseball team has an excellent crop of returning veterans from the 1973 championship team. The boys that will lead us are:, two-time all-leaguer and co-captain Skeeter Rivas, honorable mention all-leaguer and co-captain Tony Lagorio, catcher Dave Gray, pitcher Ted Smith, outfielder Don Brennan, and shortstop Jeff Borges. Another plus is the fine attitude and ability of our younger players up from last year's excellent Junior Varsity team. There is no doubt that the 1974 Pirate baseball team will again gain respect, and finish high in a league that is considered by many as the toughest baseball competition in Northern California.

—Coach Cas Munoz

1/The 1974 Varsity Baseball Team-Returning Champions: Front row (l. to r.), Mgr. John Crimmins, Jim Benterou, Randy LaRocca, Randy Johnson, Ed Olivero, Skeeter Rivas, Mitch Fernandez, Jeff Borges, John Delfino, Mgr. Nick Chimento, and Mgr. Doug Dahl. Back row (l. to r.), Coach Munoz, Jeff Mackey, Tony Lagorio, Steve Mills, Ted Smith, Dave Gray, Tim Dillon, Kell Schmidt, and Bill Trujillo.
2/Dave Gray doing what he loves.
3/Airborne Skeeter Rivas perfecting S.L.'s common double play.
4/Tim Dillon cracks the whip, as he starts his quick delivery.



Jeff Borges

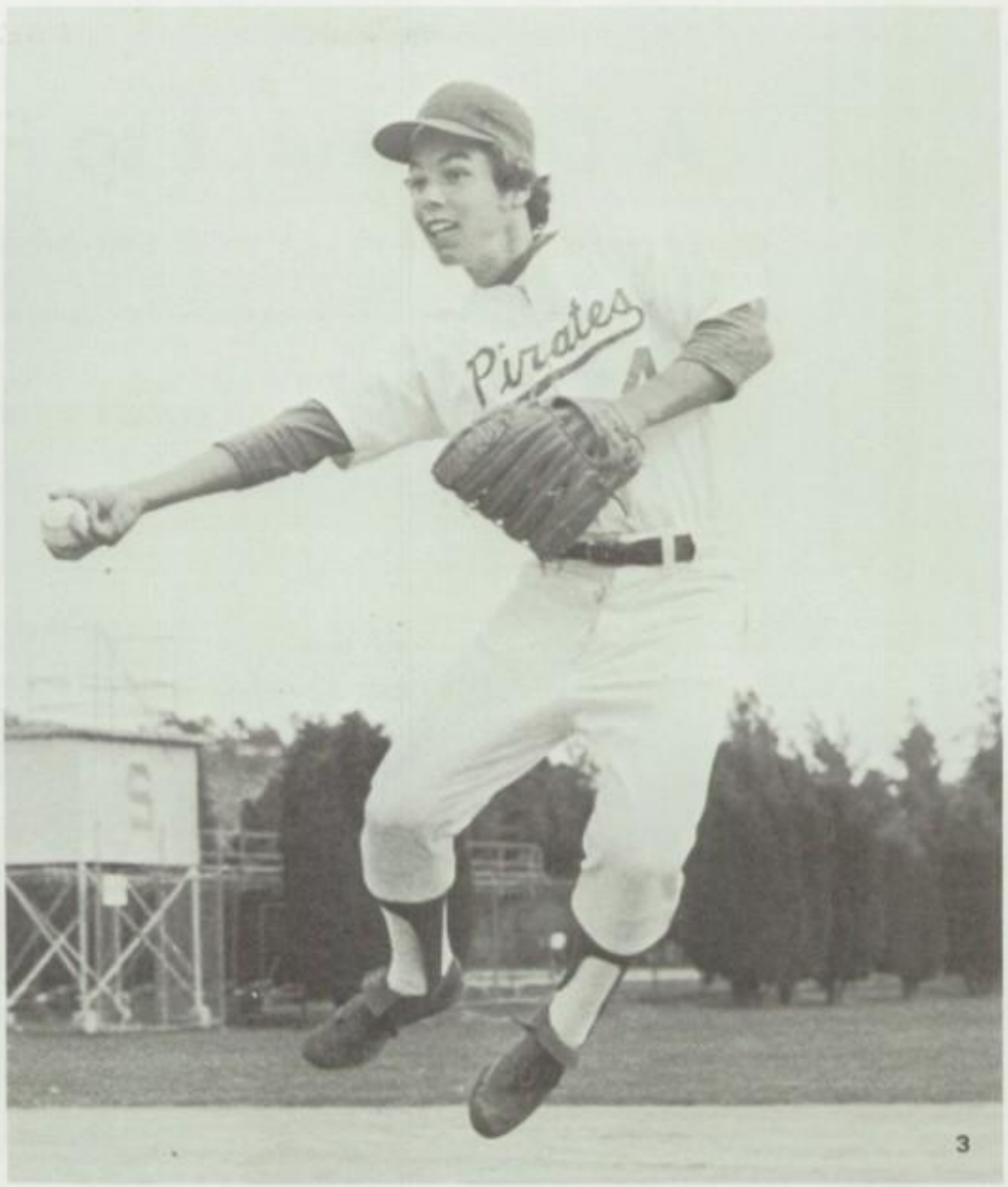


Don Brennan

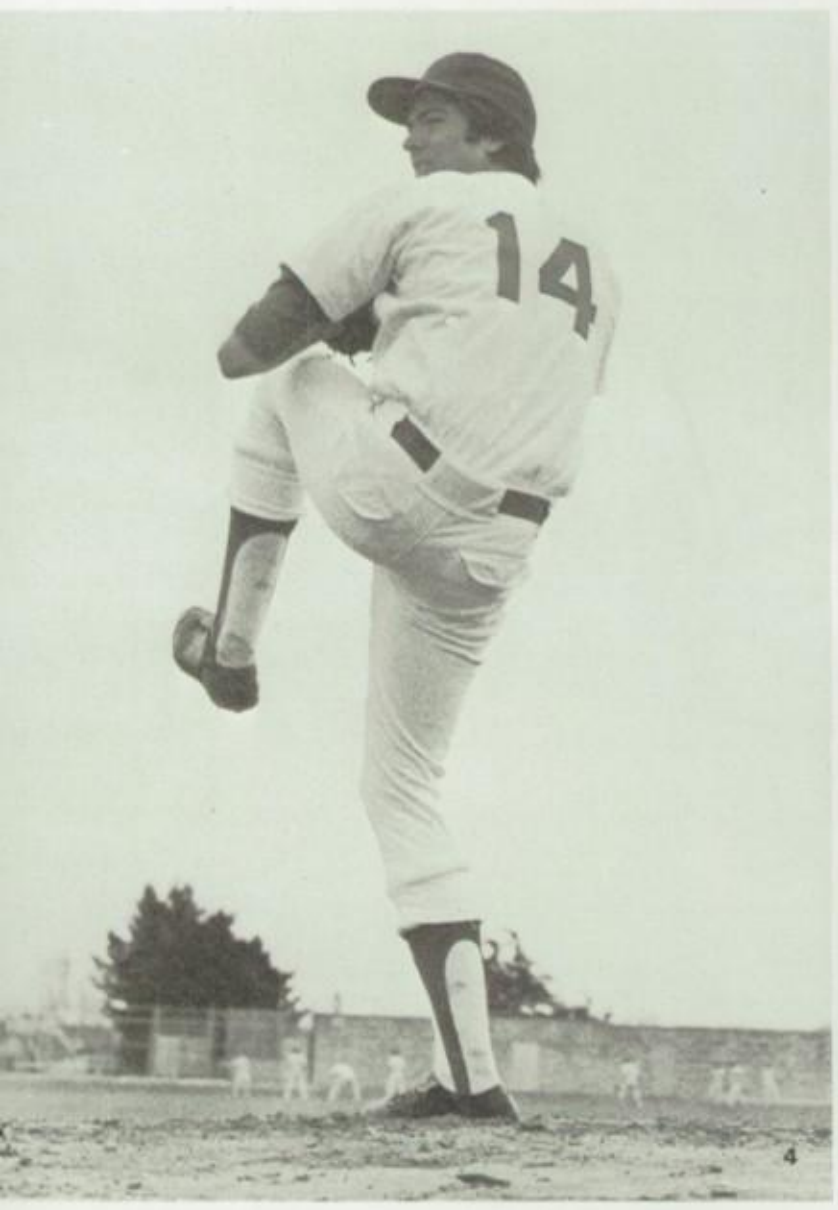




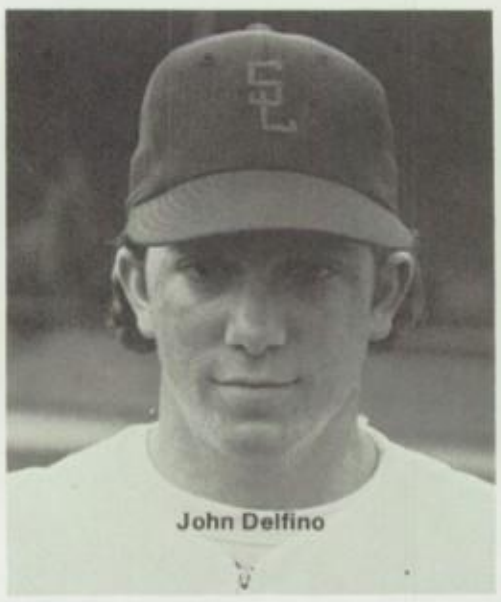
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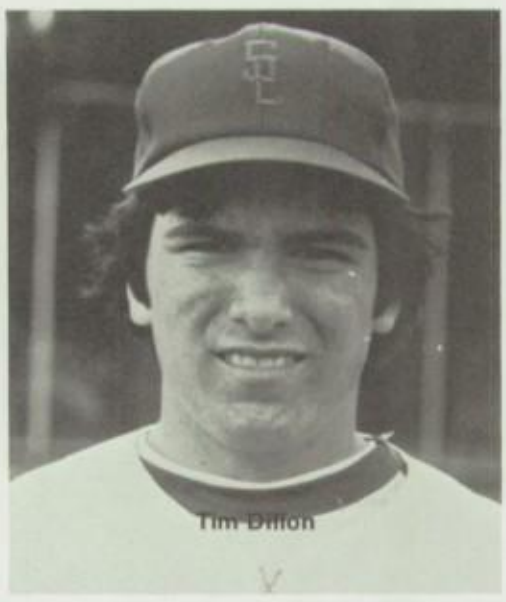
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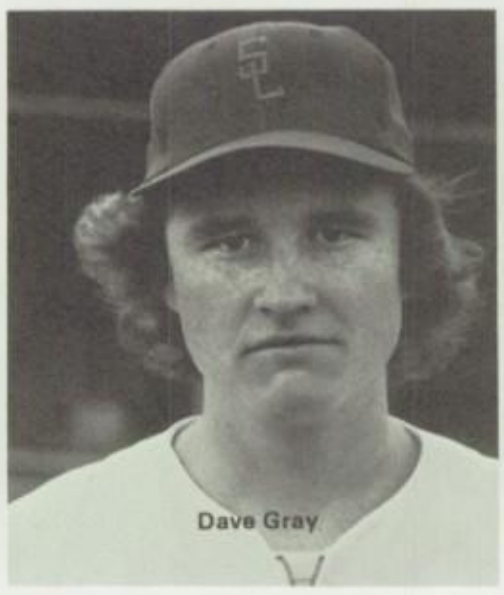
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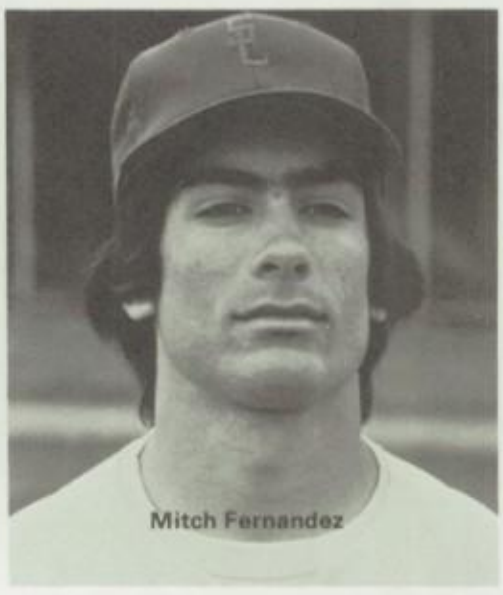
John Delfino



Tim Dillon



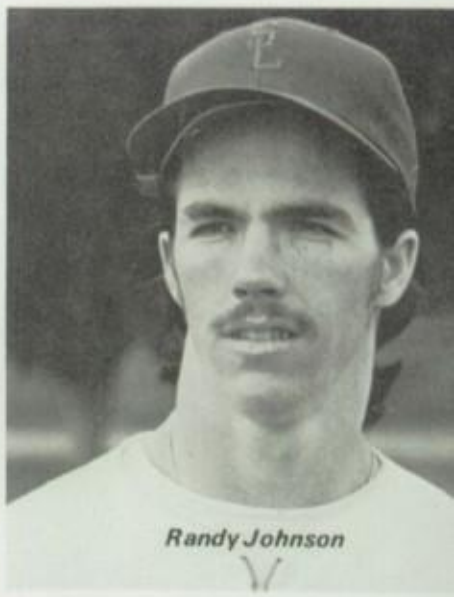
Dave Gray



Mitch Fernandez

A Tough Act to Follow

A championship team is really very special. Last year, S.L.H.S. was gifted with such a club so special. A well disciplined and very talented Varsity baseball team led by Coach Munoz swept honors everywhere. Unfortunately, they came short of the T.O.C. championship. The 1974 Varsity baseball team must follow a tough act, but nothing at all is out of their reach. Hopes are for a back-to-back A.C.A.L. championship. 1973 was obviously the year of the Pirate; 1974 can also be a very special year . . .



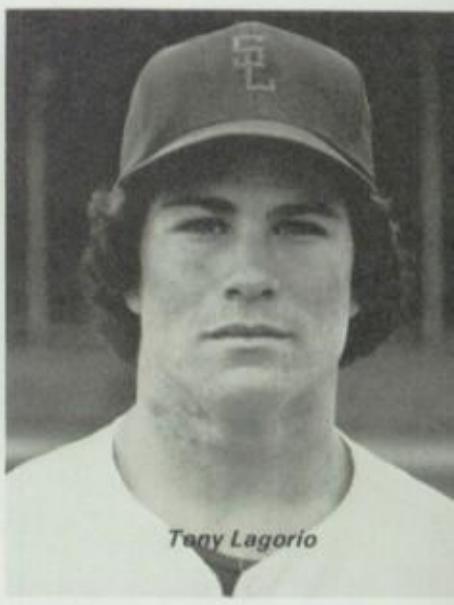
Randy Johnson



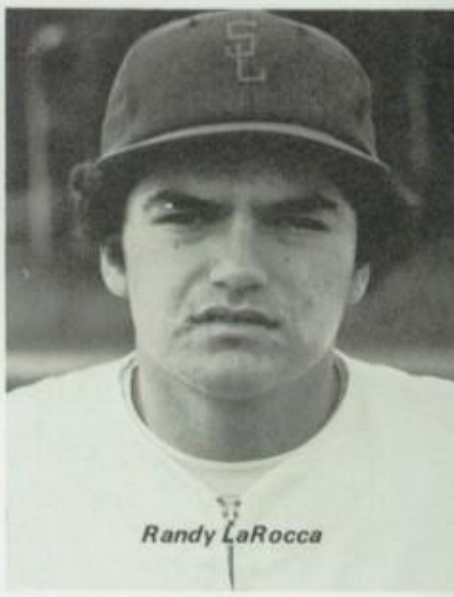
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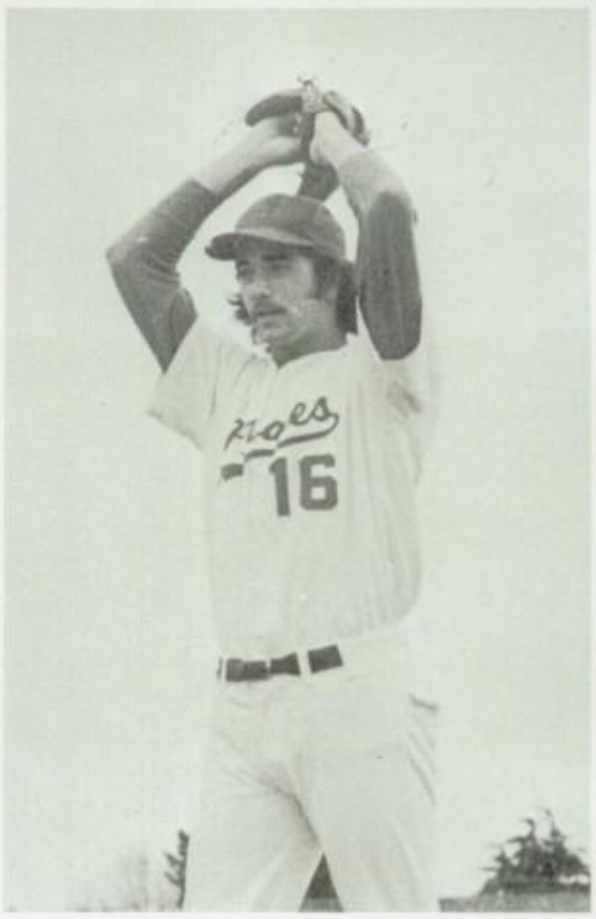
Tony Lagorio



Randy LaRocca

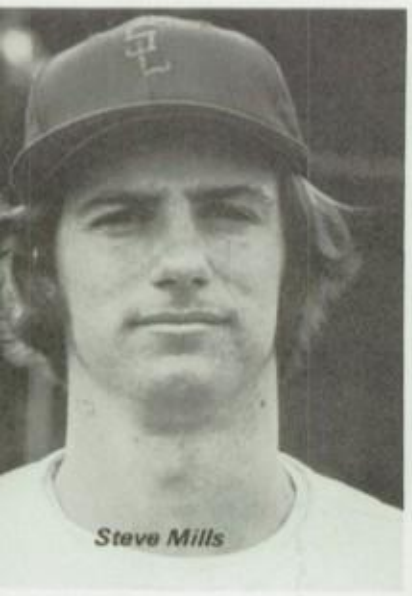


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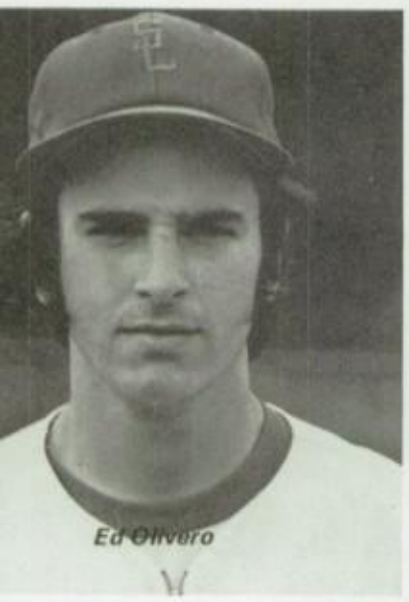




Jeff Mackey



Steve Mills



Ed Olivero



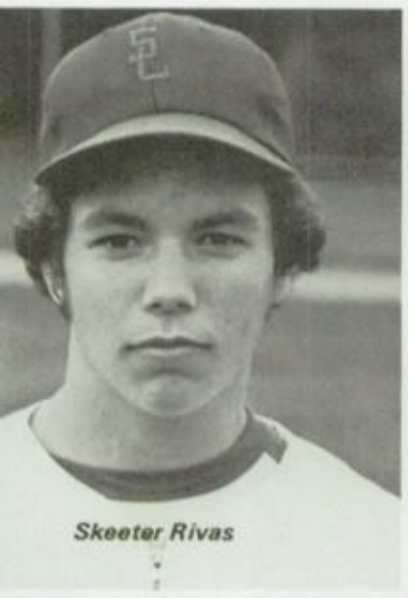
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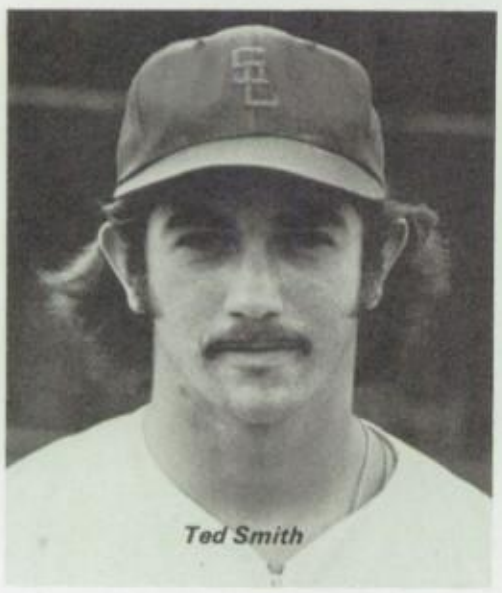
Skeeter Rivas



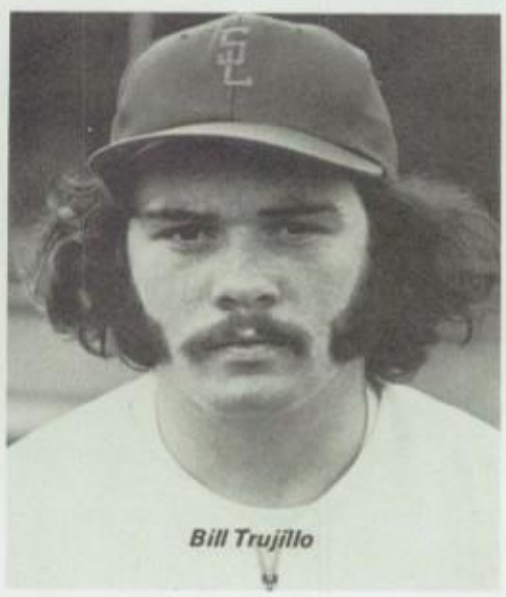
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Kell Schmidt



Ted Smith



Bill Trujillo

1/Jeff Borges caught in the middle of a double play.
2/Varsity's Coach Munoz
3/John Delfino waiting for a "fat" pitch.
4/Powerful Ted Smith starts to accelerate on the mound.
5/Don Brennan looks for the signal.
6/Tony Lagorio stretches for the out at first base.
7/Jeff Mackey slides into position to field grounder.
8/Mitch Fernandez flags down a line drive.

Track's Year of the Sprinter

For years, the distance runners dominated the sprinters. Finally, this year, a partial parity was achieved. Led by hurdlers Bruce Bauer, Dave DeMotto, and Bob Atthowe, and sprinters Bill Stelter, Parker Luciano, Bob Pavao and Mike Jefferies, this year's team will seriously challenge for the sprint records. Middle distance races will continue to be dominated by John Coats, with Dennis Carp, Brad and Rob Dressen, Chris Paulson, and Steve Rosefield in hot pursuit. Long distance competition has always been San Leandro's forte, and this year led by Charles Gilcrest, Jeff Farmer, Steve Pitcher, Keith Mordoff, Dan Nelson and Diego Tribuani, they are priming themselves not only for league dominance, but also are counting on a medal-winning 8 mile relay. With depth at almost every position and a primarily under-classmen team, Coach Hidalgo looks forward to an interesting season.

1/Long distance runners John Coats, Steve Pitcher, Charlie Gilcrest, and Dan Nelson.
2/Greg Castro concentrates on his throw. UGH!
3/The 1974 Varsity Track Team: Front row (l. to r.), Bob Pavao, Mike Jefferies, Dave DeMotto, Bruce Bauer, Mike Perry, Steve Pitcher, and John Lauper. Middle row (l. to r.), Kent Stompro, Greg Castro, Bob Roark, John Coats, Brad Dressen, Bill Stelter, and Dan Nelson. Top row (l. to r.), Marc Whitman, Charlie Gilcrest, Chuck Cantando, Greg Fernandez, Kevin Schaefer, Dave Rodriguez, Steve Rosefield, Dennis Carp, and Brian Woolley.
4/Kent Stompro flies to another victory.
5/Pole vaulter Mike Perry
6/John Coats races to a 440 victory.
7/Encircled in his personalized ring, Brian Woolley lets it fly.





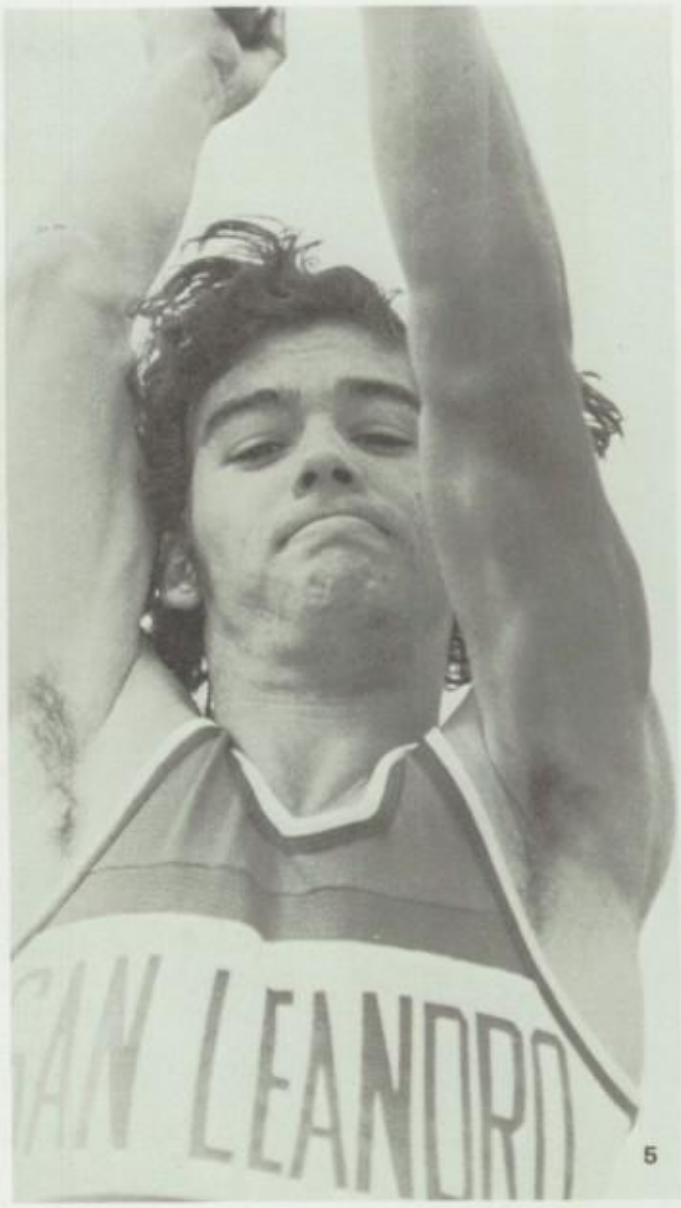
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Field Events Shine as Paveo Stars

With Bob Pavao clearly established as the number one triple jumper in the A.C.A.L., as well as its best long jumper, the field events should anchor the 1974 Track team. After losing all of its top three shot putters, the Pirates have once again found a budding superstar in Brian Woolley. The discus competition is led by junior Kevin Schaefer, and transfer Dave Dalton is expected to garner firsts as a high jumper. But perhaps the most depth on the team exists at the pole vault, where the medal-winning team of Kent Stompro, Steve Freitas, and Mike Perry will once again fly to success. Although they are a young team, the Pirates have more depth than in recent years and seem destined for a showdown with Berkeley for the South A.C.A.L. championships.



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1/The "Discus Thrower"-Kevin Schaefer
2/Brad Dressen warms up before the relay.
3/Bill Stelter sprinting for practice.
4/Good form results in a win for Brian Woolley.
5/Nimble Greg Knight before the final thrust.
6/Cinderman Charlie Gilcrest
7/Coach Hidalgo pauses for a smile.
8/Outstanding triple and long jumper Bob Pavao.
9/Bob Atthowe spreads his wings in the triple jump.
10/High hurdlers Steve Rosefield, Dave Rodriguez, Bruce Bauer, and Dave DeMotto.

Administration the need to humanize

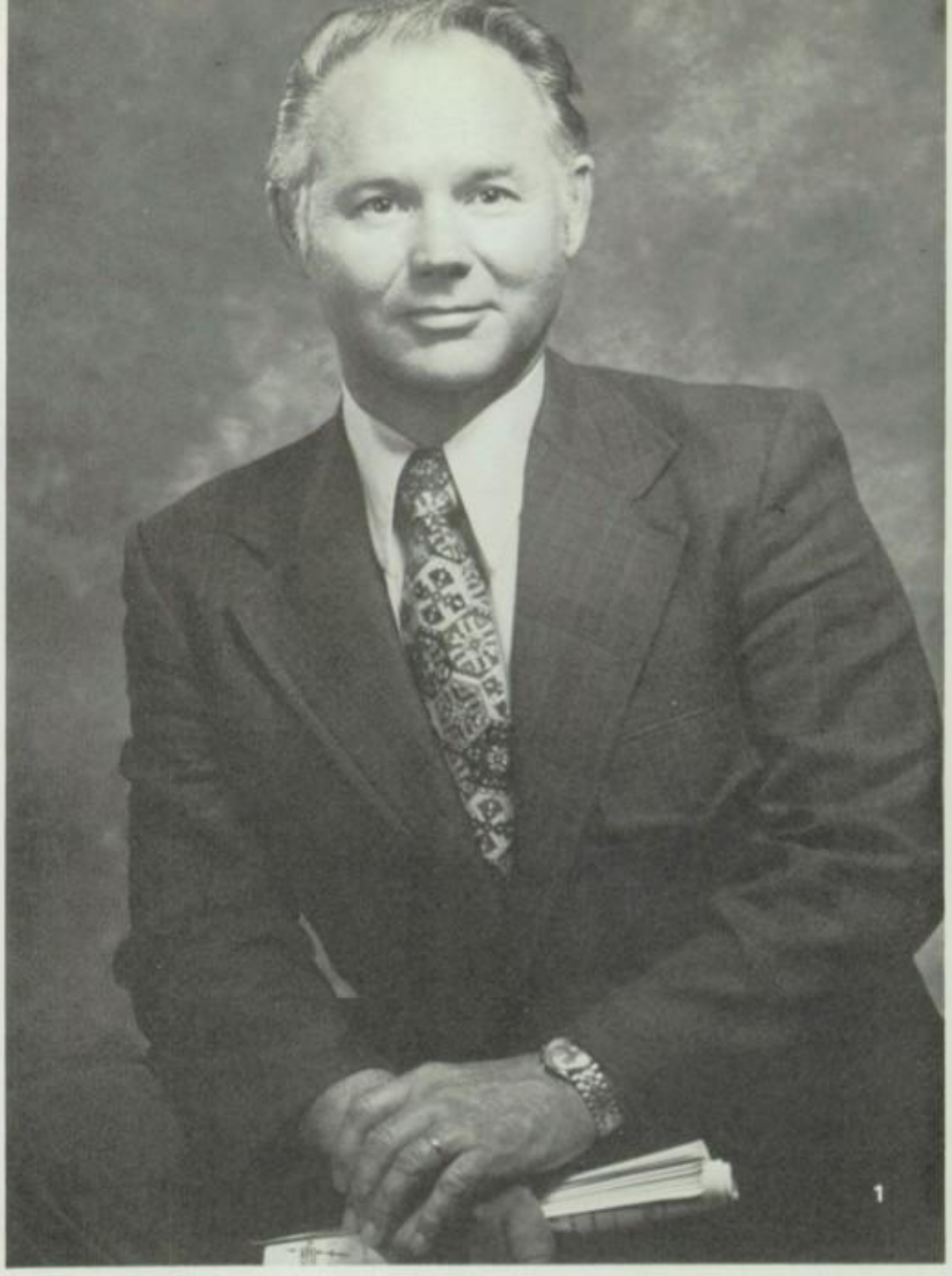
There is a cry for the need to humanize society. Many of those who speak of this need fail to understand how it can be achieved.

. . . one who wishes to be heard must be one who listens; one who wishes to be treated with dignity and respect must treat others with dignity and respect.

F.E. Williams
Principal

The students of San Leandro High were very pleased when they heard the School Board's decision to open campus. In November, the Board decided to re-name Pacific High's football field. The final name was submitted by the San Leandro High Executive Board. It was dedicated at the big S.L. — Pacific game and called the C. Burrell Sports Complex. ". . . Why bother, the School Board doesn't care . . ." This is the attitude people take towards the Board of Education. Working closely with members of the Board and the administration, I have found this to be entirely false. The School Board really does care what the students think and they want to hear the student's opinions. Going to the meetings and finding out what they really like, you too will learn that the Board of Education is there for our benefit. I have truly enjoyed working with the members of the Board of Education this past year.

-Kathy Reed
Student Representative to the Board of Education





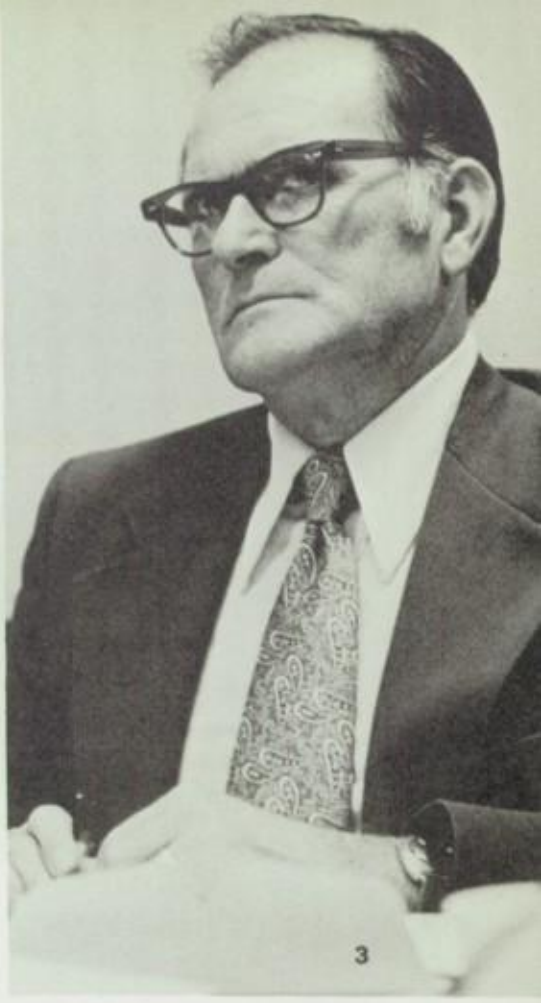




1/Mr. Floyd Williams, Principal
2/Mr. Jack Vassar, Vice Principal
3/Mrs. Marjorie Geritz, Dean of Girls
4/Mr. Robert Stammerjohan, Dean of Boys



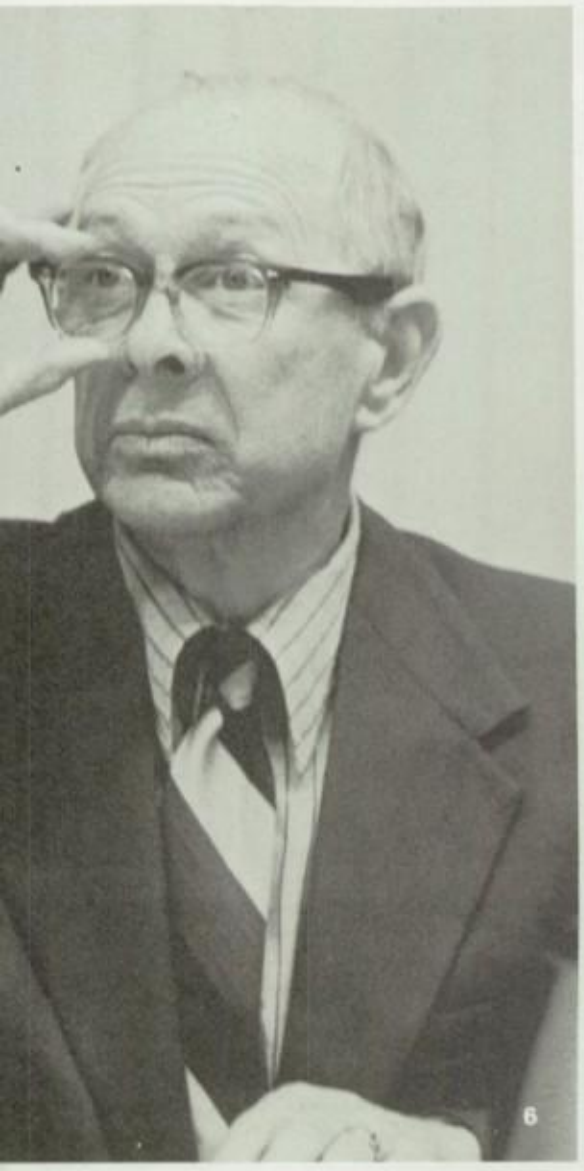








1/Mr. Henry Bruno
2/Mr. Nat Kleinstein
3/Mr. Paul Meier
4/Mrs. Winifred Crew
5/Dr. L. Edward Holden, Superintendent
6/Mr. J.G. Saunders
7/Mr. E.A. Johnson
8/Mrs. Carolyn Gessini







Counselors, Special Services Meet Student Needs

Students have been exposed to a sufficient number of philosophical thoughts from their instructors over the years without my attempting to add one final statement. Rather, I would simply like to say that without qualification, this year's graduating class is the finest group of students I have ever had the pleasure of knowing. While part of me is happy to see you go on to pursue your lives outside of my vision, part of me is very sorry to see you go forth and help and produce a world free of Watergates.

—Mr. Abel


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1/Mr. Dick Abel, Head Counselor; Sophomores, A-B and Seniors, A-K.
2/Mr. Arba Hudgens; Sophomores, C-Z.
3/Mr. Sam Levine; Juniors, D-Z.
4/Mrs. Esther Hood; Juniors A-C, Seniors, L-Z.
5/Mrs. Vera Dickie; Scholarship Counselor
6/Miss Mary Tipton; Career Center Coordinator

Special Services includes several different types of professionals, who offer special help to students. Mrs. Zabner teaches the LDG group; Mrs. Franz is the Home-Instruction teacher; Nurse Hager cures our ills; Vocational Studies is in Mrs. McBain's charge; Mr. McCarthy is Director of Learning Resources; Mrs. Talley is Director of Student Activities; and Mrs. Miller is the Speech Therapist.

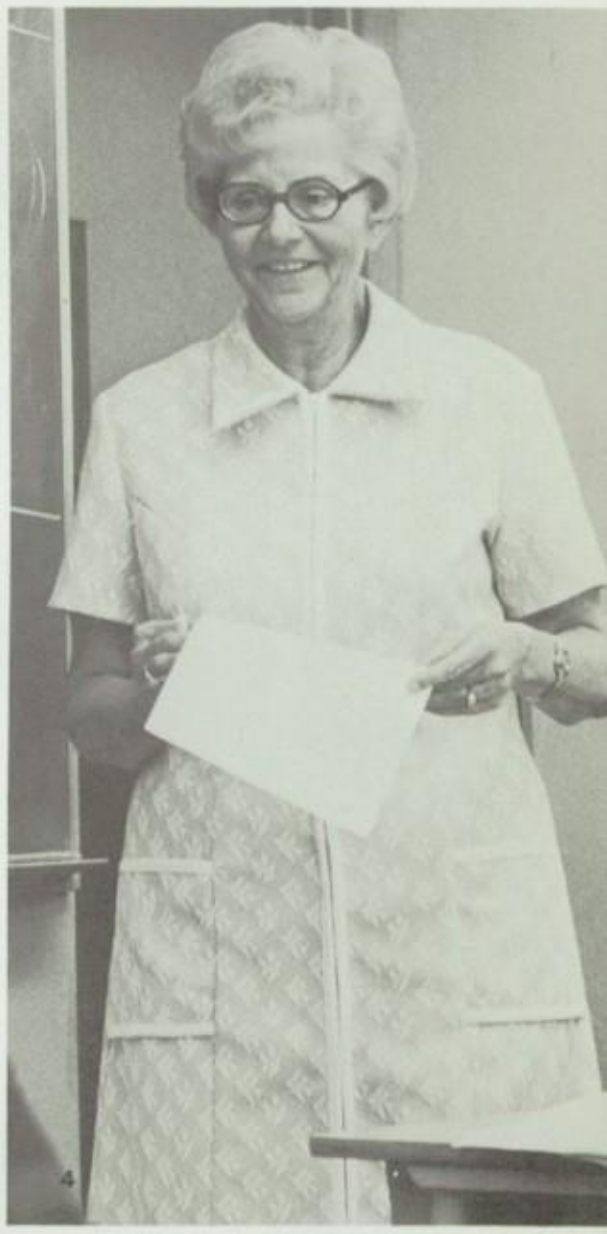
To find meaning in one's life is no easy thing. Purpose, commitment, and love are the significant factors. "To put meaning in one's life may end in madness, but life without meaning is the torture of restlessness and vague desire. It is a boat longing for the sea—and yet afraid."

—Mrs. Esther Hood

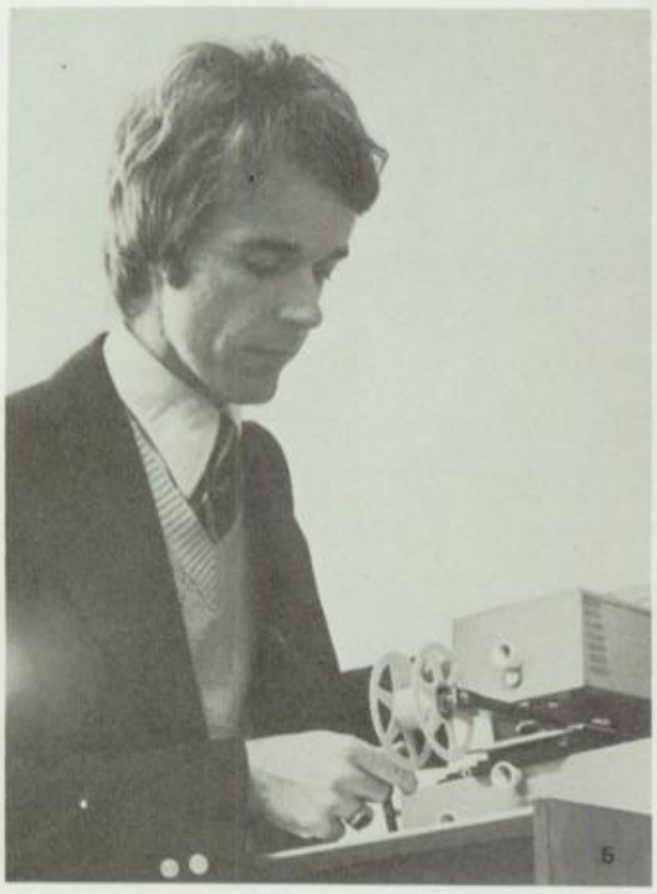














1/Mrs. Marilyn Zabner, LDG teacher
2/Mrs. Pat Frans, Home Instruction
3/Mrs. Eva Hager, Nurse, Health Education
4/Mrs. Olivia McBain, Special Education
5/Mr. James McCarthy, Librarian
6/Mrs. Ruth Talley, Director of Student Activities
7/Mrs. Bobbie Miller, Speech Therapist





1/Mr. Roger Jocz
2/Mr. Kenneth Curran, Chairman (Art)
3/Mr. Dale Chilcoat
4/Miss Linda Sorensen
5/Mr. Vern Rolle
6/Miss Betty Minnes
7/Mr. Pat Daugherty, Chairman (Music)
8/Mrs. Margaret Ewing, Chairman (Home Ec.)
9/Mr. Richard Cardella













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Books Can Only Take Us So Far

Betty Minnes, Dale Chilcoat, and Ken Curran assist students in expressing their feelings by way of art.

Roger Jocz instructs students in the art of speaking French and German, Richard Cardella in Spanish.

Margaret Ewing and Linda Sorensen help students become independent of their families by learning to cook and sew.

Pat Daugherty helps students get all they can from their voices.

Music is the way of life of Vern Rolle and he enjoys teaching the talented students of SLHS.

The Cocoon Must Be Flushed Before Ever


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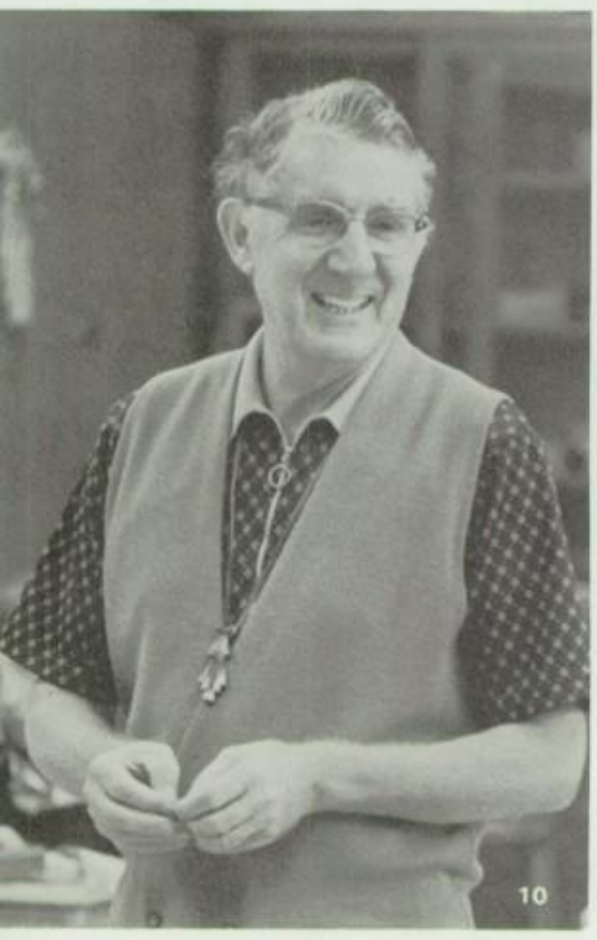
The Butterfly Emerges











1/Mrs. Eleanor Beach
2/Mr. Earl McGhee
3/Mr. Raymond Ausmus
4/Miss Hope Young and Gladys
5/Mrs. Barbara Brown
6/Mr. Ed Collins
7/Mr. Robert Maginnis (Admin. of Justice)
8/Mr. Moses Levy
9/Mr. August Vaz, Chairman
10/Mr. Jack Hillis

Solomon is quoted as having said "of making many books there is no end . . . and study is a weariness of the flesh." School is often too pedestrian to be very exciting — getting to learn the rudiments of any skill or craft is imperative . . . the cocoon must be flushed before ever the butterfly emerges.

But books can only take us so far — to the very essence of life is in our interpersonal relationships — the generation gap and the teacher-student formalities prevent — too often, the real sharing of our lives — and lifes richest rewards are in sad sharing — it is more blessed to give — and one's greatest gift is one self — He that would be greatest among you — let him be the servant of all.

J. Hillis

Administration of Justice, taught by Mr. Maginnis as an A period class, was the most popular elective course in the Social Studies Department. Because of the lack of funds, the School Board was uncertain if the course could be offered for a second semester, but the demand was so high, they did finance the course for the Spring.

Senior Government classes were taught by Mr. Ausmus, Mr. McGhee, and Mr. Vaz, who taught Honors.

Sociology was handled in its usual unusual fashion by Miss Young and Gladys, the vine.

World History was inculcated in the sophomores by Mr. Collins, Mrs. Brown, Mr. Levy, and Mr. McGhee, who also shared their schedules in teaching United States History.













Keeping Minds In Shape

Math and Science departments are often combined, because many of the teachers give instruction in both departments.

Mr. Barber and Mr. Dann teach Chemistry this year. Mr. Jensen founded and teaches Earth Space Science, to prepare students for college. BSCS and Advanced Biology were offered again this year by Mr. Everingham.

Mr. Crawford teaches Anatomy/Physiology, as his skeletal friend will attest. This course is a lab course, as is Physics, taught by Mr. Dann, who also teaches Physical Science.

All Math teachers had a hand at teaching Geometry this year. Miss Sims, chairman, and Mr. Marquardt taught Advanced Algebra to juniors and seniors. Mr. Marquardt and Mr. Hager also taught beginning Algebra to sophomores and a few juniors.

Elementary Functions, that famous braincracker of a senior math course, was, once again, taught by Miss Sims. Why this course is called "Elementary" is beyond us!

1/Mr. Martin Marquardt
2/Mr. James Hager
3/Mr. Woodrow Daley
4/Mr. Milton Barber
5/Miss Avo Sims, Chairman (Math)
6/Mr. Charles Dann
7/Mr. Leroy Jensen
8/Mr. Robert Everingham, Chairman (Science)
9/Mr. Louis Crawford







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1/Mr. Russ Schubert/Aviation, Bus. Dept. Chairman
2/Mr. Don Gundred/Chairman, Wood Shop
3/Mr. Jon Borad/Auto Shop
4/Mr. Robert Lenz/Welding
5/Mr. Robert Hidalgo/Business Ed.
6/Mr. Edward Foreman/Business Machines
7/Mr. Andrew Koval/Machine Shop
8/Mrs. Barbara Moser/Business Ed.
9/Miss Margaret Perry/Typing & Shorthand
10/Mr. F. Taigen/Business Ed.
11/Mrs. Valentene Ferreira/Secretarial Practice
12/Mr. Robert LaPorte/Electronics
13/Mr. Charles Hawkins/Mech. Drawing, Stagecraft

Business Ed. and Industrial Arts Prepares Students For Careers





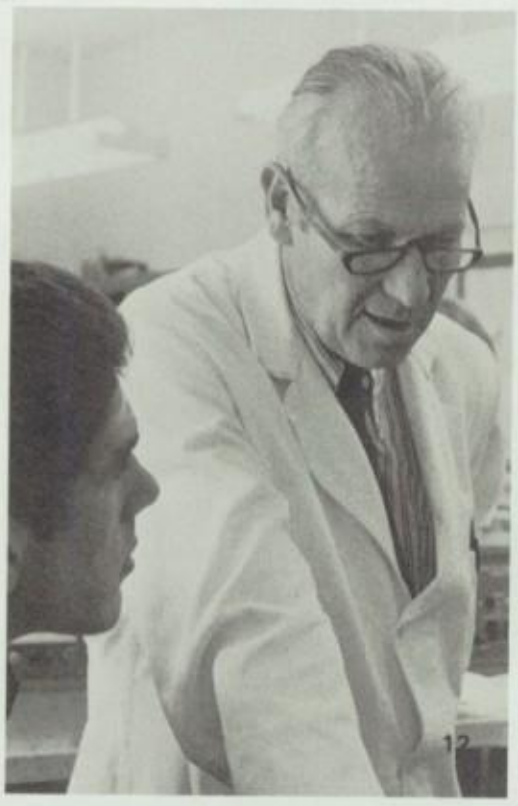












Business Education is a related and integral part of the total program of secondary education.

Courses in the Business Education Department are offered to students to fulfill three major functions:
Vocational—To prepare students for employment.
College—To provide students with a fundamental background for advanced business training.
General—To provide students with an understanding of business and economic concepts necessary to function effectively as citizens.





















Helping to Express Yourself in Different Ways

No man can reveal to you aught but that which already lies half asleep in the dawning of your knowledge.

The teacher who walks in the shadow of the temple, among his followers, gives not of his wisdom but rather of his faith and his lovingness.

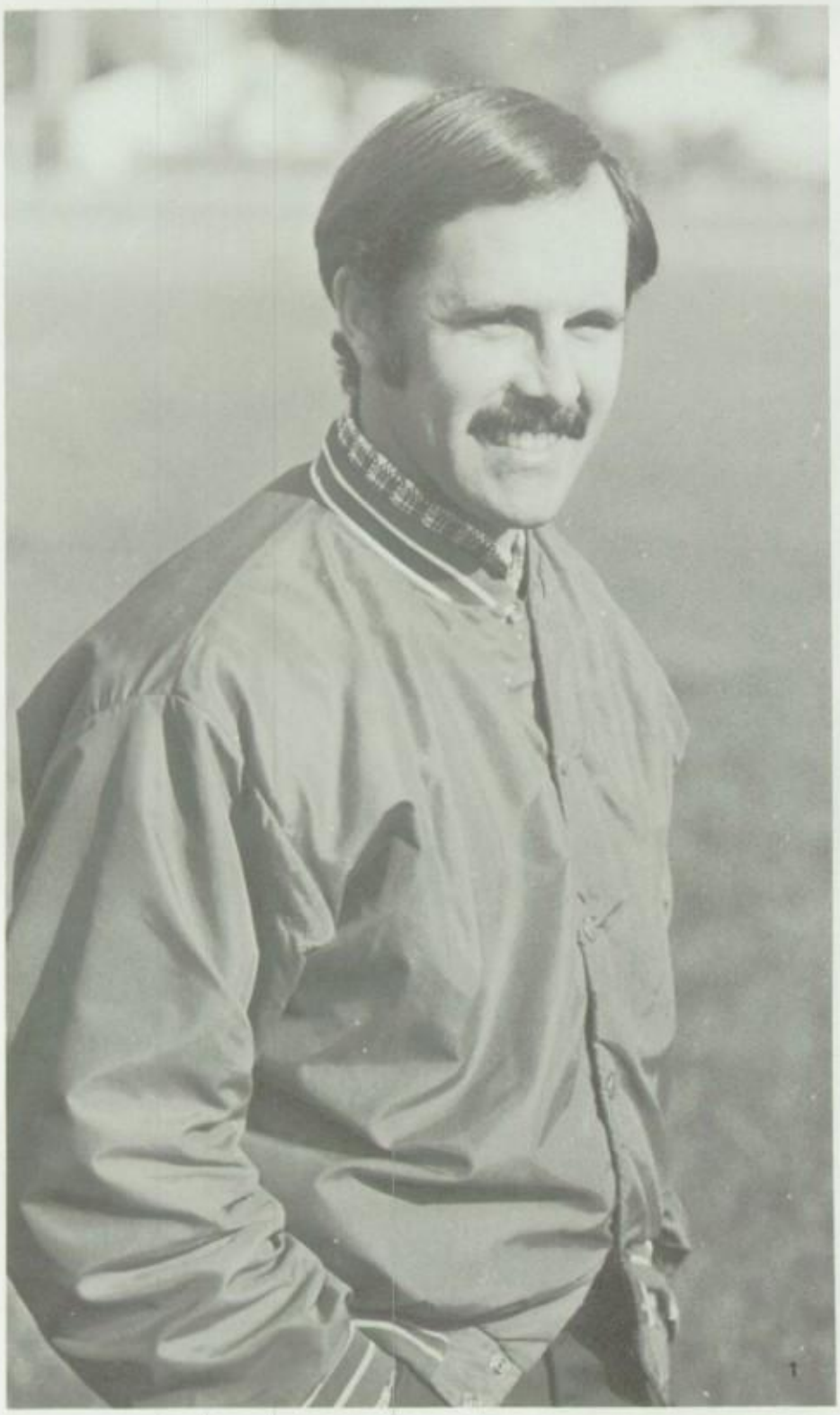
If he is indeed wise he does not bid you enter the house of his wisdom, but rather leads you to the threshold of your own mind.

For the vision of one man lends not its wings to another man.

THE PROPHET
Kahlil Gibran

1/Mrs. Vera Dickie, Chairman
2/Mr. Ken Soares
3/Mrs. Nancy Jacobs
4/Mr. Robert Stern
5/Miss Judy Kirkpatrick
6/Mrs. Ann Baudler
7/Mrs. Ferne Epler
8/Mrs. Carolyn Bannister
9/Mr. Homar Johnson
10/Miss Marilyn Michell
11/Mrs. Karen Grove

School Must Also Keep the Body In Shape



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1/Mr. John Garcia, Chairman
2/Mr. Ben Shorum
3/Mrs. Dawn Collins
4/Miss Laila Halsteen
5/Mr. Ken Miller
6/Mr. Cas Munoz
7/Mrs. Stephanie Murphy
8/Mrs. Almira DePace, Chairman

Physical fitness is but one aspect of fitness; however, it is a very significant aspect and one which is basic to other forms of excellence. Efforts to improve physical fitness should be carried on with full regard for all fitness qualities-spiritual, mental, emotional, and social.

-President's Council on Youth Fitness


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Classified Staff

Our secretarial staff, Library Clerk, and treasurer are always there when we need them. The secretaries work hard doing paperwork, making out absence slips, and answering the telephone. The library clerk keeps book shelves full and in proper order. Our treasurer handles all money matters for our clubs and class treasuries. Student aides work with them learning techniques and helping take some of the pressures off our dedicated clerical workers.

1/Mrs. Jody Rooney, Paraprofessional, Media Duplication
2/Mrs. Rosemary Renner, Secretary to the Vice-Principal
3/Mrs. Eleanor Jardin, Secretary to the Principal
4/Mrs. Lorna Beach, Recorder
5/Mrs. Virginia Vinson, Treasurer
6/Mrs. Marie Bertrand, Secretary to the Deans
7/Mrs. Ann Burke, Attendance Clerk
8/Mrs. Jimmie Perry, Library Clerk
9/Mrs. June Carey, Attendance Officer







Were all learning lost, all music stilled, man, if these resources still remained to him, would again hear singing in himself and rebuild anew the habitations of his thought.

—Nancy Newall













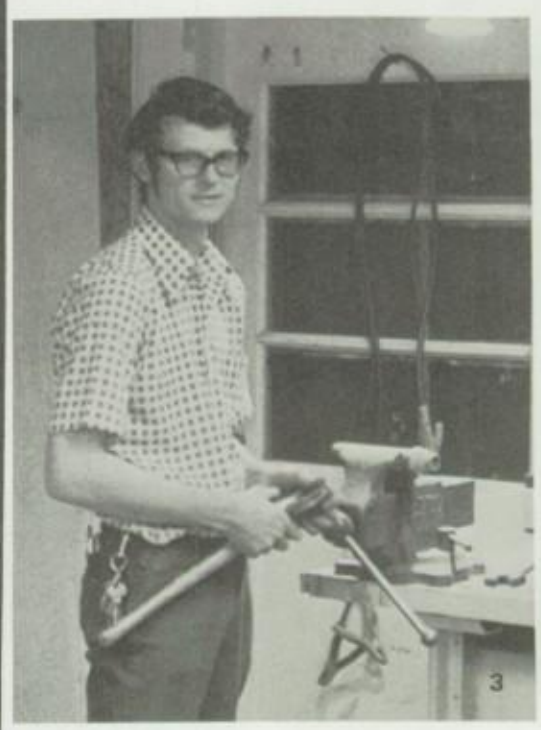
Custodians and Cafeteria Staff are Dedicated to S.L.H.S.

Remember the energy (heat) shortage in December and January? Remember the classrooms—one would be heated like a sauna, the next would be like the arctic circle? Remember the phone calls "Mr. Beebe—we're freezing in here!!"—and then, as if by magic, the temperature would drop, or rise, because Mr. Cahill had fixed the thermostat during snack break.

Remember the homemade cinnamon rolls, the fast service during snack breaks, and the patient, pleading notices in the bulletin for us to clean up after ourselves at snack and lunch? That's our Cafeteria staff, squeezing food value out of every nickel they can get just to feed us the best they can.

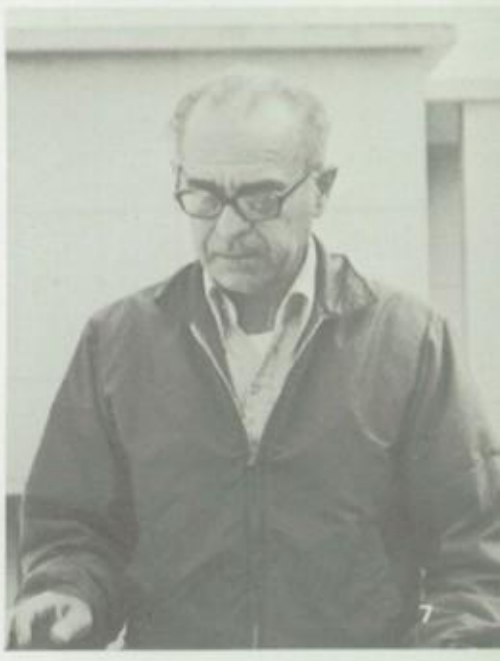
What would we do without them? The trash would accumulate, the broken light would never be fixed, meals would be cold and tasteless, and the cigar smoke would forever disappear from the first floor in C wing. The custodians do their work around the campus quietly, unobtrustively. Often we are not aware of them, until spring days bring the sound of lawn mowers outside our classroom windows. The gleaming floors, the well trimmed hedges, the green lawn, the smell of cinnamon wafting into the lobby. We don't notice these things, but we'd sure notice them if they weren't done.


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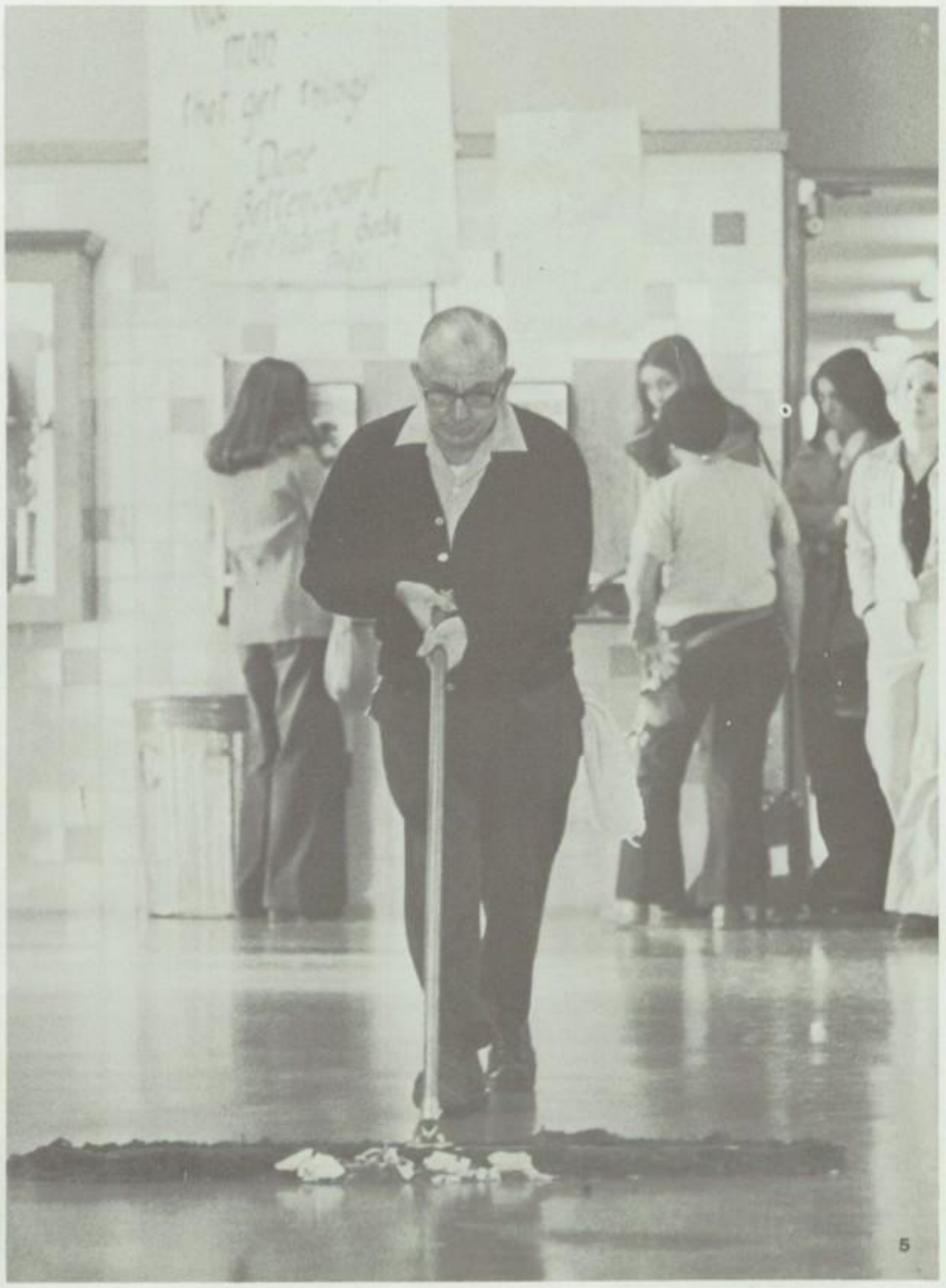

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2/Mr. Carl Smith, Garden Maintenance
3/Mr. Joe Cahill, Building Maintenance
4/Mr. Earl Shafer, Front Gardener
5/Mr. Frank Murphy, Custodian
6/Mrs. Pat Wallace, Matron
7/Mr. Vince Cabral, Gym Custodian
8/Mr. Robert Briggs, Custodian
9/Cafeteria Staff, left to right Mrs. Edith Inns, Mrs. Aralee Charlton (Manager), Mrs. Mary May, (seated) Mrs. Marygrace Neves, Mrs. Mary Pistante, Mrs. Mary Fanucchi, Mrs. Mary Ferolito



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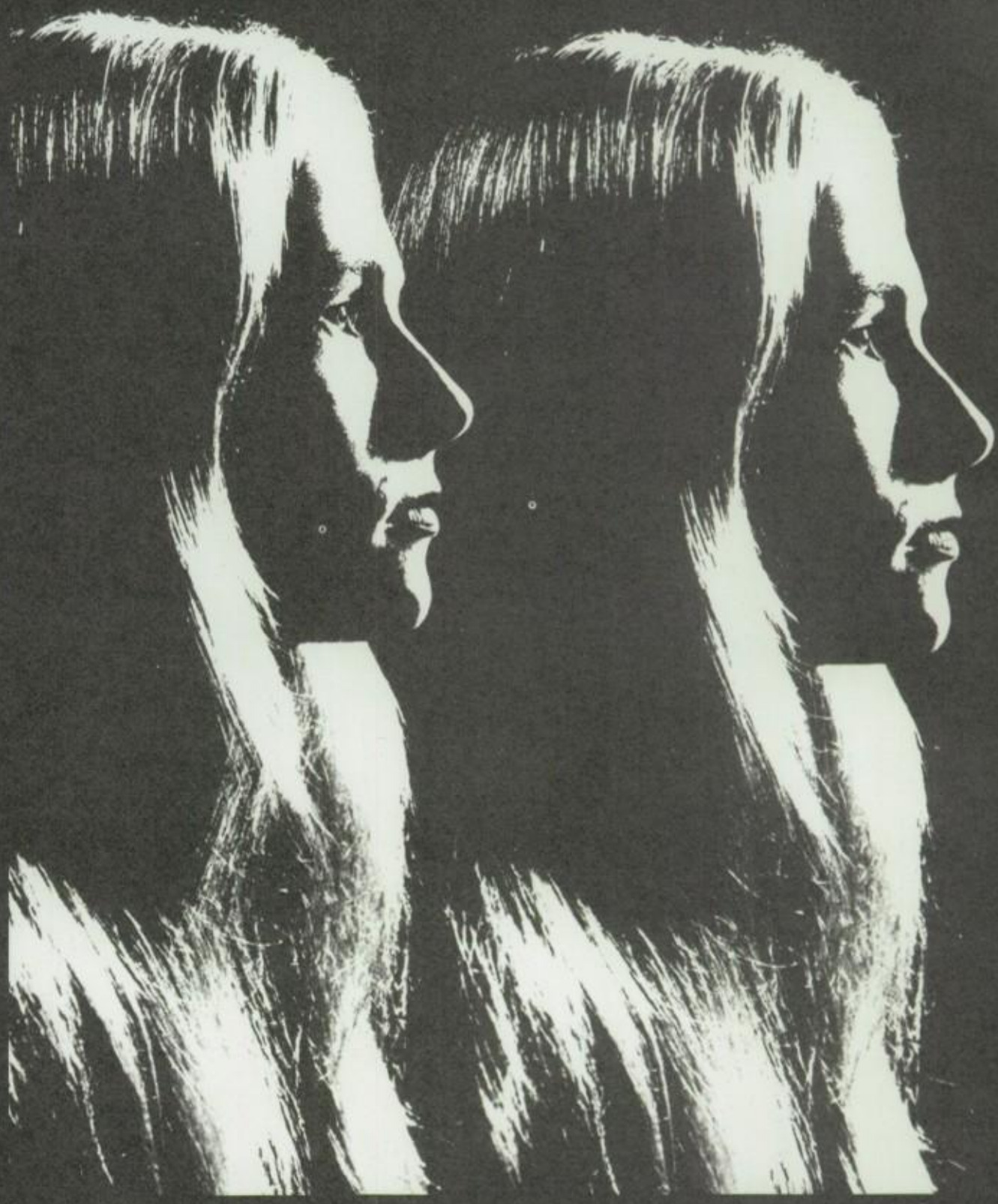
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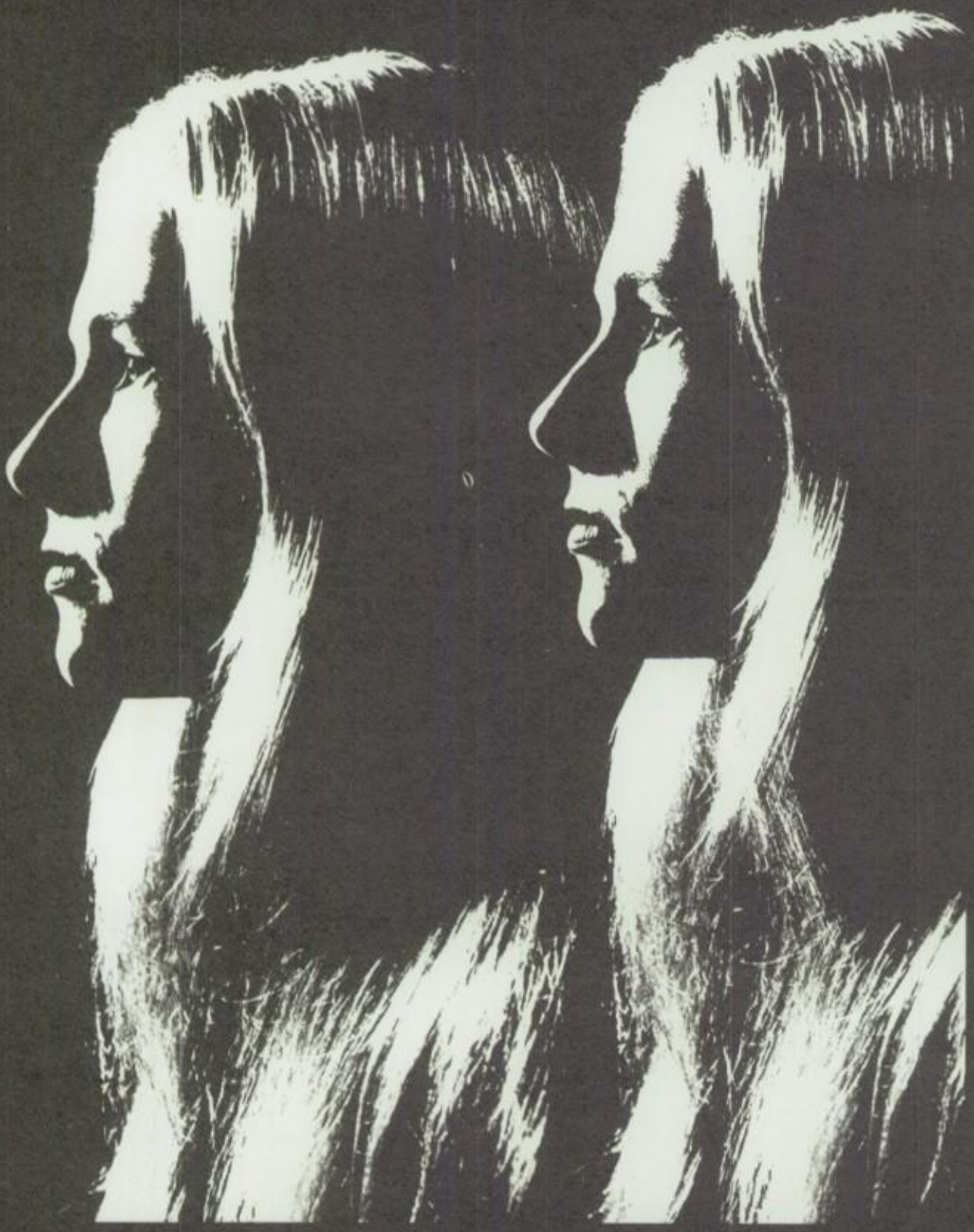
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The Yearbook Staff

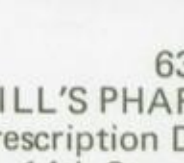
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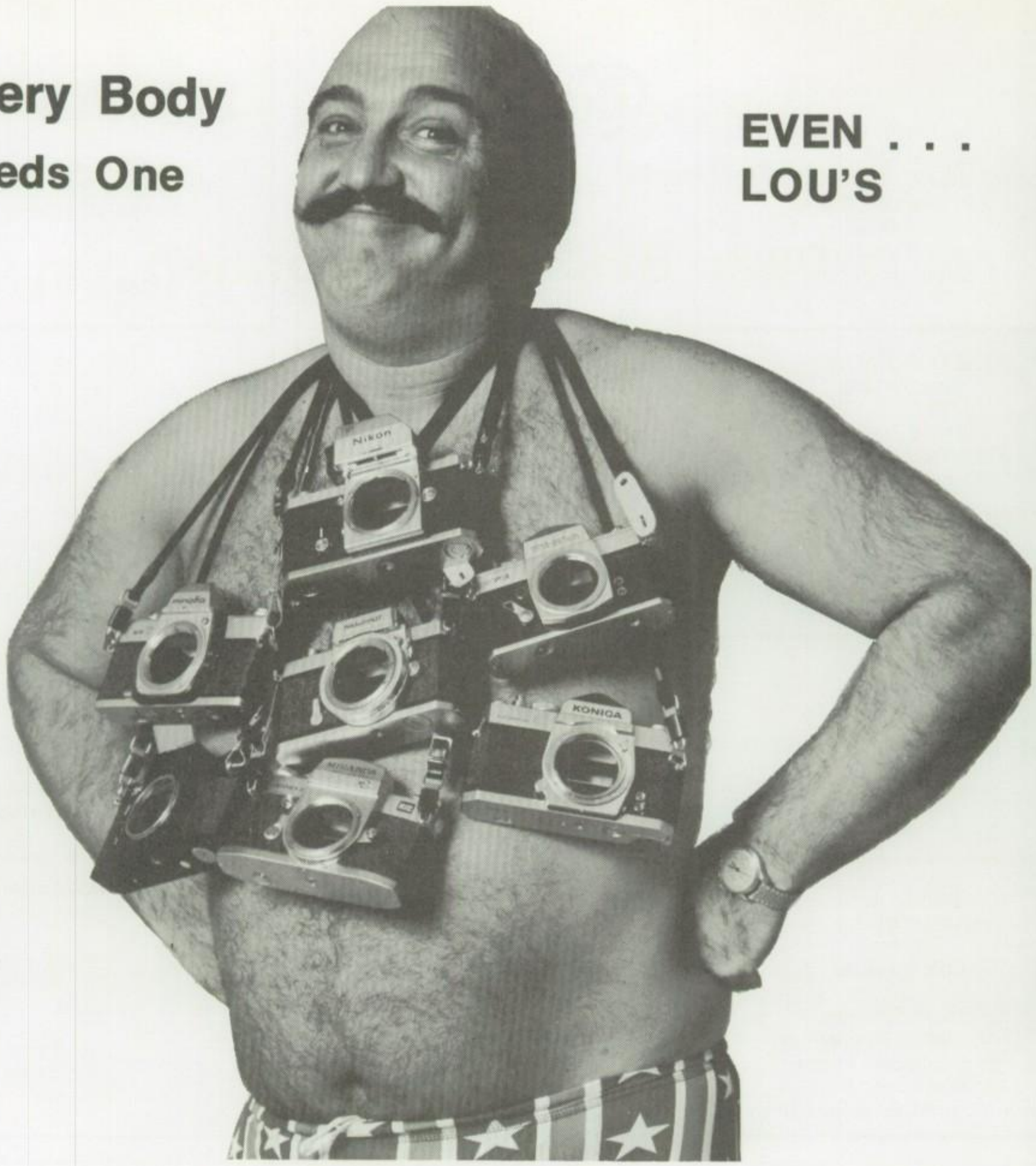
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but with helpful advice.

It's not enough, but
all we can say is
"Thank you, Jim, for being there."

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To Be Awake Is To Be Alive

Although the year 1974 has come to an end, the memories are still freshly imprinted in my mind. There are memories of football games and dances, but more obvious are the memories of the people. Among the people this yearbook reflects are . . .

. . . Candy "I don't get my senior portraits for another five weeks?! But my deadline is in five days."

. . . Mitch, among his many miracles, turned in his pages on the baseball team before the baseball season even started.

. . . Jamie, alias Carol Burnett—If there is a harder way to do anything, she will find it.

. . . Linda, muttering to herself, "Did I put his picture in with this page, or that page, or did I put it in at all???"

. . . Charlene learned how to make her layouts and not a minute too soon.

. . . Debbie, forever waiting patiently for someone to rescue her from her layouts.

. . . Paula, still trying to figure out if she got the right layout style with the right section.

. . . Diana completed the ad section and conducted a successful ad and book sales campaign without a hitch or even a minor crisis.

. . . Pam, who redid ten pages because she used the wrong style the first time, and who was CHEERFUL about it; and who planned the yearbook's first EDUCATIONAL field trip.

. . . Steve to this day is still trying to figure out what happened to the tennis team pictures between the tennis courts and the darkroom.

. . . Diane, Marianne, and Cheryl, copy editors, will forever echo "How was I supposed to know that you needed copy?"

. . . Kelly, Joyce, Jeff, Jeff, Carol, Lori, Lynette, Karen, Kathy and Carol (the Junior Staff) learned early exactly what a late night deadline actually means and, more importantly, how to retain their sanity while everyone else goes insane.

. . . Dave Robertson, who did the artwork for the cover and division pages to suit two females. A thank you goes to him and also the contributing photographers named at the end of the lead-in.

. . . Mrs. Grove, the first person you look for when a problem develops and the last person you want to find when there is a mistake on the layout that took you forever to do, and redo, and redo . . .

. . . Don Freeman, our representative from Pischel. If in doubt we call him. He knows everything including how to soothe a very worried editor.

. . . Jim Fashinell who performs magic with his camera.

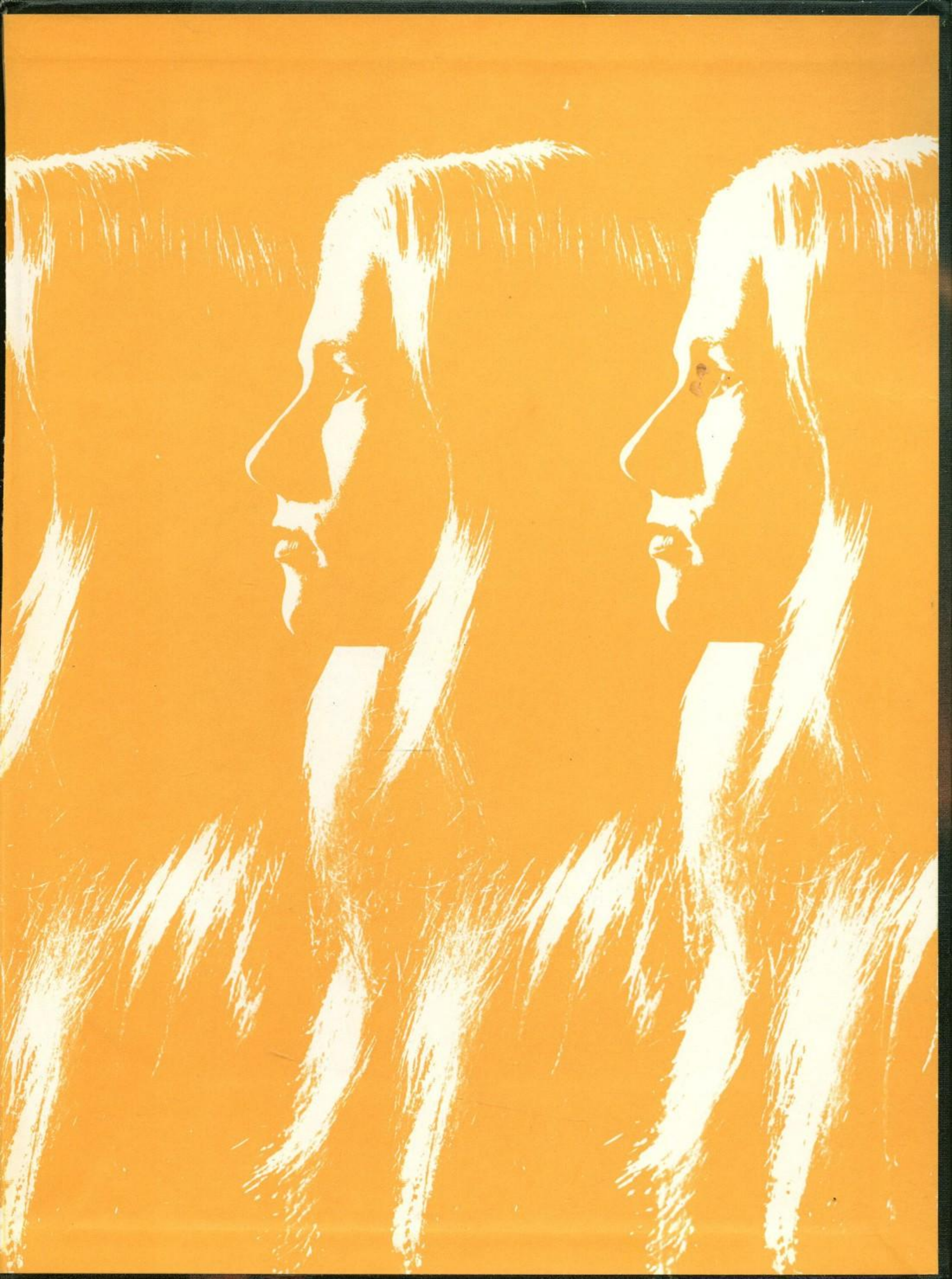
. . . Mr. David Vickery who touched up the senior portraits and got them back to us four weeks early.

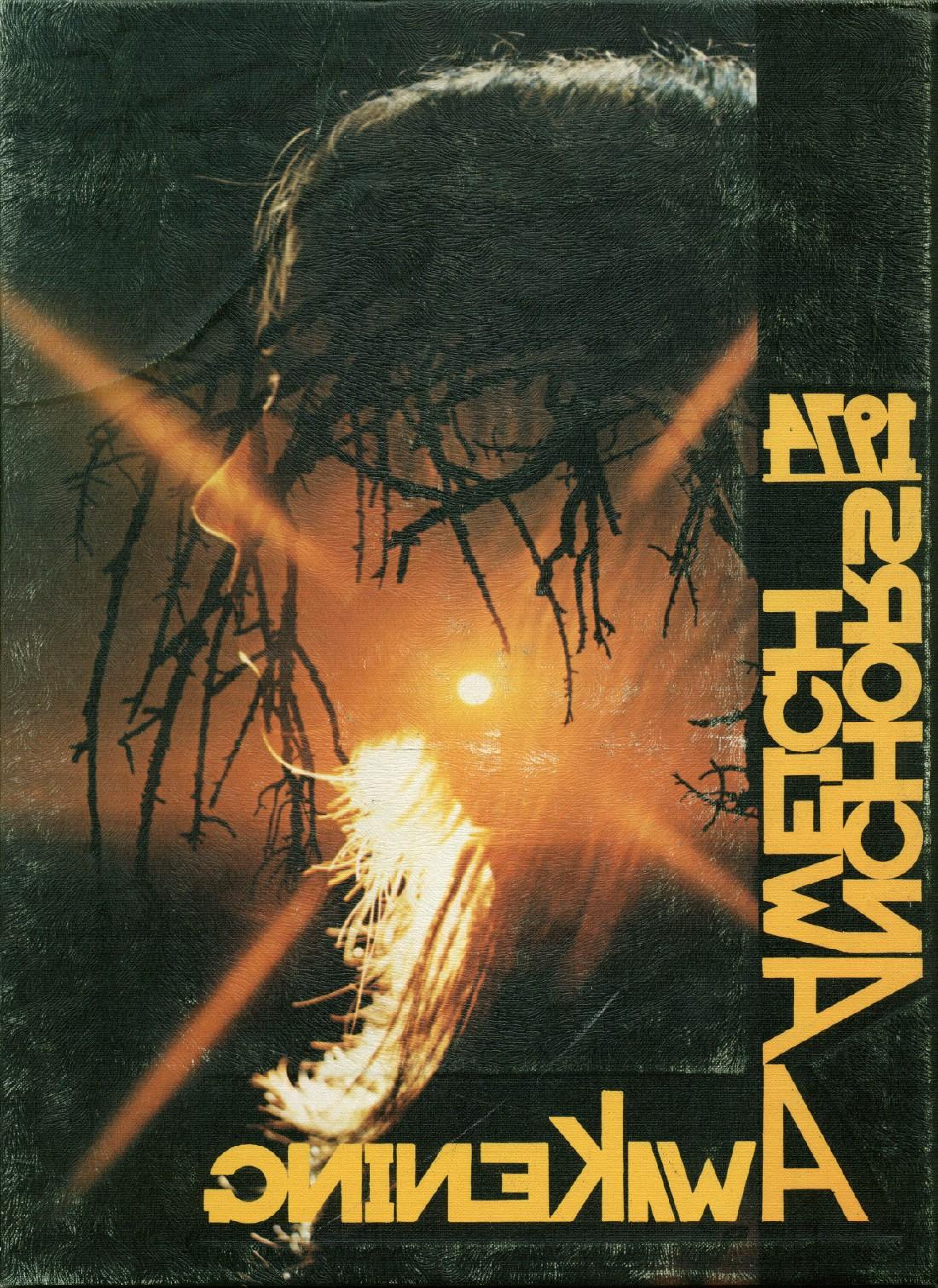
When I look back on this past year I find it filled with new experiences made necessary by the responsibility of creating a new yearbook for the student body here. To you, the student body, my thanks for these awakenings . . .

—Carolyn George

PISCHEL YEARBOOKS, INC.






Awakening
1974